

# HK newsletter

Summer 2016



## SPECIAL POINTS OF INTEREST

- HK50 GALA: CELEBRATING 50 YEARS (1965-2015)
- Dr. Wayne Marino Faculty of Human Kinetics Teaching Excellence Award
- Fieldhouse re-named in honour of Dennis Fairall

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University of Windsor

Faculty of Human Kinetics

## ► Editorial

Welcome to the 2016 summer edition of the HK Newsletter!

A special welcome is extended to our graduating fall 2015 and spring 2016 classes, creating our newest cohort of HK Alumni. We hope that you enjoy the latest edition of the Newsletter, which in addition to being sent to all HK Alumni through email, is also available on the Human Kinetics Website (<https://www.uwindsor.ca/kinesiology/hk-newsletter>) and on the University of Windsor Kinesiology Facebook page (<https://www.facebook.com/UWindsorHK?fref=ts>). We encourage you to share the HK Newsletter with any HK Alumni who we may not have current email



addresses for, and continue to send us updates on your successes to include in future editions!

Thank you to Ms. Sharon Horne—one of the HK Secretaries whose hard work and dedication made this publication possible. Throughout this edition of the Newsletter you will have the chance to

read about the recent successes of our current Faculty, Alumni and Students.

Last year we celebrated **50 years as the Faculty of Human Kinetics (1965-2015)**, which culminated in the **HK50 Alumni Gala** in October at Caesar's Windsor; where over 250 Faculty, Staff, current Students, and Alumni gathered to celebrate! As always, we welcome you to stop in for a visit, and/or join us during the HK Alumni Weekend this fall.

Sincerely,

*Adriana Duquette*

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## ► Dean's Message

It was certainly a memorable year for the Faculty of Human Kinetics as we celebrated our 50th Anniversary. Back in October we welcomed back HK Alumni for the HK 50th Anniversary Gala at Caesars. It was a great event in which we recognised Faculty and Staff from the early days, and the 50 Presidents of the HK Society. The inaugural 'Wayne Marino Faculty of Human Kinetics Excellence in Teaching Award' was presented with a standing ovation to the man himself, Dr. Wayne Marino. We were back at Caesars in February with close to 500 Track & Field alumni and friends for "Celebrating Dennis". It was a night that would stand out in the history of the University as we honoured the legendary "Big Dawg", and named the fieldhouse in the St. Denis Centre the "Dennis Fairall Fieldhouse". At the Athletics Banquet we said thank you to Rick Mallat and Kathy Harvie for



a combined 69 years of service. The students will certainly miss Rick and Kathy and we wish them all the best for their retirement. Scholars' Night also had a special 50th anniversary moment as the members of the "Old Farts Club" received a standing ovation from our current students in appreciation of the standards and values that they have set for the Faculty. Finally, on the last day of classes, we ended the academic year with a HK 50th Anniversary Special Lecture by Dr. Richard Peddie (former President of Maple Leaf Sports and Entertainment and Best Selling

Author). In front of a packed audience, Richard explained that leadership is a lifelong journey by sharing his experiences and lessons learned during his stellar career.

I would like to thank the entire HK Family for a wonderful 50th Anniversary Year! As we move forward to another 50 years, our students continue to enjoy the benefits of an education that blends excellence in research, teaching, community service, athletics and recreation in an environment that is enjoyable to work and study. The stellar reputation of the Faculty of Human Kinetics is based soundly on the success of our graduates. Exciting times lie ahead and we look forward to working with all of you in making the Faculty of Human Kinetics the very best it can be.

*Michael Khan*

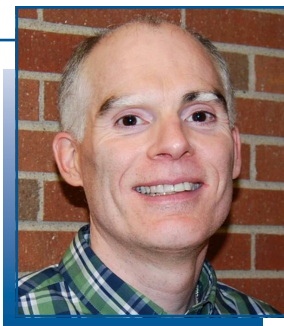
[makhan@uwindsor.ca](mailto:makhan@uwindsor.ca)



## ▶ Department Head's Message

**G**reetings from the Department of Kinesiology!

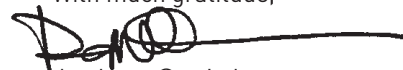
A quick glance at this Newsletter will show you that we were very busy and productive again this year, boasting many meritorious accomplishments by our students, staff and faculty. Because we were celebrating our 50th year as a Faculty, I was personally inspired this year to do a little bit more and try even harder to make everyone who was working and studying in Kinesiology as proud and happy to be here as I am. Reflecting on the past also reinforced in me that all of the practices for which we are known today are unquestionably and positively grounded in the values and principles of our colleagues and students who came before us.



But what inspired me even more this year was what I see ahead of us. In many ways, I see the Department of Kinesiology at a point of transition in its history, a period that excites and energizes me. Over the last two years we have addressed a number of important issues and have begun to lay the groundwork for a few potentially significant changes in programming in the Department. These changes will hopefully enable us to keep Kinesiology evolving as it needs to in order to remain at the top of

similar programs in Canada, and be financially strong in the years to come. We owe it to our students and alumni to continue to innovate while maintaining the traditions and values that we are known for on campus, and on the National and International stages. We also need to engage you more. Long known for instilling genuine feelings of family and teamwork, the Department of Kinesiology and Faculty of Human Kinetics is looking to connect with you and involve you more. With your loyal support and proud commitment to what we do, we will be able to continue to fulfill our mission to inspire and develop future leaders who move the world.

With much gratitude,

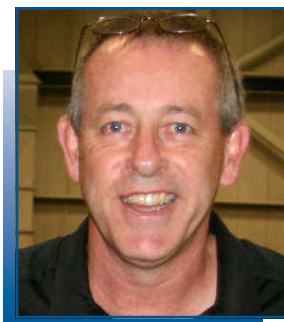
  
dandrews@uwindsor.ca

## ▶ Athletic Director's Message

**F**or Athletics & Recreational Services the 2015-16 year saw outstanding team and individual highlights. For full season results, I encourage all to visit [www.goLancers.ca](http://www.goLancers.ca). In this piece I will try to capture the highlights of the past season.

In the fall, the Lancers men's cross country team were OUA Silver medalists. Both Lancer "footy" teams had successful campaigns. The men and women both advanced to the post season...bowing out in the OUA quarter finals. The men were ranked as high as number three in the CIS; and Coach Steve Hart was recognized as the OUA West Coach of the Year. Head Women's Volleyball Coach Lucas Hodgson led his team to an OUA playoff appearance. Coach Hodgson was recognized by his peers as the OUA West Coach of the Year. Both Lancers basketball teams had successful seasons...flirting with the CIS Top 10 while racking up OUA West Division leading records. Interim men's Coach Ryan Steer exceeded expectations and led the Lancers men to the OUA Final Four; reeling off eleven consecutive wins before bowing out. Chantal Vallée led the Lancer women's team through an adversity filled campaign. With a roster depleted by graduation and injury, the Lancers still managed to win their way to an OUA Bronze medal at the Final Four in Ottawa. The Lancers men's hockey team capped a successful 2015-16 campaign with a return to the post season. A third game overtime loss to the Guelph Gryphons ended their season prematurely.

In February, the Lancers hosted the OUA Track & Field Championships. Under the leadership of Interim Head Coach Brett



Lumley, the Lancers Men's team won the OUA team championship, and Lumley was named Bob Vigars OUA Coach of the Year. Two weeks later at the CIS Championships at York University, the Lancers Men's team won the CIS team championship. Brett Lumley capped an incredible year being recognized as the recipient of the TIMEX (Bob Boucher Award) as the CIS Men's Track & Field Coach of the Year.

On the recreation side of the house, Lancer Recreation continued to engage the UWindsor student population in significant numbers and ways. More than 7,500 students were enrolled in Lancer Recreation intramural, fitness, aquatics and instructional programs in 2015-16. Enrollment in Lancers summer camps continued to climb, topping 3,000 registrations for the first time. With the introduction of the Lancers LEAD Challenge Course program, Lancer Recreation piloted a leadership development program for students and community groups.

As the HK50 year draws to a close there is every reason to be excited about what the next 50 years will bring.

Go Lancers!

  
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[www.uwindsor.ca/kinesiology](http://www.uwindsor.ca/kinesiology)

### LANCERS WEB PAGE:

[www.golancers.ca](http://www.golancers.ca)

### HK ALUMNI WEEKEND:

[www.uwindsor.ca/kinesiology](http://www.uwindsor.ca/kinesiology)  
(under News and Events/  
HK Alumni)

### U of W ALUMNI WEB PAGE:

[www.uwindsor.ca/alumni](http://www.uwindsor.ca/alumni)

### PHOTOS ON COVER

*Dr. Wayne Marino won the inaugural Dr. Wayne Marino Faculty of Human Kinetics Teaching Excellence Award*

*The original and early faculty members at the HK50 Gala (L-R): Dr. Alan Metcalfe, Dr. Dick Moriarty, Dr. Mike Sharrat, Dr. Marliese Kimmerle, Dr. Gord Olafson, Dr. Cec Eaves, Dr. Marge Holman (BPHE '69), Dr. Bill Hallett, Dr. Bob Boucher, Dr. Mike Salter, Ms. Marion (Thompson) Howell, and Dr. Dennis Hastings.*

*The Class of 2019 pose for a picture in the HK Atrium during fall Orientation*



University  
of Windsor

Faculty of Human Kinetics

## ► 2015/2016 Faculty of Human Kinetics' Graduates

### OCTOBER 2015

#### MASTER OF HUMAN KINETICS

EMILIE HALLÉ  
ADAM McMAHON  
MILANA McNAMEE  
BEN PHALAVONG  
TINA ROMAGNUOLO  
SARA SANTAROSSA

#### BACHELOR OF HUMAN KINETICS

#### HONOURS MOVEMENT SCIENCE

BRANDON BEZAIRE-CURRIE  
AMBER BRIEN  
KYLE BURNS  
NIC CARUANA  
ANDREA DAVIDSON  
TAYLOR FITZGERALD  
THOMAS FLAMMINIO  
MALLAK HAMATTO  
AMANDA MASSON  
TYLER MOIR  
MARTIN NUNES  
EVAYSHA SANTIAGO-KERR  
AJAY SINGH  
LINDSAY THOMPSON

#### HONOURS MOVEMENT SCIENCE CO-OPERATIVE EDUCATION

STEPHANIE BALCH  
CHRISTOPHER KELLY  
REBECCA-JANE McALLISTER  
JESSICA PILEGGI  
RACHEL THOMPSON

#### HONOURS SPORT MANAGEMENT

SHAWN GETHKE  
JAIME MELOCHE  
FRANK ROSATI

#### HONOURS SPORT STUDIES

GAVIN BOURDON

### JUNE 2016

#### MASTER OF HUMAN KINETICS

CELINE FREEMAN-GIBB  
TYLER GEIKIE  
MICHAEL HATTEN  
CHARLES KAHELIN  
STEPHEN KIRZINGER  
ALEX MacKINNON  
BROCK MARTIN  
ALEX PENNETTI  
NEIL PETTIT  
CHRISTOPHER SHAW  
SARAH SHERK  
BEN WARNOCK  
ALAINA ZVRIC

#### BACHELOR OF HUMAN KINETICS

#### HONOURS MOVEMENT SCIENCE

ALLYSHA ADAMO  
ELENA ALECU  
BRITTANY ANNAN  
TIANNA BEHARRIELL  
MORGAN BELLEAU  
GREG BENNETT  
BLAKE BLONDEEL  
GREGORY BOSSONS  
DEREK BOWERS  
SCOTT BROMLEY  
VICTORIA BRUNET  
KATHY BUECKERT  
JACKIE CARUANA  
JORDAN COLLISON  
ALEXIS CURTIS  
JORDAN DENEAU  
ZACHARY DERENIOWSKI  
DANIEL DI CARLO  
SARAH DOHER  
ALEX DOMINATO  
NICOLE DUCHARME  
SAMANTHA DUNCAN  
STEPHANIE DUPUIS  
KAMRAN EHSAN  
JOE ELLENBERGER  
JOSH ENZLIN  
SEAN FEATHERSTONE

MEIGHEN FISHLEIGH  
KAYLA FRANCO  
NICHOLAS FULEA  
BRANDON FUNK  
KERRA GALLANT  
MEGHAN GAUDETTE  
KAYLIE GILHULY  
CHLOE GREAVES  
RAMEZ HANNA  
KRISTEN HENDERSON  
MATT HICKSON  
DANIEL IANNETTA  
JESSICA JOBBITT  
ERIC JOHNSON  
KELSEY JONCAS  
NIKOLA JOVANOVIC  
AMIRA KADRI  
RYAN KELLY  
NATHALIE KIRBY  
RACHEL KOOT  
ANDREW KRAUTNER  
MARIJA KRSTIC  
DYLAN KUCHERAVY  
DALTON LAINO  
ERIC LECKIE  
CORY LESTER  
JORDAN LESY  
NATHAN LINKS  
JUSTIN LITCHFIELD  
MITCHELL LONG  
ERIK LOVIS  
CIARA LOW  
KELCEY LUCIO  
JACOB MacCARA  
ALYSE MACKENZIE  
JESSICA MADRID  
MIKE MALLENDER  
RHIANNON MARION  
ETHAN MATTIS  
THERESA McAINEY  
MACKENZIE MCGOWAN  
BECKY McTEER  
MacKENZIE MEDD  
SYDNEY MERRITT  
STEFAN MILIVOJEVIC  
LIAM MORIARTY

COREY MYSLICHUK  
MAHMOUD NADI  
DAVID NADIN  
JAMIE-LEE NEWBERY  
ALICIA OLIVEIRA  
POLINA ONYALO  
NICHOLAS OUELLETTE  
JAMIE PAQUETTE  
SHELBY PARASKEVOPOULOS  
KARLEE PARENT  
ANAMIKA PATEL  
TRAVIS PAVEY  
CHERYL PEDLER  
KRISTEN PENROSE  
EMMA PICH  
KAITLYN PINCH  
MIKE PIO  
PAIGE POISSANT  
DANIEL POTOCEK  
JONATHAN RAIES  
ANIKA RISDEN  
JEREMY ROGERS  
DANA ROTH  
PHIL RUSSO  
JORDYN SEVERIN  
BIANCA SFALCIN  
DEAN SHEPLEY  
AMANDA SIMKE  
ALANNAH SNEATH  
CARLOS SOARES  
KAYLA ST. PIERRE  
JUSTIN STAFFIERE  
BRENDON TALBOT  
GEORGE TAOUIL  
BRYAN THIBODEAU  
MARISSA THOMSON  
MACKENZIE TIFFIN  
RYAN TOMASELLI  
CASSANDRA VALERI  
BRAD WALKER  
LUCY WANG  
KELSEY WHELAN  
JILLIAN WIDJAJA  
MICHELLE WONG  
COREY WORTLEY  
ELISA WRIGHT  
AMANDA ZAMBITO

#### HONOURS MOVEMENT SCIENCE CO-OPERATIVE EDUCATION

CASSIDY BECHARD  
ANDREW BERARD  
JULIE CHESNEY  
MIKE FUERTH  
NICOLE GEORGE  
CARTER LINDENFIELD  
KRISHA PATEL  
MICHAEL SARTOR

#### HONOURS SPORT MANAGEMENT LAMBTON CAAT GRADUATES

JASON TEDBALL  
ERIN TOTH

#### HONOURS SPORT MANAGEMENT

KATIE ARQUETTE  
JAKE CLEMENT  
BRENDAN COUGHLIN  
KAILEY FLEMING  
CAITLIN GREEN  
CONOR HARRIS  
TAZEEM KHAN  
TESSA KREIGER  
ANNA MULLINS  
KAZUTO NODA  
LAINE POIRIER  
SARAH RACINSKY  
CHELSEA ROBINSON  
ANDREW SHYMANSKI  
CODY ST. PIERRE

#### HONOURS SPORT MANAGEMENT CO-OPERATIVE EDUCATION

VICTORIA MANGIAPANE  
STEPHEN NEWBY

#### HONOURS SPORT STUDIES

KRISHA CARONONGAN  
NATALIE ETHIER  
BRITTANIA GAYLE  
BRANDI MASSE  
JONATHAN METLER  
ADRIEN MOUSSEAU  
RYAN RIEDER  
AMIRA ZAIDAN



## ► Kinesiology News

### HUMAN KINETICS INKS EXCHANGE AGREEMENT WITH BELGIAN UNIVERSITY



*Dr. Marijke Taks, KU Leuven Professor Dr. Daniel Daly, Executive Assistant to the Vice-Provost International Development, Clementa Stan, Dr. Dave Andrews, and Director of the Centre for English Language Development, Jennie Atkins, look on as Deans Dr. Christophe Delecluse and Dr. Michael Khan sign a student exchange agreement between their respective faculties.*

A student exchange agreement with the Belgian University KU Leuven will enable students to gain international experience, says Dr. Michael Khan. "This is a fantastic opportunity for students at UWindsor and KU Leuven to diversify their learning experience in two internationally-recognized programs. We already have well-established research collaborations between our faculties, and students will be able to benefit from these partnerships through our research-driven teaching."

