UWIN 101

The Basics of University Life

Meet your student leaders!

Congratulations!

You're here!

You made it!

Welcome to the University of Windsor!

University of Windsor

The University Journey

What will you take away from today?

What We'll Cover:

- Challenges of University
- The Goals you can Achieve
- Strategies for Success

Challenge #1: Indicators of Success

High School GPA

High School GPA Range	% of Students in Each Category	Admission Average
95+	2.2	96.0
90 to <95%	10.0	91.85
85 to <90%	22.9	87.09
80 to <85%	26.6	82.35
75 to <80%	23.5	77.52
70 to <75%	12.5	72.74
Under 70%	2.3	68.49

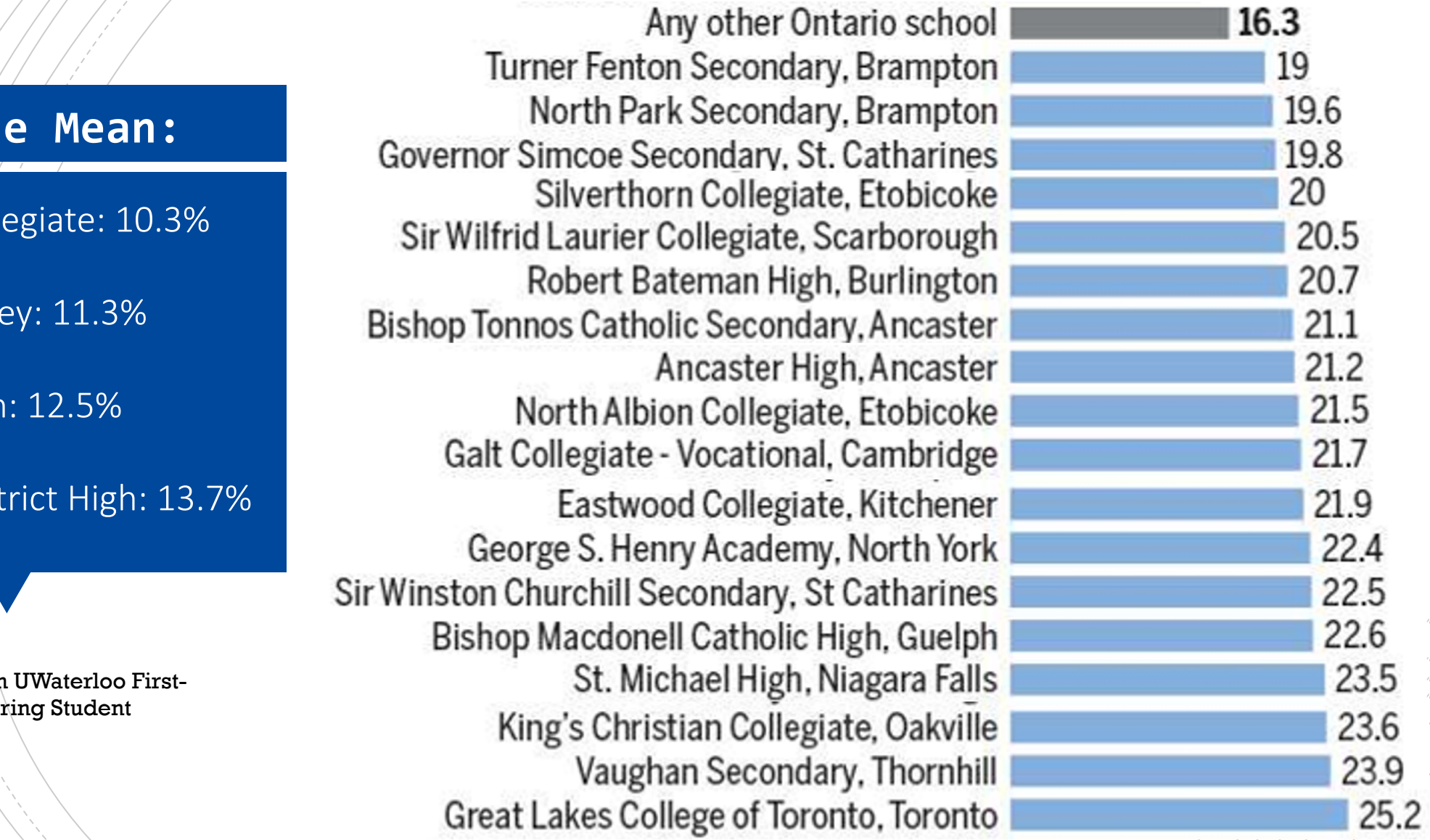
UWindsor's 6-year graduation rate: 67.7%

