



# KINESIOLOGY

The University of Windsor is a nationwide leader in kinesiology. We offer cutting-edge programs, small classes, outstanding facilities, caring faculty, and terrific support staff. It's a great choice for you!

## OUR PROGRAM

Our Kinesiology program, housed in the Faculty of Human Kinetics, exposes you to a breadth of courses and experiences during your first two years that will help you choose a major for intensive study during your final two years.

The Department of Kinesiology offers undergraduate programs with majors in Movement Science and Sport Management, master's programs with majors in Applied Human Performance and Sport Management, and a doctoral program in Kinesiology.

In 1974, the University of Windsor launched one of the very first faculties of human kinetics in the British Commonwealth. Since then, it has continued to set a global standard for program excellence.

Upon graduation, you will be well equipped for further studies in professional programs or graduate schools, or for direct entry into a variety of careers. Our alumni enjoy such diverse careers as; NASA flight engineers; scientists; doctors; teachers; chiropractors; physiotherapists; ergonomists; directors of provincial and national sports organizations; and sports marketing specialists.

## FIRST-YEAR COURSES

### REQUIRED KINESIOLOGY COURSES

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Principles of Mental Skills Training

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Ethics in Sport and Physical Activity

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Functional Anatomy

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Fundamental Mechanics of Human Motion

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Health and Wellness

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Introductory Exercise Physiology

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Principles of Sport Management

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Measurement and Evaluation

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**University  
of Windsor**

## EXPERIENTIAL LEARNING

Co-op positions are available across the country and are guaranteed to be in kinesiology-related areas. We have student exchange programs with the U.S., Germany, Australia, Belgium, and the Netherlands, among others.

Many of our students participate in career-related internship courses that count for academic credit and allow students to receive valuable experience in various areas of kinesiology. Others have interesting part-time jobs on campus working in sport and recreation, cardiac rehabilitation, facilities management, athletic training or research.

## CAREER PATHS

### Movement Science

- Physical therapist
- Occupational therapist
- Chiropractor
- Medical doctor (with further education)
- Naturopathic doctor
- Ergonomist
- Physician assistant
- Athletic trainer
- Massage therapist
- Registered kinesiologist
- Teacher (with further education)
- Physical trainer/fitness consultant
- College or university professor (with further education)
- Researcher/data analyst

## Sport Management

- Recreation co-ordinator
- Event/facility manager
- Sales director/marketer
- Account executive
- Product/brand manager
- Sports journalist/broadcaster
- Director of sport organizations
- Membership Services manager
- Corporate partnership manager
- Coach
- Teacher (with further education)
- College or university professor (with further education)
- Researcher

## ADMISSION REQUIREMENTS

Six Grade 12 U/M level courses including ENG4U and SBI4U are required. A minimum grade of 70% is required for ENG4U and SBI4U. Kinesiology is a limited enrolment program.

## STUDENT SUPPORT

The Kin-One First-Year Experience Program provides a network of peer support even before you attend your first class. You will be assigned to a small group of students led by an upper-year student with whom you will stay in contact throughout the year.

The Department of Kinesiology offers onsite academic advising and career counseling for all of its students throughout their time here. You can meet with the undergraduate co-ordinator for advice on course selections, professional programs and career opportunities. We also offer career events that allow you to meet with many of our successful alumni from various career paths.

## FINANCIAL AID

For entrance and in-course award opportunities, please visit our Award Search at [my.uwindsor.ca](http://my.uwindsor.ca). Click on the Financial Matters heading and then Search for Awards in the sidebar.

In addition to entrance awards, the **Outstanding Scholars Program** attracts top high school students entering any first-year honours undergraduate program at the University of Windsor. Approximately 100 high-achieving, first-year students will be offered status as an Outstanding Scholars Candidate in Year 1 of their studies. The goal of this program is to challenge and stimulate students by providing them with the unique opportunity of holding an undergraduate academic appointment in their second year of studies and beyond, where students will work closely with faculty on academic research projects.

For more information, please visit: [uwindsor.ca/outstandingscholars](http://uwindsor.ca/outstandingscholars)

### STUDENT RECRUITMENT OFFICE

Phone: 519-973-7014  
Toll-Free (Canada/US): 1-800-864-2860  
Email: [info@uwindsor.ca](mailto:info@uwindsor.ca)  
[uwindsor.ca/future](http://uwindsor.ca/future)

### DEPARTMENT OF KINESIOLOGY

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[uwindsor.ca/kinesiology](http://uwindsor.ca/kinesiology)