



University
of Windsor

Travel Plan from the Toronto International Airport to the University of Windsor *AND* 14-Day Isolation Plan

PLEASE REVIEW CAREFULLY AND COMPLETE ALL SECTIONS.

THIS DOCUMENT HAS TWO SECTIONS. SECTION 1 (STEPS 1-3) CONCERNS YOUR TRAVEL FROM TORONTO TO WINDSOR. SECTION 2 (STEPS 4-5) CONCERNS YOUR 14-DAY ISOLATION PLAN.

Please complete the form and print it off and ensure you have made all the travel arrangements necessary before you leave for Canada. This plan will need to be presented to Canada Border Services Agency (CBSA) upon your arrival at Pearson International Airport in Toronto. They will need to approve it before you are allowed to travel to Windsor.

There are several steps you will need to take in order to travel to Windsor and then self-isolate upon your arrival. This document will outline the actions you need to take step-by-step.

As a reminder, during your travel, be sure to adhere to social distancing measures **by wearing a face mask** and maintaining six feet or two meters between yourself and others at all times. Be sure to wash your hands frequently.

Tracking your Trip from Toronto to Windsor:

Upon your arrival in Toronto, it is required that you log various parts of your trip to Windsor. At the end of this document you will see a chart where you can track your journey (e.g., what train you took, what seat you sat in, what taxi or Uber taken). In the event you develop COVID-19 once arriving in Windsor, public health officials will need this information to follow up with any individuals you may have been in contact when travelling. This is a public health standard procedure and helps manage the spread of the virus. Your cooperation in tracking your journey is greatly appreciated.

SECTION 1:

Steps 1 to 3 Concern Your Trip from Toronto to Windsor

Step 1: Travel from Toronto International Airport (Pearson International Airport) to Union Station, Downtown Toronto to Catch the Train to Windsor

Arrival at Pearson International Airport (complete the missing fields below)	
Date of Arrival at Pearson Int. Airport:	
Projected Arrival Time at Pearson Int. Airport:	
Arriving at Terminal 1 or 3:	

- Once your plane lands, pick up your luggage at baggage claim and proceed through customs.
- ***If arriving at Terminal 3***, you will need to take the Link Train to Terminal 1. The Link Train runs every 4 to 8 minutes all day with varying times. Once cleared through customs, follow signs or ask an airport staff member to direct you to the Link Train if you need to travel to Terminal 1, before taking the UP Express Train to Union Station. To view the Link Train schedule, visit <https://www.torontopearson.com/en/transportation-and-parking/terminal-link-train>.
- ***If arriving at Terminal 1***, the UP Express train begins departing the airport at 5:30 am until 1:00 am. If you arrive between the hours of 1:00 am and 5:30 am, you are able to wait in Terminal 1 until the train begins for the day. There are coffee shops and a lounge area available in Terminal 1 where you can wait and rest. If you arrive at any other time of day, the UP Express train leaves every 30 minutes to Union Station. You could also take a taxi or Uber to Union Station, but this is a more expensive option.
- **With your luggage, you now have to travel from the airport to Union Station in downtown Toronto. You have two options to get there:**
 - a. **UP Express:** You can take the UP Express (Toronto Airport Train, <https://www.torontopearson.com/en/transportation-and-parking/up-express>) to Union Station (65 Front Street West, Toronto Ontario, M5J 1E6) in order to board a train to Windsor. The UP Express leaves Pearson Airport every 30 minutes. There are 3 stops along the way. Be sure to **ONLY depart the train on the third stop** (Union Station). The train ride to Union Station should take 25 minutes.

The cost for the UP Express is \$12.35 for a one-way ride to Union Station. You are able to pre-purchase your UP Express ticket by visiting <https://www.upexpress.com/Tickets/BuyTickets> or you can purchase it in the airport. Ticket machines are also available on the train platform, where you can purchase a ticket using a debit card or credit card.

- b. Taxis or Uber to Union Station:** This will cost approximately \$60.00. There will be signage in Terminal 1 for the taxi pickups. To hire an Uber, you will have to download the Uber app onto your phone. If you choose to take a taxi or Uber to Union Station, be sure to only take it to Union Station. **Do NOT take the taxi from Toronto to Windsor.** The distance is over 200 miles/360 kilometers. Taking a taxi from Toronto to Windsor will cost hundreds of dollars. Be sure to take the Via Rail train from Union Station to Windsor.



Step 2: Take the Train (called Via) from Toronto to Windsor

Union Station to Windsor* (complete each of the fields below)	
Date of Train Ticket to Windsor:	
Train Departure Time:	
Train Ticket Number:	
Arrival Time in Windsor:	

***You must purchase your ticket in advance of your arrival to Canada.** Canada Border Services Agency will want to ensure you have a ticket to get from Toronto to Windsor. You should purchase a ticket as soon as it is available for the train leaving for Windsor. **Remember:** give yourself enough time for travel between Pearson International Airport and Union Station.

Please visit Via Rail Canada’s website (<https://www.viarail.ca/en>) to see available times to travel from Toronto to Windsor. Tickets range in price from \$80 to \$200 plus fees and taxes. Food is available for purchase on the train with credit card. Menu options can be found at <https://www.viarail.ca/en/travel-info/onboard-train/meals#ontario-and-quebec>.

