



DAYS OF GIVING & KINDNESS

December 1 - 12



Tracking Card

DEPARTMENT _____

TEAM CAPTAIN NAME & EMAIL _____

DAY	DATE	SUGGESTED ITEM	POINTS
Thursday	December 1	Canned/package/instant soup	
Friday	December 2	Canned vegetables, beans, fish, meat	
Saturday	December 3	Act of Kindness: Bring a coffee to a friend/offer help with chores.	
Sunday	December 4	Act of Kindness: Have a judgement-free day	
Monday	December 5	Nut butter, jam, chocolate spread	
Tuesday	December 6	Toiletries: shampoo, conditioner, soap, personal care items	
Wednesday	December 7	Warm accessory: hat, mitts, gloves, socks, scarf	
Thursday	December 8	Breakfast cereal, oatmeal, granola bars, pop tarts	
Friday	December 9	Fresh bread	
Saturday	December 10	Act of Kindness: Be kind to a server, cashier, drive-through attendant, delivery driver	
Sunday	December 11	Act of Kindness: Be polite on the road	
Monday	December 12	Boxed potatoes, rice, other grains	

Total Points: _____

Submit to employeeexperience@uwindsor.ca by December 14 to arrange box pick up time

Questions? Contact Oliga Tserakhava, Talent Retention Coordinator,
oligat@uwindsor.ca





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Instructions

How to participate?

- No registration is required! Your department is encouraged to participate as a team.
- Pick a common area that all members can access (it can be a lunchroom, kitchenette, someone's office) where you will put a donation box (any box will work - small box, big box, plastic box, cardboard box, Xerox paper box, bankers box, etc.).
- Select a Team Captain.

Team Captain

- Download the 12 Days of Giving & Kindness tracking card, which lists a suggested donation item on each weekday and an act of kindness on a weekend.
- Print and place the challenge card near the donation box.
- At the end of the challenge, on December 12 tally up your points and submit your tracking card to **employeeexperience@uwindsor.ca** by December 14. We will contact you to arrange the box pick up time (we will come to you!).

What are the points for and how to count them?

- Points will be used to count how many items we gathered, and the results will be announced in the Daily News. Counting points is easy – 1 donated item = 1 point.
- Please note that all we ask is for you to put 1 item into your 12 Days of Giving & Kindness box but if you want to donate more, you can certainly do so!
- All donated items will go to UWindsor Campus Food Pantry!

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