



OUR FAMILY

**Faculty of Human Kinetics
Fall Newsletter**



2017-2018



CONTENTS

2017-2018

Our Leaders

- 3 Dean's Message
- 4 Department Head's Message
- 5 Athletic Director's Message

Our Faculty & Staff

- 6 Faculty Listing
- 7 Staff Listing

Our Legends

- 8 Saying goodbye to Wayne and Kenji

Our Alumni

- 10 Alumni profiles
- 12 Distinguished Alumni Speakers
- 13 Distinguished Speaker Series
- 15 Alumni Events

Our Research

- 16 Research Coordinator's Message
- 16 Biomechanics and Ergonomics
- 17 Adapted Physical Exercise (APEX)
- 18 Motor Behaviour and Lifespan Development
- 18 Physical Activity and Cardiovascular Research (PACR)
- 19 Community, Health, Environment, and Wellness (CHEW)
- 20 Sport Management
- 21 Sport Psychology and Physical Activity Research Collaborative



Our Faculty

- 22 Faculty Profiles

Our Awards

- 35 External Awards
- 38 Scholars' Evening

Our Social

- 40 Best of Social Media

Our Athletics

- 42 Windsor Lancers News

Our Graduates

- 48 Graduating Class of 2017/2018



DEAN'S MESSAGE

It has been another exciting year for the Faculty of Human Kinetics. Student satisfaction is amongst the highest in the province and our Masters in Sport Management Program has again been ranked Number 1 in Canada and in the Top 25 in the World. Over the last year, we have been working intensely with the architects, student leaders and University administration to develop the final design of the Lancer Sport and Recreation Centre (LSRC). A financial agreement between the student governments and University has been signed and the University's Board of Governors has approved the \$73 million project. The LSRC will transform the student experience on campus and enhance our University reputation and campus spirit. Early site works will begin

at the end of this summer and the anticipated completion date of the project is Fall 2021. We are pleased to announce that the Centre for Human Performance and Health (CHPH) has now achieved centre status with the continuing growth of our research driven community programs in the priority areas of active and healthy living; sport performance; and workplace training and safety. Through these community programs, students gain research training and exceptional applied learning opportunities, giving them the experience and skills necessary for entering the workforce. While the CHPH currently operates out of existing facilities, we are working on a capital plan in order to develop a facility that more optimally meets the needs of our community. In addition to these capital projects, we have continued to invest in our people by making multiple

appointments in faculty, coaches and staff. This influx of talent is certainly exiting for the Faculty and will continue to distinguish us as the HK Family for years to come. Heading in the other direction, two legends of the Faculty will be retiring this year, Dr. Wayne Marino and Dr. Kenji Kenno. With over 75 years of service between them, their contributions to the Faculty, the lives of thousands of students and alumni, and the field of Kinesiology has been immense. We wish Wayne and Kenji all the best as they endeavor to improve their fishing skills.

Michael Khan,
Dean
Faculty of Human Kinetics

Michael Khan

DEPARTMENT HEAD'S MESSAGE

One of the best things about my job is that I hear from many students, staff and faculty – former, current and prospective – about their experience with the Department of Kinesiology and the Faculty of Human Kinetics. I am very pleased to say that a great deal of good news was shared with me last year about all the things that we are doing well. People are noticing what we are doing, and we should be very proud. For example, they see and appreciate a much improved online and social media presence due to the outstanding efforts of our Communications Coordinator, Ryan Donally. In addition, our graduate program in Sport Management has been ranked in the top 25 in the world again; the only program in Canada to achieve this status. Our students, teams and the community are also talking about the services offered by the Centre for Human Performance and Health, which obtained official Centre status this year under the leadership of Director of Operations Chad Sutherland.

But there is much more good news to share. Over 98% of our students are working two years after graduating, and their satisfaction with Kinesiology remains high. The satisfaction of our current students is also higher in several ways compared to other similar programs across Ontario, as summarized in the most recent National Survey of Student Engagement (NSSE) results. In particular, we stand out because of the excellent first year experience we offer; an experience which is consistent with the family atmosphere and values we have developed over many years and continue to support as a faculty and department.

