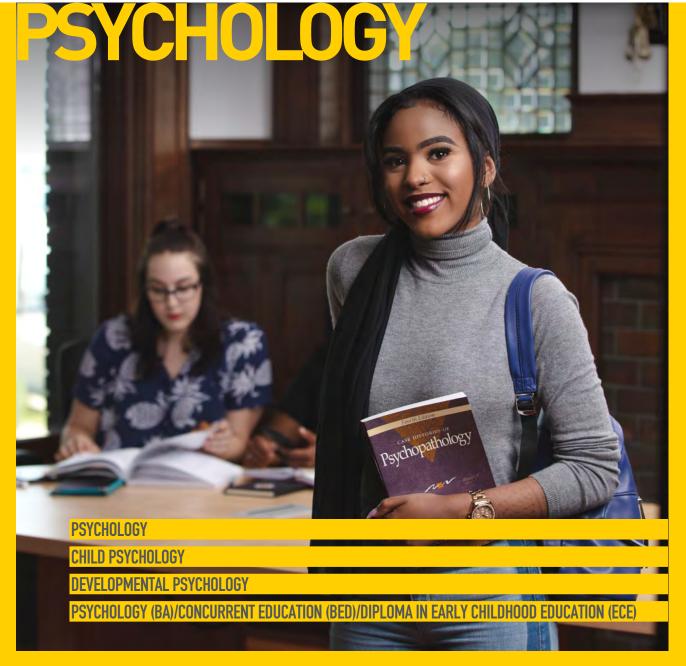




# PSYCHOLOGY EXPERIENCE MAP



#### HIGHLIGHTS AND SKILLS

#### PROGRAM HIGHLIGHTS

Psychology Get inside people's brains in this program that lets you discover why people think and act the way they do. Major in psychology alone or do a combined honours with another discipline. Unlike other schools, we have an Introduction to Psychology course for psych majors only, and we break off into small groups led by mentors to help you along. You can do research and community placements throughout your undergraduate years.

**Child Psychology** Learn what makes kids tick in this program focusing on child and adolescent development.

Developmental Psychology Correct Our developmental psychology program offers so much more than other schools — opportunities for undergraduate research and community placements that allow you to put what you've learned in the classroom into practice. Work with children, adolescents, adults or seniors and choose a career path that matches your interests.

MIN. AVG.\* 70% ONTARIO COURSE REQUIREMENTS ENG4U required.

#### Psychology (BA) ☐/Concurrent Education/Early Childhood Education (ECE)

One diploma and two degrees in five years instead of seven. That's efficient! This program is offered in co-operation with St. Clair College. You'll get an ECE diploma there, plus bachelor degrees in education and psychology, making you eligible to teach JK to Grade 6.

MIN. AVG.\* 75% ONTARIO COURSE REQUIREMENTS ENG4U required. Admission to first year only.

# See other experience maps for related programs:

- Behaviour, Cognition and Neuroscience
- Business and Psychology
- Disability Studies and Psychology
- Interdisciplinary Arts and Science

#### **FUNCTIONAL KNOWLEDGE**

- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour.
- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Understanding and applying behavioural components of psychological theory
- Appreciating the respective roles of various governmental, community, and health-care institutions
- Being sensitive to and understanding key psychological problems and the broader human condition
- Conducting qualitative/quantitative psychological research; gathering information, assessing and analyzing data, and establishing links

■ General Honours Combined Honours programs available Thesis available \*Minimum grade point average for admission to program. A higher average may be required.

## **BUILD YOUR SKILLS AND EXPERIENCE**

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your

university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

#### **CURRICULUM**

Courses of study specific to each program



#### **CO-CURRICULAR**

Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)



#### **EXTRACURRICULAR**

Activities falling outside the scope of set curriculum (Part-time job, clubs, volunteering, athletics)

# CAREER PLANNING CYCLE

Intentional career planning will help you prepare for your next step after graduation and beyond. It is a fluid, dynamic, and lifelong process. You can move on or return to an earlier stage in the cycle at any time.



#### EXPLORE OPPORTUNITIES USING THIS CHART

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don't have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success.

# HIGH-IMPACT PRACTICE (HIP) ■

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad

#### **FIRST YEAR**

- Gain foundational knowledge while receiving small group mentorship from faculty and upper-level peers by taking Introduction to Psychology as a Behavioural Science and Introduction to Psychology as a Social Science
- Review course and program degree requirements
- Meet with a Psychology Academic Advisor
- Consider combining your Psychology degree with another area of study
- Join the **Psychology Students' Association**

#### **MIDDLE YEARS**

- Enrol in social, child and other specialized psychology courses to explore different interests
- Meet with a Psychology Academic Advisor each semester to keep your courses on track
- Investigate the possibility of becoming a mentor to first year students
- Look into volunteering to work in a professor's research lab
- Apply to an Honours Psychology program with Thesis program by Winter of 2nd year if interested HIP
- Consider declaring a minor

#### **FINAL YEAR**

- Meet with an academic advisor to go over degree requirements
- Complete all required courses for your degree
- Apply to graduate through **UWinsite Student Portal**
- Work with a faculty member on a thesis, research project or publication #P
- Look into research or teaching opportunities with department professors and graduate students HIP
- Take a field work, internship, or practicum course to optimize your senior experience

#### **EXPERIENCE**

**ACADEMICS** 

Your coursework

Ways to get involved



- Become a member of the Psychology Students' Association
- View available internships or field placements for your program of study HIP
- Investigate research opportunities as part of the **Outstanding**Scholars program HIP
- Take part in psychology research studies through the Psychology Research Participant Pool HP
- Research student exchange opportunities for middle years HIP
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus
- Apply for a co-curricular experience such as VIP-Community Service Learning

