

Ensuring Academic Success: Best Practices, Academic Resources, and Personal Support Resources

Dr Sean A. McPhail, Learning Specialist
Department of English and Creative Writing
Dean's Office, FAHSS
University of Windsor

Who am I?

- At UWindsor, I facilitate/instruct three courses:
GART-1200: Understanding the Contemporary World
GART-1500: Effective Writing I
GART-2200: Investigating the Contemporary World
- Was not born a PhD—in fact, I was a student until June 2021

Yours Truly
with Frankie
(11, right) and
Greta (1, left).



What Will I Be Sharing Today?

- First half: habits you can start cultivating now to ensure future success
- Second half: resources, academic and personal
- This will be a lot of information to digest. No need to know it all by heart today. Just remember: **there are a number of resources here to help you**, and I've collected a number of them in a **handout**.

- Questions?

Yours Truly
with Frankie
(11, right) and
Greta (1, left).



Tip Number 1: You are more than just a student...

- ...and you'll need to keep this in mind if you want to become a really good student.
- Take care of your physical and mental health:
 - Try to get as close as you can to **8 hours of sleep** each night (this is especially true of the nights preceding exams).
 - Eat as well as you can. At the least, avoid getting scurvy.
 - Exercise: exercising takes time, yes, but that time 'away' from work/school will pay for itself.
 - Take frequent, short, timed breaks.

Tip Number 2: Life **will** intervene.

- Fortunately, you have many **resources** available to you (more on that in a few minutes). Make **full use** of them.
- Your instructors know (often from personal experience) that you are not immune to unexpected complications:
 - Reach out, as soon as you can or are able to.
 - Depending on the situation, we can offer advice, consolation, a temporary respite from scholarly duties (i.e. an extension), or point you towards resources.
 - Hold yourself to the same standards as you would others—don't ask for breaks that you wouldn't want given to a peer but also **don't hold yourself to a higher standard** than you would hold your friends. Everyone needs help occasionally and **everyone deserves help**—including you.

Tip Number 3: Progress is **not** (always) linear.

- Reading, writing, researching, and even working consistently and efficiently are **skills** that require **years** to learn.
- It's easy to learn the basics of any skill quickly and then feel demotivated when you fail to maintain this rapid pace. Try to build a solid skill-base in your first year and then set your goals on a **term by term** or even **year by year** basis.



Academic Resource 1: Leddy Library

Library now open 8:00am-8:00pm Mo-Fr!

The screenshot shows the top navigation bar of the University of Windsor website. It includes the university logo and name, followed by menu items: About the University, Academic Programs, Research, Admissions, Student Life, Giving, and International. Below this is a 'Gateways for:' section with links for Future Students, Current Students, Faculty & Staff, and Alumni. The 'Leddy Library' section is highlighted, containing a notice about access to study space, computer workstations, and contactless pickup from Monday to Friday, 9:00 am to 4:00 pm. It also provides information for fall semester plans, including frequently asked questions and login instructions. At the bottom, a search bar is shown with the 'omni' logo and a search button. A red circle highlights the search bar, and a red arrow points to it from the text below.

This will take some time to learn (but it will pay off handsomely)...

The screenshot shows a library article page for 'The History & Origin of Cat Memes: From the 18th Century to lolcats; Or, How Cats have Basically Changed the Internet and the World Forever' by Sewell, Claire; Keralis, Spencer D. C. The article is peer-reviewed and available online. A red circle highlights the 'CITATION' button in the 'SEND TO' menu. A red arrow points from the text below to this button. Another red circle highlights the citation text for the APA (7th edition) format: 'Sewell, Claire, and Spencer D. C. Keralis. "The History & Origin of Cat Memes: From the 18th Century to Lolcats; Or, How Cats Have Basically Changed the Internet and the World Forever." *Hyperrhiz*, no. 21, 2019, doi:10.20415/hyp/021.m07.' A red arrow points from the text below to this citation text.

This will save you even more time (but double-checking citations is **your** responsibility).