Among the connections the schools enjoy are that UWindsor professor, Dr. Marijke Taks, formerly served in the Faculty of KU Leuven's Kinesiology and Rehabilitation Sciences, as well as informal research partnerships involving Dr. Khan, and Windsor colleagues Dr. Todd Loughhead and Dr. Cheri McGowan. Under the agreement, Leuven will send master's-level students in sport management to Windsor in exchange for senior BHK students.

### SOCIAL NETWORKING USAGE CAN EXACERBATE NEGATIVE BODY ISSUES

In her Master's Thesis, #Socialmedia: Exploring the Associations of Social Networking Sites and Body Image, Self-Esteem, Disordered Eating and/or Eat-

ing Disorders and the Impact of a Media Literacy Intervention, Sara Santarossa found that on average, women were spending four hours a day on social media sites, and men were spending three hours. She referred to those spending at least five hours a day, as problematic social networking site users.

In a survey that measured addictive behaviours towards social media, Santarossa and her supervisor, Dr. Sarah Woodruff, asked 160 male and female first-year UWindsor students about social media usage and personal habits and behaviours. The survey focused on how



*Human Kinetics Doctoral student, Sara Santarossa's (BHK '13, MHK '15) master's thesis survey focused on how four social media sites - Facebook, Instagram, Twitter and Pinterest - strongly affected eating behaviours, eating disorders, body image and self-esteem.*

four social media sites—Facebook, Instagram, Twitter and Pinterest—strongly affected eating behaviours, eating disorders, body image and self-esteem.

Men and women who used social media sites for hours a day, says Santarossa, often had higher internalized beauty standards and low self-esteem. She says the women tended to see thin as beautiful, and men considered being muscular and toned as ideal.

"When you're social networking you are constantly comparing yourself to pictures of others and other people's posts," says Santarossa. "These photos may also have been filtered or altered in some way, so you are not even comparing yourself to reality."

Santarossa says there needs to be a stronger emphasis on health at any size. For part of her study she teamed up with the Bulimia and Anorexia Nervosa Association (BANA), a centre for eating disorders, health and wellness, to host a media literacy intervention. Half the survey group attended a BANA lecture where they discussed media-related beliefs and attitudes, and viewed overly-sexualized advertising campaigns and images of the children's cartoon character Dora the Explorer, who recently went through a makeover where she ditched the sneakers, backpack and baby fat; for makeup, long hair and a taller, thinner frame. The other half of the survey group attended an unrelated career talk.

One month later, Santarossa re-surveyed the entire group and found that those who attended the BANA lecture displayed lower eating disorder symptoms compared to the control group. She says education and positive messaging works. "When you train young adults to critically analyze the media and online images, they can become conscious consumers of what the web has to offer and they can critique what the advertising and media industries are throwing at them."

During her PhD, Santarossa would like to create media literacy educational tools that could help parents, and possibly teachers, to educate children on how to leave a positive digital footprint, and use social media sites in an informed way.



## HK COLLECTION HELPED TO FEED WINDSOR'S HUNGRY

A charity food drive by Human Kinetics students collected about 1,500 items and several hundred dollars for the Downtown Mission of Windsor, just before the holidays. The project was sparked by Dr. Dave Andrews, who wanted to add to the Department's annual charitable efforts with the Movember campaign, by getting as many students as possible to support a community food drive. He issued a challenge to his first-year class, and Dr. Paula van Wyk took up the challenge with her upper-year class.

The fourth-year students earned bragging rights by bringing in about 800 items—packages of pasta, boxes of cereal, jars of peanut butter, cans of beans and tomato sauce—almost 300 from a single student, Brandi Konkolowicz. She says she harassed friends and family members to contribute canned goods or even cash. "My goal for my friends was to fill my SUV and they did," she says. "In addition to donations of food, I collected about \$100 and went shopping. I went on student discount day, had my coupons out and price-matched."

Konkolowicz said that helping out the needy through the Downtown Mission made her feel good, "It just makes you realize what you have," she says. "You take it for granted that you don't have to worry about your next meal." She also credits Drs. Andrews and van Wyk for encouraging students to participate in the food drive: "A little bit from each person makes for a big contribution."



Current BHK student, Brandi Konkolowicz, takes a pass from Dr. Dave Andrews while Dr. Paula van Wyk (MHK '08) helps to sort canned goods in the lobby of the Human Kinetics Building.

## INTERNATIONAL SURVEY GIVES SPORT MANAGEMENT PROGRAM TOP MARKS



Samantha Pang, an associate manager in the golf consulting division of Wasserman Media Group, graduated from the MHK Sport Management Program in 2012.

UWindsor's Master of Human Kinetics in Sport Management Program has once again ranked in the top 25 of university programs of its kind across the globe, according to SportBusiness International's Postgraduate Sports Course Rankings.

Since the rankings started in 2012, UWindsor's program has consistently been celebrated as a top program by excelling in such categories as: class size, employment within three months of graduation, male to female ratio, and student satisfaction, as well as being the only Canadian school to make the cut.

The rankings consider postgraduate level courses that have been running for three or more years and are 100 per cent related to business and administration of sport. SportBusiness International surveyed over 600 program alumni and faculty in establishing this year's rankings.

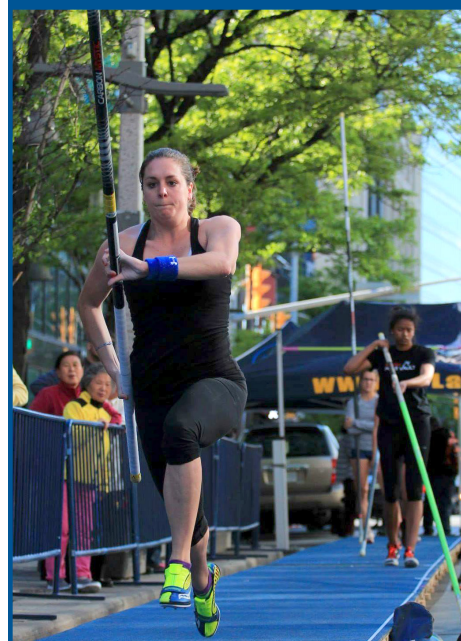
"This is a fantastic acknowledgement and we couldn't be more proud. We aim to provide our graduate students with a broad first-rate experience in management and leadership," says Dr. Jess Dixon (MHK '03); "The alumni who surveyed us for this year's ranking were a strong cohort of students who are now three years removed from the program and are well established in every segment of the sport industry."

Samantha Pang graduated from the program in 2012 and now works as an associate manager in the golf consulting division of Wasserman Media Group. In the Toronto office of the global group, Pang helps manage the entire golf sponsorship on the RBC account.

"My experience as a post-graduate student was invaluable and my degree fueled me with the necessary transferable skills to succeed in the sports marketing industry," says Pang. "I am also personally fortunate that Dr. Dixon was not just an excellent graduate advisor and educator, he continues to be a mentor. I would highly recommend UWindsor's program to those interested in pursuing a career in the sport industry."

Dr. Dixon concluded "This is now the fourth straight year that we have been listed among the 25 most elite programs in our field in the world. This ranking is a testament to all the great things we are doing in the Department of Kinesiology to provide a positive experience for our students."

## 'NIGHT FLIGHT' ON OUELLETTE AVENUE



Alumnus Jennifer Tomayer (BHK '12, MHK '15) was one of several Lancer Pole Vaulters who participated in an event as part of the Running Factory Windsor Open High Performance Track and Field meet which took place early last summer. Organizers blocked off Ouellette Avenue between Park Street and University Avenue to set-up the runway and landing pad used during the 'Night Flight' event.



*Dr. Marijke Taks (left) and Dr. Jess Dixon (right) flank MHK students Peter Baldwin, Jennifer Neilson, Erin Jackson, Ayobami Ogunlana, Jordan Bagley, James Gillis, Frederik Ehlen, and Adam Goodwin in the offices of the Hamilton Tiger-Cats for meetings of the Ontario Sport Management Collective.*

### COLLABORATION KEY COMPONENT OF SPORT MANAGEMENT COLLECTIVE

A chance to work alongside students from other universities is an important aspect of the Ontario Sport Management Collective, say professors and students who travelled to Hamilton recently for interactive panel discussions and professional development workshops.

MHK Sport Management students joined graduate students from Brock University, Western University, the University of Waterloo and the University of Ottawa at Tim Hortons Field, home of the Canadian Football League's Hamilton Tiger-Cats.

Following a brief introduction from each program, the morning session consisted of panel discussions with sport executives from Ontario Basketball, the Tiger-Cats, the Ontario Trillium Foundation, and the York University Department of Athletics and Recreation. After lunch and a guided tour of the facility, students broke into groups to address research problems identified during the morning meetings.

Jennifer Nielson, a first-year MHK student, found the day very beneficial. "The opportunity to network with people outside our faculty, as well as to compare research that is being done at different universities, was not only very interesting and exciting, but very important for the future of sport management," she said.

Dr. Marijke Taks, who along with faculty colleague, Dr. Jess Dixon, served on the event's organizing committee, noted that the collaboration between students from different universities was an im-

portant aspect of the day. "The students really enjoyed having industry speakers, the Q&A format and the group work, which required the students to work on a real life problem of a specific sport organization highlighted during the Q&A sessions. With the group work, the students particularly enjoyed that they were mixed with sport management graduate students from other universities. The first-year students really appreciated and benefited from being mingled with upper-level graduate students during this group experience."

### CONFERENCE PROMOTED YOUTH LEADERSHIP IN SPORT

The Actively Engaging Leaders Conference was held in the Human Kinetics

Building in late February, aimed at senior secondary school students, as well as those attending college or university, as a place for local youths to connect with issues involving healthy lifestyles. During the weekend, a leadership development event brought together 60 girls in grades 5 to 8, nominated by their teachers.

"It's all about youth-driven engagement," said Sara Santarossa (BHK '13, MHK '15), a doctoral candidate who was a member of the organizing team, which also included fellow grad student, Taylor Imeson (BHK '14), and Meaghan Marton (BHK '15). "We have partnered with Motivate Canada and Leadership Advancement for Women and Sport to give these young people a great opportunity to learn from community leaders and network with local business and organizations."

Part of the weekend included a panel discussion featuring:

- Kelly Steele, Fitness Reporter for *The Windsor Star*;
- Dan Brown, filmmaker and former Coordinator of YKNOT Windsor-Essex;
- Chad Cossette, Fitness Manager of GoodLife Fitness and former CFL athlete;
- Erica Colovic, Communications Coordinator for Hôtel-Dieu Grace Healthcare;
- Yvonne Pilon, President of WEtech Alliance and instructor at the MediaPlex;
- Kinesiology PhD students Kristy Smith, Ashley Duguay, Matt Hoffman, and Kelly Carr.

Additional features of the weekend included a keynote address by Michelle Ernest (a property manager with Cadillac Fairview, drawing on her experiences working for apparel retailer LuluLemon, and as a certified personal trainer and fitness nutrition advisor), a networking event, information booths, and an Amazing Race-style competition, where youths partnered with a female role model in their life to complete the set tasks.



*A mixture of high school students, undergraduate students, graduate students, and alumni at the Actively Engaging Leaders Conference. Back row (L-R): Sara Galipeau, Megan Lozinski, Janessa Leach, Nicole Ducharme, Nicole George, Sara Santarossa (BHK '13, MHK '15), Abby White, and Taylor Imeson (BHK '14). Front row (L-R): Sheldon Fetter, Meg Mooney, Kristine Silva (BHK '15), Meaghan Marton (BHK '15), and Maddie Potts.*

## DIGITAL ERGONOMICS RESEARCH HELPING LOWER RISK OF RE-INJURY



Master's student Paul Leuty recreates motions for capture by a computer-generated mannequin.

Dr. Joel Cort is working to help injured workers return to the job more quickly and safely. To do this, he uses computer software to simulate the precise movements a human body performs when working on an automotive plant's assembly line. He is digitally recreating automotive assembly stations in an effort to improve return-to-work protocols for those who may have experienced a work-related injury.

"We are using advanced ergonomics tools to watch computer mannequins literally go through the exact motions a worker would go through, to help understand where and how injury occurred," says Dr. Cort.

The software resembles a video game where the user, or researcher, gives commands and the digital mannequin responds. Predictive motion algorithms are calculated to demonstrate what is physically required to carry out a task, including how the muscles move during a task and taking into consideration how much a tool weighs, or how much force is required to install a part.

"This technology gives me the opportunity to act like a movie director, like the Martin Scorsese of ergonomic research," says Cort. "I direct the mannequin, the way you'd direct an actor, with special interest in estimating how safe it is for a person to pose, grasp, bend, sit, stand or apply force."

His lab created a digital library of human movement by hooking people up to monitors and having them act out the exact movements required to work at a particular assembly plant workstation. They logged the movements, including how much force is required and how a body bends.

"Ultimately we want to use proactive ergonomics and design better workstations before they are physically built," says Cort. "However, in the event of a work-related musculoskeletal injury, we can provide information from ergonomics software to healthcare professionals, to aid in both the design of rehabilitation programs and return-to-work decisions."

The goal of the simulation program is to create a video that explains exactly what a worker's body was doing on the job, so doctors and physical therapists can help tailor return-to-work programs.

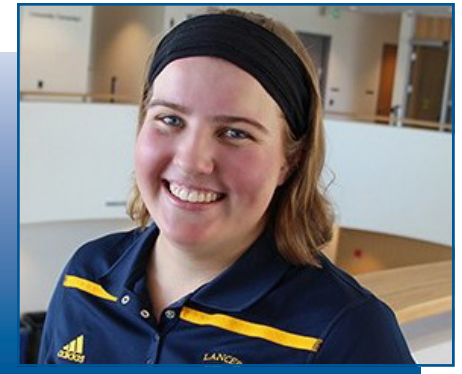
The video also helps identify how a worker's physical capacity has changed after an injury. When doctors fill out return-to-work protocols for rehabilitated workers, they will be able to assess more accurately which workstations may be off-limits, and help ensure workers are placed in jobs that do not put them at risk of re-injury.

"It's in the best interest of everyone: the company, the insurance provider and the union, to keep workers safe and healthy," says Cort. "Research proves that good ergonomics keeps people

healthy, increases the quality of job, boosts moral and reduces costs associated with injuries."

The project is a collaboration between Cort, the insurance provider Great West Life, Ford Motor Company's assembly plant in Oakville, and MITACS, a not-for-profit organization that designs and delivers research and training programs in Canada. The simulation software is designed by Siemens.

## GOLFER SINKS AWARD INTO SUPPORTING LANCER WOMEN



Lancer golfer and current BHK student Emily Stadder received an award recognizing her leadership for women in sport.

When Emily Stadder joined Lancer golf, she was the only woman on the team. She considers it progress that in her second year of her BHK, she has four female teammates—and she is willing to put her money where her mouth is. Emily received an award from Leadership Advancement for Women in Sport (LAWS), and has committed the \$1,000 cash prize to supporting women Lancer golfers. "I will use the money to pay my own varsity participation fees and then donate the rest to the program," Stadder says.

It's that type of dedication that earned her the Networking through Sports LAWS Leadership Award, intended to honour an individual who has demonstrated a commitment to gender equity, evidence of a history of physical activity pursuits, character and aspirations to excel in sport activity.

She first learned to golf on the par-three course at the city-owned Roseland club, where she now helps to run the Junior Girls' Club, which introduces girls to golf. "It's important that it's all girls because then they feel more comfortable,"

BHK student winners of the "Sales Assignment" in Dr. Marijke Tak's "Sport Marketing" class won a prize for the opportunity to shadow and speak with employees from the Detroit Piston's Marketing Department, and free tickets to a Piston's Game (L-R): Johnny Kao, Bryan Dutot, Cain Walker-Donais, Kazuto Noda, Julia Joachimowics, and Maggie Aziz. Absent from Photo: Mitchell Anderson, Aron Burton, and Thomas Kalbfleisch-Mancini.





says Stadder. She also organized the Golf Fore the Cure tournament, raising money for breast cancer research while increasing women's participation in the sport: "I'm proud that more than half the golfers were women."