Our programs continue to be of interest to students at all levels. Our domestic undergraduate enrolment has been fairly steady for the last few years, but there is room for growth. Kinesiology made history this year by establishing a certificate in *Sports Media, Communications and Social Issues* in conjunction with Beijing Sport University, an agreement that should bring a small group of international students to our classes, starting as early as Fall 2018. This expansion into the international arena at the undergraduate level shows the commitment we have made to provide a diverse educational experience for our students, and to continually evolve what we offer to keep pace with other programs. The interest in transferring into Kinesiology from students in other programs, internal and external to UWindor, has also remained high. When asked, prospective transfer students are opting to come to Kinesiology because they have heard great things about the program and because they know students in the program who speak highly of it.

Over the last year we have also had the great fortune of hiring faculty who will help us advance our educational objectives in the areas of ergonomics and physiology. The excitement that has been generated by these positions is considerable as they highlight our commitment to the continual development of the department and the focus we place on maintaining opportunities for students to do research, and to learn from experts in their respective fields. The success rate of our students in gaining admission to post-graduate programs also continues to be very high, and students appreciate that the courses they are taking, the experiences they are having, and the special relationships they are building with faculty, staff and other students in Kinesiology, are helping them be successful in all their future endeavours.

To me, it is the combination of the things mentioned above that makes Kinesiology an exceptional and exciting place to work and learn. But central to all that we do and what we are known for are the people and the collaborative spirit that they bring to work and the classroom. So please share this exciting time with us! If you are in the area, or it has been awhile since you have been in touch, take a minute to reconnect. Let us know what you are up to, and what we can do to help realize your life goals.

With much gratitude and enthusiasm about the things to come,

Dave Andrews
Department Head
Kinesiology



ATHLETIC DIRECTOR'S MESSAGE

The 2017-18 year is in the books! On the playing surfaces our teams had many wonderful accomplishments. On Thursday April 5th we celebrated the Lancer successes at the annual "Evening of Excellence" awards banquet. Here is a summary of what all the celebration was about!

In the year we had a record high number of student-athletes (86) recognized as Academic All-Canadians! Four of our teams ended the season ranked in the U SPORTS Top 10... Women's T&F (3), Women's Basketball (8), Men's T&F (9) and Men's Cross Country (9).

The Lancers hosted the OUA Cross Country Championships at Malden Park in October, Stef Smith and Andrew Nebel were named OUA Cross Country All-Stars. Smith, Nebel and Shawn Master went on to be named U SPORTS All-Canadians. In January Smith and Nebel represented Canada at the FISU Cross Country Championships in St. Gallen, Switzerland.

On the links, Bryce Evon captured an individual bronze medal at the OUA championships. Evon, Melanie Burgess and Tania Maurovic were named OUA All-Stars. The women's team & Evon qualified for the national golf championships in British Columbia (a first for the Lancer women's program). The women's finished 4th overall at the OUA championships, while the men finished 9th. In April the golfers were recognized as the Dr. Richard Moriarty Lancers Academic Team of the Year. A perfect combination of low scores and high grades! For the gridiron, Lancers' Dan Stirling was recognized as a member of the OUA All-Rookie Team. Defensive Coordinator, Peter Fraser, departed to become the new head coach of the Mt. Allison Mounties. Jesse Alexander (Defensive Coordinator) and Matthew Nesbitt (recruiting & offensive assistant) joined the coaching staff in the off season. Lancers Football will celebrate 50 years in 2018. Keep your eyes on golancers.ca for announcements about the upcoming celebrations.

On the soccer pitch, Keely Baggio was named an OUA All-Star for the Lancers Women. Men's soccer advanced the first round of the OUA post season before falling the Guelph Gryphons. In the off-season Ryan Mendonca was hired to lead the men's side as head coach bringing new leadership to the men's program for the 2018 season. Graduating senior Mike Rocca completed his final season with the Lancers as the winner of the prestigious OUA Men's Basketball Ken Shields Award. In addition, Rocca capped his career as the Lancers top male scholar-athlete when he was recognized with the DeMarco Award in April. The women's basketball squad qualified for the OUA Final Four for the 11th consecutive year before being eliminated by the OUA and U SPORTS champion, Carleton Ravens. Graduating senior Emily Prevost was recognized as an OUA First Team All-Star. The Lancers Men's Hockey team advanced to the first round of the OUA post season, battled injury and put up a gritty performance before being eliminated. The Women's Hockey team battled to the end but fell short of post season berth. In the future, both teams will benefit from a recent decision to support full time head coaching positions for each team respectively. The successful candidates for the head coach selection processes are expected to be announced mid-summer.

