

NOVEMBER 2023 OFFERINGS

Professional Development & Wellness Wednesdays



HUMAN RESOURCES

November 2, 9:00 - 11:00 AM Creating Accessible Online Content



Ensuring that your online content is accessible is essential in order for persons with disabilities to be able to access and use information via adaptive/assistive technology. This session will highlight things to consider when you are creating websites and Brightspace content.

(Virtual)

November 7, 9:00 – 11:00 AM Tips for Writing a Meaningful Land Acknowledgement



A Land Acknowledgment is a way of honouring the Indigenous Peoples who have been living and working on the land we currently occupy. It is a statement that shows respect for their unique relationship with the traditional territories and that recognizes them as traditional stewards of the land we reside on. This session will help you understand the meaning of the Land Acknowledgment and address important elements in writing this significant statement to help you make it meaningful.

(In-person)

November 9, 09:00 – 11:00 AM Enhancing the Student Experience at UWindsor



Faculty and staff play a key role in supporting and enhancing the student experience throughout the student lifecycle. Ensuring students have an exceptional experience and feel supported during their academic journey can increase student retention and graduation rates. This session will connect participants to resources, tools and services designed to help students navigate UWin Campus and enhance all aspects of student life.

(In-person)

November 14, 09:00 – 11:00 AM UWindsor Black Student Support Services on Campus



UWindsor has committed to dismantling anti-Black racism in signing the Scarborough Charter and committing to following through with implementing the Anti-Black Racism Taskforce Report Recommendations. Several recommendations manifest in the form of new Black Student Support Services being offered throughout UWindsor's campus. Join the Office of the Vice-President of Equity's Black Student Support Coordinator, the Clinical Therapist for Black Students, Black Law Student Counsellor and others to learn about Black Student Support Services and initiatives on UWindsor's campus.

(In-person)

November 15, 9:00 - 10:30 AM WELLNESS WEDNESDAY - Stress Relief: Tools and Techniques for Everyone



This workshop explores the psychological realities associated with both stress and relaxation. It helps participants identify destructive cycles that create stress, discontent, and fatigue. This popular seminar promotes an understanding of what stress is, including how and why we experience it. This session encourages resiliency and provides tools to successfully manage stress and build resiliency.

(In-person)

November 16, 09:00 – 11:00 AM Fostering Respectful Workplaces



This learning session examines key practices for promoting respectful interactions that value the dignity, self-respect, and esteem of all persons. Emphasis is placed on modeling positive interactions with others and practical guides for increasing respectful and cooperative communication and behaviour.

(In-person)

November 21, 09:00 – 11:00 AM Rock Your Work with Microsoft 365



Microsoft 365 applications can help you boost your productivity and collaboration. In this workshop, you will discover use cases for Word, Excel, PowerPoint, Outlook, Teams, OneDrive, Lists, OneNote, Power Automate, SharePoint, Bookings Forms, Stream, ToDo, Whiteboard, Power BI, Planner, Viva Insights, and more. You will also learn tips and tricks on how to integrate these applications with other services and devices to get the most out of Microsoft 365.

(Virtual)



Register at: met.uwindsor.ca/hr/workshops



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