Stadder says her time in the Faculty of Human Kinetics has familiarized her with LAWS, making the award just a little more special. "I felt really honoured to win because I know how awesome the organization is," she says.

## KINESIOLOGY STUDENTS PRESENT RESEARCH TO SPORTSNET



MHK students Spencer Riehl (BHK '15), Lauren Stirling and Jennifer Neilson await their chance to present in the offices of Sportsnet.

MHK Sport Management students got real-world work experience when Dr. Craig Greenham teamed up with a sports broadcaster and upped the ante in his "Research Methods" course. This is the first time Dr. Greenham included a strategic industry partner. The class researched hockey fandom and considered topics such as brand loyalty and changes in hockey consumption habits, like streaming on smartphones and tablets, instead of watching television. At the end of the term, the students presented their findings to Rogers Media executives at the Sportsnet campus in Toronto.

"Including a professional partner is not without its challenges and it created added pressure to the students," says Greenham. "But I think that after

successfully delivering quality presentations, that amped-up anxiety, came an increased sense of accomplishment."

The research focused on the university-aged demographic, because Greenham says Rogers finds it to be a lucrative but difficult demographic to reach. In particular, Rogers is heavily invested in the National Hockey League, recently signing a 12-year \$5.2 billion deal for broadcasting rights to the *Hockey Night in Canada* franchise.

Greenham says they looked at viewership consumption patterns as well as how they watched. He says younger viewers are switching from traditional television viewing to streaming games on smartphones and tablets.

Kinesiology master's candidate Peter Baldwin worked at a bank for a few years between his undergraduate degree and coming to UWindsor for his graduate degree. He says presenting in front of a large company like Rogers was rewarding and invaluable because in the real world, it is common to have to present to people you may not be familiar with. "I really didn't know what to expect from the people at Sportsnet, but they were very engaged and genuinely curious about how we conducted our research," says Baldwin. "It wasn't one-sided, I feel there was a real benefit to both sides and that was quite helpful."

Greenham says he would invite strategic industry partners in again, despite the added challenges. "I could tell from their engagement during the presentations and the question-and-answer segment that the Sportsnet execs were very engaged and impressed with what the students had unearthed," says Greenham. "In addition to the presentations, Sportsnet will also have access to the four written reports. It was certainly a win-win and a great payoff for all the hard work from my students."



Although Sara Santarossa (BHK '13, MHK '15, current PhD), Kelly Carr (BHK '11, MHK '14, current PhD), Michelle Guerrero (MHK '13, current PhD) and Alex Wiseman (BHK '11, MHK '13) lost in the final round at the Human Kinetics Society's Family Feud Night, they were definitely the best dressed!



MHK student Mike Hatten was personally thanked by his colleagues and Manchester United star Memphis Depay for his hard work, passion, and dedication during his internship with Under Armour Europe in Amsterdam.



Current Doctoral student Sara Santarossa (BHK '13, MHK '15) was honoured as the recipient of the 2015 ATHENA Scholarship in Memory of Dr. Linda McKay, for her many accomplishments in academia and her tremendous contributions to the Windsor/Essex community. Photo credit: snapd.



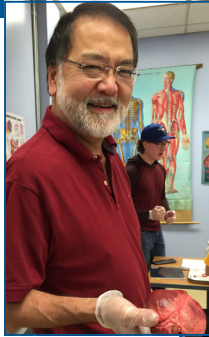
Several students dressed up for Halloween 2015 (L-R): Maha Darbi, Fiona Dorey, Alexa Govette, Amira Hegazi, Zikra Nilam, and Drake Mcfadden.



University of Windsor

Faculty of Human Kinetics

## PORCINE HEART DISSECTION A HIGHLIGHT IN DR. KENNO'S CARDIOVASCULAR PHYSIOLOGY CLASS



Dr. Kenji Kenno led the porcine dissections in his Cardiovascular Physiology class, while MHK student and graduate assistant, Derek Bornath (BHK '15) helps guide the undergraduate students.

Current BHK student, Josh Enzlin, thoroughly enjoyed the porcine dissection in Dr. Kenno's class.



## ROMAGNUOLO TAKES A KICK AT THE BIG LEAGUES

Tina Romagnuolo (BHK '15) is hopeful that her internship with Maple Leaf Sports & Entertainment (MLSE), in addition to her experiences as a member of the Canadian Women's National Soccer Team will be keys to an exciting future career. Romagnuolo, is interning with the Toronto Football Club (FC), MLS soccer club in Toronto. The UWindsor internship program partnership was established with MLSE as part of a three-year agreement in May 2013.

Beginning at age 15, Romagnuolo was a part of the Canadian Women's national team and participated in the U20 FIFA Women's World Cup in Chile in 2008. She was also in the running for the recent FIFA World Cup team. "I thought working with the Toronto FC would be a perfect fit for me as well as for my academic aspirations," Romagnuolo says. "Especially after having a career ending injury in a game in my senior year in college."

Romagnuolo has been working at the Toronto FC Academy to develop individualized programs for 150 soccer players. She is using baseline fitness testing and retesting to determine player needs and



Renewable Entrance Scholarship winners in attendance at the Human Kinetics Scholars' Evening. Back row (L-R): Natalie Heeney, Nicole George, Paige Coyne, Alaina Mancina, Kristina Sapardanis, Kelsey Joncas, Tianna Beharriell, Kathy Bueckert, Nathalie Kirby, and Dr. Clayton Smith. Front row (L-R): Nicolas Latreille, William Stadder, Joshua Enzlin, and Jordan Deneau.



MHK Sport Management students attended the Sport Business Conference at the University of Michigan in October on a field trip with Dr. Marijke Taks. Back Row (L-R): Frederik Ehlen, Spencer Riehl (BHK '15), Louie Polyzois (BHK '13), James Gillis, Louie Saroli (BHK '15), and Peter Baldwin. Front Row (L-R): Adam Goodwin, Matt Leixner (BHK '15), Dr. Marijke Taks, Jorden Bagley, and Alex MacKinnon.

assess program effectiveness. She says her MLSE experience has been "amazing" and has taught her both multitasking skills and has helped her to develop the ability to be professional while maintaining a close connection with each athlete.

## STUDENTS EMBARK ON OLYMPIC JOURNEY

Education should be more than just sitting in a classroom, says Dr. Scott Martyn, who put that theory into practice by taking 12 students in his graduate course "Crisis, Politics, and Commercialism in the Modern Olympic Movement" on a pilgrimage of Olympic sites March 14th to 19th. The trip included stops at the corporate office of the Canadian Olympic Committee in Toronto, several venues in Montreal, and the United States Olympic

Training Center in Lake Placid, New York.

In Montreal, the group attended a game between the Montreal Canadiens and the Florida Panthers, visited the Olympic Park built for the 1976 summer games, and enjoyed a question-and-answer period with Richard Pound, founding President of the World Anti-Doping Agency and former Vice-President of the International Olympic Committee.

In Lake Placid, students were able to rub shoulders with future and current Olympians while catching a glimpse of what it is like to train full-time for the games. The village hosted Winter games in 1932 and 1980. The group toured the arena and adjacent museum, ski jump and bobsled runs, guided by Jim Rogers, a member of 1980 organizing committee.



MHK students met Mr. Richard Pound at the Montreal headquarters of the World Anti-Doping Agency. Back Row (L-R): Frederik Ehlen, Spencer Riehl (BHK '15), Dylan Polfiet (BHK '15), Peter Baldwin, James Gillis, Matthew Leixner (BHK '15), and Louis Polyzois (BHK '13). Front Row (L-R): Elizabeth Vandenberg (BHK '15), Erin Jackson (BHK '15), Mr. Richard Pound, Ayobami Ogunlana, Jorden Bagley, Jennifer Neilson, and Dr. Scott Martyn.



Current BHK student Paige Coyne received the In-Course Board of Governors Medal (fall 2015) from Drs. Dave Andrews and Michael Khan.

## STUDENTS SEE BEHIND SCENES OF SPITFIRES SPORTS OPERATIONS

A February 4th trip to the WFCU Centre to watch the Windsor Spitfires in action proved educational for 64 students in Jess Dixon's first-year Principles of Sport Management course. Prior to the game, the group was led through its backstage areas by Nathan Sellon, the OHL team's coordinator of fan development. Following the tour, they heard from Chris Paquette, event and operations manager for Spectra Venue Management, who oversees the Centre, along with two UWindsor HK graduates: Mike Noetzel (MHK '11), Spectra's general manager of events; and Felicia Krautner (BHK '12), the Spits' coordinator of community relations and game operations. Krautner started volunteering for the franchise in her first year of university study.

The connection between the Faculty of Human Kinetics and the Windsor Spitfires provides volunteer and co-op work opportunities for students—current student-intern Jason Tedball discussed his experiences as part of the program.

It marks the fifth year Dr. Dixon has taken his class to a Spitfires game. "The purpose of the field trip is to expose first-year sport management students to what it is like to work in the sport industry and to build their professional network within the field," he says. "It's particularly special when we can get some of our alumni to share their career paths with the students as well."

## INTERNSHIP WITH BEST SELLING AUTHOR AND FOOD NETWORK CANADA HOST: SANDI RICHARD



Sara Santarossa (BHK '13, MHK '15, current PhD), Sandi Richard, and Trish Dubé (BHK '14, current MHK) during their six week internship on the Kinect-Ed program.

When people first think of a degree in Kinesiology, being able to work with an International Best Selling Author and Food Network Canada Host is probably not something that would come to mind...however, this past summer, graduate students Sara Santarossa (BHK '13, MHK '15, current PhD) and Trish Dubé (BHK '14, current MHK) relocated to St. Catharines to work on an extremely unique six week internship and do just that!

Sara and Trish are both graduate students of Dr. Sarah Woodruff. After receiving a MITACS Accelerate grant, in conjunction with Dr. Mark Tremblay (Children's Hospital of Eastern Ontario) and others across Canada, Dr. Woodruff created the opportunity to work with Sandi Richard on their *Kinect-Ed* program. The *Kinect-Ed* program, co-created by Dr. Woodruff and Sandi, aims to get kids in the kitchen. Sara and Trish were able to apply classroom theory to real life practice while working 'hands on' in *Kinect-Ed*.

Aside from working with *Kinect-Ed*, Sara and Trish were involved in recipe development, food styling, business planning, and many other exciting projects. One of the most memorable projects was getting to film their own cooking demonstration, with Sandi's video production company *Kitchen Sink Media*. Other memorable moments were spent 'on set' at numerous television stations including Rogers TV and CTV (Toronto). Sara and Trish were essential to cooking, prepping, and making meals look TV ready!



Sara Santarossa (BHK '13, MHK '15, current PhD) filming her own cooking demonstration with Kitchen Sink Media video production company.



Trish Dubé (BHK '14, current MHK) filming her own cooking demonstration with Kitchen Sink Media video production company.



Sport management students surround Windsor Spitfires mascot Bomber during a game at the WFCU Centre.



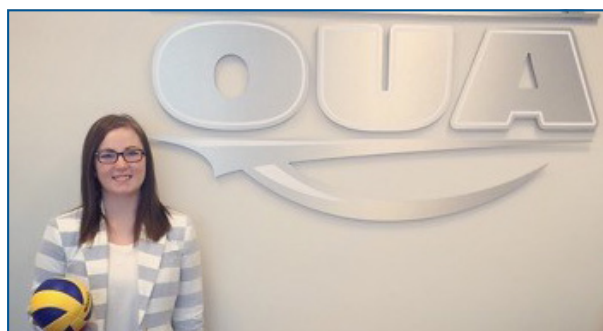
## THE KINESIOLOGY CO-OPERATIVE EDUCATION PROGRAM

The Kinesiology Co-operative Education Program offers students the opportunity to combine their classroom experiences with related work experiences. The Program is based on the principle that the professional preparation of undergraduate students can be enhanced by blending career-related work experiences with a quality curriculum. The experience gained while participating in these structured and supervised work placements is viewed as an integral component of the student's Educational Program.

Students interested in obtaining a marketable degree and career related experience should seriously consider this Program. Supporters of the Co-operative Education concept suggest that Co-op graduates are better prepared to meet the demands of a competitive job market. Furthermore, studies have determined that graduates of Co-operative Education Programs secure entry positions that have more challenging job responsibilities and higher salaries.

Please see below for experiential profiles of four Human Kinetics students who were supervised by Mr. Chad Sutherland in the Co-operative Education and/or Internship Programs.

### SPORT MANAGEMENT CO-OPERATIVE EDUCATION STUDENT: MALLORY MARTIN



Mallory Martin is a 2nd year Kinesiology Co-op student, majoring in Sport Management and minoring in Business. Mallory completed her first work term at the Ontario University Athletics (OUA) office in Burlington. Mallory was given the lead role of operations for the All-Star Award process, requiring her to contact coaches and athletic personnel regarding the nomination and voting processes for the awards. She assisted with the execution of winter championships in-

cluding the pageantry organization, creation of fan guides, and assisted with the creation of other strategic documents to help with the planning of the events. Furthermore, she was involved in the OUA Showcase @ NBA Centre Court as a team liaison member. Specifically, Mallory designed the fan guides, volunteer packages and the pageantry organization list for the NBA All-Star weekend. This placement has provided Mallory with many valuable experiences, increased her knowledge of sport business, and afforded her the opportunity to get a 'behind the scenes' view of sport event planning. Working with the OUA has allowed Mallory to network with many university athletic departments and other sport businesses throughout Ontario. Mallory believes the Co-op program has provided her with valuable work skills, as well as introduced her to potential career interests that she hadn't previously thought about. Mallory highly recommends students look into the Co-op Program, in order to gain hands-on experience in a field they are passionate about!

### MOVEMENT SCIENCE CO-OPERATIVE EDUCATION STUDENT: NICOLE LOUCKS



Nicole Loucks is a 4th year Kinesiology Co-op student, majoring in Movement Science and minoring in Psychology. Nicole recently completed her final placement at Kawartha Natural Health Clinic, which is located in Peterborough, Ontario. Nicole worked as a Chiropractic Health Assistant under Dr. Keith Thomson and

Dr. Aaron Balmer. Dr. Thomson and his team of health care professionals are dedicated to delivering quality Chiropractic care to thousands of citizens requiring critical, maintenance and wellness care. As a Chiropractic Health Assistant, Nicole's main responsibility was completing preliminary treatments, including ultrasound, low volt therapy, thumper and heat. Nicole also performed spinal examinations, including surface electromyography and thermography on all new and existing patients. Furthermore, Nicole was also involved as a weight loss coach for the 'Chirothin diet' and the managing head of Orthotics and Gait Analysis. Nicole had multiple opportunities to expand her knowledge in the Chiropractic field by attending various conferences in Toronto and New York. The Kinesiology Co-op Program has provided Nicole with exceptional hands on experience in the Chiropractic field, as well as the opportunity to gain valuable contacts within the profession. Upon completion of her undergraduate Kinesiology degree, Nicole plans to attend Chiropractic College.



## THE KINESIOLOGY INTERNSHIP PROGRAM

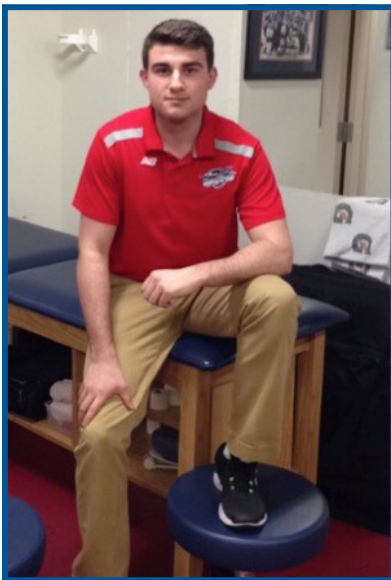
### SPORT MANAGEMENT INTERNSHIP: STEPHANIE DUPUIS



Stephanie Dupuis is a 4th year Kinesiology student, who was hired as an Internship student with the Windsor Spitfires of the Ontario Hockey League (OHL). Stephanie worked with-

in the 'In Games Promotions Team' for the 2015-2016 season. Throughout her Internship, Stephanie was very involved in planning and executing game day operations. She would organize the puck drop, communicate with sponsors, as well as interact with fans before, during and after the game. Stephanie also assisted with the coordination of player appearances and autograph events. Stephanie had the opportunity to meet influential people, including Joel Quenneville and Tessa Bonhomme. This Internship placement provided her with a lot of great networking opportunities. Recently, Stephanie was given the opportunity to attend the 2016 NHL Entry Draft (Buffalo, New York) with the Windsor Spitfires Organization. Stephanie's Internship has taught her professionalism, responsibility, leadership and many other career skills. This Internship provided Stephanie the opportunity to move into a paid position with the Windsor Spitfires as their 'In Game Host'. The relationship between the Windsor Spitfires Organization and the University of Windsor's Kinesiology Program is extremely valuable. Stephanie would highly recommend the Kinesiology Internship Program for any student interested in developing their professional interaction and leadership skills.

