

Laboratory Safety Bulletin

Phone: 519-253-3000 Ext. 3523 • E-mail: ccc@uwindsor.ca • Web: www.uwindsor.ca/ccc
Location: Essex Hall / B-37 • Hours: 8:30 am to 4:30 pm (M-F)

DONNING AND DOFFING PERSONAL PROTECTIVE EQUIPMENT

Donning PPE

Don (put on) PPE before entering lab or work area if possible, or before starting work.

1. Clean your hands. Wash your hands using proper techniques (lather with soap for at least 20 seconds, and rinse with warm water) or use hand sanitizer.
2. Put on lab coat or similar protective clothing.
3. Put on respiratory PPE like a face mask, if required.
 - N95 masks require a valid fit test certificate.
4. Put on eye protection. This can be safety glasses or face shield.
5. Put on gloves. When taking the gloves out of the box, avoid touching the finger portion of the gloves. Check for tears or holes before working.

Doffing PPE

Doff (remove) PPE before exiting lab or after all work has been completed.

1. Remove gloves. Peel gloves off by grabbing cuff near the wrist. Discard immediately.
2. Remove lab coat or protective clothing.
 - Avoid contaminating personal clothing while removing lab coat. Store reusable PPE in its designated space.
 - Discard disposable PPE immediately; never place used or contaminated PPE on surfaces used for other purposes, i.e. where you place your notebooks, laptop, etc.
3. Wash hands or use hand sanitizer.
4. Remove eye protection.
5. Remove respiratory PPE.
6. Wash hands or use hand sanitizer again.

Please amend your SOP to include additional or different PPE required for your work or access to a space.

