

uwindsor.ca/psychology





UWindsor Life

Highlights and Skills

PROGRAM HIGHLIGHTS

Psychology @@@@ Get inside people's heads in this program that lets you discover why people think and act the way they do. Major in psychology alone or do a combined honours with another discipline. Start your program with an Introduction to Psychology course for psych majors only, where you get to work in small groups led by mentors to help you along. You can do research and community placements throughout your undergraduate years. Our three-year General Psychology program provides a broad base of knowledge concerning many aspects of human behaviour and experience. Our Honours Psychology program includes advanced courses in various areas of psychology and prepares students to apply for non-psychology professional degrees. Our Honours Psychology with Thesis program provides advanced courses in psychology research methods and statistics and prepares students to apply for MA and PhD degrees in psychology.

Child Psychology @ Learn what makes kids tick in this three-year General program focusing on child and adolescent development. Start your program with an Introduction to Psychology course for psych majors only, where you get to

work in small groups led by mentors to help you along. You can do research and community placements throughout your undergraduate vears.

Developmental Psychology (1) (1) Our developmental psychology program offers so much that is unique. Start your program with an Introduction to Psychology course for psych majors only, where you get to work in small groups led by mentors to help you along. Later, you will have opportunities for undergraduate research and community placements where you can put what you've learned in the classroom into practice. Work with children, adolescents, adults or seniors and choose a career path that matches your interests.

MIN. AVG.* 70% ONTARIO COURSE REQUIREMENTS ENG4U required.

Concurrent Psychology (BA)/Bachelor of Education (BEd)/Early Childhood Education (ECE)

One diploma and two degrees in five years instead of seven. That's efficient! This program is offered in co-operation with St. Clair College. You'll get a General BA in Psychology and a BEd at the University of Windsor and an ECE diploma at St. Clair College making you eligible to teach JK to Grade 6.

See other experience maps for related programs:

- Behaviour, Cognition and Neuroscience
- Business and Psychology
- Disability Studies and Psychology
- Interdisciplinary Arts and Science

FUNCTIONAL KNOWLEDGE

- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour
- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Understanding and applying behavioural components of psychological theory
- Appreciating the respective roles of various governmental, community, and health-care institutions
- Being sensitive to and understanding key psychological problems and the broader human condition
- Conducting qualitative/quantitative psychological research; gathering information, assessing and analyzing data, and establishing links

🗫 Co-op available 🔞 General – 3-year program 🐧 Honours – 4-year program 🐧 Thesis available 🤏 Combined Honours programs available * Minimum grade point average for admission to program. A higher average may be required.

Build your Skills and Experience

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

CURRICULUM

Courses of study specific to each program



CO-CURRICULAR

Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)



EXTRACURRICULAR

Activities falling outside the scope of set curriculum (Part-time job, clubs, volunteering, athletics)

Career Planning Cycle

Intentional career planning will help you prepare for your next step after graduation and beyond. It is a fluid, dynamic, and lifelong process. You can move on or return to an earlier stage in the cycle at any time.



Explore Opportunities Using This Chart

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don't have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success.

High-Impact Practice (HIP)

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad

First Year

- Gain foundational knowledge while receiving small group mentorship from faculty and upper-level peers by taking Introduction to Psychology as a Behavioural Science and Introduction to Psychology as a Social Science
- Review course and program degree requirements
- Meet with a Psychology Academic Advisor
- Consider combining your Psychology degree with another area of study
- Join the Psychology Students' Association

Middle Years

- Enrol in social, child and other specialized psychology courses to explore different interests
- Meet with a Psychology Academic Advisor each semester to keep your courses on track
- Investigate the possibility of becoming a mentor to first year students
- Look into volunteering to work in a professor's research lab
- Apply to an Honours Psychology with Thesis program by Winter of 2nd year if interested IIIP
- Consider declaring a minor

Final Year

- Meet with an academic advisor to go over degree requirements
- Complete all required courses for your degree
- Apply to graduate through UWinsite Student Portal
- Work with a faculty member on a thesis, research project or publication (III)
- Look into research or teaching opportunities with department professors and graduate students
- Take a field work, internship, or practicum course to optimize your senior experience

Experience Ways To Get Involved

Academics

Your Coursework





- Become a member of the Psychology Students' Association
- View available internships or field placements for your program of study (III)
- Investigate research opportunities as part of the **Outstanding** Scholars program (III)
- Take part in psychology research studies through the **Psychology** Research Participant Pool
- Research student exchange opportunities for middle years
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus
- Apply for a co-curricular experience such as **VIP-Community Service Learning**

- Join a professional association in your field such as the **Ontario Psychological Association**
- Participate in the **UWill Discover** undergraduate research conference III
- Look for a leadership role in a club, society or campus organization such as the Peer Support Centre, LEAD or **Students Orienting Students (SOS)**
- Attend a **Psychology Students' Association** event such as the meet the professor night or annual gala
- Apply for student exchange (III)
- Expand your skills by taking on a summer, part-time or volunteer position

