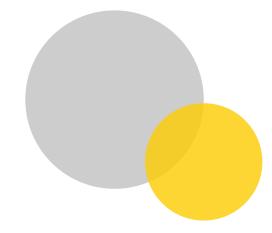
Catering Services Covid Menu

CONTACT US:

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www.uwindsor.ca/catering



Breakfast			
			100
INDIVIDUALLY PACKAGED			
(Minimum order of 6)		The state of the s	
Granola Parfait			
Mixed berry yogurt, granola	\$4	A Comment of the Comm	
Overnight Oats Vanilla infused yogurt, dry oats, strawberries, blueberries	\$4		
Fruit Salad Cup	\$4.50		
honey dew, cantaloupe, grapes, pineapple, orange segments			
Minimum order by dozen			SECTION
Plain Croissants	\$3.50		
Chocolate Croissants	\$3.50		
Fresh Assorted Muffins	\$2.25	Marning Clary Ray (Chance and of the following)	
Toffee Apple Loaf	\$3	Morning Glory Box (Choose one of the following) Fresh Croissant or Muffin	
Freshly Baked Cookies	\$15.75	Granola Parfait or overnight oats or assorted cheeses Chilled Fruit juice or bottle water	
GLUTEN FREE PASTIES			
Brownie / Cookies / Muffins	\$3	INDIVIDUAL BREAKFAST PROTEIN KIT PLATTERS	
INDIVIDUAL BREAKFAST BOXES		Minimum of 10 guests	
Minimum of 10 guests		Fresh berries, granola and yogurt	
Heart Smart Box (Choose one of the following)	\$12	or	
Whole fresh fruit or fruit salad Fresh muffin or Blueberry Yogurt Streusel Loaf		Fresh berries, cottage cheese, hard boiled egg and assorted nuts	



LUNCH (COLD)

Minimum 10 guests and individually packaged

Caesar salad Romaine lettuce, bacon, croutons and Caesar dressing	\$7
Mixed green salad (choice of dressing) Ranch, Italian, balsamic, Greek Mixed greens with tomato, cucumber and red onions	\$6
Greek Quinoa Salad Mixed greens, quinoa, feta cheese, cucumber and olives	\$7
Cranberry Walnut Salad with goat cheese Mixed greens, walnuts, goat cheese and dry cranberry	\$7.50
Add Chicken or Tofu to any salad for \$3.50	

Crudite and Cheese Kit Platter Fresh cut vegetables, ranch dressing and an assortment of sliced cheese	\$10
Middle Eastern Kit Platter (V) Hummus, tabbouleh, grape leaves, olives and mini pita	\$10
Charcuterie Kit Assorted Salamis and cheeses. Melba Toast and mixed nuts	\$13

BOXED SANDWICHES AND WRAPS

Minimum 10 guests

All Sandwiches and wraps include a cookie, fresh fruit and a cold beverage

(Gluten free bread available upon request)

Express Lunch \$13 Fresh Ciabatta bun with the choice of egg salad, sliced ham, turkey, tuna salad or grilled vegetables

Grilled Sandwich Lunch \$15 (Choose one of the following Grilled sandwiches)

Chicken Caesar Wrap Ham and Swiss Ciabatta Turkey and Avocado BLT on Ciabatta Grilled Mediterranean Veggie on Ciabatta

SOUP OF THE DAY

Minimum 10 guests

Please ask for daily selection

VEGETARIAN CHILI SERVED WITH \$4.50 ARTISAN ROLL (V) (GF)

Minimum 10 quests

Home made Vegetarian, Vegan and Gluten Free chili with zucchini, peppers, mushrooms, cilantro

Toppings available additional \$2.95



HOT LUNCH BOWLS

Minimum 10 guests

Chicken Parmesan with pasta tomato basil

Panko Breaded chicken cutlet topped with fresh tomato basil sauce and mozzarella served with pasta

Chicken Alfredo with pasta Alfredo

Grilled chicken breast with Alfredo sauce served with pasta

Penne with homemade meat sauce or Tomato sauce

(Gluten free pasta available upon request)

Butter Chicken over basmati rice

Pan seared chicken breast with house made butter sauce served over aromatic rice

Beef Burrito Bowl

Tex mex spiced Ground beef, Under Sun Acres peppers, black beans, cilantro and corn served over rice

Chana Palak Masala Bowl (V)

Chickpea stew with garam masala, spinach, basmati rice served with nan bread

Mac and Cheese bowl (V)

Cavatoppi pasta with house made cheese sauce and garlic bread

Peach Glazed Chicken brochette (2) over rice

Tender juicy skewers (2pcs) with peach glaze served over rice

\$12.00

2 pcs of juicy herb oven roast chicken served with roasted potatoes and fresh vegetables

Korean Rice Bowl

Roast Chicken

Lean Ground beef, Korean bbg sauce, boiled egg, baby bok choy served over rice

Asian Noodle Bowl

(Beef, Chicken or vegetarian) Stir fry vegetables, soy sauce, ginger, garlic, honey, sesame seed oil served over noodles

Buffalo cauliflower wings over rice (V)

Lightly Battered cauliflower pcs tossed in our own house made Buffalo sauce over rice

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\$4.95



HOT BEVERAGES

COLD BEVERAGES

Spring Water	\$1.85 (500 ml)		
Bottled Juice Apple, Orange, Cranberry	\$2.25 (300 ml)	Fair Trade Coffee 10 cup carafe (disposable carafe)	\$26
Soft Drinks	\$2 (355 ml)	Fair Trade Coffee 25 cups	\$58
San Pellegrino (Orange or Limonata)	\$2.75 (330 ml)	Fair Trade Coffee 50 cups	\$99
San Pellegrino Sparkling Water	\$6 (750 ml)	Теа	\$26
Perrier Mineral Water	\$3 (330 ml)	10 cup carafe (disposable carafe)	
Nestle Ice Tea	\$3.25 (500 ml)	Tea 25 cups	\$58
Milk	\$3.25 (473 ml)	Tea 50 cups	\$99