Challenge #2: Lower GPA

Below the Mean:

- Don Mills Collegiate: 10.3%
- Vincent Massey: 11.3%
- Pickering High: 12.5%
- Markham District High: 13.7%

Data gathered from UWaterloo First-Year Engineering Student



Challenge #3: Professional Program Entry Rates

Medical Schools	Offer of Admission
Memorial	11.6%
Dalhousie	9.9
Laval	9.3
McGill	7.3
Ottawa	4.2
Queen's	2.4
McMaster	4.1
Western	6.3
Lakehead/Laurentian	3.0
Manitoba	11.2
Saskatchewan	12.5
Alberta	12.7
Calgary	12.5
UBC	13.4

37,684 Applications (2016-2017)

Law Schools	Offer of Admission
Dalhousie	13.0%
Victoria	12.5
McGill	14.5
Ottawa	12.0
Queen's	8.5
Toronto	9.4
Windsor	8.0
Western	8.0
Lakehead/Laurentian	7.9
Manitoba	15.9
Saskatchewan	12.9
York	11.2
Calgary	10.3
UBC	10.8

23,699 Applications (2016-2017)

Challenge #4: Factors Affecting Success

Students reported the following factors affecting their academic performance:

Alcohol use	2.9 (%)	Drug use	2.0 (%)
Allergies	1.1	Finances	9.5
Anxiety	31.6	Homesickness	5.1
Assault (physical)	0.7	Internet/computer games	15.3
Assault (sexual)	1.3	Learning disability	2.5
ADHD/ADD	5.5	Extracurricular activities	8.3
Cold, flu, bronchitis	16.8	Relationship difficulties	10.9
Concern for friend/family	14.8	Roommate difficulties	3.7
Chronic health problem	4.3	STD/I	0.3
Death of a friend/family	6.6	Sleep difficulties	25.7
Depression	22.2	Stress	48.9
Discrimination	2.0	Work	19.1