### MOVEMENT SCIENCE INTERNSHIP: MICHAEL POPEL



Michael Popel is a 4th year Movement Science student, who decided to participate in the Internship Program in order to gain experience within the sports medicine profession. Michael was also interested in working with potential professional athletes in a sport setting. Michael's Internship placement was with the Windsor Spitfires of the Ontario Hockey League (OHL). He

worked under the supervision of Joe Garland, the Athletic Therapist and Strength & Conditioning Coach. Michael's duties were injury prevention assistance, including stretching and taping, as well as assisting the therapist throughout treatment sessions, which typically consisted of massaging and icing. Michael was able to learn from a team of medical professionals including ER doctors, a massage therapist, and a psychologist. Michael's time spent on placement was a memorable experience—he was warmly welcomed into the Spitfires' organization and developed great relationships with both the staff and players that he worked with. Michael really enjoyed working with the athletes, watching them develop, and making their first playoff appearance in three years. This Internship placement afforded Michael the opportunity to gain experience working within a high performance sport setting and provided a lot of professional growth. Next year, Michael plans to continue his education in Athletic Therapy.

#### For further information on the Co-operative Education and/or Internship Programs:

Mr. Chad Sutherland, Applied Learning Co-ordinator  
 Department of Kinesiology, University of Windsor  
 Windsor, ON N9B 3P4  
 Phone: (519) 253-3000, Ext. 4050, Email: chads@uwindsor.ca



## ► ARS Update

### KENNEDY NAMED CIS ACADEMIC TOP 8; HONOURED BY GOVERNOR GENERAL OF CANADA

Former Lancer quarterback Austin Kennedy has been named to the CIS Academic Top 8 as a representative from Ontario University Athletics. The Windsor native is the sixth Lancer over the past ten years to achieve this tremendous honour.

The elite group was honoured in Ottawa in November, when his Excellency the Right Honourable David Johnston, Governor General of Canada, presented the third annual Governor General's Academic All-Canadian Commendation to the eight recipients during a ceremony at Rideau Hall, his official residence.



Kennedy wrapped up his remarkable career with the Lancers football program in the fall of 2014. Over five seasons, he was a three-time OUA conference all-star, was twice voted team MVP, tied the OUA career record with 79 touchdown passes, became only the fourth quarterback in CIS history to reach the magical 10,000-yard plateau (10,004) and graduated as the all-time school leader in most passing categories. In his final campaign last fall, the 5-foot-10, 205-pound pivot averaged 282 yards through the air per game with a 15-8 touchdown-to-interception ratio.

### LANCER MEN'S TRACK & FIELD CLAIM SECOND CONSECUTIVE CIS GOLD

The Windsor Lancers men's track and field team captured their **21st** CIS National Championship title this season.



Led by Interim Head Coach Brett Lumley, the Lancer men came up with a number of huge performances to edge their rivals from Guelph and claim the CIS National Championship title at the York University Track & Field Centre in Toronto.

In addition to national gold, the Lancer men's track & field team once again captured the OUA Track & Field Championship title. The Blue & Gold captured their 23rd title in 26 years in February inside Fairall Fieldhouse at the St. Denis Centre.

Windsor ran away with the men's title, racking up 174 points—31 points ahead of the second place Guelph Gryphons who finished with 143 points and the Western Mustangs who placed third with 96 points.

### LANCER AWARDS & RECORD BREAKING NEWS...

The University of Windsor Lancers enjoyed another impressive varsity season in 2015-16, with a number of teams and Lancer student-athletes having been recognized both provincially and nationally.

- Leighton-James Speechley-Price (Men's Soccer): OUA Men's Soccer West Division MVP
- Corey Bellemore (Track & Field): OUA Track MVP & CIS Championship Outstanding Athlete of the Meet
- Austin Kennedy (Football): CIS Academic Top 8
- Isiah Osborne (Men's Basketball): OUA & CIS Men's Basketball Rookie of the Year
- Justice Dundas (Men's Hockey): OUA Men's Hockey West Division Rookie of the Year

- Noah Pio (Men's Soccer): OUA Men's Soccer West Division Rookie of the Year
- Gary Malloy (Head Coach, Men's Cross Country): OUA Men's Cross Country Coach of the Year
- Brett Lumley (Interim Head Coach, Track & Field): OUA & CIS Men's Track & Field Coach of the Year
- Lucas Hodgson (Head Coach, Women's Volleyball): OUA West Coach of the Year
- Steve Hart (Head Coach, Men's Soccer): OUA West Coach of the Year

### IN OTHER LANCER & KINESIOLOGY NEWS...

- Athletes in the Windsor Lancer family have been participating in the 'Succeed Clean' Program: a prevention program delivered by peer-mentors from local universities to educate children and youth in Grades 7-12 about the dangers of appearance- and performance-enhancing drugs (APEDs). The Canadian Centre for Ethics in Sport (CCES), in partnership with the University of Waterloo, Wilfrid Laurier University, and the Waterloo Police Services, developed 'Succeed Clean' in 2010 in response to multiple university football athletes testing positive for banned substances. The Lancers are working with both the Windsor-Essex Catholic District School Board (WECDSB), the Greater Essex County District School Board (GECDSB), as well as the Windsor Police Service (WPS) and Ontario Provincial Police (OPP) to help spread the message to the local community.

- Richard Mallat (Lead Equipment Technician) and Kathy Harvie (Athletic Therapist) retired from the Department of Athletics & Recreational Services in April after 43 years and 26 years with the Lancers, respectively. Both were honoured with 'A Awards' at the Lancers Evening of Excellence for their dedication to the Windsor Lancers and University of Windsor.

- Kinesiology graduate, Lancer alum, and Canadian Olympian Melissa Bishop (BHK '10) set a new national standard in the women's indoor 800m. On February 17th in Athlone, Ireland, Bishop ran an outstanding 2:00.19 to set the new record, a mark previously held by herself. She also holds the Canadian record in the women's outdoor 800m with a time of 1:57.52.

The following Kinesiology students were honoured by the Department with Student Staff Awards at the annual luncheon in April:

**Rick Mallat ARS Student Employee of the Year**

- Jocelyn LaRocque

**Intramurals Employee of the Year**

- Greg Bennett

**Forge Fitness Centre Employee of the Year**

- Meaghan Felet

**Personal Trainer Top Sales**

- Paul McCrary

**Lancer Home Events Employee of the Year**

- Greg Bolger

**Bill Mitchell Student Therapist of the Year**

- Breanna Hendrick (Football)

**Lancer Leader Award**

- Jessica Thompson, Dylan Polfliet, Chelsey Mathieu



Dave Stout, Rick Mallat, Mike Havey, and Kathy Harvie.

## FIELDHOUSE RE-NAMED IN HONOUR OF DENNIS FAIRALL



Dennis and Janet Fairall during the February unveiling ceremony of the newly re-named "Dennis Fairall Fieldhouse".  
Photo Credit: Edwin Tam.

St. Denis Centre Fieldhouse at the University of Windsor has been re-named the "Dennis Fairall Fieldhouse", to honour the remarkable contributions of one of the most decorated coaches in Canadian University sport history.

The announcement was made by University of Windsor President, Dr. Alan Wildeman, in February during an event at Caesars Windsor to celebrate Fairall, who took a long-term medical leave from UWindsor in October 2015.

Among the hundreds of outstanding achievements in a stellar career, Fairall led Lancer teams to 25 Canadian Interuniversity Sport (CIS) Championships, 46 Ontario University Athletics (OUA) Titles, and has been honoured 65 times as either CIS or OUA Coach of the Year in Track and Field and/or Cross Country. His Lancer teams have won 22 of the past 25 Provincial Championships in Men's Track and Field, and 17 of the past 25 Provincial Championships in Women's Track and Field.

"This is a fitting tribute to a man who has had an extraordinary impact on the lives of student athletes and on the University of Windsor," says President Wildeman.

## 2015-16 Evening of Excellence Award Winners

**OLYMPIC SHIELD (MALE ATHLETE OF THE YEAR)**

Corey Bellemore  
(Cross Country & Track & Field)

**BANNER SHIELD (FEMALE ATHLETE OF THE YEAR)**

Stefanie Smith  
(Cross Country & Track & Field)

**DeMARCO AWARD**

Akbal Gill  
(Men's Soccer)/  
Shannon Dean  
(Women's Volleyball)

**GINO FRACAS COACH OF THE YEAR**

Brett Lumley  
(Track & Field)

**ROOKIE OF THE YEAR**

Isiah Osborne  
(Men's Basketball)/  
Kaylee Anagnostopoulos  
(Women's Basketball)

**THE CAPTAIN'S TROPHY**

Mike Rocca  
(Men's Basketball)/  
Laura Lecce  
(Women's Soccer)

**SUPER SOPHOMORE AWARD**

Chris Al-Youseff  
(Men's Soccer)/  
Carly Steer  
(Women's Basketball)

**DR. MORIARTY ACADEMIC TEAM OF THE YEAR**

Lancer Curling



# HK50

## CELEBRATING 50 YEARS

### (1965-2015)

On Saturday, October 3rd, 2015, over 250 HK Faculty, Staff, Alumni, Students and Supporters gathered at Caesar's Windsor for the HK50 Gala, to celebrate 50 years of the Faculty of Human Kinetics (1965-2015).  
The next two pages are dedicated to capturing the fun that was had by all that evening!



Dr. Douglas Kneale, Dr. Wayne Marino (MPE '72), Dr. Michael Khan, Mr. Mike Havey, and Dr. Dave Andrews. Photo credit: snapd.



Dr. Jim Potvin (BHK '86) and a large group of his former Graduate Students (L-R): Dr. Mike Sonne (BHK '07, MHK '10), Christina (Godin) Cort (MHK '06), Dr. Joel Cort (MHK '04), Rob Otterman (BHK '96, MHK '08), Miguel Gonzalez (BHK '02, MHK '04), Lori Ross (BHK '00, MHK '02), Christy Calder (BHK '03, MHK '07), Dr. Jim Potvin (BHK '86), Ryan Porto (BHK '03, MHK '06), Julie (Root) Brazier (BHK '97, MHK '99), Allison Neilson (BHK '98, MHK '05), Jeff Sanford (BHK '97, MHK '99), Nadia (Longo) Preston (BHK '99, MHK '02), Alison Houston (BHK '02, MHK '04), and Siobhan (Gaizutis) Smith (MHK '04).

The Outdoor Recreation Alumni, Back Row (L-R): Tom Beale (BHK '98), Nicole George (current BHK), Miguel Gonzalez (BHK '02, MHK '04), Sabrina Slama (BHK '10, MHK '12), Kristine Silva (BHK '15), Amanda Masson (BHK '15), Jake Parlette (BHK '13), Collette (Mercer) Sanford (BHK '99), Jason Ruch (BHK '98), Casandra (Meloche) Finn (BHK '10), Jeff Sanford (BHK '97), Brandon Finn (BHK '08, MHK '12), John McKibbon (BHK '97, MHK '00), Matt McMillan (BHK '97), and Brett Lumley (BHK '93). Front Row (L-R): Dr. Vicki Paraschak (MHK '78), Jeff Little (BHK '13), Nadia (Longo) Preston (BHK '99, MHK '02), Emily (Duncan) Ruch (BHK '01), and Teri Wilson (BHK '92).



Dr. Wayne Marino (MPE '72), Janice Funkenhauser (BHK '81), Martin Ritsma (BHK '81), Sharon Squire (BHK '81, MHK '89), Cindy (Vandenheuval) Krajewski (BHK '81), Len Chittle (BHK '81), Patty (Ducharme) Loebach (BHK '81), Larry Loebach (BHK '81).







Andrew Kilmer (BHK '04), Neil Gomer (BHK '05), Jenna (Dresser) Schertzer (BHK '05), Lina Mastronardi (BHK '05, MHK '09), Stephanie (Grossi) Prantero (BHK '04), Sadiki Robertson (BHK '05, MHK '09), Geniene (Plummer) Robertson (BHK '08), Warren Hindermeier (BHK '04), Kelly (Roberts) Hindermeier (BHK '04), Rachel Del Duca (BHK '03), and Christy Calder (BHK '03).



Adriana Duquette (BHK '03, MHK '05) and Andrew Duquette (BHK '06). Photo credit: snapd.



Sue Williams (BHK '85) and Rick Kriza. Photo credit: snapd.



Allison Kivisto (BHK '10), Mike Palombo (BHK '10), Troy Sajatovich (BHK '10), and Joselyne Bellamy (BHK '10). Photo credit: snapd.



Mike Bates (BHK '95), Brandon Finn (BHK '08, MHK '12), and Casandra (Meloche) Finn (BHK '10). Photo credit: snapd.



Sara Santarossa (BHK '13, MHK '15, current PhD), Brandon Besant, and Dr. Paula van Wyk (MHK '08). Photo credit: snapd.



Sara Santarossa (BHK '13, MHK '15, current PhD), Kristine Silva (BHK '15), and Dr. Marcia Milne. Photo credit: snapd.

Jeff Little (BHK '15), Doug Koomson (BHK '15), Dr. Kevin Milne (BHK '99), and Cassandra (Stiller-Moldovan) Bartol (MHK '10). Photo credit: snapd.



Dr. Michael Khan, Dr. Alan Wildeman, and Dr. Wayne Marino (MPE '72). Photo credit: snapd.



## PHE/HK SOCIETY PRESIDENTS

The Faculty of Human Kinetics, formerly Physical and Health Education, has always had outstanding student leadership. At the 50th Anniversary Gala, we were fortunate to have twenty-two HK Society Presidents in attendance and one of the highlights of the evening was the recognition of their accomplishments and the unveiling of a commemorative plaque listing all of the PHE/HK Society Presidents over the history of the program. Those attending are listed below:

**BILL HALLETT – 1968, 1969.** Dr. Bill Hallett was the first student president. After graduating he served as the Executive Director of CAHPER, the Executive Director of the Peterborough YMCA and a Director/Developer of the Mississauga YMCA. Later he turned to fundraising and is one of only seven Canadians to hold the prestigious Advanced Certified Fundraising Executive designation. He is currently the managing partner in Hallett Horlor Incorporated.

**TERRY CHAPPELL – 1971.** Terry's professional career involved work in the Human Resources field in the area of health and safety. He ended his career as a Human Resources Associate – Training at the Ford Essex Aluminum Plant in Windsor. He has participated in the Boston Marathon and is currently an executive of the Ontario 55+ Games Association in his home district.

**NEIL MCBETH – 1975.** Neil retired from high school teaching. He still continues to run his family's historic farm in Essex County. Neil's leadership skills continued to be evident in his presidency of the Rotary Club and his selection as Citizen of the Year in his home community of Essex.

**DAVE GOTTS – 1978.** Dave is retired after working in the Community College system for 36 years as coach, athletic director, faculty member, chair, and Dean. During his final ten years he served as Director of Student Success at Lambton College.

**MARTIN RITSMA – 1981.** Martin is the Principal at Stratford Northwestern S.S. He is the Deputy Mayor of the City of Stratford and is also the chair of the Stratford Fall Fair. A few years ago Martin was named Citizen of the Year in Stratford.

**FRED BLOWES – 1983.** Fred has been a high school teacher in Peterborough for the past 30 years. He was the founder of a highly successful competitive women's field lacrosse program and has also coached women's basketball at Fleming College.

**ANDREW HERMISTON – 1985.** Andrew lives in Barrie where he at one time was the owner/operator of a fitness centre. More recently he has turned his talents to Human

Resources and he is currently the President of Integrity ProCloud, an IT Consulting Company located in Toronto.

