



# The College of Kinesiologists of Ontario

## Self-regulation and the practice of kinesiology

In Ontario, kinesiologists have been granted the privilege of self-regulation, and the College of Kinesiologists is the body that regulates the province's kinesiologists. The College's mandate is to protect the public by ensuring that kinesiologists are practising competently, safely and ethically.

Self-regulation by professionals is based on the premise that the regulator must act in the interest of the public. The College can't advocate for kinesiologists, promote kinesiologists' interests, or promote and market the profession of kinesiology. That role is served by professional associations.

## How the College protects the public

The College achieves its mandate by:

- Setting requirements for entry to the profession so that only qualified individuals can practise.
- Maintaining an online register of individuals qualified to practise kinesiology.
- Developing practice standards and guidelines to help kinesiologists understand their professional obligations.
- Investigating complaints about kinesiologists' practice and administering appropriate disciplinary action when necessary.
- Administering a quality assurance program to ensure members maintain current knowledge and skills.



## Why register?

If you wish to work as or to call yourself a kinesiologist in the province of Ontario, you must be registered with the College. Being part of a regulated health profession means that you have met and continue to meet high standards that qualify you to practise. It indicates to the public that you are committed to ongoing learning, that you practise according to standards and that you are accountable for your practice. The public trusts the work of regulated health professionals because of these assurances of quality and accountability.

## What happens when you become a member?

Becoming a member allows you to call yourself a kinesiologist and to use the designation R.Kin. Your name is listed in the Public Register of Kinesiologists, indicating to the public and employers that you are eligible to practise. Each year you are required to engage in continuing professional development and participate in a quality assurance program to maintain current knowledge and skills.



You'll also have several opportunities to become involved in the governance of your profession. Consider:

- Putting your name forward to run for Council
- Becoming a non-Council committee member
- Becoming a peer assessor with the Quality Assurance Program
- Providing your feedback during consultations
- Joining a working group or focus group

*“The success of self-regulation depends on a membership that is engaged.*

*It's your profession and your College - help shape them.”*

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