

## **CENTRE FOR CAREER EDUCATION**

*One-on-one Appointments* – You can schedule an appointment with a Career Resources staff member by visiting <https://my.uwindsor.ca> and log in with your UWin ID and password.

The following are types of appointments to assist you in interview preparation:

- **Mock Interview:** One of the most effective methods for preparing for an interview is to practice interviewing. A mock interview appointment will take 1 hour. You will be interviewed and then the interviewer will critique your interview skills. There is a \$10.00 fee for this type of appointment. You may choose to have your interview video-taped for a \$15.00 fee.
- **Optimal Interview Critique:** It is beneficial to get a second opinion when preparing for an interview. Upload your web-based optimal interview directly through Optimal Interview site for review. Set up a time to meet with a Career Resources staff member to review your interviewing style by going to the myCareer site, under the appointment calendar tab. These appointments will take a ½ hour.
- **Interview Techniques:** You will discuss interview preparation techniques with a Career Resources staff member. These appointments will take a ½ hour.