**MAUREEN MURPHY – 1986.** Maureen is a Special Education Teacher in East London. She has served as an OECTA representative and chief negotiator in Oxford County. Currently, she is a weekly volunteer at the Ronald McDonald House, where her activities involve speaking engagements and other fund raising activities.

**CAREY VIGNEUX – 1987.** Carey is the owner/director of Winstars Gymnastics in Windsor. He is on the Windsor and Essex County Sports Hall of Fame committee, and was chair of the 2015 induction ceremony. Carey is also a triathlete and has represented Canada at the World Triathlon Age Group Championships.

**MIKE MURPHY – 1991.** Dr. Mike Murphy completed Chiropractic studies at Logan College in Chesterfield, Missouri. Subsequently he opened a Chiropractic practice in St. Louis where he works and resides. Mike is the team chiropractor for the St. Louis Rams in the NFL and the St. Louis Blues in the NHL.

**DWAYNE BRUNET – 1993.** Dwayne is married to Sue Dykxhoorn, also an HK graduate. He has taught and coached for over 20 years with the Windsor Essex Catholic School Board. Dwayne spent six years as the vice principal at Brennan H. S., and is currently the Principal at Cardinal Carter in Leamington.

**STEVE RADOVICH – 1994.** Dr. Steve Radovich is a Windsor Chiropractor. Steve still works with our HK training staff, and over the years has hired close to 80 Kinesiology Co-Op students, many of whom have gone on to Chiropractic College. He has worked with athletes at all levels, and in 2008 was named the Business Professional of the Year.

**MIKE BATES – 1995.** Mike has maintained his contacts with the Faculty throughout the years by teaching courses in a sessional capacity. He has also been a huge booster of the University of Windsor, even serving as President of the Alumni Association. Mike is married to Laura Dawson, also an HK graduate, and he is the owner of Refine Fitness in Windsor.



**JOHN MCKIBBON – 1997.** John earned both a BHK and an MHK from the Department of Kinesiology. He has put his management background to very good use in his current position as owner of John Max Sports and Wings on Lauzon Parkway in Windsor.

**JASON RUCH – 1998.** Jason is married to Emily Duncan, also an HK graduate, and resides in Georgetown. Jason is the president of his own company, J. Ruch Agency Ltd., a national sales agency representing several North American manufacturers in the food service, sanitation, health-care, and retail markets across Canada.

**ADRIANA DUQUETTE – 2003.** Adriana has been a main stay in the Department of Kinesiology since her graduation. She initially served as a limited term faculty member in the Biomechanics/Ergonomics and Physiology areas. Subsequently, she became an Ancillary Academic Staff member. In that capacity, Adriana is the Laboratory Coordinator in Kinesiology and teaches and coordinates labs in all of the Movement Science areas.

**SADIKI ROBERTSON – 2004.** Sadiki began his work career even before graduation as an internship student. He continued to work for Ford Motor Company through Work in Progress Ergonomics, Inc. He currently works for General Motors as a Program Ergonomist and Simulation Engineer. He is married to Geniene Plummer, also an HK graduate.

**KATIE MAHEUX – 2005.** Katie Lynn, now Katie Maheux, was the face of HK on our promotional items and banners for many years. After graduation, she completed her professional degree in Occupational Therapy. She is now an Occupational Therapist in Pediatrics at the John McGivney Centre, working with both outpatients and in community schools.

**ANDREW DUQUETTE – 2006.** Andy was the second member of the Duquette family to hold the title of HK Society President. He went on after graduation to earn an MBA, CPA, and CMA designations. Andy is currently the Greenhouse Account Manager at Union Gas, dealing with areas like contract negotiations, expansion projects, energy efficiency and other customer related requirements.

**BRANDON FINN – 2008.** Brandon is putting his leadership skills to good use as the “Follow-up” supervisor at Chrysler’s Windsor Assembly Plant, and is responsible for coordinating the on-time arrival of all raw materials and parts from suppliers throughout North America.

**JOSELYNE BELLAMY – 2010.** After graduation, Joselyne attended Western University where she earned her master’s degree in Physiotherapy. She is now a registered Physiotherapist practicing in Windsor.

**DOUGLAS KOOMSON – 2015.** Douglas graduated at the spring convocation of 2015, and has now begun his professional career as a successful and highly regarded personal trainer at LA Fitness in Toronto.



*The PHE/HK Society Presidents in attendance at the HK50 Gala (L-R): Dwayne Brunet, Andrew Duquette, Brandon Finn, Joselyne Bellamy, Katie (Lynn) Maheux, Maureen Murphy, Sadiki Robertson, Adriana Duquette, Fred Blowes, Bill Hallett, Terry Chappell, Martin Ritsma, John McKibbon, Jason Ruch, Dave Gotts, Mike Bates, Carey Vigneux, Neil McBeth, Steve Radovich, Douglas Koomson, Mike Murphy, Andrew Hermiston.*

## ► Research News

The state of our Faculty and student researchers is strong. It is amazing to see the successes of our members, many of which will have been highlighted in this Newsletter, from the perspective of Kinesiology Research Coordinator. Although I only acted in this position while Dr. McGowan completed her sabbatical leave, I can say with all honesty that it was a truly rewarding experience. We have hundreds of thousands of new grant money won by various Faculty members, our grad and undergrad students have won major financial awards (including Tri-Council) and recognition at all levels of competition, and we continue to put out important research publications in high quality journals and texts.

At our **10th Annual Kinesiology Research Day**, we had the largest poster showing in its history with 62 student projects presented. BHK alumnus, Mr. Sefu Bernard (BHK '00), gave a passionate keynote presentation about breaking down the barriers between research and practice, highlighting the need to have researchers who can make sense of a



complex world and convey that message into meaningful action. In addition, we were able to build on the successful past of the event, by capturing community investment and pursuing novel avenues for knowledge translation back into the community. We are grateful for that support, and we look forward to fostering current relationships as well as creating new partnerships in and outside of the University. We also had the greatest number of Kinesiology students in our history participating in the UWill Undergraduate Student Conference, and we once again placed a finalist into the 3-Minute Thesis Competition.

Kinesiology truly produces students that move the world.

I look forward to the successes of the Faculty,

[kjmilne@uwindsor.ca](mailto:kjmilne@uwindsor.ca)

### UWINDSOR AWARDS FOR EXCELLENCE IN RESEARCH, SCHOLARSHIP, AND CREATIVE ACTIVITY:

#### OUTSTANDING GRADUATE STUDENT

Matt Hoffmann (Faculty Advisor: Dr. Todd Loughead)

#### SPECIAL HONOURS CONFERRED BY EXTERNAL AGENCIES USCAR TEAM AWARD

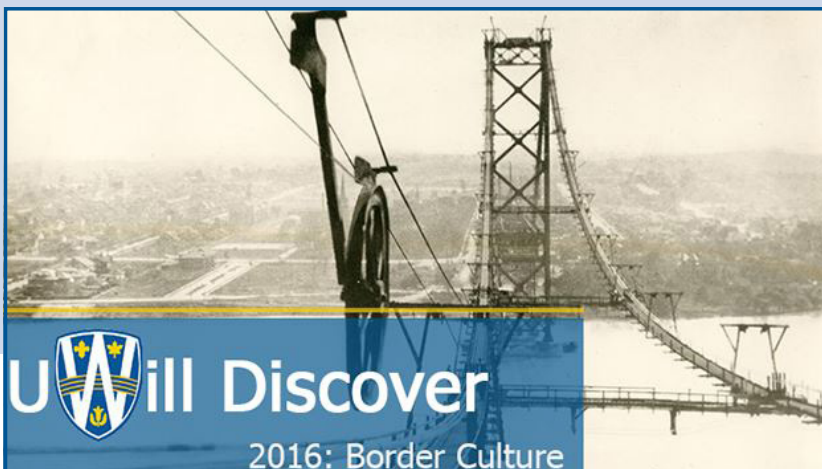
Dr. Joel Cort



Dr. Todd Loughead and Matt Hoffman (MHK '13, current PhD) at the UWindsor Awards for Excellence in Research, Scholarship, and Creative Activity.

### KINESIOLOGY WAS WELL REPRESENTED AT THE UWill DISCOVER: UNDERGRADUATE STUDENT RESEARCH CONFERENCE BY:

- Paige Coyne
- Jordan Deneau
- Nicole George
- Allyson Gillespie
- Natalie Heaney
- Michael Mallender
- Alex Pennetti
- Emily Stadder
- Patrick Wood
- Michelle Wong



### Kinesiology once again in finals at the Three Minute Thesis (3MT®) Competition

Mr. Adam Goodwin competed in the finals at the 3MT® Competition on Wednesday, March 30th with his presentation, "Tackling a disturbing youth sport issue." Adam joins former 2015 finalists Alex Pennetti (BHK '13, MHK '15) and Sara Santarossa (BHK '13, MHK '15, current PhD); and 2014 finalist and competition winner Yasina Somani (MHK '15).



### NEW GRANTS AWARDED TO KINESIOLOGY FACULTY:

**THE APEX RESEARCH GROUP [SUZANNE ALI (BHK '14, MHK CANDIDATE), PROF. CHAD SUTHERLAND, DR. SEAN HORTON, AND DR. NADIA AZAR]** received a grant from the Southern Network of Specialized Care to study *the acute and long-term effects of aerobic exercise on repetitive behaviours and task performance for adults with autism spectrum disorder and an intellectual disability*. (Amount: \$4,690; Term: 2016-2017).

**DR. JOEL CORT'S** Mitacs Accelerate Grant to study an *Advanced wearable inertial tracking system to monitor automotive assembly operator motion for human simulation applications* with the Ford Motor Company. (Amount: \$168,999.96; Term: 2016-2018).

**DR. JESS DIXON'S** (along with six other colleagues) contract with Rogers Sportsnet to research *the millennial sports fan across Canada*. (Amount: \$60,000; Term: 2015-2017).

**DR. JESS DIXON, DR. DAVE ANDREWS, DR. WAYNE MARINO, AND PROF. TIFFANY MARTINDALE'S** Centred on Learning Innovation Fund (CLIF) Grant to examine *the core competencies of UWindsor Kinesiology graduates: An introspective analysis of current curricular practices to assess career readiness*. (Amount: \$2,429; Term: 2015-2016).

**PROF. ADRIANA DUQUETTE'S** Centred on Learning Innovation Fund (CLIF) Grant to examine *Peer- and self- reflective assessment and learning in the 'Laboratory Experiences in Kinesiology' courses*. (Amount: \$2,500; Term: 2015-2016).

**DR. MATTHEW KRAUSE'S** NSERC Discovery Grant to research *Plasminogen activator inhibitor-1-mediated regulation of skeletal muscle regeneration*. (Amount: \$120,000; Term: 2016-2020).

L. Porter (Principal Investigator), along with collaborators T. T. Alfiki, A. Ghafoor, A. Hussein, S. Kanjeekal, **M. KRAUSE**, J. Mathews, **C. MCGOWAN**, AND **K. MILNE** received a Seeds4Hope Grant to examine the *Role of Spy1* in hepatocellular carcinoma. (Amount: \$160,000; Term: 2016-2018).

### ONGOING GRANTS AWARDED TO KINESIOLOGY FACULTY:

**DR. DAVE ANDREWS'** Golden Jubilee Research Excellence Award (University of Windsor) to support research excellence in Kinesiology. (Amount: \$80,000; Term: 2014-2016).

**DR. JOEL CORT'S** NSERC funded Automotive Partnership of Canada, Government of Canada project, *Ergonomics Evaluation of Right Angle Power Tools*, being carried out in partnership with USCAR and Atlas Copco. (Amount: \$418,269; Term: 2014-2017).

**DR. JESS DIXON, DR. SEAN HORTON, AND DR. PATTI WEIR'S** (along with two other colleagues) SSHRC Sport Participation Research Initiative Grant to explore *developmental factors for overcoming relative age effects in ice hockey*. (Amount: \$89,924; Term: 2013-2016).

**DR. TODD LOUGHEAD AND DR. KRISTA CHANDLER'S** (along with two other colleagues) SSHRC Sport Participation Research Initiative Grant to design, implement, and evaluate an athlete leadership development program. (Amount: \$142,497; Term: 2014-2017).

**DR. CHERI MCGOWAN, DR. KEVIN MILNE, AND DR. KENJI KENNO'S** Research Stimulus Fund Grant from the University of Windsor to investigate *Isometric resistance exercise to treat hypertension*. (Amount: \$23,630; Term: 2014-2017).

**DR. MARIJKE TAKS'** (along with three other colleagues) SSHRC Insight Sport Participation Research Initiative Grant with the intent to help local sport organizations build their capacity to recruit and retain new participants in their sport, with and without the hosting of events (Amount: \$133,840; Term 2014-2017).

**DR. LAURA WOOD, DR. RYAN SNELGROVE, AND DR. MARIJKE TAKS'** SSHRC and Sport Canada Research Initiative Grant to research *Managing Sport Events to Maximize Positive Impacts*. The project is examining the ways in which small to medium sized sport events can be most effectively managed to facilitate positive impacts for the host community and spectators. (Amount: \$111,274; Term: 2014-2016).

**DR. SARAH WOODRUFF'S** contract from the Children's Hospital of Eastern Ontario (PI: Dr. Mark Tremblay) for the *Canadian Assessment of Physical Literacy Project*. The overall goal is to assess physical literacy among 1300 children in Southwestern Ontario over three years, which will be added to 10 other sites from 8 provinces/territories to help create a national database of representative 8-12 year old children (Term: 2014-2016).

**DR. SARAH WOODRUFF** and her Canadian Assessment of Physical Literacy team (Mark Tremblay, Michelle Stone, Angie Kolen, Brenda Bruner, and Jennifer Copeland), received \$466,666.67 from the Mitacs: Accelerate Program. The local funds (\$60,000) was used to support graduate students Sara Santarossa and Trish Dubé, as they work on the CAPL project and completed an internship with Sandi Richard at Cooking for the Rushed, Inc. (Term: 2014-2016).

**DR. SARAH WOODRUFF'S** contract for *An Evaluation of the Northern Fruit and Vegetable Program* will complete it's 3rd year in a longitudinal study. This study assesses fruit and vegetable consumption, behaviours, and attitudes among students in grades 5-8 from Northern Ontario (Amount: \$24,000; Term 2014-2016).



## 2016 Scholars' Evening



The 2015/2016 Ontario Graduate Scholarship winners in attendance at Scholars' Evening (L-R): Sara Santarossa (BHK '13, MHK '15, current PhD), Dr. Craig Greenham, Ashley Duguay (MHK '14, current PhD), and Laura Chittle (BHK '14, current MHK). Absent from photo: Danielle Gyemi (BHK '14, current MHK).

The 2015/2016 SSHRC Canada Master's Graduate Scholarship winners in attendance at Scholars' Evening (L-R): Dr. Marijke Taks, Laura Chittle (BHK '14, current MHK), Tyler Geikie (current MHK), and Jesse Martin (BHK '15, current MHK). Absent from photo: Matthew Miller (current MHK).



The 2015/2016 SSHRC Joseph Armand Bombardier Canada Doctoral Fellowship winners in attendance at Scholars' Evening (L-R): Dr. Jess Dixon, Matt Hoffmann (MHK '13, current PhD), Michelle Guerrero (MHK '13, current PhD), and Kelly Carr (BHK '11, MHK '14, current PhD).



