

# Family and Social Relations

*Made in Windsor.*



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Family and Social Relations  
Experience Map



University  
of Windsor

## Highlights and Skills

### PROGRAM HIGHLIGHTS

#### Family and Social Relations **G H C**

Families are dynamic. Gain theoretical and practical insights into the changes that affect families, and the social responses to those changes. This program explores child studies, sexuality and sexual health, family history and change, marriage dynamics, and gender issues. It combines courses from a variety of disciplines, including sociology, psychology, social work, history and women's and gender studies.

**MIN. AVG.\* 70% ONTARIO COURSE REQUIREMENTS** ENG4U required.

### FUNCTIONAL KNOWLEDGE

- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Practising several scientific methods of data collection, statistical analysis, and evaluation; using methods and tests to analyze, interpret and assess possible behaviours
- Critically evaluating and interpreting existing research/theories and applying the results to solve problems
- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour
- Appreciating the respective roles of various governmental, community, and health-care institutions

**G** General – 3-year program **H** Honours – 4-year program **C** Combined Honours programs available \* Minimum grade point average for admission to program. A higher average may be required.

## Build your Skills and Experience

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.



#### CURRICULUM

Courses of study specific to each program



#### CO-CURRICULAR

Activities and experiences that complement coursework (Outstanding Scholars, peer mentoring, VIP)



#### EXTRACURRICULAR

Activities falling outside the scope of set curriculum (Part-time job, clubs, volunteering, athletics)

## Career Planning Cycle

Intentional career planning will help you prepare for your next step after graduation and beyond. It is a fluid, dynamic, and lifelong process. You can move on or return to an earlier stage in the cycle at any time.



## Explore Opportunities Using This Chart

Explore a selection of opportunities recommended for students in your program. This chart shows some of your many options – you don't have to do everything on it or limit yourself to it. Engage in opportunities from each of the three categories to set yourself up for success.

### High-Impact Practice (HIP)

A HIP is an enriching educational experience that can be life-changing and often includes learning outside of the classroom while encouraging meaningful interaction and collaboration, such as:

- Co-op, internship or field experiences
- Research with faculty
- Culminating senior experience
- Capstone courses
- Service-learning
- Learning communities
- Study abroad



### Academics Your Coursework






#### First Year

- Take required courses including Understanding Social Life and Social Dilemmas: Social Science Perspectives and Effective Writing I and II
- Review degree course requirements
- Enrol in a variety of social science courses to determine your core interests
- Meet with an academic advisor

#### Middle Years


- Take required courses and check in with academic advisor to make sure you are on the right path
- Look into completing a research project in final year 
- Begin taking courses in accordance with an Anthropology minor, a Sexuality minor or a minor in another discipline
- Seek out courses that offer field experience 
- Start taking courses required as pre-requisites for graduate/professional school
- Consider declaring a minor and/or specialization



#### Final Year




- Meet with an academic advisor to go over degree requirements
- Complete all required courses for your degree
- Apply to graduate through **UWinside Student Portal**
- Work with a faculty member on a research project or publication 
- Take a final year practicum course in Sociology with a focus on the city 
- Take a field work or practicum course to culminate your senior experience 

### Experience Ways To Get Involved



- Explore available Family and Social Relations research assistant opportunities 
- Volunteer with a local family-oriented or social justice community organization
- Investigate research opportunities as part of the **Outstanding Scholars** program 
- Research student exchange opportunities for middle years 
- Join a club like the **The University of Windsor Criminology Association, Social Science Society** or **UWSA**
- Participate in the **Bystander Initiative** workshop to gain skills that will help you be an effective and supportive ally to prevent sexual assault on campus
- Apply for a co-curricular experience such as **VIP - Community Service Learning**

- Join a professional association in your field such as the **Canadian Sociology Association** or **Canadian Anthropology Association**
- Volunteer with community organizations such as **Children's Aid Society** or **Foundation for Equal Families**
- Get involved with **Bystander Program** and **Victim Support** program run by the Courts, as well as other opportunities such as women's shelters, **Big Brothers/Big Sisters, Hospice,** and the **Multicultural Council**
- Participate in **UWill Discover** undergraduate research conference 
- Apply for student exchange program 
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society

- Become a teaching assistant or research assistant with a faculty member 
- Run for a **UWSA** executive position
- Conduct field research with faculty member 
- Become a tutor for **Students Offering Support (SOS)** 
- Join the **UWindsor Model NATO** or **Model United Nations**

