# Family and Social Relations





### Skills and Knowledge of Family and Social Relations Graduates

### **PROGRAM HIGHLIGHTS**

A unique program in Canada, it will provide you theoretical and practical insights into the changes that affect families and social responses to those changes. Explore child studies, sexuality and sexual health (domestic and international), family history and change, marriage dynamics, women's issues, changing gender roles, and aging. This program combines courses from such disciplines as sociology, psychology, social work, history, and women's and gender studies.

### **FUNCTIONAL KNOWLEDGE**

- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Practising several scientific methods of data collection, statistical analysis, and evaluation; using methods and tests to analyze, interpret and assess possible behaviours
- Critically evaluating and interpreting existing research/ theories and applying the results to solve problems
- Describing, understanding, predicting, and modifying behaviour
- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour
- Appreciating the respective roles of various governmental, community, and health-care institutions

| Degree Title / Program      | Minimum<br>Average | Admission Requirements |
|-----------------------------|--------------------|------------------------|
| FAMILY AND SOCIAL RELATIONS | 70%                | ENG. required.         |



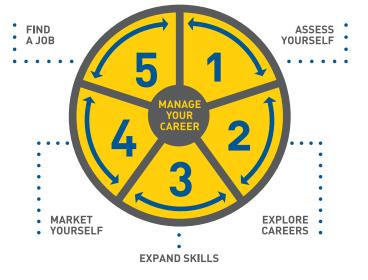
- Courses of study specific to each program
- Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)
- Activities falling outside of the scope of set curriculum (Part-time job, clubs, volunteering, athletics)

# **Build your Skills and Experience**

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

### **Career Planning Guide**

Intentional career planning will help you prepare for your next step after graduation. It is a fluid, dynamic, and continuous process, meaning you can move on or return to an earlier stage at any time. You can even work through simultaneous cycles, like one for your long-term dream job and another for a summer job.



# Opportunities **Using This Guide**

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don't have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success:



### Academics

Your coursework



### Experience

Ways to get involved



### Career

• Plan ahead for what's next



### High-Impact Practice (HIP)

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad

### **First Year**



- Review degree course requirements
- Enrol in a variety of social science courses to determine your core interests
- Meet with an academic advisor
- Receive peer mentorship from members of the Sociology and Criminology Student Association

### **Middle Years**

- Take required courses and check in with academic advisor to make sure you are on the right path
- Look into completing a research project in final year
- Begin taking courses in accordance with an Anthropology minor, a Sexuality minor or a minor in another discipline
- Seek out courses that offer field experience
- Start taking courses required as pre-requisites for graduate/professional school
- Consider declaring a minor and/or specialization

### **Final Year**

- Meet with an academic advisor to go over degree
- Complete all required courses for your degree
- Apply to graduate through MyUWindsor Portal
- Work with a faculty member on a research project or publication HIP
- Take a final year practicum course in Sociology with a focus on the city HP
- Take a field work or practicum course to culminate your senior experience HIP



**Academics** 

- Explore available Criminology and Sociology research assistant opportunities
- Apply for a co-curricular experience such as **VIP**
- Volunteer with a local family-oriented or social justice community organization
- Investigate research opportunities as part of the Outstanding Scholars program HP
- Research student exchange opportunities for middle years HIP
- Join a club like the Sociology and Criminology Student Association, Social Science Society or UWSA
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus

- Join a professional association in your field such as the Canadian Sociology Association or Canadian Anthropology
- Volunteer with community organizations such as **Children's** Aid Society or Foundation for Equal Families
- Get involved with **Bystander Program** and **Victim Support** program run by the Courts, as well as other opportunities such as women's shelters, **Big Brothers/Big Sisters**, Hospice, and the Multicultural Council
- Participate in **UWill Discover** undergraduate research conference HP
- Apply for student exchange program IIP
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society

- Become a teaching assistant or research assistant with a faculty member ни
- Run for a **UWSA** executive position
- Conduct field research with faculty member #P
- Become a tutor for Students Offering Support (SOS)
- Join the **UWindsor Model NATO** or **Model United Nations**