Academic Resource 1: Leddy Library

<https://leddy.uwindsor.ca/get-help/subject/english-creative-writing>

LEDDY LIBRARY

✂ Let us know how you like our new website

SEARCH OUR COLLECTIONS

USE THE LIBRARY

LEARNING AND RESEARCH SUPPORT

ABOUT LEDDY

Leddy Library > Learning and Research Support > Get Help > Resources by Subject > English and Creative Writing

Your Contact



Joan Dalton

Liaison Librarian, Assessment

✉ jdalton@uwindsor.ca

☎ (519) 253-3000 ext.3212

📍 Leddy Library 103 - West Building

Office Hours

Please contact me by email

English and Creative Writing

Welcome to the Leddy Library's subject page for English. Use this page to connect to a variety of databases and research tools related to studies in English and Creative Writing. Please contact me if you have any questions related to research and the use of any library resources and services.

Note: Dr. Heidi LM Jacobs (Librarian) is responsible for collection management and book ordering for English and Creative Writing.

Articles & Databases

All English Lit Databases

Primary Sources

Reference Tools

Newspapers & Magazines

UW Theses & Dissertations

Canadian Literature

British Literature

Black Culture














Services

🔍 Student Research Consultation

🎓 Teaching Support

Selected Books by Current UWindsor English Faculty

Selected Works by UWindsor Creative Writing Students

 19th Century UK Periodicals	Full runs of nearly 600 titles, from the period 1800-1850. Many are single copy; such is the fragile state of much nineteenth-century literature.
 ACLS Humanities E-Book	over 3000 works of major importance to historical and literary studies.
 American Film Scripts Online	contains over 1,000 scripts by over 1,000 writers. Includes information on the scenes, characters and people involved in the production.
 Archives Unbound: Women War and Society	primary source materials brought together in the Archives Unbound project.
 Asian American Drama	contains 252 plays by 42 playwrights, together with information on productions, theaters, production companies, and reviews.
 Bibliography of Native North Americans	contains citations to literature about native peoples of North America from the 16th century to the present.
 Black Drama - 1850 to Present	Contains approximately 1200 plays by 200 playwrights. Includes information on related productions, theaters, production companies, and reviews.
 Black Studies Center	Combines several resources for research and teaching on the Black Experience, International Index to Black Periodicals, and the Black Studies Center.
 Black Thought and Culture	Contains 1,297 sources with 1,098 authors, covering the lives and works of leading African Americans.
 Black Women Writers	Offering fiction, poetry, and essays from three centuries, this collection gives a view of black women's struggles through the centuries.
 British and Irish Women's Letters and Diaries	the immediate experiences of approximately 500 women. Includes pages of diaries and letters.
 British Literary Manuscripts Online, c. 1120-1900	consists of two collections, British Literary Manuscripts Online, c. 1120-1900 and British Literary Manuscripts Online, c. 1900-1950. Provides an intimate look into the lives and works of British writers, and
 British Periodicals	hundreds of periodicals from the late seventeenth century to the present.

Academic Resource 2: Office Hours:

Office hours:

- Office hours are for **ALL** students.
- Your instructors are **experts** in their respective subjects. They've invested literal **decades** building the skills and knowledge needed to teach at the university level.
- Every** student can benefit from attending.
- You've **already paid for** the privilege—time to capitalize on that investment!



Academic Resources 2+3: Office Hours, Lectures:

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- Every** student can benefit from attending.
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The same holds true for **lectures** and **tutorials**!





UWindsor Home > Student Success and Leadership Centre > Your Success Matters!

Your Success Matters!

Welcome to the Student Success and Leadership Centre!

We offer a variety of programs to enhance your academic learning, personal success and leadership skills.