On the indoor oval, our Lancers track teams had successful seasons for first year head coach Colin Inglis. Thrower Sarah Mitton was named U SPORTS Track & Field Performer of the Year and the OUA Track & Field Female Field MVP. Stefanie Smith was recognized as OUA Track & Field Student-Athlete Community Service Award recipient. Kelsey Balkwill was named the U SPORTS Track & Field Championship Female MVP and the OUA Track & Field Female Track MVP. The Lancer Women's team won OUA & U SPORTS silver medals as UWindsor hosted both events at Dennis Fairall Fieldhouse. The Lancer Men's team won and OUA Bronze medal. Kelsey Balkwill was named Windsor Lancers Female Athlete of the Year - receiving the Olympic Shield. Sarah Mitton named Windsor Lancers Female scholar-athlete of the year and received the prestigious DeMarco Award.

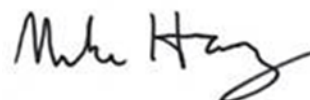
In Women's Volleyball the team battled injury and came up just short of a post season berth. Newcomer Paige Phills was named OUA Women's Volleyball West Division Rookie of the Year and a U SPORTS All-Canadian. Phills, Carleigh Bailey and Lexi Pollard were named OUA All-Stars. Brooke Davis was named to the OUA all-rookie team.

For Lancers Men's Volleyball it was a year of firsts. The team won an OUA Bronze medal - the first in team history. This qualified the men for the U SPORTS national championship - another first! John Moate was named U SPORTS All-Canadian (only the 2nd Lancer in program history). Moate, Brad Gyemi & Pierce Johnson were named OUA All-Stars. Anthony DeGirolamo was named to the OUA all-rookie team. At the year ending Evening of Excellence, Moate was named Windsor Lancers Male Athlete of the Year and received the Olympic Shield. Head Coach James Gravelle was named Windsor Lancers Gino Fracas Coach of the Year. The men's volleyball head coaching position will also be supported going forward with funding for a full-time position. The successful candidate in this position is expected to be announced mid-summer.

The planning for the development of the LSRC continues. The UWindsor Board of Governors officially approved the project in May 2018. Final design and costing are proceeding with a projected opening date of Fall 2021. This new capital development will facilitate an improvement in student sport and recreation opportunities for all varsity and recreational athletes. Currently our Lancers Recreation program operates at full capacity. We have more than 2000 campers participating in the 7-week summer camp program. Intramural, fitness, aquatic and instructional programs touch more than 7,500 individuals over the course of a year. Imagine how these numbers will grow when the enhanced capacity afforded by the LSRC comes on line!!

Go Lancers!

