

uwindsor.ca/socialwork





# **UWindsor Life**

## **Highlights and Skills**

#### **PROGRAM HIGHLIGHTS**

Social Work ① Make a difference in people's lives. Our social work grads are in high demand and you'll find the work meaningful and rewarding. You will make friends for life in this tight-knit program based in a modern, landmark building just steps from the waterfront. You'll have lots of opportunities for hands-on learning, joining clubs, going on exchange and volunteering in the community.

#### Social Work and Disability Studies (1)

Become an effective advocate with this program that combines social work and disabilities studies. You'll get lots of handson experience in the field and have the opportunity to go on exchange and join clubs. This is a program where you can learn to make a make a difference in the world.

#### Social Work and Women's Studies (1)

Set yourself apart with a degree from one of the only combined BSW program in Social Work and Women's Studies in North America. We offer unique opportunities for hands-on learning, bringing your knowledge of equity, diversity, and inclusion into focus. We've got clubs, exchange opportunities and practical experience available in the community.

MIN. AVG.\* 70% ONTARIO COURSE REQUIREMENTS ENG4U required.

#### **FUNCTIONAL KNOWLEDGE**

- Understand human behaviour, communication, and interaction as shaped by social/cultural contexts
- Assess, evaluate, and understand individual, family and group behaviours
- Appreciate contemporary social, community and ethical issues and related public policy
- Implement and understand social work interventions for individuals, families, and other groups
- Critically understand the histories, functions, and limitations of important social welfare policie

• Honours – 4-year program \* Minimum grade point average for admission to program. A higher average may be required.

#### **Build your Skills and Experience**

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.



#### **CURRICULUM**

Courses of study specific to each program



#### CO-CURRICULAR

Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)



#### **EXTRACURRICULAR**

Activities falling outside the scope of set curriculum [Part-time job, clubs, volunteering, athletics]

## **Career Planning Cycle**

Intentional career planning will help you prepare for your next step after graduation and beyond. It is a fluid, dynamic, and lifelong process. You can move on or return to an earlier stage in the cycle at any time.



## **Explore Opportunities** Using **This Chart**

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don't have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success.

#### **High-Impact Practice** (HIP)

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad

## **First Year**

- Take required courses including Meeting Human Needs Through Social Welfare and Meeting Human Needs Through Social Work
- Enrol in a variety of social science courses to determine your core interests regarding social work
- Consider combining degree with **Disability Studies** or Women's and Gender Studies
- Meet with an academic advisor for support, academic counselling, or degree outlook
- Receive peer mentorship from members of the **Social Work Student Association**

## Middle Years

- Take required courses and check in with academic advisor to make sure you are on the right path
- Seek out internships and courses that offer field experience (III)
- Continue taking courses required as pre-requisites for graduate/professional school
- Declare a minor and/or specialization
- Practice your social work skills in the skills lab

## **Final Year**

- Meet with an academic advisor to go over degree requirements
- Complete all required courses for your degree
- Apply to graduate through **UWinsite Student Portal**
- Work with a faculty member on a research project or publication HP
- Take required field placement courses to culminate your senior experience III

## **Experience** Ways To Get Involved

**Academics** 

Your Coursework





- Volunteer with a local non-profit or social justice organization
- Investigate research opportunities as part of the **Outstanding** Scholars program III
- Apply for student exchange opportunity
- Join a student association such as the Social Work Student Association, Disability Studies Student Association, or Women's and Gender Studies Student Association
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus
- Apply for a co-curricular experience such as **VIP Community** Service Learning

- Join a professional association such as the **Ontario Association of Social Workers**
- Participate in the **UWill Discover** undergraduate research conference (III)
- Become a research assistant to help advance the field of social work
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society

- Attend a **UWindsor Social Work Town Hall Meeting** to discuss your experience in the school of social work
- Conduct field research with a faculty member
- Become a tutor for Students Offering Support (SOS) (III)
- Complete field placements at the micro (individual), meso
- (organization), and macro (policy/research) level • Meet field professionals through quest speaker series and field placements III
- Volunteer with the **Peer Support Centre**

