

FACULTY OF HUMAN KINETICS

The Faculty of Human Kinetics recognizes the importance of indigenization of curricula. The following is a list of courses that have been identified as having Indigenous content.

Note:

SML = Sport Management & Leadership

KMS = Kinesiology-Movement Science

COURSE CODE AND TITLE	PROGRAM	COURSE DESCRIPTION
KINE 1000. Health and Wellness	SML/KMS	This introductory course will examine health and wellness from both a local and global perspective. Personal health and wellness will be evaluated from a physical, mental, spiritual and social perspective. Behavioural change and motivational techniques will be explored to aid in achieving a healthier lifestyle. This course will introduce various topics that impact the health and wellness of an individual including physical activity, nutrition, obesity, stress, disease prevention, high risk behaviour, health care systems, alternative medicine, violence in society and the environment. Current health and wellness issues within the community and media will also be presented.
KINE 1200. Introduction to the Sport Industry	SML	This course introduces students to macro aspects of the sport industry, including the key decision-making bodies, governance structures, funding pathways, and legal considerations in the public, non-profit, and commercial sectors of sport and recreation. This course provides an overview of current industry trends and issues, while exposing students to the wide variety of career opportunities that exist in sport and recreation. Students will gain a foundational understanding of the various sport systems that work to organize and administer sport and recreation at the community, national, and international levels.

KINE 1400. Historical Perspectives on Physical Activity and Sport in Western Civilization	SML	This introductory course presents an overview of the significance of physical activity and sport in Western Civilization from ancient Greece to the present by specific reference to selected topics in different eras through which the particular society may be examined. Within this framework, the relationship of physical activity and sport to such factors as economics, politics, and religion will be emphasized, as will its contribution to the culture.
KINE 1500. Principles of Sport Management	SML	An introduction to sport management as a profession and academic discipline. Special emphasis will be given to the principles associated with the management of various types of sport organizations, along with the knowledge, skills, and abilities to successfully navigate employment in the sport industry.
KINE 2250. Ethics in Sport and Physical Activity	SML/KMS	A philosophical analysis of sport and physical activity with emphasis on ethical aspects. Ethical theories will be studied as a basis for assessing and understanding decisions and actions of coaches, athletes, officials, and executive members. Case studies covering problem areas will be utilized to enable the student to analyze these decisions and actions.
KINE 2300. Sociology of Sport	SML	This course introduces key sociological concepts and theories to examine the social, political, cultural, and mediated role of sport in society. Using a sociological lens, the topics in this course evaluate how sport reflects specific social structures, frames and reproduces dominant images and stereotypes, and is a key site for identity formation and performance. From this perspective, the course critiques the social realities of how dominant understandings of the meaning and purpose of sport as well as how it is organized influence who is allowed to play sport and under what conditions. The goal is that students will begin to form their own critical insights on how sport can be more equitable, diverse, and inclusive.

KINE 2450. Sport Marketing	SML	An application of marketing concepts and activities to the sports domain. Topics include product development, promotions, advertising, publicity, pricing, licensing, market segmentation, and research, as well as the development of a marketing plan for a sport/recreation organization.
KINE 2500. Organizational Behaviour	SML	This course provides an introduction to human behaviour in the workplace and its influence on organizational effectiveness. This course focuses on the micro (study of individuals in organizations), meso (study of work groups), and macro-levels (study of how organizations behave) of organizational studies. The emphasis is on identifying issues, challenges, and potential solutions, typically encountered by sport organizations at the individual, group, and organizational levels. Through assigned readings, case studies, and lectures, students will gain a balanced perspective of theory and practice relating to how and why people interact within a variety of organizational contexts.
KINE 3400. History of the Modern Olympic Movement	SML	An examination of the historical development of the Modern Olympic Movement. Areas covered include politics, nationalism, gender, commercialism, marketing, and amateurism. The contributions of various athletes and administrators who have helped to shape Olympic history will also be assessed.
KINE 3600. Physiology of Exercise and Respiration	KMS	This course explores the physiology of breathing at rest, during exercise, and in disease. This course also examines the interaction of metabolism, ventilation, and kidney function during rest/exercise. Physiologic challenges, in particular acid-base balance at sea level and altitude, are explored.
KINE 4040. Population Health	SML/KMS	This course will examine the factors that aim to (1) improve health of the entire population and (2) reduce health inequalities among population groups. Particular emphasis will be on the Canadian health care system and the determinants of health, in addition to personal health practices and health knowledge, health policy, and behaviour change theory as it applies to the health of our society.

KINE 4400.
History of Sport in Canada

SML

An examination of the issues and topics related to the historical evolution of sport in Canada. Areas of study include methodology, social class, geography, immigration, native sport, urbanization, industrialization, religion, gender, economics, and government involvement.