The Student Success and Leadership Centre offers a range of services including Head Start orientation to familiarize you with our campus and get registered for courses. UWindsor Welcome Week celebrates your first week on campus and helps you to connect with new friends and colleagues. We provide study and time management sessions through the STEPS program as well as Writing Support to help you with your academic writing skills. No matter what your current level, we can help you to enhance your skills to ensure you are ready for the rigours of University academics. You can even sign up for a senior student mentor through the Connecting4Success Program. Check out some of our services below.

> Central Academic Advising

> Bounce Back

> Co-Curricular Record

> Connecting4Success

> External Scholarships and Awards

> LEAD

> Leadership Hub

> Orientation

> Outstanding Scholars

> Skills To Enhance Personal Success

Calendar

August

S	M	T	W
1	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	

Are you struggling with your classes? Bounce Back is here to help you!

Our Location



Central Academic Advising Drop-In

The Advising Team is here to help undergraduate students with:

- Choosing or changing your program or major
- Understanding your Academic Progress Report and degree requirements
- Understanding academic regulations and procedures
- Adding, dropping, or withdrawing from a course
- Developing a plan to deal with academic difficulties (i.e., Academic Probation & Required to Withdraw)
- Reviewing your academic progress
- Referral to other relevant campus services

Academic Advising Appointment

1. You can book an appointment through mysuccess, by selecting the button above.
2. Log in using your UWin ID and password.
3. Select "Academic Advising" on the left-hand side. If you are a Business student, please make sure you select "Business Advising" to book an appointment with an Advisor in the Odette Student Success Centre.
4. Come to the appointment prepared with your question(s) so we can jump right into a meaningful discussion about your academic experience and expectations.

About the Writing Support Desk

The Writing Support Desk is located on the main floor of Leddy Library and is a service that provides students with help regarding various aspects of their academic writing, including

- interpreting assignment prompts
- constructing strong theses and arguments
- grammar, punctuation, and syntax problems
- analyzing and integrating sources
- citing and referencing

Students should note that the WSD is not a proofreading service. Though we will examine as much of a sample of writing as we can in the space of a one-on-one consultation, our goal is to teach students how to improve their writing, not to edit the work.

Students can email their work in advance of their appointments to writingsupport@uwindsor.ca (.docx or .doc formats only please).

If you require accommodations for a disability, please contact the Writing Support Desk at writingsupport@uwindsor.ca or 519.253.3000 ext. 3472.

[Read more about the WSD's Policies and Procedures.](#)

Contact Information:

Phone Number: 519-253-3000 (ext.3472)

Email: writingsupport@uwindsor.ca

Location: Leddy Library Main Floor

Academic Resource 4: Student Success and Leadership Centre (SSLC)

Academic Resource 5: Assignment Calculator

SAMPLE TITLE

Class: ENGL1500

Starts: Mon Sep 06, 2021 Due: Sat Nov 06, 2021

You have **61** days left to complete this assignment!

[Click to Print This Page](#)

Step 1: Read and understand your assignment.

Complete this step by: Thu Sep 09, 2021 (Days left to complete this step: 3 ... Time you should spend on this step: 5%)

Instructions:

This means you have to carefully review the assignment, and make note of any criteria that are listed - look for things like:

- length,
- format,
- types of sources required,
- number of sources required,
- any date limitations (like "recently published sources"),
- which citation style you're asked to use,
- and anything else on which you'll be assessed.

Make a list of these criteria, and refer to it often.