- Apply to become a student representative on the **Departmental Council or Undergraduate Studies Committee**
- Conduct field research with a faculty member



- Become a tutor for Students Offering Support (SOS)
- Become a peer mentor for students enrolled in Introduction to Psychology
- Take a Practicum course in Psychology, Developmental Psychology or Social Change

Career

Plan Ahead For What's Next



- Start by making a list of things that you enjoy and areas in which you excel
- Meet with a career advisor in Career Development and Experiential Learning (CDEL) for help developing a plan for your future years
- Consider a Career Exploration Program appointment to help you identify possible career paths
- Get involved with a part-time job, volunteer opportunity, campus group, or research assistantship
- Attend **CDEL workshops** to learn how to find a summer or part-time job and write a university-level resumé
- Chat with an advisor during **CDEL's Drop In** hours to get answers to your career and job search questions

- Research career fields and occupations with the help of a CDEL career advisor
- Explore opportunities and meet potential employers by participating in **Job Shadow Experience**, job fairs, and industry networking events
- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs that interest you
- Create a LinkedIn profile and have it critiqued by CDEL
- Take part in informational interviews and join online communities like **LinkedIn** and **Ten Thousand Coffees** to connect with people in your targeted profession or industry
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with **CDEL** to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend **CDEL's workshops** on interview skills and job search strategies
- Set up a mock interview with a career advisor for professional school or job applications
- Take part in recruitment events and job fairs hosted by **CDEL** and other organizations
- Explore professional development opportunities through Continuing Education



Life After Graduation





Psychology has allowed me to discover my potential through research, academic practicums and hands-on learning experiences. I have been able to get involved through student organizations, facilitate classroom discussions and work alongside professors while delivering curriculum. I am grateful for the opportunities, work involvement and influential individuals I have met along the way. I hope the skills, knowledge and strategies I have gained carry with me in the field of work!"

Leonardo Anthony Pisciuneri - BSc Biology & Psychology

Number of Graduates

940/ Employment Rate of Graduates

Employment rate of graduates 2 years following degree completion (OUGS Social Sciences, 2019)

Career Tracks*

Addictions counsellor Behavioural psychologist Child psychologist Communications specialist Organizational consultant Demographer Disability service worker

Doctor Forensic psychologist Gerontologist Health educator Human Resources specialist **Journalist** Law enforcement officer

Lawyer Mediator Mental health worker Operations director Policy analyst Project manager **Psychiatrist**

Psychologist Public official Rehabilitation counsellor Research co-ordinator Social worker Teacher University professor

^{*} Additional education and/or training required for some of the above careers.



Common Sectors For Graduates

- Academia: Advanced psychological research and teaching
- Business: Research and analysis, human resources, project management
- Education: Advising, counselling, corporate training
- Government: Research and policy development

- Healthcare: Administration, counselling
- Law and law enforcement
- Immigration and community integration
- Psychology practice: Private, healthcare, corrections
- Social service and community agencies

Career-Readiness Competencies













- Research undergraduate scholarships and bursaries through the Student Awards and Financial Aid Office
- Visit Leddy Library and the Writing Support Desk for help with academic assignments
- Check out the **Bounce Back** program designed to improve academic performance as well as decrease feelings of stress and anxiety through both effective learning strategies and life skills acquisition
- Build leadership skills and find leadership opportunities at the Leadership Hub
- Get advice and support about your academic status by making an appointment with Central Academic Advising
- Seek out assistance with academic accommodation from Student Accessibility Services
- Discover ways to get involved on campus through the Student Success and Leadership Centre
- Broaden your cultural awareness through the International Student Centre and Student Exchange Office

- Look into the **Ignite: Work Study** program for on-campus employment
- Get assistance developing your career plan and job search skills from Career Development and Experiential Learning
- Develop your entrepreneurial skills and learn how to start your own business at EPICentre
- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting the Aboriginal Education Centre -Turtle Island
- Tend to your health and wellness with support from Student Health Services, the Wellness Outreach Office and Lancer Recreation
- Receive confidential mental health counselling delivered by trained professionals at the **Student Counselling Centre**
- Prevent.Resist.Support. Seek personal support or learn more about sexual violence prevention and resistance education through the Office of Sexual Violence Prevention, Resistance & Support
- Explore professional development opportunities through Continuing Education



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Student Recruitment

Phone: 519-973-7014 **Toll-Free:** 1-800-864-2860 **Email:** info@uwindsor.ca Department of Psychology

Phone: 519-253-3000, Ext. 2217 Email: psychology@uwindsor.ca

Career Development and Experiential Learning

Web: uwindsor.ca/cdel

Email: careerservices@uwindsor.ca