Mike Havey
Athletic Director
Department of Athletics and Recreation Services



DEPARTMENT OF KINESIOLOGY

FACULTY LISTING

FACULTY LISTING

Dr. Dave Andrews

Dr. Nadia Azar

Dr. Anthony Bain

Dr. Francesco Biondi

Dr. Krista Chandler

Dr. Joel Cort

Dr. Jess Dixon

Prof. Adrianna Duquette

Dr. Terry Eddy

Dr. Sarah Gee

Dr. Craig Greenham

Dr. Sean Horton

Dr. Michael Khan

Dr. Matthew Krause

Dr. Todd Loughhead

Dr. Scott Martyn

Dr. Cheri McGowan

Dr. Nancy McNevin

Dr. Patti Millar

Dr. Kevin Milne

Dr. Vicky Paraschak

Prof. Tiffany Martindale

Dr. Sara Scharoun-Benson

Prof. Chad Sutherland

Dr. Paula van Wyk

Dr. Patricia Weir

Dr. Sarah Woodruff

RETIRED FACULTY

Dr. Marge Holman

Dr. Kenji Kenno

Dr. Wayne Marino

Dr. Marliese Kimmerle

Dr. Richard Moriarty



FACULTY OF HUMAN KINETICS

STAFF LISTING

FACULTY OF HUMAN KINETICS STAFF

Michael Khan

Dean

Christine Colautti

Major Gifts

Sheila Daudlin

Administrative Assistant to Dean

Ryan Donally

Communications Coordinator

DEPARTMENT OF KINESIOLOGY STAFF

Don Clarke

Research Technician

Sharon Horne

Administrative Assistant to
Department Head & Graduate
Secretary

Matina Juricic

IT Research Technician

Joann Kolonelos

Undergraduate Secretary

Abi Thirugnansambantham

Receptionist

DEPARTMENT OF ATHLETICS AND RECREATION STAFF

Mike Havey

Athletic Director

Eric Vandenbroucke

Associate Athletic Director

Kelly Bondy

Administrative Assistant

Helen Ellis-Govette

Business & Finance Operations
Coordinator

Brett Lumley

Travel Coordinator

Mona Dosen

Marketing and Sponsorship
Coordinator

Sandra Ondracka

Campus Recreation Coordinator

Elisa Mitton

Sports Information Coordinator

Frank Jeney

Campus Recreation Assistant/ Fitness
Coordinator

Olivia Binder

Aquatics/Summer Camps Coordinator

Conor Harris

Intramurals Coordinator

Amanda Ruccolo

Recreation and Facilities Coordinator

Trevor Dinham

Facility, Events & Equipment
Technician

Paul Janikowski

Facility, Events & Equipment
Technician

LANCERS COACHES

Frank Jeney

Head Coach, Baseball

Chris Oliver

Head Coach, Men's Basketball

Chantal Vallée

Head Coach, Women's Basketball

Gary Malloy

Head Coach, Cross Country

Paul Scott

Head Coach, Fastpitch

Joe D'Amore

Head Coach, Football

Adam Wagner

Head Coach, Golf

Kevin Hamlin

Head Coach, Men's Hockey

Deanna Iwanicka

Head Coach, Women's Hockey

Ryan Mendonca

Head Coach, Men's Soccer

Steve Hart

Head Coach, Women's Soccer

Colin Inglis

Head Coach Track & Field

Brett Lumley

Associate Head Coach, Track & Field

Lucas Hodgson

Head Coach, Women's Volleyball

James Gravelle

Head Coach, Men's Volleyball



Saying goodbye to Wayne and Kenji

After a 43 year career in tertiary education (41 of those in the Faculty of Human Kinetics), to use a sports analogy, it is finally time to “hang them up”. Although I will continue to do

liaison work and a bit of counselling and even teach one course in the fall semester, June 30 was my last day as a faculty member at the U. of W. When I first indicated my intention to retire, one of the first questions I got was “what kind of a retirement party would you like?” My answer was short and well-rehearsed, “I do not want one because the people most important in my career would not be there.” I refer, of course, to the thousands of students whom I have had the pleasure of teaching and who have provided me with rewards beyond description. As a member of the Faculty of Human Kinetics, I had the honour of serving as Department Head of Kinesiology for 18 years. Professional memberships, international organizations, and research activities have afforded me the opportunity to travel around the world and to meet and befriend some of the top people in my field of study. As a course conductor in the National Coaching Certification Program, I was able to certify nearly 1000 coaches at levels 1, 2, and 3 and even up to level 5 at national level symposia. I have won teaching awards, been named a Fellow of the International Society of Biomechanics in Sports, and served as a consultant for Baseball Canada, Louisville Hockey, and CCM Hockey. This year I was honoured to win the Richard Peddie Leadership Award. Despite all of this, what it really has come down to for me is the classroom and teaching. My own self-assessment would be below average researcher, average administrator, and above average teacher and I have always been good with that. I have always said “I get to teach today” and I don’t remember ever having a bad classroom experience. Like any professor, I will admit that I have had “favourite” students over the years and it is fantastic to now see them serving as doctors, professors, therapists, teachers, administrators, ergonomists, coaches, managers, business owners, police officers, fire fighters, professional kinesiologists, and in a whole host of other honorable and important professions. But, whether a student was a favourite or not, I have always tried my best to treat all students with fairness and respect. I have been honoured to have been asked to write close to a thousand references and I can’t recall ever refusing to comply. Of course, any professorial position brings you into contact with many colleagues both within and outside your own area of study. I have been honoured to be a part of what I honestly feel is one of the very best programs in our field. I have appreciated the opportunity to work for and with every dean in the history of the Human Kinetics Faculty and I want to thank Drs. Galasso, Hermiston, Salter, Weese, Boucher, and Khan for their leadership and their support. I am proud to say that I consider every last one of my dozens of faculty colleagues to be a friend. From the very first day I arrived in Windsor right up to the present time, my colleagues have amazed me with their talents and with their dedication to a common cause, the HK Family. As a measure of the importance of the Faculty of Human Kinetics in my life, I can also say that almost all of my very closest friends are people whom I have met in or because of HK. Some, I worked with for only a year or two, some have passed on, and some have been part of my life for 41 years but all are important and all have enriched my life beyond description. In closing, I should say that I told one of the graduating classes a few years ago that there was nothing in the world that I would have traded my career in Human Kinetics for other than maybe a chance to bat in Yankee stadium. With one month left before my official retirement date, I realize that not even that would have been enough. Thank you again to my friends and colleagues and especially to all those students who put up with me and enriched me beyond belief in over 160 courses over the past forty-one years. Please stay in touch. All the best to all.