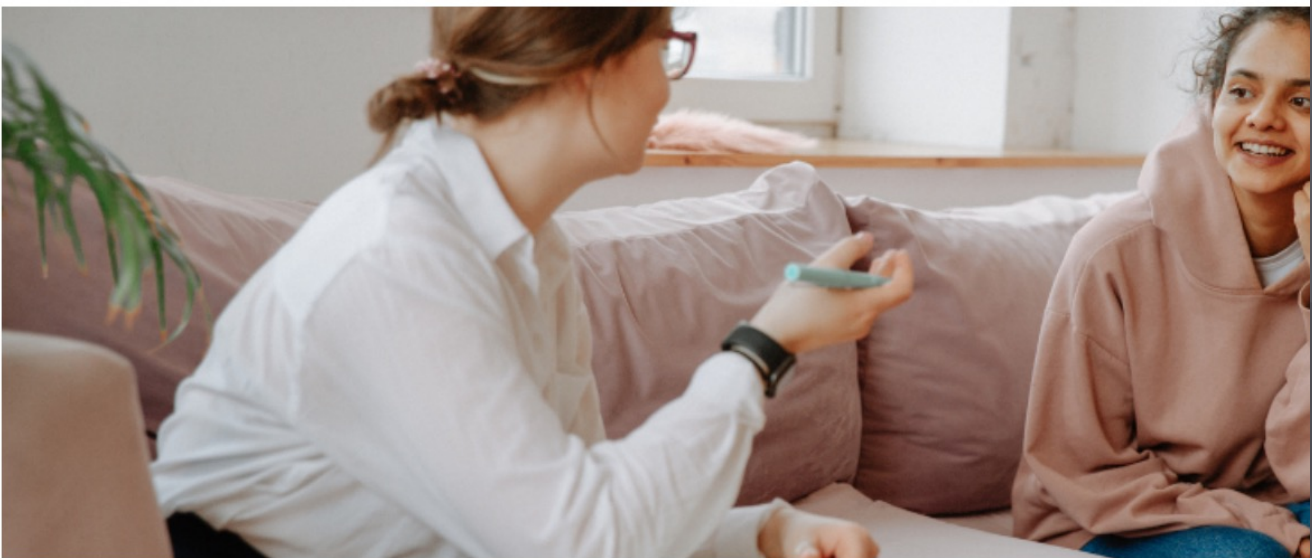
- [How to Understand your Assignment](#) - Uvic Continuing Studies
- [How to Read an Assignment](#) - Duke University

Step 2: Investigate your topic.

Complete this step by: Sun Sep 12, 2021 (Days left to complete this step: 6 ... Time you should spend on this step: 5%)

Instructions:

Also called "pre research", this step provides you with the facts of your topic, background information, key people, places and events, and will identify a



UWindsor Home > Student Counselling Centre > Student Counselling Centre

Student Counselling Centre

The Student Counselling Centre is following the University of Windsor's Emergency Academic Plan and is now closed to all in-person appointments, effective March 18th. Please see below for the change in service offerings:

- If you wish to make an appointment, we are working remotely by offering telephone and/or video conferencing. Please email scc@uwindsor.ca and we will respond to you within 24-48 hours.

CORONA

UPDATES

FAQ'S

Personal Resource 1: Student Counselling Centre



My Student Support Program



UWindsor Home > Office of Student Experience > Wellness Outreach Office > My Student Support Program

My Student Support Program

All UWindsor students will now have access to 24/7 counselling services with the campus-wide launch of the My Student Support Program (MySSP), a program offered by a partnership between the University of Windsor and the University of Windsor Students' Alliance (UWSA).

What is MySSP? Support when you need it. Any time, anywhere.

- Free confidential counselling by licensed counsellors
- Available 24/7 via call or text
- At any given time, students have access to 35+ languages/cultures. Program supports 140+ languages/cultures across their entire clinical network (access within 24-48 hours)
- App downloadable in simplified Chinese, Korean, Arabic, Spanish, English, and French (with Hindi to be added soon!)
- Resource library for common student concerns (e.g. relationships, homesickness)
- International phone number for when traveling abroad

Reach by phone:
Call 1-844-451-9700

Immediate Resources

Please click on an icon that best describes how you're feeling to access multiple resources!

 SAD	 STRESSED
 ANXIOUS	 HELP NOW

Personal Resource 2: Overcoming Imposter Syndrome

OVERCOMING IMPOSTOR SYNDROME

“I’m faking it.” “I’m not as capable as my classmates.” “I don’t belong here.”

Does this tape play in your head from time to time? Imposter Syndrome is common among post-secondary students. Learn more about Imposter Syndrome and how to overcome it.

