

Catering Services Covid Menu

CONTACT US:

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www.uwindsor.ca/catering

Breakfast



INDIVIDUALLY PACKAGED

(Minimum order of 6)

Granola Parfait

Mixed berry yogurt, granola

\$4

Overnight Oats

Vanilla infused yogurt, dry oats, strawberries, blueberries

\$4

Fruit Salad Cup

honey dew, cantaloupe, grapes, pineapple, orange segments

\$4.50

Minimum order by dozen

Plain Croissants

\$3.50

Chocolate Croissants

\$3.50

Fresh Assorted Muffins

\$2.25

Toffee Apple Loaf

\$3

Freshly Baked Cookies

\$15.75



GLUTEN FREE PASTIES

Brownie / Cookies / Muffins

\$3

INDIVIDUAL BREAKFAST BOXES

Minimum of 10 guests

Heart Smart Box *(Choose one of the following)*

\$12

Whole fresh fruit or fruit salad

Fresh muffin or Blueberry Yogurt Streusel Loaf

Chilled fruit juice or bottled water

Morning Glory Box *(Choose one of the following)*

\$13

Fresh Croissant or Muffin

Granola Parfait or overnight oats or assorted cheeses

Chilled Fruit juice or bottle water

INDIVIDUAL BREAKFAST PROTEIN KIT PLATTERS

Minimum of 10 guests

Fresh berries, granola and yogurt

\$9

or

Fresh berries, cottage cheese, hard boiled
egg and assorted nuts



Lunch



Hot Lunch Bowls

LUNCH (COLD)

Minimum 10 guests and individually packaged

Caesar salad Romaine lettuce, bacon, croutons and Caesar dressing	\$7
Mixed green salad (choice of dressing) Ranch, Italian, balsamic, Greek Mixed greens with tomato, cucumber and red onions	\$6
Greek Quinoa Salad Mixed greens, quinoa, feta cheese, cucumber and olives	\$7
Cranberry Walnut Salad with goat cheese Mixed greens, walnuts, goat cheese and dry cranberry	\$7.50

Add Chicken or Tofu to any salad for \$3.50

Crudite and Cheese Kit Platter Fresh cut vegetables, ranch dressing and an assortment of sliced cheese	\$10
Middle Eastern Kit Platter (V) Hummus, tabbouleh, grape leaves, olives and mini pita	\$10
Charcuterie Kit Assorted Salamis and cheeses, Melba Toast and mixed nuts	\$13

BOXED SANDWICHES AND WRAPS

Minimum 10 guests

All Sandwiches and wraps include a cookie, fresh fruit and a cold beverage
(Gluten free bread available upon request)

Express Lunch Fresh Ciabatta bun with the choice of egg salad, sliced ham, turkey, tuna salad or grilled vegetables	\$13
Grilled Sandwich Lunch (Choose one of the following Grilled sandwiches)	\$15
Chicken Caesar Wrap	
Ham and Swiss Ciabatta	
Turkey and Avocado BLT on Ciabatta	
Grilled Mediterranean Veggie on Ciabatta	

SOUP OF THE DAY Minimum 10 guests Please ask for daily selection	\$4.95
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VEGETARIAN CHILI SERVED WITH ARTISAN ROLL (V) (GF) Minimum 10 guests Home made Vegetarian, Vegan and Gluten Free chili with zucchini, peppers, mushrooms, cilantro Toppings available additional \$2.95	\$4.50
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HOT LUNCH BOWLS \$12.00

Minimum 10 guests

Chicken Parmesan with pasta tomato basil
Panko Breaded chicken cutlet topped with fresh tomato basil sauce and mozzarella served with pasta

Chicken Alfredo with pasta Alfredo
Grilled chicken breast with Alfredo sauce served with pasta

Penne with homemade meat sauce or Tomato sauce
(Gluten free pasta available upon request)

Butter Chicken over basmati rice
Pan seared chicken breast with house made butter sauce served over aromatic rice

Beef Burrito Bowl
Tex mex spiced Ground beef, Under Sun Acres peppers, black beans, cilantro and corn served over rice

Chana Palak Masala Bowl (V)
Chickpea stew with garam masala, spinach, basmati rice served with nan bread

Mac and Cheese bowl (V)
Cavatoppi pasta with house made cheese sauce and garlic bread

Peach Glazed Chicken brochette (2) over rice
Tender juicy skewers (2pcs) with peach glaze served over rice

Roast Chicken

2 pcs of juicy herb oven roast chicken served with roasted potatoes and fresh vegetables

Korean Rice Bowl

Lean Ground beef, Korean bbq sauce, boiled egg, baby bok choy served over rice

Asian Noodle Bowl

(Beef, Chicken or vegetarian)
Stir fry vegetables, soy sauce, ginger, garlic, honey, sesame seed oil served over noodles

Buffalo cauliflower wings over rice (V)

Lightly Battered cauliflower pcs tossed in our own house made Buffalo sauce over rice



COLD BEVERAGES

Spring Water	\$1.85 (500 ml)
Bottled Juice Apple, Orange, Cranberry	\$2.25 (300 ml)
Soft Drinks	\$2 (355 ml)
San Pellegrino (Orange or Limonata)	\$2.75 (330 ml)
San Pellegrino Sparkling Water	\$6 (750 ml)
Perrier Mineral Water	\$3 (330 ml)
Nestle Ice Tea	\$3.25 (500 ml)
Milk	\$3.25 (473 ml)

HOT BEVERAGES

Fair Trade Coffee 10 cup carafe (disposable carafe)	\$26
Fair Trade Coffee 25 cups	\$58
Fair Trade Coffee 50 cups	\$99
Tea 10 cup carafe (disposable carafe)	\$26
Tea 25 cups	\$58
Tea 50 cups	\$99