Prior to arriving in Canada, be sure to review Via Rail’s Covid-19 safety measures at: <https://www.viarail.ca/en/COVID-19>



Step 3: Take a Taxi or Uber from the Windsor Train Station to the University of Windsor or To Your Off-Campus Residence

There are several taxi options for you upon your arrival to Windsor’s Via Rail station. The cost from the train station to Alumni Hall or Cartier Hall is approximately \$20. You can pay by credit card. Your taxi driver or Uber driver will know where Alumni Hall or Cartier Hall is.

Contact numbers for taxi companies:

- Canadian Checker Cab (519) 254-7777
- Courtesy Transportation (519) 977-9700
- Vets Cab (519) 256-2621
- Uber (ensure app is downloaded onto your phone)

The car ride takes approximately 10 minutes. If you are living off-campus, costs will depend on the location of your residence. Once you arrive on campus, proceed directly to Alumni Hall or Cartier Hall. To check-in, please call the Resident Assistant (RA) at 226 347 4302 and they will meet you and give you access to your room.

SECTION 2:

Step 4 and 5 Concern Your 14-Day Self-Isolation Plan

Step 4: Self-Isolating On-Campus in Residence OR Off-Campus

As per directions from Health Canada, anyone who is coming/returning to Canada from travelling abroad **MUST** isolate for 14 days. This means you must stay in your place of residence for 14 days.

A) Complete if Isolating On-Campus in Residence:

Place of Residence in Windsor (complete the missing fields below)	
Address of Residence (indicate Alumni Hall or Cartier Hall and your assigned room number):	
Planned Check in Time:	
Food – How Will you Feed Yourself for 14-days?	The University of Windsor will provide 14 days of meals which will be dropped off outside my residence door daily
Medications and Other Basic Necessities?	The University of Windsor will provide with any required necessities that I may need during my isolation period.

B) Complete If Isolating Off-Campus in a Private Residence or Rental Property:

At this time, you may find it challenging to find an off-campus house or apartment where you will be able to self-isolate. If you are struggling to find a place to live you, consider living in Residence for the fall term where there is a self-isolation program built into your fees. Off-campus students who are not living in Residence for at least one term, will not be permitted to self-isolate in Residence; it is your responsibility to make these arrangements.

Please visit UWindsor’s off-campus housing page for more information about living off campus:

<https://www.uwindsor.ca/success/off-campus-housing/298/im-deciding-perfect-place>

Place of Residence in Windsor (complete each the fields below)	
Address of Residence:	
Type of Residence (e.g., Rented House or Apartment, Temporarily Staying with a Fellow Student, Hotel/Motel)	
Planned Arrival Time:	
Food – How Will you Feed Yourself for 14-days?	
Other Basic Necessities (how will you obtain them)?	

If you will be isolating off-campus be sure to have cash, a debit card and/or credit card in order to pay for food and any other basic necessities you need delivered to your house/apartment/hotel. There are many restaurants and drug stores that will deliver for a reasonable added cost.

Step 5: How to Self-Isolate

The following are latest self-isolation information from Health Canada: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>

Failure to follow these directions could result in fines and/or criminal charges under Canada’s Quarantine Act: <https://www.canada.ca/en/departement-justice/news/2020/04/government-of-canada-further-facilitates-enforcement-of-the-federal-quarantine-act.html>.

The Government of Canada, the Government of Ontario, and the University of Windsor take these directives seriously and it is the University's expectation that students will make their very best efforts to follow the following self-isolation directives:

Stay Home:

- Do not use public transportation, taxis or rideshares
- Do not go to work, school or other public places
- Order food to your place of residence. There are many restaurants and food vendors close to campus.
- Order groceries and other needed items online or send a roommate/friend to the store for you.

Avoid Contact with Others, Including Housemates or Neighbors in Residence:

- No visitors unless essential (e.g., health care providers)
- As much as possible, stay in a separate room from other people in your home and use a separate bathroom if you have one
- If these steps are not possible, keep a distance of at least two meters from others at all times

Personal Care:

- Keep your distance from others – a minimum of 2 meters
- Cover your mouth or blow into your elbow for coughs and sneezes
- When outside of your room, wear a mask over your nose and mouth.
- Visit Ontario Public Health (<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-self-isolate.pdf?la=en>) for further information on how to self-isolate.
- If you develop any COVID-19 related symptoms call UWindsor's Student Health Services at: 519-973-7002. Important: Student Health Services is not accepting in-person appointments at this time. Do not attend Student Health Services in person unless directed to by a University physician.

Questions?

Before you arrive in Canada, you will communicate with the following units for the following issues:

International Student Centre: isc@uwindsor.ca for all study permit, visa, travel, health insurance or off campus housing issues or questions you may have. Email: gship@uwindsor.ca to ensure that your mandatory health insurance plan is activated for your arrival.

Residence Services: resservices@uwindsor.ca if you are self-isolating on campus when you first arrive in Windsor.

If you arrive in Canada and you **urgently** need to speak to someone, call University of Windsor's Campus Community Police. Keep in mind Campus Police are in Windsor and they cannot leave campus, but they will try their best to assist you over the phone. If you have a good travel plan in place, you should not have any major issues.

Campus Community Police can be reached 24 hours a day at: 519-253-3000 extension 1234.