Benefits:

- Learn what Imposter Syndrome is.
- Identify how Imposter Syndrome affects behaviours and actions.
- Understand the factors that put people more at risk for experiencing Imposter Syndrome.
- Gain skills to manage and overcome beliefs and feelings related to Imposter Syndrome.

Workshop to aid in managing imposter phenomenon

Nov 16th, 2020

For those who feel like a fraud and question whether they even belong at the University of Windsor, a workshop titled “Recognizing and Managing Imposter Phenomenon” may help.

Psychology professor Dana Ménard, one of the workshop presenters, says imposter feelings may include:

- high levels of self-doubt and self-criticism,
- difficulty accepting compliments or praise,
- perfectionism, and
- concerns that others will find out you don’t know what you are doing.

The workshops will detail how imposter feelings may present, and provide practical tips and resources for recognizing and managing those feelings.

“Feeling like an impostor is a common experience for individuals in academia and is characterized as an intellectual feeling of phoniness that can undermine confidence in oneself,” says Dr. Ménard.

“In fall of 2019 we conducted a campus-wide survey about how IP was affecting people at UWindsor — we got a massive response with more than 150 staff and faculty participants, as well as more than 1,400 students.”

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Aboriginal Education Centre

Home >

About Us

▼ Events

Coming Soon...

Game Night in Discord

Movie Night in Discord

Outreach Programming

Turtle Island Walking Tour

Native Student Alliance

Aboriginal Education Council

Brown Bag Series

Awards, Scholarships & Bursaries

Community Resources

▼ Contact Us

Indigenous Alumni of the University of Windsor



[UWindsor Home](#) > [Aboriginal Education Centre](#) > Welcome to the Aboriginal Education Centre – Turtle Island at the University of Windsor!

Welcome to the Aboriginal Education Centre – Turtle Island at the University of Windsor!

The Centre provides support to Indigenous students reach their highest potential in a culturally supportive atmosphere.

Here are a few services that the Centre provides:

- Friendly and knowledgeable staff who can refer you to various student support services on campus;
- cultural programming and events;
- a lounge and study area where you can socialize, study or just relax;
- printing, scanning and faxing services;
- volunteer and work opportunities;
- School visits and community presentations.
- Please come by the Centre and introduce yourself, we're here to help you succeed!



GET YOUR VIEWBOOK NOW

Personal Resource 3: The Aboriginal Education Centre – Turtle Island at UW



Click Here to Sign-Up For the Turtle Island Newsletter

View the Aboriginal

➤ **Resolution of Complaints:**

- A safe environment to voice concerns should one feel they have been treated unfairly, discriminated against or harassed (Code-related)
- Investigate and manage the fact-finding process for complaints in a consistent, timely and fair manner
- Assist those involved in disputes or complaint resolutions to acquire needed assistance or support

There are three processes available at the University of Windsor for dealing with human rights issues:

- Informal complaint process



Influence by Danielle R. Shaw
(OHREA Art Exhibit 2011)

WHAT IS OUR COMMITMENT TO CONFIDENTIALITY?

Concerns brought to our Office are handled in a confidential manner. The discreet disclosure of information may be necessary to gather the facts or implement and/or monitor the terms of a resolution.



University
of Windsor

**Office of Human Rights,
Equity & Accessibility
(OHREA)**

WE'RE HERE FOR YOU

Contact Us:

519-253-3000 x. 3400

TTY: 519-971-3690

Fax: 519-971-3673

Email: ohrea@uwindsor.ca

Website: www.uwindsor.ca/ohrea

Personal Resource 5: Sexual Misconduct Response & Prevention Office:

If you are a student seeking assistance with any of the following:

- Getting help related to an experience of sexual misconduct or sexual violence
- Seeking changes to living arrangements on campus for safety reasons
- Seeking academic accommodations related to an experience of sexual misconduct or sexual violence
- Understanding campus procedures related to sexual misconduct and sexual violence
- Reporting a problem you experienced in seeking help
- Finding out more about what you can do to prevent sexual violence or support someone who has experienced sexual violence
- Finding out about programs on campus related to sexual safety