### Career Plan Ahead For What's Next



- Start by making a list of things that you enjoy and areas in which you excel
- Meet with a career advisor in **Career Development and Experiential Learning (CDEL)** for help developing a plan for your future years
- Consider a **Career Exploration Program** appointment to help you identify possible career paths
- Get involved with a part-time job, volunteer opportunity, campus group, or research assistantship
- Attend **CDEL** workshops to learn how to find a summer or part-time job and write a university-level resumé
- Chat with an advisor during **CDEL's Drop In** hours to get answers to your career and job search questions

- Research career fields and occupations with the help of a **CDEL** career advisor
- Explore opportunities and meet potential employers by participating in **Job Shadow Experience**, job fairs, and industry networking events
- Explore further educational opportunities by attending the **Graduate and Professional Schools Fair** and researching admission requirements for programs that interest you
- Create a **LinkedIn** profile and have it critiqued by **CDEL**
- Take part in informational interviews and join online communities like **LinkedIn** and **Ten Thousand Coffees** to connect with people in your targeted profession or industry
- Search job postings to learn what skills, knowledge, and credentials you will need for potential careers

- If you are considering applying to graduate or professional school, be aware of early application deadlines
- Meet with **CDEL** to prepare application documents like a resumé, cover letter, CV, or personal statement for jobs and education programs you are applying to
- Attend **CDEL's workshops** on interview skills and job search strategies.
- Set up a mock interview with a career advisor for professional school or job applications
- Take part in recruitment events and job fairs hosted by **CDEL** and other organizations
- Compose a portfolio of relevant academic and work experience

# Life After Graduation

**7** Number of Graduates  
(2020)

**94%** Employment Rate of Graduates

Employment rate of graduates 2 years following degree completion (OUGS Social Sciences, 2019)

## Career Tracks\*

Administrative assistant  
Case worker  
Child and youth worker  
Communications specialist  
Consultant  
Counsellor  
Court monitor

Development analyst  
Educational assistant  
Health educator  
Human resources manager  
Immigration officer  
Industry instructor  
Journalist

Lawyer  
Legal consultant  
Operations director  
Professor  
Project manager  
Psychologist  
Public official

Public policy analyst  
Public relations officer  
Recreational director  
Research co-ordinator  
Sales manager  
Social worker  
Teacher

\* Additional education and/or training required for some of the above careers.



## Common Sectors For Graduates

- **Academia**
- **Business:** analysis, research, corporate communications
- **Education:** public schools, vocational/corporate training
- **Government services**
- **Journalism:** political correspondence and analysis
- **Law and law enforcement**
- **Politics:** political office, campaign management, polling and research, speech writing
- **Public policy think tanks and consulting:** public/private sectors

## Career-Readiness Competencies



Critical Thinking & Problem Solving



Professionalism & Work Ethic



Teamwork & Collaboration



Communication







# Campus Resources

- Research undergraduate scholarships and bursaries through the **Student Awards and Financial Aid Office**
- Visit **Leddy Library** and the **Writing Support Desk** for help with academic assignments
- Check out the **Bounce Back** program designed to improve academic performance as well as decrease feelings of stress and anxiety through both effective learning strategies and life skills acquisition
- Build leadership skills and find leadership opportunities at the **Leadership Hub**
- Get advice and support about your academic status by making an appointment with **Central Academic Advising**
- Seek out assistance with academic accommodation from **Student Accessibility Services**
- Discover ways to get involved on campus through the **Student Success and Leadership Centre**
- Broaden your cultural awareness through the **International Student Centre** and **Student Exchange Office**
- Look into the **Ignite: Work Study** program for on-campus employment
- Get assistance developing your career plan and job search skills from **Career Development and Experiential Learning**
- Develop your entrepreneurial skills and learn how to start your own business at **EPICentre**
- Find support for Indigenous learners and broaden your understanding of Indigenous culture by visiting the **Aboriginal Education Centre - Turtle Island**
- Tend to your health and wellness with support from **Student Health Services**, the **Wellness Outreach Office** and **Lancer Recreation**
- Receive confidential mental health counselling delivered by trained professionals at the **Student Counselling Centre**
- **Prevent.Resist.Support.** Seek personal support or learn more about sexual violence prevention and resistance education through the **Office of Sexual Violence Prevention, Resistance & Support**
- Explore professional development opportunities through **Continuing Education**



[experience.uwindsor.ca](https://experience.uwindsor.ca)

## Student Recruitment

Phone: 519-973-7014

Toll-Free: 1-800-864-2860

Email: [info@uwindsor.ca](mailto:info@uwindsor.ca)

## Department of Sociology, Anthropology and Criminology

Phone: 519-253-3000, Ext. 2188

Email: [socanth@uwindsor.ca](mailto:socanth@uwindsor.ca)

## Career Development and Experiential Learning

Web: [uwindsor.ca/cdel](https://uwindsor.ca/cdel)

Email: [careerservices@uwindsor.ca](mailto:careerservices@uwindsor.ca)