- Join a professional association in your field such as the **Ontario Psychological Association**
- Participate in the UWill Discover undergraduate research conference HIP
- Look for a leadership role in a club, society or campus organization such as the Peer Support Centre, LEAD or Students Orienting Students (SOS)
- Attend a **Psychology Students' Association** event such as the meet the professor night or annual gala
- Apply for student exchange HIP
- Expand your skills by taking on a summer, part-time or volunteer position

- Apply to become a student representative on the Departmental Council or Undergraduate Studies Committee
- Conduct field research with a faculty member HIP
- Become a tutor for **Students Offering Support (SOS)**
- Become a peer mentor for students enrolled in Introduction to Psychology
- Take a Practicum course in Psychology, Developmental Psychology or Social Change HP

## CAREER

Plan ahead for what's next



- Create a list of things that you enjoy, areas in which you excel, and your skills
- Meet with a career advisor in Career Development and Experiential Learning (CDEL) for help developing a plan for your future years
- Consider a career assessment appointment to help you identify possible career paths
- Get involved with a part-time job, volunteer opportunity, campus group, or research assistantship
- Attend **CDEL** workshops to learn how to find a summer or parttime job and write a university-level resumé
- Drop in to meet with one of **CDEL**'s peer advisors to get answers to your career and job search questions

- Research career fields and occupations with the help of a CDEL career advisor
- Explore opportunities and meet potential employers by participating in job fairs and industry networking events
- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs you are interested in
- Create a **LinkedIn** profile and have it critiqued
- Take part in informational interviews and join online communities like LinkedIn and Ten Thousand Coffees to connect with people in your targeted profession or industry
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with CDEL to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend CDEL's workshops on interview skills and job search strategies
- Use InterviewStream to practice your interview skills online
- Set up an in-person mock interview with a career advisor for professional school or job applications
- Meet employers at the annual job fair in January
- Compose a portfolio of relevant academic and work experience
- Explore professional development opportunities through Continuing Education

# LIFE AFTER GRADUATION



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Psychology has allowed me to discover my potential through research, academic practicums and hands-on learning experiences. I have been able to get involved through student organizations, facilitate classroom discussions and work alongside professors while delivering curriculum. I am grateful for the opportunities, work involvement and influential individuals I have met along the way. I hope the skills, knowledge and strategies I have gained carry with me in the field of work!"

Leonardo Anthony Pisciuneri - BSc Biology & Psychology

NUMBER OF GRADUATES (2018)

93%

EMPLOYMENT RATE OF GRADUATES

Employment rate of graduates 2 years following degree completion (OUGS Social Sciences, 2017)

#### **CAREER TRACKS\***

Addictions counsellor Behavioural psychologist Child and youth worker Child psychologist Communications specialist Consultant Demographer Disability service worker Doctor Forensic psychologist Gerontologist Health educator Journalist Law enforcement officer

Lawyer Mediator Mental health worker Operations director Policy analyst Project manager Psychiatrist Psychologist
Public official
Rehabilitation counsellor
Research co-ordinator
Social worker
Teacher
University professor

<sup>\*</sup> Additional education and/or training required for some of the above careers.



# **COMMON SECTORS FOR GRADUATES**

- Academia: Advanced psychological research and teaching
- **Business:** Research and analysis, human resources, project management
- Education: Advising, counselling, corporate training
- Government: Research and policy development
- Healthcare: Administration, counselling
- · Law and law enforcement
- Immigration and community integration
- Psychology practice: Private, healthcare, corrections
- · Social service and community agencies

## **CAREER-READINESS COMPETENCIES**











# **CAMPUS RESOURCES**

- Research scholarships and bursaries through the Student Awards and Financial Aid Office
- Visit Leddy Library and the Writing Support Desk for help with academic assignments
- Learn about our Bounce Back program designed to support students struggling to find both personal and academic success in their postsecondary experience
- Build leadership skills and find leadership opportunities at the Leadership Hub
- Experience international service learning on an Alternative Spring Break team
- Get advice and support about your academic status by making an appointment with Academic Advising

- Seek out assistance with academic accommodation from Student Accessibility Services
- Discover ways to get involved on campus through the Student Success and Leadership Centre
- Look into the Ignite: Work Study program for on-campus employment opportunities
- Get assistance developing your career plan and job search skills from Career Development and Experiential Learning
- Consult with the **EPICentre** if you are interested in starting your own business
- Broaden your cultural awareness through the International Student Centre and Student Exchange Office

- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting Turtle Island
- Tend to your health and wellness with support from Student Health Services and Lancer Recreation
- Receive confidential mental health counselling delivered by trained professionals at the Student Counselling Centre
- Seek personal support or learn more about sexual violence education through the Sexual Misconduct Response and Prevention Office
- Explore professional development opportunities through Continuing
   Education



### **GET IN TOUCH**

STUDENT RECRUITMENT

Phone: 519-973-7014 Toll-Free: 1-800-864-2860 **ask.uwindsor.ca** 

#### DEPARTMENT OF PSYCHOLOGY

Phone: 519-253-3000, Ext. 2217 Email: psychology@uwindsor.ca

# CAREER DEVELOPMENT AND EXPERIENTIAL LEARNING

Phone: 519-253-3000, Ext. 3895 Email: careerservices@uwindsor.ca