

Liberal Arts and Professional Studies

Made in Windsor.

GENERAL LIBERAL ARTS AND PROFESSIONAL STUDIES

HONOURS LIBERAL ARTS AND PROFESSIONAL STUDIES



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Liberal Arts and
Professional Studies
Experience Map



University
of Windsor

Highlights and Skills

PROGRAM HIGHLIGHTS

Liberal Arts & Professional Studies   This program combines the knowledge and skills of a traditional liberal arts education with preparation for today's labour market. Graduates of this program are informed citizens and knowledgeable professionals equipped to participate in the complex personal, public, and workplace issues of the 21st century.

MIN. AVG.* 70% ONTARIO COURSE REQUIREMENTS ENG4U

* Minimum grade point average for admission to program. A higher average may be required.

FUNCTIONAL KNOWLEDGE

- Couples theory with applied experience in social, political, and employment contexts
- Analyzing personal or work-related issues, evaluate alternative courses of action, and implement effective solutions.
- Learning the stepping-stones to careers in a wide range of social service, business, or government organizations
- Combination of Certificates and Minors, and the broad range of courses available to LAPS majors, make it more comprehensive than other degrees
- Tailored to students with wide-ranging academic interests, but who are looking for career-related education

Build your Skills and Experience

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.



CURRICULUM

Courses of study specific to each program



CO-CURRICULAR

Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)



EXTRACURRICULAR

Activities falling outside the scope of set curriculum (Part-time job, clubs, volunteering, athletics)

Career Planning Cycle

Intentional career planning will help you prepare for your next step after graduation and beyond. It is a fluid, dynamic, and lifelong process. You can move on or return to an earlier stage in the cycle at any time.



Explore Opportunities Using This Chart

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don’t have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success.

High-Impact Practice (HIP)

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad

Academics
Your Coursework



First Year

- Take required courses including **Effective Writing 1 and II**
- Review degree course requirements
- Choose your **Certificate degree** and combination of **Minors**
- Meet with an academic advisor
- Attend **Writing Support Desk** for tips on writing academic reports and papers

Middle Years

- Take required courses and check in with academic advisor to make sure you are on the right path
- Look into completing a **Research Project** in final year **HIP**
- Begin taking courses in accordance with your chosen minors
- Start taking courses required as pre-requisites for graduate/professional school
- Declare a **Minor** and/or **Specialization**

Final Year

- Meet with faculty and academic advisor to go over degree requirements and options
- Complete all required courses in order to fulfill degree audit
- Apply to graduate through **MyUWindsor Portal**
- Work with a faculty member on a research project or publication **HIP**
- Complete required courses for your **Certificate** and **Minors**
- Take an internship or practicum course in combination with your **Certificate** to culminate your senior experience **HIP**

Experience
Ways To Get Involved



- Apply for **Volunteer Internship Program (VIP)** or **Leadership Experience** for **Academic Direction (LEAD)**
- Volunteer with local government, non-profit or social justice community organization
- Research student exchange opportunities for middle years **HIP**
- Join a club like the **Social Science Society** or **UWSA**
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus

- Consider internships, **VIP**, **LEAD**, and other field offerings to gain practical work experience
- Join a professional association in your field such as the **Canadian Liberal Arts Association** or the **Canadian Communication Association**
- Investigate research opportunities as part of the **Outstanding Scholars** program **HIP**
- Join the **Debate Team** to compete locally and internationally
- Volunteer with a community organization such as **Hiatus House** or **Children’s Aid Society**
- Apply for student exchange program **HIP**
- Expand your skills by taking on a summer job, part-time or volunteer position
- Look for a leadership role in a club or society

- Become a **Teaching Assistant** or **Research Assistant** with a faculty member
- Run for a **UWSA** executive position
- Conduct field research with faculty member **HIP**
- Become a tutor for **Students Offering Support (SOS)**
- Join the **UWindsor Model NATO** or **Model United Nations**

