

# Register now for a live orientation webinar!

**Employee and Family Assistance Program**

Register with links below to attend an EFAP Employee Public Orientation Webinar

**Learn about your Employee & Family Assistance Program services available to support work, life and everything in-between.**

- 24/7 access to professional, caring consultants for advice and support
- 24/7 access to online resources, wellness articles, and APP
- 24/7 telephonic access to Master’s-level counsellors for immediate, short-term support
- Referrals to telephonic, in-person, virtual group or secure video counselling
- Connections to support agencies in your community

11am Time Zones French: 12pm Atlantic/ 10am Central/ 9am Mountain/ 8am Pacific  
1pm Time Zones English: 2pm Atlantic/ 12pm Central/ 11am Mountain/ 10am Pacific

DATE	Time	Language	Registration Link
Wed. May 26 <sup>th</sup>	11:00-11:30 am EST	French	<a href="#">Employee Orientation FR - May 26th 11am EST</a>
	1:00-1:30 pm EST	English	<a href="#">Employee Orientation EN - May 26th 1pm EST</a>
Wed. Jun 23 <sup>rd</sup>	11:00 –11:30 am EST	French	<a href="#">Employee Orientation FR - Jun 23rd 11am EST</a>
	1:00-1:30 pm EST	English	<a href="#">Employee Orientation EN - Jun 23rd 1pm EST</a>
Thur. Jul 15 <sup>th</sup>	11:00-11:30 am EST	French	<a href="#">Employee Orientation FR - Jul 15th 11am EST</a>
	1:00-1:30 pm EST	English	<a href="#">Employee Orientation EN - Jul 15th 1pm EST</a>
Wed. Oct 14 <sup>th</sup>	11:00-11:30 pm EST	French	<a href="#">Employee Orientation FR - Oct 14th 11am EST</a>
	1:00-1:30 pm EST	English	<a href="#">Employee Orientation EN - Oct 14th 1pm EST</a>

Learn more about your EFAP by visiting online:  
[www.workhealthlife.com](http://www.workhealthlife.com) or  
[www.login.lifeworks.com](http://www.login.lifeworks.com)

Download My EAP app now at your device app store or scan the QR code.