KINE 4410.
Sport in America

SML

Legendary Ohio State football coach Woody Hayes once said, "Anyone who will tear down sports will tear down America. Sports and religion have made America what it is today." While perhaps an oversimplification, Hayes' statement reflects the fundamental role of sport in American society. This course provides students with a chronological and thematic approach to understanding sport in the United States, paying attention to the development of race, class, and gender structures, as well as the country's obsession with professional sport and its unique approach to college athletics.

KINE 4500.
Human Resources in Sport Management

SML

An overview of the theoretical and applied aspects of human resource management in various types of sport organizations. Special emphasis will be given to the planning, recruitment, selection, orientation, training and development, motivation, performance appraisal, rewarding, and termination of our most important organizational resource: people.

KINE 4520.
Sport Policy and Governance

SML

This course provides an overview of the connection between government and sport in Canada. Various policies, programs, and governance systems are explored to identify the dominant ideologies that guide sport policy, and to critique the impact of government involvement upon the direction, management, and delivery of sport in Canada. Students will critique policy and governance trends, and analyze the past, present, and future role and impact of government involvement in Canadian sport.

KINE 4550. Global Issues in Sport Management	SML	Adopting an issues-based approach, this course will examine a number of current issues that affect athletes, teams, leagues, and/or sport-related organizations, from grassroots to elite performance levels of sport, and non-profit to commercialized sport around the world. The course will emphasize broad knowledge, critical thinking, and personal and collective reflection, with a view to imagining better futures and preparing students for engaged citizenship.
KINE 4560. Sport Communication	SML	This course explores the process of communication as it relates to the messages, symbols, and meanings embedded in how we communicate about sport, how sport is communicated to us, and what is communicated by sport. Taking a critical cultural perspective, this course analyzes ideologies and power as influences on communication practices and acknowledges that communication informs, persuades, and permeates how we play, consume, and incorporate notions of sport into our daily lives. This course also touches on the strategic nature of communication for sport and media entities, and its role in managing crises, scandals, and organizational changes.
KINE 4570. Hockey in Canada	SML	Starting with the nineteenth century and the origins of the game, this course moves forward chronologically and thematically through the game's evolution, paying special attention to matters of national identity, business and labour, leisure, race and ethnicity, gender, rural-urban issues, international affairs, and religion. This course uses hockey to gain a new, perhaps more personal, understanding of Canada's past and present.
KINE 4580. The Endocrine System in Sport, Exercise, and Health	KMS	The endocrine system, in close association with the nervous system, is an important regulator of physiological homeostasis. Various components of the "milieu interieur" or internal environment must be maintained for a "free and independent life". Exercise induces several metabolic and physiological challenges to which the endocrine system must respond in order to maintain this internal environment. Thus, this course will introduce students to the mammalian endocrine system and then examine how

		exercise and health affect and are affected by the endogenous hormones and chemical messengers of the human body.
KINE 4590. Sport Media	SML	The focus of this course is to examine sport with more critical awareness by exploring the lens through which athletics is brought to and consumed by fans. We will look at conventional sport media coverage as well as sport representation in various other forms of media (e.g., novels, movies, music, documentaries, advertisements, social media etc.) in order to challenge preconceived notions, uncover biases and comprehend the complicated social fabric of which sport is part.
KINE 4600. Cardiovascular Physiology	KMS	The study of the cardiovascular system, anatomy, electrophysiology, mechanics, and responses to stressors.
KINE 4610. Chronic Disease and Exercise Rehabilitation	KMS	This course is designed to provide a broad understanding of: 1) the physiological processes involved in the development of selected chronic diseases (e.g., cardiovascular, respiratory, cancer, autoimmune) and disorders (e.g., Huntington's disease), 2) the risk factors associated with their development and progression, where applicable, and 3) how exercise rehabilitation can be used as a tool for intervention, including past, current and emerging exercise recommendations.
KINE 4620. Exercise in Extreme Environments	KMS	Humans are a remarkably resilient species in the face of widely varying environmental conditions. In fact, humans inhabit nearly every corner of the earth (and beyond) and manage to survive and work in the extremes of cold, heat, pollution, atmospheric and water pressures, and even extreme g-forces and microgravity. The purpose of this course is to introduce students to the physiological responses to exercise (including work or play) under extreme environmental conditions and some of the countermeasures, both physiological and outside the body (e.g., clothing) humans use to protect ourselves in these environments.

**KINE 4660.
Cardiac Rehabilitation**

KMS

This course introduces the pathophysiological mechanisms associated with the development and progression of cardiovascular disease, namely atherosclerotic heart disease, and emphasizes its global burden. It also highlights the positive effects of Cardiac Rehabilitation on quality of life, morbidity and mortality outcomes, delivering insight into the paradigm shift toward personal responsibility for chronic disease management/secondary prevention to maximize cardiovascular health across the lifespan, and offers students an opportunity to hone leadership and communications skills via group discussions and presentations.