### 2015/2016 Student Recipients of OGS or Tri-Council Research Awards:

#### ONTARIO GRADUATE SCHOLARSHIPS:

- Laura Chittle (BHK '14, current MHK)
- Ashley Duguay (MHK '14, current PhD)
- Danielle Gyemi (BHK '14, current MHK)
- Sara Santarossa (BHK '13, MHK '15, current PhD)

#### CIHR GRADUATE SCHOLARSHIPS:

- Sara Santarossa (BHK '13, MHK '15, current PhD)

#### NSERC UNDERGRADUATE STUDENT RESEARCH AWARD:

- Zikra Nilam (current BHK)

#### SSHRC CANADA MASTER'S GRADUATE SCHOLARSHIPS:

- Laura Chittle (BHK '14, current MHK)
- Tyler Geikie (current MHK)
- Jesse Martin (BHK '15, current MHK)
- Matthew Miller (current MHK)

#### SSHRC DOCTORAL FELLOWSHIP:

- Kristy Smith (BHK '06, MHK '12, current PhD)

#### SSHRC JOSEPH ARMAND BOMBARDIER CANADA DOCTORAL FELLOWSHIPS:

- Kelly Carr (BHK '11, MHK '14, current PhD)
- Michelle Guerrero (MHK '13, current PhD)
- Matt Hoffmann (MHK '13, current PhD)



## The 10th Annual Kinesiology Research Day

### SEVEN AWARDS RECOGNIZED OUTSTANDING POSTERS:

- **DOCTORAL RESEARCH EXCELLENCE AWARD:** Santarossa, S., & Woodruff, S.J. for “#LivingOnline: Social networking site usage as a predictor of BMI”
- **MASTER’S RESEARCH EXCELLENCE AWARD (SPORT MANAGEMENT):** DiBiase, A., & Taks, M. for “Event factors and experience affecting (repeat) participation in the Bell Capital Cup”
- **MASTER’S RESEARCH EXCELLENCE AWARD (APPLIED HUMAN PERFORMANCE):** Pearl, M.D., Zokvic, M.A., Somani, Y.B., Badrov, M.B., Hanik, S.E., Baross, A.W., Swaine, I.L., Milne, K.J., & McGowan, C.L. for “Using bilateral and unilateral exercise to better understand the blood pressure lowering effects of isometric handgrip training”
- **UNDERGRADUATE RESEARCH EXCELLENCE AWARD (SPORT MANAGEMENT):** Stadder, E.J., & Dixon, J.C. for “Birdie, Par or Bogey? The state of golf in North America”
- **UNDERGRADUATE RESEARCH EXCELLENCE AWARD (MOVEMENT SCIENCE):** Saffran, A.J., & Loughead, T.M. for “A scoping review of the literature on athlete leadership”
- **UNDERGRADUATE RESEARCH EXCELLENCE AWARD (CO-OP):** Aziz, M. for “Risk management strategies in mega-events”
- **STUDENTS’ CHOICE AWARD:** Polyzois, L., Gillis, J., Upham, D., Jackson, E., & Greenham, C. for “Is the future of sport consumption through television in jeopardy?”



Mr. Sefu Bernard (BHK '00) and Dr. Kevin Milne (BHK '99) after Mr. Bernard delivered an outstanding keynote address entitled “From Grassroots to Elite Sport: Breaking Down The Barriers Between Research and Practice” at the 10th Annual Kinesiology Research Day on March 2nd.



The Kinesiology Research Day Undergraduate Research Excellence Award Winners were presented their awards at Scholars’ Evening (L-R): Emily Stadder (current BHK), Dr. Laura Wood (MHK '06), and Alex Saffran (current BHK).



The Kinesiology Research Day “Speed Poster Session” participants (L-R): Elizabeth Vandeborn (BHK '15, current MHK), Alaina Zvrlic (BHK '12, current MHK), Ashley Duguay (MHK '14, current PhD), Taylor Imeson (BHK '14, current MHK), Laura Chittle (BHK '14, current MHK), and Adam Goodwin (current MHK).

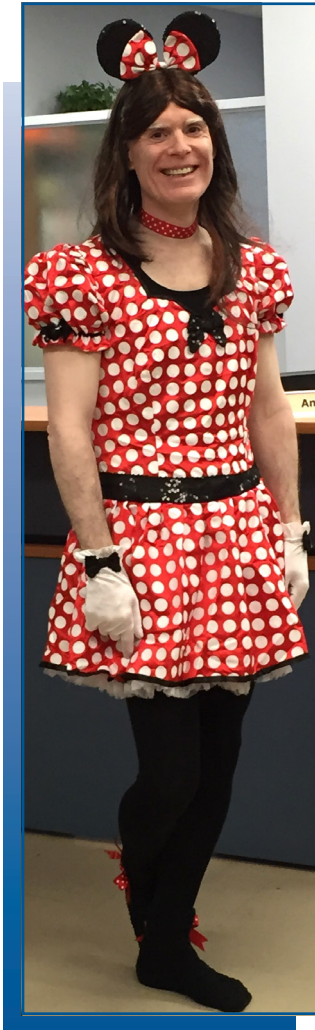


The Sport Psychology and Physical Activity Research Centre (SPPARC) Lab members who participated in the 10th Annual Kinesiology Research Day. Back Row (L-R): Matt Hoffman (MHK '13, current PhD), Irene Muir (BHK '15, current MHK), Jesse Martin (BHK '15, current MHK), Dr. Krista Chandler, Dr. Todd Loughead, Michelle Guerrero (MHK '13, current PhD), Tyler Geikie (current MHK), and Matt Miller (current MHK). Middle Row (L-R): Ashley Duguay (MHK '14, current PhD) and Marie Desrosiers (current MHK). Front Row: Alex Saffran (current BHK).



## ► Faculty News

### Dave Andrews



*The HK Newsletter would not be complete without a picture of Dave Andrews displaying his love for Halloween.*

If you paid attention over the last 16 years, you may have noticed a trend in Dave's updates – they all talk about three things. First, Dave goes to many conferences and has chosen some really good ones of late, based on geographical location. This year he started off his summer with a week in Athens. Opa! Although the other conference destinations later this summer (London, ON, and Hamilton, ON) are not as exotic as Greece, Dave is looking forward to the intellectual stimulation and socializing that they bring. Second, he always mentions his fam-

ily. Trish had a very interesting year as a kindergarten teacher (French) at Forest Glade PS. Dave hopes he can take her to a Blue Jays game this summer in Baltimore. Rachel finished year three in Biology at UWindsor, and is excited about getting some research experience this summer in preparation for her fourth year thesis. Ben's second year in Kinesiology went very well, as did his work at Remark. An eager 16 year old, Megan will be looking for work and preparing to take her driver's test this summer. Dave looks forward to showing her how to do donuts. Last, Dave generally ends with a comment about his home renovation projects. The Andrews' house was 100 years old in 2016! Like most centenarians, the house needs some cosmetic upgrades, but its bones are still strong! Dave aims to finish work on the basement, the stairs and two bedrooms with Trish before the end of the year.

### Nadia Azar

Nadia has thoroughly enjoyed her sabbatical this year. She has been spending her time reformatting her courses for online and hybrid delivery formats for the upcoming academic year. She's also been working on new collaborations in sport-related concussion research with members of the Department of Psychology, and moving existing research forward with the Adapted Physical Exercise (APEX) Research Group. Current APEX projects include investigating the acute and long-term effects of vigorous aerobic exercise on the expression of repetitive behaviours in adults with autism spectrum disorder and an intellectual disability (Suzanne Ali's master's thesis); and continued efforts to secure funding through research grants and corporate sponsorships to run larger and longer programs. APEX has also been actively disseminating their work—highlights include two manuscripts accepted for publication (and a third currently under review) in the Journal on Developmental Disabilities; poster and oral presentations (S. Ali and K. Carr) at the Ontario Association on Developmental Disabilities Conference (London, ON); and an invited lecture at the Arnold School of Public Health (University of South

Carolina). At home, Nadia enjoyed another season of beach volleyball last summer, and ran her first 10k race last fall. Juno is looking forward to running her first kids 1k race this summer. Ellis placed in the first place scoring range on beam, floor, and vault (second place range on bars) at her first gymnastics meet. Dory's architecture practice is thriving, with many interesting projects and one particularly exciting business venture he expects to launch later this year.

### Krista Chandler

In the fall of 2015, Krista accepted three new MHK students (Irene Muir, Jesse Martin, and Matt Miller). These students are in addition to the existing talent that includes MHK student Tyler Geikie, and PhD student Michelle Guerrero, making the newly minted SPPARC: Sport Psychology and Physical Activity Research Centre a flurry of research activity. Krista is extremely proud of her students who have exceeded all expectations in their representation of both SPPARC and the University of Windsor at several national and international conferences (SCAPPS, NASPSA, ECSEPS).

In addition to publishing articles in top tier journals including the Journal of Sport and Exercise Psychology and the International Journal of Sport Psychology, Krista has also been invited to write four chapters, primarily in the area of performance imagery. Despite this rigorous publication schedule, Krista is able to maintain her active research program due to the efforts and assistance of her very capable students. After four years as the associate editor of The Sport Psychologist, Krista has passed the baton, but will be looking forward to her next challenge once she has completed her writing obligations.

Krista continues to be active in consulting athletes from all areas, including professional and amateur, Paralympic and able-bodied. On the home front, Mera is excited to turn 7, and enjoys her activities which include hockey, gymnastics, soccer and piano. Bryce is logging the miles as he trains for the Ottawa Marathon.



## Joel Cort

Joel continues his research in the area of Biomechanics with his goal to reduce workplace injuries, specifically those associated with automotive assembly. At the undergraduate level, Joel resumes his teaching of Ergonomics at the 2nd and 4th year level; while at the graduate level, he conveys his knowledge in the area of Instrumentation and Biomechanical Modeling. At home, Joel enjoys spending time with his wife, Christina, their 6 year old daughter, Leah, and 4 year old son, Shea.

## Jess Dixon

This was another exciting year for Jess. In September, he welcomed four new graduate students, including: Ayobami Ogunlana, Frederik Ehlen, Peter Baldwin, and Lauren Stirling (the latter two students are being co-advised by Dr. Greenham). During the fall semester, Jess instructed senior undergraduate courses in "Human Resources in Sport Management" and "International Sport Management." The latter course was delivered online in collaboration with faculty and students at Western University and the Johan Cruyff University (JCU) in the Netherlands. During the winter semester, Jess taught the first year "Principles of Sport Management" course and "Strategic Planning of Sport Events" at the senior undergraduate level. The first year class was once again highlighted by a field trip to a Windsor Spitfires game, while students in the "Sport Events" class raised in excess of \$2,000 in cash and in-kind donations through their events for the benefit of various community groups and charitable organizations. With respect to travel, Jess once again delivered lectures to Dutch Sport Management students at the JCU in September. In October, Jess presented research at the annual AASP (with Dr. Loughead) and SCRI conferences in Indianapolis and Ottawa, respectively. In May, Jess presented work at the 10th Annual University of Windsor-Oakland University Conference on Teaching and Learning in Rochester, MI; and in June, he presented research at the NASSM annual conference in Orlando, and the STLHE annual

conference in London, ON. In July, Jess will be travelling to St. Andrews, Scotland, with Dr. Horton to present research at the World Scientific Congress of Golf. While there, Jess looks forward to fulfilling a lifelong dream of playing golf at the Old Course.

## Adriana Duquette

The Kinesiology Laboratory Coordinator position has never been busier! Lab sections continued to run five days a week, with the help of two additional instructors: Dr. Paula van Wyk and Prof. Emilie Hallé, and eight Graduate Assistants. During the fall semester, the "Laboratory Experiences in Human & Exercise Physiology" course had students administering and participating in flexibility, body composition, muscular fitness, spirometry,  $\dot{V}O_2$ , and wingate labs (to name a few); while the winter "Laboratory Experiences in Biomechanics & Ergonomics" course allowed students to assess anthropometry, force platforms, gait, models, electromyography, and workplace and office ergonomics. Over the past year and a half, Adriana has worked with several Individual Study students, Volunteer Internship students, Laboratory Volunteers, and a Work Study student to process some of the data that has been collected in the "Laboratory Experience" courses, in order to disseminate the knowledge, create normative-referenced standards, and improve the overall Lab Experience! During the summer of 2015, Adriana co-facilitated a workshop at the Windsor-Oakland Teaching and Learning Conference, before travelling to London, England, at the end of June to present a paper written during her study leave. Adriana will be handing over the title as Newsletter Editor next year, as she and her husband, Jamille Walls, are expecting the arrival of their first child any day now...

## Craig Greenham

It was another ambitious year in the lecture hall for Craig, teaching five courses. He arranged a strategic industry partner, Sportsnet, for his "Research Methods" graduate class. His students worked on four term-long projects that

focused on aspects of hockey media and presented their findings to Sportsnet personnel in Toronto. Craig's lecturing commitments continued into the spring as he was an international visiting scholar at Beijing Sport University, teaching two sport media courses. While in China, he also provided an instructional session for members of the Chinese Olympic Committee in preparation for encounters with Western media during the upcoming 2016 Olympics in Rio.

Craig welcomed three new graduate students (Louie Saroli, Lauren Stirling and Peter Baldwin) to the MHK program this past fall in the role of co-supervisor, and serves as the faculty mentor for Ben Andrews in the Outstanding Scholars initiative.

On the research front, Craig has forthcoming publications accepted with either a baseball and football focus, and continues involvement in the North American Society for Sport History (NASSH), with a presentation at the annual conference, held at the Georgia Tech University in Atlanta in May. Craig is taking advantage of a teaching hiatus this summer to meet research commitments and begin some new projects. His wife, Ericka, has also joined the University of Windsor community after a 12-year career at Western University.

## Sean Horton

The big news for Sean and Georgia this past year was the birth of their first child, daughter Addison. It made for a very fun Christmas (see the photo evidence) and Addison is providing substantial new material for Sean's "Growth and Development" class, in the form of vari-



Addison Horton



ous video clips. Sean can now stop pestering his colleagues for videos of their children to use in his lectures.

In addition to parenting responsibilities, Sean will have an active summer with four graduate students aiming to defend their master's thesis over the next few months. Alaina Zvric, Evan Gammon, Sue Ali, and Laura Chittle are getting close to wrapping up their projects, all of which have been very innovative, exciting, and unique in their respective areas.

## Kenji Kenno

The Kenno crew is doing well. The Kenno's granddaughter, Arisa (18 months old), is filling her parents, Sara and Ryan, as well as the aunts, uncles, grandma and Jiichan (that's Kenji), with lots of laughs and precious memories. Claire is really enjoying grandmothering Arisa multiple days per week with her retirement from the school board, and Suki (the Kenno's faithful dog) is learning to share her time with Arisa. Sara is working at an Engineering firm in Windsor with NSERC Post-doctoral funding, and Ryan is the hard working, loving dad. Staci is still teaching accounting at Brock University. Staci, and her hard working husband, Adam, both just returned from an academic/vacation trip to Japan and had a fabulous time. Kristen, and her significant other, Paul, both are now on the public school board supply list. They are looking forward to lots of supply teaching and are also looking to purchase a home. Kenji is completing his second stint as the undergrad coordinator for Tiffany Martindale, and again realized the importance of Tiffany's charm and demeanour versus his (LOL). Kenji currently has four grad students, who are at times extremely challenging, but are all progressing. Kenji still enjoys teaching and challenging undergrads; and he is still hacking the little white ball around with a stick, and loving every minute of it.

## Michael Khan

It is difficult to believe how fast five years in Windsor has flown by. Michaela's and Madison's Welsh accents have



*The 2015 Kinesiology Team at the Ontario Universities Fair in Toronto in September (L-R): Daniel DiCarlo, Jess Dixon (MHK '03), Adriana Duquette (BHK '03, MHK '05), Todd Loughhead, Michael Khan, Nicole George, and Wayne Marino (MPE '72).*

nearly dissipated. Michaela has one more year of undergraduate studies while Madison will be off to start University this year. Unfortunately, the last of the three pet rabbits (i.e., Lucky) that made the trip from Wales five years ago passed away this year. So, what will Martha and Michael do as empty nesters? Getting a dog seems to be out of the question. Michael is thinking of picking up golf or going back to his cricket days while Martha plans to travel the world (by herself since Michael is not taking a sabbatical). It has certainly been a fabulous five years that was capped off by celebrating HK's 50<sup>th</sup> Anniversary. Exciting times lie ahead as the Faculty of Human Kinetics moves onto the next 50 years.

## Matthew Krause

The 2015-2016 academic year was busy for Matt, as it was his first here at the University of Windsor. His research lab is up and running with the welcome additions of Lauren Hutchinson (she began her MHK in January 2016) and Michael Mallender (his CIHR-funded summer studentship has already begun; and he will begin his MHK in September 2016, co-supervised by Dr. van Wyk). Matt's lab will be busy as they begin studies that examine how diabetes disrupts several hormones that influence the capacity for skeletal muscle regeneration follow-

ing exercise-induced damage. Research progress should proceed a bit more smoothly since Matt was recently awarded a 5 year NSERC Discovery Grant. Matt also presented his recent research findings at the Canadian Society for Exercise Physiology Annual Meeting. He also delivered an invited talk at the University of Western Ontario Kinesiology Biosciences Seminar. On the teaching front, it was an exciting year. In the fall, Matt taught a new course, "Musculoskeletal Physiology", at the upper year level, and in the winter, he taught "Introductory Exercise Physiology", as well as a grad course, "Metabolic Diseases and Muscle Health". Matt would like to thank everyone in the Department for taking the time to help him find his way in his first year in the Faculty. Special thanks go out to Kevin, Kenji, Paula, Christine, and Dave for providing countless hours of discussion and advice, Cheri for providing guidance and course materials for the "Intro Ex Phys" course, and Sharon and the front office staff for just about everything else.

