

CAREER INFORMATION BRIEF #47 You Achieve Everything You Believe Worth Achieving



The Centre for Career Education is excited to present the 47th monthly career information brief. The purpose of these career information briefs is to provide faculty and staff with timely information which they can use to assist students who are inquiring about more career specific information.

Introduction

If I have the belief that I can do it,
I shall surely acquire the to do it,
Even if I do not have it at the beginning.
...Mahatma Ghandi

YOU achieve everything you BELIEVE WORTH achieving.

YOU. Meaning you are responsible for your own fate. Everything you have right now, your position in life, your success, your failure, your girth, your shortcomings, **YOU** are the person responsible for getting them. They are not the result of someone else's effort. Luck has nothing to do with their appearance. **YOU** are responsible for where you are right now. How often have you encountered someone who wants to blame someone else for their own misfortune? The customer is stupid, the boss is an imbecile, the employees are lazy, my spouse doesn't understand me. It just doesn't wash. And if you think anyone else is responsible, you're wrong. If you were emotionally hurt, **YOU** chose to respond that way. And you'll continue to feel hurt until **YOU** take responsibility for your own situation.

ACHIEVE. Good or bad, you **ACHIEVE** it. It's not just your goals you **ACHIEVE**, it's also your failures. Those you **ACHIEVE** as well. Nothing occurs through happenstance. Everything occurs through cause and effect. What you set out to **ACHIEVE** today, you will **ACHIEVE** tomorrow. The derelict who lives beneath a bridge in a cardboard box has **ACHIEVED** that state. He may not have set out consciously to get to that point, it doesn't matter. The things he did, said, thought, and acted upon set him on a path to **ACHIEVE** what he has as surely as if he had sat down one night with pen and paper and plotted a path to the end result. Whether he knew it or not, this is what he wanted to **ACHIEVE** and this is exactly what he has got!

Similarly, the successful person, however you define success, has **ACHIEVED** that goal. Their success is also the result of their actions and thoughts. **EVERYTHING** you have or don't have is the result of what you have done or not done to get it. Luck has no role in life. What you have is what you **ACHIEVE**. **EVERYTHING**, in its entirety, without exception, from your greatest success to your worst failure. There are simply no exceptions to this rule. **EVERYTHING** in your life results from what you have done to create it or avoid it.

EVERYTHING happens for a reason, whether you know that reason or not. There are no accidents. In most cases, the strategy for getting **EVERYTHING** or anything you want is painfully obvious. You follow a pattern or a strategy and every time you use that pattern or strategy, you will get the same result. Eat too much and you will always get fat. Make 10 per cent more calls and you will always increase your sales. **EVERYTHING** is the result of what you do.

YOU. Yourself. Others cannot dictate to you, cajole you, or wish success on you. **YOU** must be the one who decides it's what **YOU** want and it's what **YOU'RE** going after. If all your family **BELIEVES YOU** can accomplish a goal, if your boss **BELIEVES YOU** can perform a task, if there's a cheering section a mile long and a mile high urging **YOU** to go for it, it doesn't make any difference at all. Only when **YOU BELIEVE** it can be done, accomplished, achieved, will **YOU** be able to make it a reality. Similarly, **YOU** can't convince others to go after what **YOU** think they should target. That's up to them and it's their decision. **YOU** are in control only of **YOUR** actions and no one else's. And **YOU** cannot be fooled. **YOU** know if it's what you want. If it's what **YOU'RE** destined to achieve. **YOU** make the decision about what you **BELIEVE**.

BELIEVE. Not to be confused with hope, wish, dream about, or desire. **TO BELIEVE IS TO KNOW BEYOND A DOUBT.** You either **KNOW** you can or you know you can't. **BELIEF** is the foundation on which you build everything else. If you **BELIEVE**, then you have decided and no amount of argument will dissuade you from your **BELIEF** in what is about to happen. It is what is known as "living in your passion". There are no other choices. You will achieve nothing if you 'hope' it's **WORTH** your while. Hope will not withstand the challenges that always arise. When you **BELIEVE** you simply turn the challenges aside and continue toward your goal.

WORTH. What is the **WORTH** of your goals? Your goals are **WORTH** all the aggravation, all the effort and all the out-and-out pain that comes from achieving them. When you can say your goals are **WORTH** whatever it costs to achieve them, then you become unstoppable. You have realized that the value of your objective is **WORTH** the effort required to achieve

it. People will always fall short of whatever they try to do because they do not see the ultimate objective as WORTH the effort required.

ACHIEVING. The obstacles in your path. The people who tell you it can't be done. The other people who tell you, YOU can't do it. Missing the target and learning from the mistake and getting up and trying again. That is ACHIEVING. Do not mistake it for attaining. ACHIEVING is the journey. Attaining is the destination. ACHIEVING is an unrelenting persistence that obliterates all possibilities other than the targeted goal.

In Conclusion

You achieve everything you BELIEVE WORTH achieving. It is both a promise for the future and an explanation of the present. It will tell you why you are exactly where you are and how to get to exactly where you want to go. And ten years from now or at any time in your career or life, its validity will be equally unshakable. Recognize its presence. Then exploit its promise.

Resources Available to University of Windsor Students

The Centre for Career Education offers a wide variety of programs and services that can assist students with career development including:

- a. Vocational assessments to help identify potential career paths and choices
- b. 1-1 Career Advising
- c. Experiential learning programs such as Volunteer Internship Program and EXCEL Leadership Program
- d. Assistance with resume and cover letter writing, job search planning, and interview preparation and practice through Mock Interview sessions

For a complete list of services visit our website at <http://www.uwindsor.ca/cce>

To help students prepare for work the Centre for Career Education offers the following resources:

- Resume Clinic – Please check website for Fall hours
- Online resume critique – resume@uwindsor.ca
- Career/Vocational Advising (by appointment) Room 111 Dillon Hall. To register for an appointment go to <https://career.uwindsor.ca> or click on **myCareer** via the student portal at <https://my.uwindsor.ca>, create an account and review and register for appointments on the events calendar.
- 1-1 resume, job search, mock interview with employment advisor. To register for an appointment go to <https://career.uwindsor.ca> or click on **myCareer** via the student portal at <https://my.uwindsor.ca>, create an account and review and register for appointments on the events calendar.
- Pathways to Success instructional workshops focusing on career planning and development of employment readiness skills. To register for workshops go to <https://career.uwindsor.ca> or click on **myCareer** via the student portal at <https://my.uwindsor.ca>, create an account and review and register for workshops on the events calendar.
- CCE Resource Page on myCareer. Interactive modules provide a depth of information on the career planning process, self assessment, research and career exploration, developing a career plan, preparing for a job search, resume writing, interview skills development, salary negotiation, graduate school information etc... To access the CCE resource page, go to <https://career.uwindsor.ca> or click on **myCareer** via the student portal at <https://my.uwindsor.ca>, create an account and click on the resource page tab at the top of the dashboard.
- Optimal Resume and Optimal Interview. Located on the myCareer resource page, these online interactive resources take provide instruction and guidance through all of the steps of preparing an industry specific resume and preparing for an interview. Students can develop resumes and record interviews online which can be submitted to CCE staff for evaluation and critique. To access the Optimal Resume and Optimal Interview programs, go to <https://career.uwindsor.ca> or click on **myCareer** via the student portal at <https://my.uwindsor.ca>, create an account and click on the resource page tab at the top of the dashboard.

Plan, Experience, Achieve! University of Windsor, Centre for Career Education, <http://uwindsor.ca/cce>