Please contact: Dr. Dusty Johnstone, Sexual Misconduct Officer

PODCAST: PREVENT RESIST SUPPORT

by the Sexual Misconduct Response & Prevention Office

WORKSHOP: BRINGING IN THE BYSTANDER

by the Bystander Initiative

WORKSHOP: HAVE YOU ASKED?

by the Sexual Wellness & Consent Committee

LIVE SESSION: SEX & COVID-19

by the Sexual Wellness & Consent Committee

WORKSHOP: SEX & DATING: THE CANADIAN CONTEXT

by the Sexual Wellness & Consent Committee

WORKSHOP: FLIP THE SCRIPT

by the Sexual Misconduct Response & Prevention Office

WORKSHOP: RESPONDING TO DISCLOSURES

by the Sexual Misconduct Response & Prevention Office

ONLINE TRAINING: RESPONDING TO DISCLOSURES

by CREVAWC (The Centre for Research and Education on Violence Against Women & Children)

[UWindsor Home](#) > [Sexual Assault and Sexual Misconduct](#) > [Sexual Misconduct Response & Prevention Office](#)
Sexual Misconduct Response & Prevention Office

[Leave this page quickly](#)

[Clear your history](#)

Personal Resource 6: Office of the Registrar:

[UWindsor Home](#) > [Office of the Registrar](#) > [Contact Us](#)

Contact Us

Need help?

ask.UWindsor

[Search our articles](#) for information or

[Ask a question](#) or

Live Chat with Registrar's Office

Monday to Friday 10:00am - 3:00pm

Live Chat with International Course-Based Masters

Monday & Thursday 12:30pm - 7:30pm

Tuesday 9:00am - 7:30pm

Wednesday & Friday 9:00am - 5:00pm

-Registrar's Office Access:

The Office of the Registrar is located in **Chrysler Hall North: South Entrance** ([link to Campus Map](#))

Booking Appointments:

Due to the changing COVID-19 restrictions, the Office of the Registrar will open for limited hours of operation. Visitation will be by appointment only, with limited services available, as follows:

- Order and Pick-up transcript *

UPCOMING EVENTS

Education: Virtual Orientation (Year 1 & Concurrent Year 3)

Fri, 09/03/2021

Welcome Week 2021 (Sep 5 - 10)

Sun, 09/05/2021

Labour Day: University Closed

Mon, 09/06/2021

Nursing Year 3 Experiential Lab Orientation

Tue, 09/07/2021

Law: First Day of Fall Classes

Tue, 09/07/2021

[VIEW EVENT CALENDAR](#)

[+ ICAL](#)



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Student Accessibility Services

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Accommodations Explained

> Transition Programs

Downtown Campus

Emergency Response Procedures

Contact Us



[UWindsor Home](#) > [Student Accessibility Services](#) > [Welcome](#)

Welcome

STUDENT ACCESSIBILITY SERVICES

Our physical location (Dillon Hall) will remain locked for Fall 2021. However, a student requiring an in-person appointment with their Advisor, may email sas@uwindsor.ca to set one up, if possible.

The staff in Student Accessibility Services will continue to meet with students, staff and faculty members predominantly via e-mail, phone or Microsoft Teams.

Fall 2021

University of Windsor President Robert Gordon has **recently updated the University community** that UWindsor is excited for a fall return with plans to maximize opportunities for on-campus experiences including:

- Learning that is flexible and accommodating
- A broad range of class delivery formats such as face-to-face, hybrid, hy-flex and online
- For more details please visit: www.uwindsor.ca/returntocampus

[View the Student Exam Handbook](#)

[Intake and Registration](#)

Personal Resource 7: Student Accessibility Services

Thanks for your time
and attention!

Before I go, I'll be happy to address any
questions or concerns you have.

My contact info:

sean.mcphail@uwindSOR.ca