<sup>1</sup> Key word: *should*.

## Todd Loughhead

"Leaders don't force people to follow, they invite them on a journey" -Charles Lauer. It sure has been a memorable journey in the area of sport and exercise psychology. On the teaching side, Todd

had a great time teaching courses in “Group Dynamics”, “Applied Sport Psychology”, and “Leadership in Sport” to a fantastic group of students. The opportunity to interact and engage with a small group of students contributed to a special learning environment. It was enriching for both the instructor and student! From a research perspective, it has been a wonderful year. All of the students (Matt Hoffmann, Ashley Duguay, Marie Desrosiers, and Alex Saffran) are engaged in cutting edge research in the areas of athlete leadership, mentoring, and team dynamics. It is truly inspirational to work with a group of students who continually push the envelope with their research endeavours, and who are developing into the leaders of tomorrow in our field. Mr. Matt Hoffmann successfully completed his doctoral comprehensive examinations and recently was awarded the Outstanding Graduate Student Award for Excellence in Research, Scholarship, and Creative Activity. Ms. Ashley Duguay is in the midst of completing her doctoral comprehensive examinations. Ashley also completed, for her doctoral studies, an internship with “You Can Play” where Todd learned a lot concerning the important work this group is doing in North America. Ms. Marie Desrosiers joined the lab this past academic year, and it’s been a real pleasure developing the topic of her thesis concerning leadership, team dynamics, and performance. Ms. Alex Saffran completed an independent study and a second co-op term with Todd. She completed work on how to conduct a systematic review and how to properly develop questionnaires. On a personal note, Todd is looking forward to the summer months where he is coaching youth soccer, and (just might!) have the chance to practice his golf swing!!

## Wayne Marino

Wayne has just finished his 39th year in the Faculty of Human Kinetics and claims there is “no end in sight”. He still thoroughly enjoys being in the classroom and teaching introductory “Biomechanics” and “Measurement and Evaluation”, his all-time two favourite courses. The rest of his work days now consist of liaison work and counselling, and these are

also high on his list of favourite activities. Wayne also maintains professional contacts through his membership in the International Society of Biomechanics in Sports and his work on the advisory committee of the College of Kinesiologists of Ontario. The “pinnacle” moment in the Kinesiology calendar year for Wayne was the 50th Anniversary Gala, celebrating the founding of the Faculty, where he was asked to MC the event, and where he thoroughly enjoyed seeing so many old friends and favourite students. On the home front, an outstanding conference trip for Wayne and Nancy, along with Earl and Karyn Noble from London, to Athens, Greece was a highlight of the past summer. Along the way they made stops in Rome, the Adriatic coast of Italy (Marino ancestral territory), and both Santorini and Delphi in Greece. More recently during mid-March, a short four day jaunt to Cancun, Mexico, gave Wayne and Nancy a head start on their 2016 tans. On the immediate horizon is the 39th Annual Hermiston-Marino fishing trip. Wayne, Ray Hermiston and Dennis Hastings have never missed. Other names that former students might recognize are Kenji Kenno, Earl Noble, Paul Taylor (HK and Biology), Peter Powell (Athletics), and Bert Taylor (former Dean at Western U.). In closing, Wayne sends best wishes to all HK alumni. Go Lancers! Go Yankees!

## Tiffany Martindale

Tiffany returned from her maternity leave in January 2015...until starting her second maternity leave in September 2015. She reports that although her return was short, it was nice to see the faculty, staff and students again. Tiffany, along with husband, Scott, and big sister,



*Scott, Rose, Tiffany, and Gracie Martindale.*

Gracie, welcomed Rose Marilyn Martindale in September. She is eternally grateful that Kenji graciously agreed to hop back into the Undergraduate Coordinator saddle again and assist our students in her absence. She will likely have to clean his office as payment.

## Scott Martyn

After five years as the Kinesiology Graduate Coordinator, plus two additional years as Acting Graduate Coordinator, Scott’s term is coming to an end. It was indicated that it is time for someone else to shoulder the responsibilities of this appointment. Needless to say, he is saddened by the thought of leaving this position, having experienced many personal and professional joys. That said, Scott is excited at the opportunities this ‘found time’ will afford him at the University of Windsor and in the broader community. One such opportunity this year was to expand his role as Vice Chair of the University of Windsor’s Research Ethics Board. Needless to say, with the expanding research culture at the university, this will be a significant undertaking. In addition to a number of departmental, faculty and university committees, Scott also expanded his involvement in the community, being elected President and Chair of the Board of Directors for the Windsor/Essex County Sports Hall of Fame (WEC-SHOF). He continues his involvement on the Board of Directors for the Windsor/Essex Sports Council (WESC).

On the international front, Scott made another trip to Beijing Sport University (BSU) in China, this time with colleague Craig Greenham. Along with a series of lectures/presentations/workshops to undergraduate and graduate students, staff, faculty and the administration; noting the recent awarding of the Olympic Winter Games 2022 to Beijing, Scott began formal talks to initiate a seven year SSHRC Partnership Grant proposal. Finally, Scott and wife, Rebecca, have remained busy at home with their son, William, who has successfully added Karate to his repertoire of hockey, soccer, basketball and swimming.



## Cheri McGowan

The 2015-2016 academic year was a year of transition and growth in the PACR Lab. Our team said good-bye to Yasina Somani, as she began her doctoral studies at Penn State in State College, PA; and welcomed new graduate students Jared Richards and Nic Caruana. While students were busy in the lab conducting studies with the help of Drs. Kevin Milne and David Andrews, Cheri made good use of her time on sabbatical leave fostering collaborations with researchers, clinicians and hypertension specialists, writing grants, publishing papers, wrapping up studies and laying the groundwork for new ones. A highlight of the year was receiving an Adjunct Assistant Professor position in the Division of Cardiology, Department of Internal Medicine, at the University of Michigan. This will help move our research team in a new and exciting direction as we look to translate some of our hypertension-related research findings into clinical practice. Key findings of the year were presented by students at the Annual Meeting of the Canadian Society of Exercise Physiology (October 2015), and at the Annual Meeting of the American College of Sports Medicine (June 2016). A highlight of the year was graduate student Michael Pearl being awarded a Canada Graduate Scholarship Award (Canadian Institutes of Health Research), as well as the Graduate Student Research Excellence Award (Applied Human Performance, Kinesiology Research Day). Cheri is honoured to work with such outstanding students, colleagues, and collaborators; and does not take it for granted.



*Dyson and Inde collaborating.*



*Dr. Vicki Paraschak (MHK '78), Dr. Kevin Milne (BHK '99), and Dr. Marcia Milne at the 2016 Scholars' Evening.*

## Nancy McNevin

Nancy will be on sabbatical over the upcoming year. She'll be visiting Evan Cohen at Rutgers (USA), Gaby Wulf at UNLV (USA) and Gavin Lawrence and Vicky Gottwald at Bangor University (Wales, UK) to collaborate on several projects relating to attentional focus and dynamic systems theory. Closer to home, Ben Phalavong (BHK '13, MHK '15) successfully defended his thesis last May, and Shawn Reaume (BHK '14), Evan Gammon (BHK '12) and Brendan Teeling are at various stages of completing their theses. Inde the Dog has a new friend in Dyson (sister Linda's dog), and the two of them have taken over the house, the yard, the neighbourhood...etc. They plan on being spoiled even more over the coming months.

## Kevin Milne

Where does the time go? Dr. Milne's future research objectives are to tackle that question, but he is unsure whether he will have the time to complete it. Dr. Milne is on a successful run of reference writing, with several of his students securing jobs in the local community or receiving acceptance into professional schools. He has a completely new crop of graduate students this year, who have already been very productive as they aim to bring physiological performance to the forefront of athletic competition at the University and in partnerships with local schools to answer questions about, and promote, female participation in sport. In relation to the former, he continues to strengthen relationships with some of the varsity teams and athletes on campus, but also those in the commu-

nity. He can say with all honesty that the successes of our students and our student athletes are his main driving force. In that regard, he was happy to host this year's Scholars' Evening with the other Dr. Milne (or maybe he should be called the other Dr. Milne), and to spend his third date night of the decade with her at the Athletics Banquet. Finally, his daughters continue to consume more of his resources, thereby making it unlikely that objective 1 will be completed before he retires.

## Marcia Milne

Now in her second year as the Human Performance and Health Coordinator, Dr. Milne is continuing to offer coaching certification courses and attract high profile athletes to this initiative. She is currently completing a study involving several students who were trained in the Athletics Ontario "Run Jump Throw Wheel" program, and delivered this program to grade 4, 5 and 6 students in 2 local elementary schools over a 12 week period. Dr. Milne has also attained her



*Marcia Milne and some of the Windsor Lancer Women's soccer team.*

Functional Movement Screen certification, taken the “Run Jump Throw Wheel” facilitator course, and is on her way to becoming an NCCP multi-sport facilitator and attaining NSCA certification. Dr. Milne has had a great time working with the Men’s and Women’s Lancer Soccer team this year, and is so proud of the improvements they have made so far this off season. If that is not enough, she is also currently coaching Paralympic athlete Virginia McLaughlin who will be competing in Germany this July, and then on to the Paralympics in Brazil this September. On the family side, the kids are continuing to grow (way too fast!) but trying to keep up with them is a blast!

## Vicky Paraschak

Vicky had a great time at the HK 50th Gala last October because she saw so many awesome outdoor rec students from the past, so thanks to all who came! She has continued to explore her strengths and hope perspective in research, teaching, and the work of her graduate students. For example, one of her students, James Anderson, completed a really interesting strengths and hope analysis of a Disabled Sailing program he oversaw in Toronto the summer before. Celine Freeman-Gibb is currently completing a thesis from this perspective as well, looking at the experiences of women in heavy events at the Highland Games, an event she also participates in as an elite competitor. Personally, Vicky is continuing to draw on this framework as she tackles the Bruce Trail, a 980km hike along the Niagara escarpment in Ontario from Queenston to Tobermory. Over last summer and fall she completed all but 300km of that trail, and will be finishing off her final hikes this summer. Strengths and hope continue to keep her company through the challenges of daily hikes and occasional critter sightings, like the Black Bear she was fortunate to run into, while on her own, walking the Bruce Trail last summer. As well, she’s completed the Camino pilgrimage route in Spain from Santiago (where she finished in 2014) to Finisterre, which involved a week of hiking on her own with lots of other pilgrims doing the same, prior to attending Dr. Mat Golob’s (BHK

’04, MHK ’08) wedding in Spain later on in May.

## Ryan Snelgrove

Ryan has enjoyed seeing his son grow up this past year. Jackson is almost two years old! On the research front, Ryan has continued to work with graduate students and colleagues on the development and change management of sport organizations. Recent work in this area highlights the successes and challenges faced by social entrepreneurs in the sport industry. As well, his work with Dr. Wood and Dr. Taks on the management of sport events to produce benefits for the host community continues to develop. Data has been collected at several events and findings have been shared at a number of conferences. Most notably, he travelled to Dublin, Ireland, for the European Association for Sport Management conference in September. He was even able to sneak in two rounds of golf beforehand. Ryan continues to teach courses on “Entrepreneurship and Innovation”, “Organizational Behaviour”, and “Ethics in Sport”. He was also recently appointed as an Associate Editor for the journal *Leisure Sciences*, and served as a faculty fellow with the Entrepreneurship Practice and Innovation Centre on campus.

## Chad Sutherland

The Co-operative Education and Internship Programs are still going strong, with many new employers getting involved. The Adapted Physical Exercise (APEX) research group is continuing its work with Community Living Essex County and recently presented two research papers at the Ontario Association on Developmental Disabilities–Research Special Interest Group Conference. Chad is still chipping away at his PhD (McMaster University) and is hoping to have some results to present next year! On a personal note, Quinn (age 4) is finishing up her first year of Scottish Highland Dancing and getting ready to begin another summer of soccer. MacLean (age 1) decided to skip the walking phase and went right from crawling to running! The Sutherland Clan is super excited about their new dog

“Brier”, who is a Lab mix (age 1.5) and was rescued from Louisiana, USA. Lastly, everyone is excited about getting back to the East Coast this summer for a family reunion and vacation!

## Marjike Taks

Returning from sabbatical, Marjike was ready to get back in the classroom. She taught both her graduate and undergraduate “Socio-economics of Sport” classes. The current socio-political discourse about the hosting of events in the City of Windsor offered great material for discussions in the classroom. In the undergraduate “Sport Marketing” class, a sales assignment was incorporated based on a partnership with the Detroit Pistons. The winning teams were invited to meet and greet employees in the Marketing Department, and received free tickets to a game. In addition, nine groups presented a full blown marketing plan for the FINA 2016 Short Track Swimming Championship (to be hosted in Windsor from December 6-11). The students with the best proposal are invited to go the opening ceremonies.

Dr. Taks will continue her research on leveraging events to stimulate sport participation, and will be working with local sport organizations to help them build capacity to recruit and retain new members in their clubs, with a specific focus as to how events can be used to accelerate this process. Stay tuned...

## Patti Weir

It is difficult to believe that Patti has lived on main campus for five years. Her position as Dean of Graduate Studies was recently renewed for another 5 years. Her connection to HK is maintained through Kristy Smith and Kelly Carr, now in their 3rd year of the PhD program. They have both successfully completed comprehensive exams, and are looking forward to their community internship experiences and moving forward with their dissertation proposals. They have both been fortunate to have sessional teaching experiences this past year, and in October they all attended SCAPPS in Edmonton.



On the home front, Erica is finishing Grade 9 at Villanova. She participated on the junior girls' basketball team, school council, the band, and the WiredCats 5885 FIRST robotics team which qualified for World's in St. Louis. Julia is in Grade 8 at Holy Cross, where the basketball team finished second in the County. She is also participating in badminton and on the backstage crew for the school play. John continues to stay busy with volunteer work and his little pup, "Bailey". This summer, the family looks forward to celebrating Christine and Peter's wedding, with Stefanie and Mickey celebrating their third wedding anniversary. Life continues to be good.

## Laura Wood

Laura had a busy year returning from maternity leave in the fall. She was excited to get back into the classroom and taught "Sport Communication", "Sport Tourism", and her graduate "Sport Marketing" course. Laura and her colleagues, Ryan Snelgrove and Marijke Taks, have been very busy collecting data at local events as a part of their SSHRC grant. Recently, they surveyed participants at the 2016 Canadian Adult Recreational Hockey Association's World Cup. The event is held every four years in a different Canadian city and draws the attention and participation of recreational hockey players from around the world. The research team is excited for the upcoming events taking place in Windsor this summer and fall, including the FINA World Swim Championships. It will surely prove to be a busy one for the group again!

## Sarah Woodruff

Sarah has had a wonderful year on sabbatical, sharing time between her cottage in Shediac, New Brunswick, and Windsor. She has been able to continue with data collection on several projects (Canadian Assessment of Physical Literacy and the Northern Fruit and Vegetable Program Evaluation), which include numerous undergraduate and graduate students. Her and her team have visited



*Back Row (L-R): Emilie Hallé (BHK '13, MHK '15), Paula van Wyk (MHK '08), and Michelle Hueni (current BHK). Middle Row (L-R): Mike Mallender (current BHK), Jordan Deneau (current BHK), Dana Roth (current BHK), Kelsey Joncas (current BHK), Andrea Vlastic (BHK '14, current MHK), Samantha Duncan (current BHK), Tianna Beharriell (current BHK), Danielle Devries (BHK '12, current MHK), and Jared Richards (BHK '15, current MHK). Front Row (L-R): Sara Santarossa (BHK '13, MHK '15, current PhD), Russel Bogleitch (BHK '15, current MHK), and Mike Hatten (MHK '15).*

many of the local elementary schools across Windsor-Essex County, including meeting several teachers whom are HK Alumni!

In the summer of 2015, Neil Pettit and Sara Santarossa successfully defended their Master's thesis and Mike

Hatten defended his internship project in the fall. She also welcomed Tre Paton as a new graduate student in Movement Science and saw Sara Santarossa continue on into our PhD program.