- Create a list of things that you enjoy, areas in which you excel, and your skills
- Meet with a career advisor in **Career Development and** Experiential Learning (CDEL) for help developing a plan for your future years
- Consider a career assessment workshop or appointment to help you identify possible career paths
- Get involved with a part-time job, volunteer opportunity, campus group, or research assistantship
- Attend CDEL workshops to learn how to find a summer or part-time job and write a resumé and cover letter
- Drop in to meet with one of **CDEL**'s peer advisors to get answers to your career and job search questions

- Research career fields and occupations with the help of a **CDEL** career advisor
- Explore opportunities and meet employers through job fairs and employer networking events
- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs you are interested in
- Attend CDEL's Using Social Media to Leverage Your Career workshop
- Create a **LinkedIn** profile and have it critiqued
- Take part in informational interviews and use sources like **LinkedIn** and **Ten Thousand Coffees** to meet people in your targeted profession
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with **CDEL** to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend an Interview Skills Workshop and Job Search Tips
- Use InterviewStream to practice your interview skills online
- Set up an in-person mock interview with a career advisor for professional school or job applications
- Meet employers at the annual job fair in January
- Compose a portfolio of relevant academic and work experience

# Family and Social Relations

**Life After Graduation** 

**95.7%** 

Employment rate of graduates 2 years following degree completion (OUGS Social Sciences, 2014) 24

Number of Family and Social Relations Graduates (2017)



### COMMON INDUSTRIES FOR FAMILY AND SOCIAL RELATIONS GRADUATES

- Academia
- Business: analysis, research, corporate communications
- Education: public schools, vocational/corporate training
- Government services
- Journalism: political correspondence and analysis

- · Law and law enforcement
- Politics: political office, campaign management, polling and research, speechwriting
- Public policy think tanks and consulting: public/private sectors

### **CAREER TRACKS\***

Administrative assistant

Case worker

Child and youth worker

Communications specialist

Consultant Counsellor

Court monitor

Development analyst Educational assistant

Health educator

Human resources manager

Immigration officer

Industry instructor

Journalist

\* Additional education and/or training required for some of the above careers.

Lawyer

Legal consultant
Operations director

Professor

Project manager

Psychologist

Public official

Public policy analyst

Public relations officer Recreational director

Research co-ordinator

Sales manager

Social worker

Teacher

#### **CAREER-READINESS COMPETENCIES**



# Critical Thinking and Problem Solving

Using strategic and creative thinking to make decisions and evaluate solutions



## Teamwork and Collaboration

Working as a productive member of a group and collaborating with others to achieve set goals



## Professionalism and Work Ethic

Demonstrating personal management practices and a high level of integrity and ethical behaviour



### Communication

Appropriate and effective articulation of ideas and information to a range of audiences



### **Campus Resources**

- Research scholarships and bursaries through the Student Awards and Financial Aid Office
- Visit Leddy Library and the Writing Support Desk for help with academic assignments
- Explore mentorship opportunities through the Connecting4Success (C4S) and Bounce Back programs
- Improve study skills through the Skills to Enhance Personal Success (STEPS) program
- Get advice and support about your academic status by making an appointment with Academic Advising
- Seek out assistance with academic accommodation from Student Accessibility Services
- Discover ways to get involved on campus through the Student Success and Leadership Centre
- Look into the **Ignite: Work Study** program for on-campus employment opportunities

- Apply to VIP to get involved in a community service learning experience
- Get assistance developing your career plan and job search skills from Career Development and Experiential Learning
- Consult with the EPICentre if you are interested in starting your own business
- Broaden your cultural awareness through the International Student Centre and Student Exchange Office
- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting **Turtle Island**
- Tend to your health and wellness with support from Student Health Services and Lancer Recreation
- Receive confidential mental health counselling delivered by trained professionals at the Student Counselling Centre
- Seek personal support or learn more about sexual violence education through the Sexual Misconduct Response and Prevention Office

### Student Recruitment

Phone: 519-973-7014 Toll-Free: 1-800-864-2860 Email: info@uwindsor.ca

### Department of Sociology, Anthropology and Criminology

Phone: 519-253-3000, Ext. 2188 Email: socanth@uwindsor.ca

### Career Development and Experiential Learning

Phone: 519-253-3000, Ext. 3895 Email: careerservices@uwindsor.ca experience.uwindsor.ca



FUTURE FULL OF PROMISE.