

Concerned your child may have a concussion?

Visit your primary care physician who can assist in diagnosis and email concussion@uwindsor.ca to inform us of the injury.

Outcome #1

They do not suspect a concussion. However, see a medical professional right away if symptoms emerge or get worse.

Outcome #2

They diagnose a concussion. See the **Concussion Do's and Don'ts** resource to manage symptoms over the first few days. A post-injury assessment might be scheduled.

Outcome #3

They are concerned your child may have a more serious brain injury. Your child may require immediate medical care at a hospital or by a specialist.

You have been diagnosed with a concussion.

1. Continue to follow up with your primary care physician and the Sport-Related Concussion Centre (concussion@uwindsor.ca).
2. Help your child keep track of their symptoms over time. Encourage them to write down how they feel and think, and any changes in their mood or sleep.



See a medical doctor right away if symptoms get markedly worse.



My symptoms are getting better

My symptoms are NOT getting better

Continue to follow up with the Sport-Related Concussion Centre and with your primary care physician until symptoms are gone.

Contact the Sport-Related Concussion Centre for a re-assessment. Continue to regularly follow up with your primary care physician. Continue to abstain from schoolwork and contact sports while symptoms are present.

Begin the graduated return-to-activity (learn and play) protocols once symptoms have returned to baseline levels.

Where appropriate, begin the graduated return-to-play protocol once return-to-learn has been fully accomplished.

If at any point you have questions or concerns about your child's concussion management program, do not hesitate to contact concussion@uwindsor.ca

I am better and my symptoms are gone!