Career
Plan Ahead For What’s Next



- Start by making a list of things that you enjoy and areas in which you excel
- Meet with a career advisor in **Career Development and Experiential Learning (CDEL)** for help developing a plan for your future years
- Consider a **Career Exploration Program** appointment to help you identify possible career paths
- Become familiar with the **mySuccess** online job search tool
- Attend **CDEL workshops** to learn how to find a summer or part-time job and write a university-level resumé

- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs that interest you
- Create a **LinkedIn** profile and have it critiqued by **CDEL**
- Take part in informational interviews and join online communities like **LinkedIn** and **Ten Thousand Coffees** to connect with people in your targeted profession or industry
- Drop in to meet with one of **CDEL’s** peer advisors to get answers to your career and job search questions
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with **CDEL** to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend **CDEL’s workshops** on interview skills and job search strategies
- Set up a mock interview with a career advisor for professional school or job applications
- Take part in recruitment events and job fairs hosted by **CDEL** and other organizations

Life After Graduation



The LAPS program has provided me with an exceptionally well-rounded education. I've developed the leadership skills to pursue my dream of flying for a commercial airline and beyond. The transferable skills that I gained allowed me to adapt to the current demands of my position."

*Crystal Bryan
Bachelor of Liberal Arts and Professional Studies*

17 Number of
Graduates
(2020)

Career Tracks*

Border Services
Business Advisor
Case Worker
Community Relations Worker
Consultant
Court Monitor
Demographer

Educational Assistant
Human Resources Manager
Immigration Officer
Journalist
Law Enforcement Officer
Lawyer
Legal Consultant

Mediator
Paralegal
Pilot
Policy Analyst
Police Officer
Probation Officer
Project Manager

Public Relations
Research Coordinator
Social Worker
Support Worker
Teacher
Youth Worker

* Additional education and/or training required for some of the above careers.



Common Sectors for Graduates

- **Business:** Research and analysis, human resources, project management, office administration, labour relations
- **Information Technology:** data collection and processing, website design and troubleshooting, IT consulting
- **Education:** Advising, counselling, corporate training • **Academia:** Advanced social research • **Government:** Research and policy development
- **Healthcare and Community Agencies:** Administration, volunteer coordinator, policy analyst, grant writer/fundraiser
- **Law and law enforcement**
- **Immigration and community integration**
- **Social research agencies**
- **Social service and community agencies**

Career-Readiness Competencies



**Critical Thinking &
Problem Solving**



**Professionalism &
Work Ethic**



**Teamwork &
Collaboration**



Communication



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Campus Resources

- Research undergraduate scholarships and bursaries through the **Student Awards and Financial Aid Office**
- Visit **Leddy Library** and the **Writing Support Desk** for help with academic assignments
- Check out the **Bounce Back** program designed to improve academic performance as well as decrease feelings of stress and anxiety through both effective learning strategies and life skills acquisition
- Build leadership skills and find leadership opportunities at the **Leadership Hub**
- Get advice and support about your academic status by making an appointment with **Central Academic Advising**
- Seek out assistance with academic accommodation from **Student Accessibility Services**
- Discover ways to get involved on campus through the **Student Success and Leadership Centre**
- Broaden your cultural awareness through the **International Student Centre** and **Student Exchange Office**
- Look into the **Ignite: Work Study** program for on-campus employment
- Get assistance developing your career plan and job search skills from **Career Development and Experiential Learning**
- Develop your entrepreneurial skills and learn how to start your own business at **EPICentre**
- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting the **Aboriginal Education Centre - Turtle Island**
- Tend to your health and wellness with support from **Student Health Services**, the **Wellness Outreach Office** and **Lancer Recreation**
- Receive confidential mental health counselling delivered by trained professionals at the **Student Counselling Centre**
- **Prevent.Resist.Support.** Seek personal support or learn more about sexual violence prevention and resistance education through the **Office of Sexual Violence Prevention, Resistance & Support**
- Explore professional development opportunities through **Continuing Education**



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Student Recruitment

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Email: info@uwindsor.ca

Faculty of Arts, Humanities, and Social Sciences

Phone: 519-253-3000

Email: laps@uwindsor.ca

Career Development and Experiential Learning

Web: uwindsor.ca/cdel

Email: careerservices@uwindsor.ca