Wayne



To All Kinesiology – Human Kinetics Faculty, Secretaries and Staff past and present

I have had a fabulous and memorable 34 year career here in the Department of Kinesiology. I was lucky enough to be hired by Dr. Ray Hermiston to work in Kinesiology and I am forever grateful to him for that opportunity and for the annual Hermiston-Marino Fishing Trip.

... I hope all of my undergraduate and graduate students remember something I taught them and put it to good use in their future and pass on some of that information to others ... and always remember, don't be afraid to ask a question if you do not understand something, and there is always a "why" to that answer/question.

... I have had the "best" job in the world, teaching, researching and interacting with many of you in my area of interest Exercise/Cardiac Physiology each and every day ... to the PACR group a special thanks ... it doesn't get any better than that getting up and coming to work every day was easy, as I have said "*I love my job*" and not many people in the world can truly say that.

... I will miss the teaching, the students, the research, the Kin and HK council meeting (lol) and my many conversations and laughs with all of my Deans, Department Heads, KIN and ARS colleagues, secretaries, staff, students and many friends, past and present about work, life and most importantly family ... a whole hearted thank you is insufficient to express my true feeling ... but from the bottom of my heart ... THANK YOU for all of the wonderful memories and I wish each of you and your families ... kids especially :) and the Kinesiology family all success and happiness in the future ... take care and be well ...

Kenji



The legends—hard at work!

OUR ALUMNI

Greg Stewart, MHK 2005 has been named the Manager of Athletics and Recreation at Lambton College. Stewart will oversee various aspects of the new Athletics & Recreation Complex including the creation and delivery of programming for intercollegiate sports, fitness, health, wellness and recreation.



Kelsey Willms, BHK 2015 has completed her master's degree in Occupational Therapy at Western University. She is now working as an Occupational Therapist at the Chatham-Kent Health Alliance and has responsibilities on both the Surgery and Continuing Care floors.

Samantha Waddell, BHK 2018 is working with the LaSalle Police Services on a Human Trafficking research grant. She is a Human Trafficking Outreach Intern and her responsibilities include working with her colleagues with the goals of educating youth and the public on recognizing victims and preventing trafficking.

Troy Sajatovich, BHK 2010 completed his master's degree in Physiotherapy at Western University and is now in practice at Chuck Smith Physiotherapy in Windsor (Chuck Smith- BHK 1983). Troy and his wife Katie have a 14-month-old son, Brody, and are expecting another addition to the family in the summer of 2018.

Rebecca-Jane McAllister, BHK 2015 is a student at the Canadian Memorial Chiropractic College (CMCC) in Toronto, Ontario. She is excited to begin one of her two 6-month fourth year clinical internship placements at St. Michael's Hospital in Toronto, Ontario beginning May 2018. Rebecca is expected to graduate with her Doctor of Chiropractic (DC) degree in June 2019.



Robyn Murray, BHK '11 with her husband, Scott and daughter Ivy Brynn

Nancy Gyurcsik, BHK 1993, MHK 1994 was a co-op student and Lancer athlete. She is currently a Professor in the College of Kinesiology at the University of Saskatchewan. She maintains an active research program designed to help adults living with chronic pain to exercise regularly through both personally tailored and community-based strategies and programs.

Robyn Murray, BHK 2011 obtained her MSc Kin from Wilfred Laurier University in 2013 and her MSc PT from McMaster University in 2015. She now lives in Guelph Ontario and practices as an orthopaedic physiotherapist. In most recent news, Robyn and her husband Scott welcomed the arrival of their daughter Ivy Brynn Murray on January, 28th, 2018.