### Career Plan Ahead For What's Next



- Start by making a list of things that you enjoy and areas in which you excel
- Meet with a career advisor in Career Development and Experiential Learning (CDEL) for help developing a plan for
- Consider a Career Exploration Program appointment to help you identify possible career paths
- Get involved with a part-time job, volunteer opportunity, campus group, or research assistantship
- Attend CDEL workshops to learn how to find a summer or parttime job and write a resumé and cover letter
- Chat with an advisor during CDEL's Drop In hours to get answers to your career and job search questions
- Consider applying for UWindsor's work-study program, Ignite

- Research career fields and occupations with the help of a CDEL career advisor
- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs that interest you
- Explore opportunities and meet potential employers by participating in **Job Shadow Experience**, job fairs, and industry networking events
- Create a LinkedIn profile and have it critiqued by CDEL
- Take part in informational interviews and join online communities like LinkedIn and Ten Thousand Coffees to connect with people in your targeted profession or industry
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with **CDEL** to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend **CDEL's workshops** on interview skills and job search
- Set up a mock interview with a career advisor for professional school or job applications
- Take part in recruitment events and job fairs hosted by **CDEL** and other organizations



# **Life After Graduation**

**86** Number of Graduates

**940** Employment Rate of Graduates

Employment rate of graduates 2 years following degree completion (OUGS Social Sciences, 2019)

#### Career Tracks\*

Addictions counsellor Advocate Bereavement specialist Business advisor Case worker Child and youth worker Child welfare worker Community developer

Community support worker Consultant Counsellor Development officer Family service worker Health and safety manager Health educator Human resources manager

Human rights officer Intake supervisor **Journalist** Law enforcement officer Lawver Legal consultant Mental health counselor Operations director

Parole officer Policy analyst Project manager Public relations Research co-ordinator Settlement worker Social worker

<sup>\*</sup> Additional education and/or training required for some of the above careers.



#### **Common Sectors for Graduates**

- Academia: Advanced social research
- Business: Research and analysis, human resources
- Education: Advising, counselling, corporate training
- Government: Research and policy development

- Healthcare: Administration, counselling
- · Law and law enforcement
- · Immigration and community integration
- · Social research agencies

## **Career-Readiness Competencies**













- Research undergraduate scholarships and bursaries through the Student Awards and Financial Aid Office
- Visit Leddy Library and the Writing Support Desk for help with academic assignments
- Check out the **Bounce Back** program designed to improve academic performance as well as decrease feelings of stress and anxiety through both effective learning strategies and life skills acquisition
- Build leadership skills and find leadership opportunities at the Leadership Hub
- Get advice and support about your academic status by making an appointment with **Central Academic Advising**
- Seek out assistance with academic accommodation from Student Accessibility Services
- Discover ways to get involved on campus through the Student Success and Leadership Centre
- Broaden your cultural awareness through the International Student Centre and Student Exchange Office

- Look into the **Ignite: Work Study** program for on-campus employment
- Get assistance developing your career plan and job search skills from Career Development and Experiential Learning
- Develop your entrepreneurial skills and learn how to start your own business at EPICentre
- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting the Aboriginal Education Centre -Turtle Island
- Tend to your health and wellness with support from Student Health Services, the Wellness Outreach Office and Lancer Recreation
- Receive confidential mental health counselling delivered by trained professionals at the Student Counselling Centre
- Prevent.Resist.Support. Seek personal support or learn more about sexual violence prevention and resistance education through the Office of Sexual Violence Prevention, Resistance & Support
- Explore professional development opportunities through Continuing Education



experience.uwindsor.ca

**Student Recruitment** 

**Phone:** 519-973-7014 **Toll-Free:** 1-800-864-2860 **Email:** info@uwindsor.ca School of Social Work

Phone: 519-253-3000, Ext. 3064 Email: socwork@uwindsor.ca

Career Development and Experiential Learning

Web: uwindsor.ca/cdel

Email: careerservices@uwindsor.ca