University of Windsor

UPCOMING TRAINING
DECEMBER 2026



DEC 01
9 - 11 AM
MICROSOFT TEAMS

Reimagining Workplace Well-Being Through Indigenous Perspectives

This session explores Indigenous perspectives on well-being, emphasizing the interconnectedness of people, community, relationships, and the natural world. Participants will learn how Indigenous approaches to wellness recognize balance, reciprocity, belonging, and collective responsibility as important foundations for thriving communities. Through reflection and discussion, participants will consider how these perspectives can inspire more supportive, respectful, and connected workplaces.

DEC 04
9 - 10:30 AM
MICROSOFT TEAMS

Planning the Path to Your Future - Using the Pension Estimator
For members of the Employees' Retirement Plan

This session is geared toward members of the **Employees' Retirement Plan** who have a basic understanding of the Plan and want to learn how to use the Pension Estimator in their Retirement Planning. Topics will include an overview of important Plan fundamentals, survivor options, Plan indexing, and an orientation to using the Pension Estimator. This interactive session provides exercises designed to deepen your Plan understanding.

DEC 07
9 - 11 AM
MICROSOFT TEAMS

Removing Barriers with Accessible Documents

Ensuring documents are accessible reduces barriers in the learning and working environment. Accessible documents not only benefit persons with disabilities, but your entire communication is improved by becoming easier to navigate and read for everyone. Participants will leave the session with knowledge and practical experience to put into practice immediately. Topics covered: Word, Excel, PowerPoint, printed materials, and screen readers.

to access full list of training opportunities and to register, visit:
met.uwindsor.ca/hr/workshops

HUMAN RESOURCES