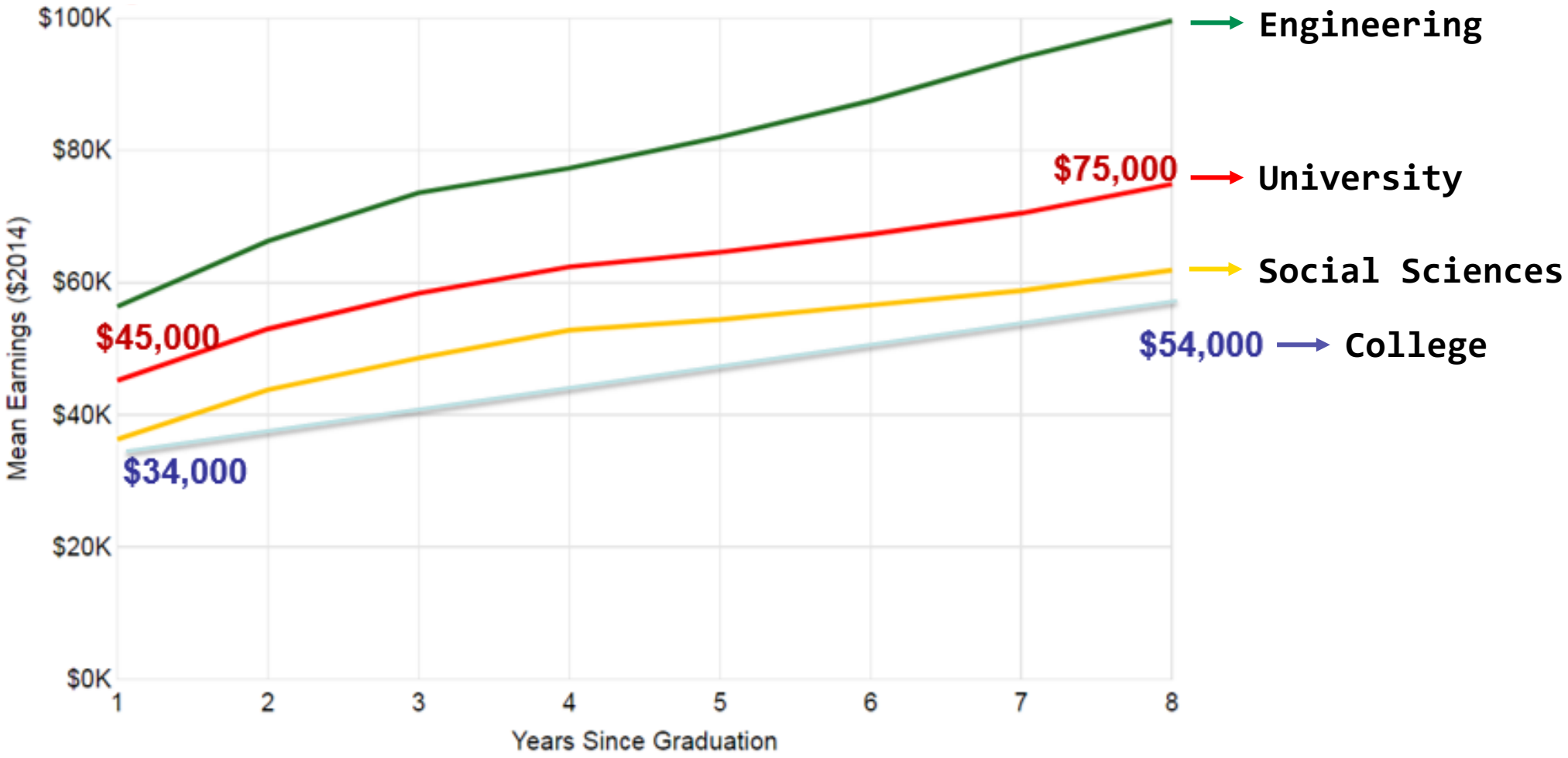
Goal #1: Be Employed!

Six Month Employment Rate:
85.5% (87.6%)

Two Year Employment Rate:
92.2% (93.6%)

% of UWindsor full-time grads who consider their work close or somewhat related to their degree: 89%

Goal #2: Increase Your Earnings!



Strategy #1: Be Responsible

High School	University
Everyone attends class same time on weekdays	Students build schedule: days, evenings, weekends
Approximately 30 students/class	Range from 10 to 350 students
Light readings from textbooks	Heavy reading: text books, journals, websites, etc.
Frequent assignments, tests that make up small % of overall grade	Typically fewer assignments for larger % of marks
Attendance is taken	Attendance not taken (some exceptions)
Homework is checked	Homework is not checked
Teachers check to make sure student is keeping up	Students responsibility to keep up
Teachers actively develop relationship with students	Instructors only develop relationships with students who connect with them

Strategy #2: Time Management

Attend Class

Take Notes

Do Readings & Labs

1:2

Strategy #3: Plan Your Life

Do not over commit outside of your academic work

Do not under commit outside of your academic work

Strategy #4: Achieve Balance

	Academic Focussed	Work Focussed	Social Focussed
Class, assignments, studying	57	29	18
Sleeping	56	49	62
Part-time work	10	35	5
Volunteering	5	0	6
Clubs, societies	0	9	14
Family obligations	6	4	0
Social life/Internet	8	14	34
Commuting	4	6	0
Exercise/recreation	2	3	5
Other	13	19	24
Total	168	168	168

Strategy #5: Advocate for Yourself

Independent Education Plan (IEP)

=

Student Accessibility Services

Engage your Professors!

