

Dr. Amy Clements-Cortes, PhD, RP, MT-BC, MTA, FAMI, NMT

Awards

2015 Values in Action Award, Baycrest Centre

Disseminating Knowledge

Dr. Clements-Cortes presented 23 oral papers, 3 posters, and 1 workshop at national and international peer-refereed conferences and invited academic events this past year. She also had 17 publications including:

Clements-Cortes, A., Ahonen, H., Evan, M., Freedman, M. & Bartel, L. (2016). Short term

effects of rhythmic sensory stimulation in Alzheimer's disease: An exploratory pilot study.

Journal of Alzheimer's Disease, 52(2), DOI 10.3233/JAD-160081

Clements-Cortés, A. (2016). Development and efficacy of music therapy techniques within

palliative care. *Complementary Therapies in Clinical Practice*, 23, 125-129.

10.1016/j.ctcp.2015.04.004 (Available at notesbyamy.com)

Clements-Cortés, A. (2015). Soothing relaxation journeys: Designing evidence based music

listening opportunities. *Revista Musica Hodie*, 15(2), 22-32.

Clements-Cortés, A. (2015). 30 Amazing years of the WFMT. *Music Therapy Today*, 11(2), 42-

46.

Heiderschiet, A., Kern, P, Clements-Cortés, A., Gadberry, A., Milford, J., & Spivey, J. (2015).

Advancing the World Federation of Music Therapy (WFMT) Organization: Strategic planning process. *Music Therapy Today*, 11(2), 25-41.

Clements-Cortés, A. (2015). Clinical effects of choral singing for older adults. *Music and*

Medicine, 7(4), 7-12.

Clements-Cortés, A. (2015). Singing for health, connection and care. *Music and Medicine*, 7(4),

13-23.

Clements-Cortés, A. (2015). A survey study of Pre-professionals' understanding of the Canadian

music therapy internship experience. *Journal of Music Therapy*, 52(2), 221-257.

Clements-Cortés, A. & Bartel, L. (2015). Sound stimulation in patients with Alzheimer's disease.

Annals of Long Term Care, 23(5), 10-16.

Clements-Cortés, A. & Vuong, V. (2016). The potential of music for persons with Parkinson's disease. Le potentiel de la musique pour les individus atteints de la maladie de Parkinson. *Canadian Music Educators Journal*, 57(3), 34-57.

Clements-Cortés, A. (2015). The symphonies of death: Music at the end-of-life. Les Symphonies de décès: Musique à la fin de vie. *Canadian Music Educators Journal*, 57(2), 54-56.

Clements-Cortés, A. (2015). Tune into good sleep with music. *Canadian Music Educators Journal*, 57(1), 47-49.

Clements-Cortés, A. (2015). Growing global awareness of music therapy. *Canadian Music Educators Journal*, 56(4), 43-44.

Clements-Cortés, A. (2015). 40 years of palliative care music therapy at McGill University: The 20th International congress on palliative care. *Ensemble*, 41(1), 11.

Clements-Cortés, A. (2015). Music therapy with premature infants in the NICU. *Canadian Music Educators Journal*, 56(3), 31-32.

Clements-Cortés, A. (2015). Hitting high notes: Music therapy with Adolescents. *Canadian Music Educators Journal*, 56(2), 31-34.

Clements-Cortés, A. (2015). Look to the rainbow. *Canadian Music Educators Journal*, 56(2), 13.

Media

Globe and Mail (April 27, 2016). Sound vibration treatment may boost brain activity in Alzheimer's patients. <http://www.theglobeandmail.com/life/health-and-fitness/health/sound-vibration-treatment-may-boost-brain-activity-in-alzheimers-patients/article29771676/>

Alzheimer's News Today (April 22, 2016). Study of Alzheimer's patients finds low frequency sound stimulation improves cognition. <https://alzheimersnewstoday.com/2016/04/22/study-alzheimers-patients-finds-low-frequency-sound-stimulation-improves-cognition/>

City TV Nightly News April 21st (2016). Vibroacoustic chair therapy may help Alzheimer's patients. <http://www.citynews.ca/2016/04/25/video-vibroacoustic-chair-therapy-may-help-alzheimers-patients/>

<https://www.youtube.com/watch?v=bZ8felV92K4&feature=youtu.be>

CTV National News (April 20, 2016). The sound of healing: Study says sound-stimulation could help Alzheimer's patients. http://www.ctvnews.ca/health/the-sound-of-healing-study-says-sound-stimulation-could-help-alzheimer-s-patients-1.2868393#_gus&_gucid=&_gup=twitter&_gsc=avTYNxe

World Federation of Music Therapy (April, 2016). Music therapy research around the world: Interview with Dr. Amy Clements-Cortes. <http://www.wfmt.info/2016/04/15/music-therapy-research-around-the-world-interview-with-dr-amy-clements-cortes/>

Rogers TV: Daytime Toronto (2016). Music therapy awareness. https://www.youtube.com/watch?v=fnSENmLt57o&feature=em-upload_owner

Accessible Media (2016). Alzheimer's: The Tsunami to come, Episode 3. <http://www.ami.ca/AMI-audio/Pages/AMI-Contact.aspx>

Arts Health Network (2015). Snapshot: Amy Clements-Cortes. <http://artshealthnetwork.ca/content/snapshot-amy-clements-cortes>

Music Therapy Research Blog Podcast (2015). Interview with Dr. Amy Clements-Cortes. <http://www.musictherapyresearchblog.com/>

Mind Over Matter (2015). If music be the food of life, play on. http://mindovermatter.womensbrains.webfactional.com/mind_over_matter_magazine_2016/FLASH/index.html