Sarah is looking forward to enjoying her final months of sabbatical in order to get ready for the upcoming teaching year.



*Sara Santarossa (BHK '13, MHK '15, current PhD), Mike Hatten (MHK '15), and Sarah Woodruff on the Amsterdam Canal (June, 2015).*

## Paula van Wyk

To continue with the 2014 European adventures, Paula visited Dr. Carly McKay at the University of Bath in England during the summer of 2015. Paula enjoyed being able to visit a friend and colleague 'across the pond', and of course enjoy the tourist attractions at the same time. The highlights were the Warner Bros. Studio Tour of "The Making of Harry Potter" (despite Paula not having read any of the books or viewed all of the movies previously), and taking a spin on the Eye (Paula now has a fascination with ferris wheels). Currently, for the summer of 2016, Paula is planning a trip to Spain

to attend Matias Golob's (BHK '04, MHK '08) wedding! Another 2015 highlight was being at Rogers Stadium to observe the Joey Bats bat flip.

Paula added a graduate course (age-friendly domains) to her academic teaching responsibilities of labs (95-492, 95-491), and "Human Movement and Aging" (95-400). The class offered an abundance of learning opportunities, enhanced appreciation for the aging population, and an opportunity for a class collaborative citation involving Photovoice.

In partnering with the Windsor-Essex Community Health Centre and Erie St. Clair LHIN, Paula (and students) has been actively involved with community research related to preventing falls. This area of research ties in nicely with balance research Paula has been working on with Dr. Horton, Prof. Duquette, and Kate Paquin. Research related to injury prevention in healthcare, transitions, and hip fracture rehabilitation are ongoing. To assist Paula in her abundance of research initiatives, she has been supervising three Master's students and two undergraduate students (pictured on the previous page).

## PROFESSORS EMERITUS/EMERITI Bob Boucher

The Boucher's have transitioned quite nicely to the prospect of a move to a new address in LaSalle. After 26 years on Bruce Avenue, Bob, Sue and Martha are relocating adjacent to Seven Lakes in LaSalle. The Boucher's spend a great amount of time with the grandchildren, and look forward to visits from daughter Terri and her family located in Calgary. They too are planning a big move shortly. Granddaughters Rylee and Kenley are both 'travel' soccer players who train year round. Kenley is 'considering going back' to ski jumping this year. Daughter Randee, mother of 4 year old Molly, is spending a lot of her time with another pair of twins: Euan and Gabby, who are now 5 months old. Needless to say life is pretty hectic—but in a good way!

Bob and Sue are preparing for a visit from the DeWitts from Holland. Wim is a long-time colleague from Amsterdam,

and is very prominent in Sport Management circles. Bob tries to stay on top of what is going on at the University of Windsor, and appreciates the updates and invitations to Faculty/University functions.

## Marge Holman

Dr. Holman is getting closer to retiring from her first stage of retirement. She is working with her last graduate student, Taylor Imeson, as they examine the value of female role models as a motivation for females to assume sport leadership roles. Marge is now at an arm's length to Leadership Advancement for Women and Sport (LAWS) as Past Chair, serving only as a resource when required, especially in the final stages of their application for charitable status. She does also continue some work in hazing, having delivered a workshop this spring at Western University to 800 student orientation leaders, and co-facilitating with Dr. Jay Johnson a workshop for Lancer athletics. In addition to Taylor, Human Kinetics graduate and sessional professor, Alex Wiseman (BHK '11, MHK '13), and PhD student Michelle Guerrero (MHK '13), are in the final stages of a Needs Assessment study related to females in sport leadership within the Windsor Essex County region. Marge continues to be very active, proud that she was able to compete in London's Huff and Puff volleyball tournament for seniors, playing 16 games in one day without being sore the next day! Retirement is great!!

## Richard Moriarty

Richard's Grandson, Liam Michael, graduated from Human Kinetics this year. Richard's son, Sean Michael, was inducted into the University of Windsor Sports Hall of Fame this year for his career in Sabre fencing. As a student, he won the Olympic Shield, George Tulley Award for skill, style and sportsmanship as a OUAA fencer, the Ontario open championship, and had an undefeated career while at the University. He is still currently head of IT at Oswego University in New York. His daughter, Kathleen Anne, is a professor of Nurse Midwifery

at Frontier Nursing University in Kentucky and is still birthing babies at Hutzel Hospital in Detroit. His son, Daniel, is still in the restaurant business in both Windsor and Detroit. Richard's wife, Mary, represented him at Scholars' Evening and awarded bursaries to Dayana Hassoun and Kamran Ehsan. She also represented him at the Athletic Banquet and awarded the Moriarty Academic Award to the Golf Team.

Richard was happy to see some of you at the Human Kinetics 50th Reunion. He reiterates his thanks to you for being part of the fabulous 50 year history. Read your story on the HK web page under the "Dean's Message" and "Historical Content" (<http://www1.uwindsor.ca/hk/2280/historical-context>). Also, under "50 Years at the University of Windsor", see details on various sports (<http://www1.uwindsor.ca/people/dickm/189/50-years-university-of-windsor>). Richard hopes to see all at this year's Homecoming. This year marks his 63rd year at the University, and he has been happy to know you all.



*Marliese Kimmerle visiting with the penguins in the Falkland Islands on a South American cruise from Santiago, Chile, to Buenos Aeries in February.*



## ▶ Alumni Sports Hall of Fame



Ryan McKenzie, Kelly (Park) Cavanaugh (BHK '05), Chris Church, and Sean Moriarty during their inductions into the Alumni Sports Hall of Fame.

The University of Windsor Alumni Association welcomed four new members into the Alumni Sports Hall of Fame on October 4th, 2015: Chris Church, Ryan McKenzie, Sean Moriarty, and Lancer student athlete Kelly (Park) Cavanaugh (BHK '05).

**CHRIS CHURCH** played on the offensive line for the Lancers from 1992 to 1996. He was named an all-star by the OUA and received all-Canadian honours in 1994, 1995, and 1996; the only Lancer football player named three times to the all-Canadian team.

**KELLY (PARK) CAVANAUGH (BHK '05)** won 13 provincial and national medals in her events: triple jump, long jump, hurdles, and the 4x200m relay. While a member of the Lancers, she was part of three provincial and one national team championship. She was named the 2005

Banner Shield recipient (Lancer female athlete of the year), the 2006 outstanding performer by OUA, and the 2006 female field athlete of the year by the CIS. Cavanaugh went on to achieve her Bachelor of Education, and currently teaches at Harrow District High School.

**RYAN MCKENZIE** was a four-time winner of the Olympic Shield (Lancer male athlete of the year: 2001, 2002, 2003, and 2004). He earned 21 medals in CIS competition, and led the Lancers to 3 national team championships and 6 provincial team championships. In addition to holding school records in the 600m, 1000m and 1500m races, McKenzie was also named the CIS male athlete of the year in 2003.

**SEAN MORIARTY** specialized in sabre, and won the provincial individual fencing title in 1986 and 1990. He was a member of the provincial champion fencing team

in 1982, and OUA Association gold medal sabre teams in 1983, 1984, and 1985. In 1985, he was also the co-winner of the Olympic Shield as Lancer male athlete of the year.

**SPECIAL ACHIEVEMENT AWARDS** went to:

- **JACK COSTELLO (BPE '67)**, a long-time coach of men's hockey and later athletic director at St. Clair College;
- **DENNIS LANDRY (BPE '71)** *posthumously*, a champion coach of cross-country at the University of Ottawa; and
- **SCOT MCFADDEN** a sports psychologist who won a Stanley Cup ring for his work with the Dallas Stars.

**THE TEAM ACHIEVEMENT AWARD** went to:

- **THE 1978-79 MEN'S BASKETBALL TEAM**



## ▶ Alumni Updates

**NEIL McBETH (BHK '75)** was awarded Essex's Citizen of the Year (2014), based on his volunteer and community service throughout his lifetime. While a student in the Faculty, Neil was also on the varsity swim team, became the athletic trainer for the Assumption High School Football Team, and shortly thereafter became the school's swim coach. He coached high school sports for 34 years, and also taught at the high school level before retiring in 2007. McBeth was the head athletic trainer for the AKO Fratmen football team from 1974 to 1980, and became the athletic director of Herman in 1990. Neil was also a Rotarian, was on the board of trustees at the United Church for over 20 years, and was a Boy Scout Leader for numerous years.

**JANICE FORSYTH (BHK '83, MHK '89)** was recently appointed as the chair of the Windsor-Essex Regional Chamber of Commerce, as it focuses this year on three key areas: membership, partnerships and engagement. In an interview with the DailyNews, Dr. Forsyth stated that "Together we can leverage the chamber's unique role and value. We have a vital role to play at this time of both opportunity and challenge in our community." Dr. Forsyth is the founder of Foresight Management Consulting, and boasts a background in instructional design, resource development, evaluation, strategic planning and leadership development.



*Dr. Janice Forsyth,  
chair of the Windsor-  
Essex Regional  
Chamber of  
Commerce.*

**GRAHAM BROWN (BHK '92, MHK '95)** stepped down as CEO of Rugby Canada after the 2015 Rugby World Championships to accept the position as the Chief Executive Officer of Canadian Interuniversity Sport. After holding the position of Executive Director of the Ontario Minor Hockey Association (1998-2002), Brown spent 13 years as CEO of Rugby Canada, before being named to his new position in CIS. He played varsity basketball and football with the Lancers, and was a founding member of the University of Windsor rugby program in 1989. Brown currently lives in Aurora, Ontario, with his wife Denise and three children, Aidan, Sarah and Ryan.

**GLORIA YU (BHK '05)** was employed throughout her undergraduate studies at the Tecumseh Physiotherapy Clinic as a Receptionist and Physiotherapist Assistant. Upon graduation, she was hired as a Certified Kinesiologist at ACT Health Group in the City of Windsor. In 2006, she applied as a Cadet with the Ontario Provincial Police and was hired on a one-year contract at Toronto OPP Detachment. In 2007, she became a full-time member of the OPP, and attended the Ontario Police College in Aylmer, Ontario. As a Provincial Constable, she was deployed to Tecumseh OPP Detachment in Essex County, where she did general law enforcement duties for six years. In April of 2014, she transferred into the OPP Uniform Recruitment Unit as a Junior Recruiter; and she is currently deployed to West Region Headquarters in the City of London where she interviews and mentors potential Constable applicants. Gloria wanted to take the opportunity to thank all of her Human Kinetics Professors for their knowledge, leadership, and support. She also wants to thank her previous employers for the opportunity to apply and transfer her experience and skills towards a policing career.

**AMANDA BAKKER (BHK '08)** is a French Immersion teacher with the Greater Essex County School Board. She and husband **KYLE DESLIPPE (BHK '11)**, a Health and Safety Advisor for the City of Windsor, are looking forward to the arrival of their first child in August.

**MELISSA BISHOP (BHK '10)** has her sights clearly set on the 2016 Summer Olympic Games in Rio de Janeiro. As she trains and competes on the world stage in the 800 metre race, she can be seen across the globe in Nike advertisements. **Dr. Jess Dixon (MHK '03)** ran into one of Melissa's advertisements inside the JD Sports store at Trafford Centre (a huge shopping mall near Manchester, England). At the time, Dr. Dixon did comment that Nike would need to update its advertising after Melissa won Pan Am Gold!



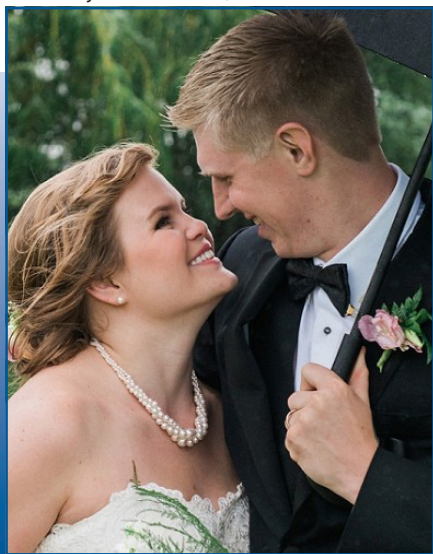
*Dr. Jess Dixon (MHK '03) stands near a Nike advertisement for Melissa Bishop (BHK '10) at Trafford Centre near Manchester, England.*

Melissa has long been a supporter of the Faculty of Human Kinetics, stating that her time at UWindsor was special because of her involvement with varsity sports and the Kinesiology program, "I love that program and keep strong ties with the people there. The faculty is so accommodating, easy going and approachable, they're willing to help you with anything."



**MATT DiBARTOLOMEO (BHK '11)** completed his medical studies at Trinity College in Dublin, Ireland. Matt has been accepted into the Western University Family Residency Program and will be posted to Windsor. Matt looks forward to his return home, and to the next phase of his career in medicine.

**AARON VERSCHRAEGEN (BHK '15)** married Shannon Dodman in a beautiful ceremony on June 27, 2015.



*Aaron Verschraegen (BHK '15) and Shannon Dodman.*

**RITA Eid (BHK '15)** is currently pursuing her studies in the Master's of Science in Physical Therapy at Western University. In order to achieve this lifetime goal of Rita's, it required hard work, dedication, and persistence during the completion of her undergraduate degree. Rita stated that "...it is without a doubt that the Human Kinetics Program at the University of Windsor equipped me with the essential foundations and skills necessary to facilitate my learning experience. If I can give a student any advice it would be the following: work hard, ask questions, get to know your professors, be involved and give back to the community, and don't forget to have fun!"



*Rebecca-Jane McAllister (BHK '15) and Dr. Dave Andrews at the 2015 fall convocation.*

*Gabrielle Malette (BHK '15) and Adriana Baggio (BHK '15) at the 2015 spring convocation.*



*Brie Balzer (BHK '15) and Connor Balzer (BHK '15) at the 2015 spring convocation.*



*Piotr Pryjda (BHK '15) was feeling on top of the world at the 2015 spring convocation.*



SAVE THE DATE

SEPTEMBER 30<sup>th</sup> to OCTOBER 2<sup>nd</sup>, 2016 *is*

## HUMAN KINETICS ALUMNI WEEKEND

Make sure to mark your calendar, as the Faculty plans to celebrate HK style.

### GET INVOLVED! LET US KNOW WHAT INTERESTS YOU.

Let us know what interests you, and you will hear from us soon.

#### Careers & Coffee

- Share encouraging advice about your profession with current students, while engaging them in casual conversation over coffee

#### Sponsor a Student Club Event

- Help enhance the student experience and create a vibrant campus

#### Employ a Student

- Consider adding your company to our international co-op program

#### Guest Lecture Opportunities

- Share your professional accomplishments in a relevant course or student group

#### Create an Award or Scholarship

- Establish a scholarship or bursary to help current and future students succeed

#### Leave a Legacy

- Make a transformational gift. Consider the Faculty of Human Kinetics in your estate plans

#### Recommend an Idea for a Networking or Learning Event

#### Show Your 'Blue and Gold' Pride

- Attend a varsity game and cheer on your Lancers

#### Attend an Alumni Event

- Stay connected with your network of Faculty, students and friends

#### Join an Advisory Committee

- Help us make our programs better by joining a committee to provide feedback and new ideas

#### Keep Informed

- Subscribe to our Faculty of Human Kinetics social media outlets. Consider sharing your success story!

#### Invest in Research

- Support ground-breaking research or have your company invest in Kinesiology Research Day

#### Donate!

- Help give our students an experience of a lifetime, and be the next generation of leaders who move the world!

To register, make a donation or find out more information about any of the above opportunities, please contact Christine Colautti in the Faculty of Human Kinetics at 519-253-3000 ext. 4261 or email [Christine.colautti@uwindsor.ca](mailto:Christine.colautti@uwindsor.ca). We look forward to hearing from you!





University  
of Windsor

Faculty of Human Kinetics

# HK newsletter

## WHAT'S NEW IN YOUR LIFE?

Have you moved? Earned a promotion? Another Degree? Or...?

Let us know so we know we can update our records and pass the word along to your classmates.

Name (Please indicate with an asterisk (*) if changed) _____	Degree & Year _____
Name under which you graduated _____	Spouse's Name, Degree & Year (if HK grad) _____
Mailing address (check if NEW )          	Your business title, company & address          Á Business email address _____ Business area code & telephone number _____

Class notes: New Career – Promotion – Another Degree – Marriage – Other –

Important – Please select one of the following:

**I GIVE PERMISSION** for this information to be printed in an upcoming Newsletter  
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