Strategy #6: Wellness Basics

Sleep!
Eat right!
Exercise!

- Student Counselling Centre
- Student Health Services
- Peer Support Centre
- Recreation + the Forge
- My Student Support Program
- Pharmacy & Dentist

Strategy #7: Campus Services

Say ‘Hello!’ to your new best friend!

UWIN CARD

- Meal Plan
- Laundry
- Access Card to Residence
- Library Check-Outs
- Printing
- UwinCASH
- Midterms and Exams!

Strategy #8: Stay Safe

Rest assured.

UWindsor's Commitment to your Safety

- Campus Community Police and Emergency Poles
- UWindsor Alert and Safe Lancer Apps
- WalkSafe
- SMRS
- *Campus Community Police Emergency #:*
  519-253-3000 ext. 4444

Strategy #8 Cont.: Stay Safe

Get support.
Give support.

UWindsor Sexual Violence Prevention Programs:

- Bystander Initiative
- Flip the Script

BYSTANDER

A UWindsor Initiative to End Sexual Violence

Strategy #9: Be Well-Rounded

Hard Skills

+

Soft Skills

=

Increased:

- Employability
- Opportunities
- Job Performance
- Promotions

92% of 900 executives agree that **soft skills** are **equally or more important** than hard skills

Strategy #10: Be Involved

Why get involved?

Benefits of Increased Involvement

- Learn Skills, Networking and Complete Your Classroom Experience & Have Fun!

On-Campus Opportunities

- UWindsor Welcome Week
- Athletic Events and Intramural Sports
- Clubs & Societies (150+) and Student Government
- Volunteering and Leadership
- Student Exchange and Study Abroad
- Aboriginal Education Centre
- International Student Centre

Your full-time undergrad student union.

UWSA
UNIVERSITY OF WINDSOR
STUDENTS' ALLIANCE

EVERYLANCERCOUNTS

Your Student Alliance.

University of Windsor Students' Alliance – UWSA

Students United, We Are YOUR Voice!

- We are your student services, your campaigns, your student groups, your academic changemaker, the advocate for your student rights, your representation and your democratic voice!
- We fight for you, as students, from academic to equity based issues.
- Peer Support Centre, Campus Pride Centre, Womxn's Centre, Afrofest, Food Pantry, Walksafe, Student Groups, Health and Dental, and the Bus Pass
- Welcome Week, the Coming Home Music Festival, Free Breakfasts, Coffee Breaks, Swag, etc.

How Do I Get Involved? More Information?

Come to UWSA office or contact uwsa@uwindsor.ca!

Where Are We?

2nd Floor of the CAW Student Centre, Room 209
(straight down the hallway from the main stairs)

UWSA
UNIVERSITY OF WINDSOR
STUDENTS' ALLIANCE

Your Student Experience.

SAVE YOUR STUDENT EXPERIENCE,
Don't Opt Out.

- Stay into services that you can use for support and networking
- Stay in for a voice that advocates for your rights as students
- Stay in for representation of your ideas and your values as students
- Stay in to student life, clubs, legal services, newspapers, radio stations, student scholarships and more.
- This is a place where you can make memories to last a lifetime, let's make it happen.

EVERY LANCER COUNTS

Questions?

UWSA
UNIVERSITY OF WINDSOR
STUDENTS' ALLIANCE

Contact us

uwsa@uwindsor.ca

puwsa@uwindsor.ca

Follow us

@uwsa4u

Sign Up for Welcome Week 2019!

If you pre-register for Welcome Week, you could be 1/3 winners of a UWindsor Swag Bag!

Winners drawn on Friday, August 30th

How to Sign Up for Welcome Week

1. Download the UWindsor Events App
2. Click Welcome Week Registration
3. Fill out the form
4. Click Register
5. That's it! It’s that easy!

Wrapping Things Up

Final words.

Always Remember:

- 4 Key Challenges
- 2 Major End Goals
- 10 Basic Strategies for Success

The most important individual at UWindsor is the student.
The university is always ready to help you. Just ask.

Welcome to UWindsor!