



**Master of Science (Kinesiology and Health Studies)
Thesis Defense**

Jack Wright

*“Thrive@Work: Staff and Faculty Perceptions of a University
Wellness Pilot”*

**Wednesday, August 19, 2026
9:00 a.m.
HK Room 125**

Chairperson: Dr. Paula van Wyk

Thesis Committee: Dr. Krista Chandler, *Advisor*
Dr. Todd Loughead, *Kinesiology, Reader*
Dr. Greg Chung-Yan, *Psychology, Additional Reader*