Ron Henderson, BHK, 1989, MHK, 1993 works for Tower International, a manufacturer of metal components and assemblies for the automotive industry. Ron is the Director of Global Environmental Health and Safety and is responsible for Tower's global safety and ergonomics processes. Ron and his wife live in LaSalle and have four children. Two of their daughters are in post-secondary programs and their two youngest are students at Sandwich Secondary School.



University
of Windsor
Faculty of Human Kinetics

CONNECT WITH US

Email hk@uwindsor.ca to connect with us. We are always looking forward to hearing from our proud HK Family.

With the help of recent B.H.K. graduate and now current M.H.K. student, Shelby Johnston, the Department of Kinesiology completed a number of recent graduate alumni profiles. Alumni were asked how their degree from UWindor Kinesiology helped them in their current career trajectory, what they enjoyed most about their time in the HK Family, and some words of advice for current students. Full profiles were completed and posted on Kinesiology social media and the Department webpage.

"Apply for everything and never turn down an opportunity without really considering it. You never know what you'll learn to help you land your dream job"

SARA KELLA
: FUNDRAISING & COMMUNITY
OUTREACH COORDINATOR-
MS SOCIETY OF CANADA
BHK GRADUATE OF 2014



"Your Bachelor's degree has set you up for grand things. Take opportunities as they come, and don't look back!"

ALYSON CROZIER
SPORT PSYCHOLOGY
LECTURER- UNIVERSITY OF
SOUTH AUSTRALIA
BHK GRADUATE OF 2009



"The MHK program allowed me to continue to play varsity hockey while furthering my education and ultimately has lead me to pursue a career in the game that I love."

KYLE NISHIZAKI
RESEARCH AND DEVELOPMENT
CONSULTANT & INSTRUCTOR AT
PERFECT SKATING INC.
BHK GRADUATE OF 2009
MHK GRADUATE OF 2011



"My only regret would be not believing in myself & my ability to succeed in my earlier years. If I had the same mindset that I do now in my first year, I would be even further ahead than I am now."

JEREMY HICK
COORDINATOR, EDUCATION
AT SWIMMING CANADA
BHK GRADUATE OF 2017



"If you love what you do you will never work a day in your life. As urgent as it may seem to find a job immediately after graduating, I think it is important to ask yourself what you are truly passionate about"

TEAL GOVE
COORDINATOR, MEMBERSHIP
DEVELOPMENT AT HOCKEY
CANADA
MHK GRADUATE OF 2018



"Never stop learning, always have the desire to grow yourself professionally even if it is not in your field of interest"

JAKE CORRENT
EXERCISE THERAPIST AT THE
VILLAGE OF ASPEN LAKE-
SCHLEGEL SENIOR VILLAGES
BHK GRADUATE OF 2014



"Be driven to pursue your dreams and willing to go get the experiences and skills to help make it happen -this will help open the door to many more opportunities and get you closer to where you want to be."

DILLON RICHARDSON
DEVELOPMENT COORDINATOR-
INTERNATIONAL PARALYMPIC
COMMITTEE
MHK GRADUATE OF 2014



"An idea for a new product or service is one of the greatest moments you will have, but even a \$10 million idea only becomes a \$10 million company through grit and resilience"

LUKE BUTTERWORTH
FOUNDER & CEO AT
TRIOOVA
BHK GRADUATE OF 2014



DISTINGUISHED ALUMNI SPEAKER SERIES

Joe Siddall returns to alma mater to inspire students

To succeed in life, as in baseball, means overcoming adversity, about 200 human kinetics students and faculty heard from alumnus Joe Siddall (BHK 2007), a retired professional baseball player and current broadcaster for the Toronto Blue Jays, during an address at his alma mater Thursday, February 8.

“Baseball is a game of failure. Even the best in the world fail 70 per cent of the time they walk to the plate,” Siddall said. “You will face failure in your life — it’s inevitable. But it’s what you do after you fail that will determine your character.”

Hailed a strong defensive catcher and a great teammate, Siddall played a total of 12 professional seasons, including stints with the Florida Marlins, Montreal Expos, and Detroit Tigers.

Dean of Human Kinetics, Michael Khan said he thought the message Siddall delivered rang true to all in attendance.

“Joe did an excellent job of showing that careers are not linear,” he said. “Based on his diverse education and experience in sport, he stressed the importance of stepping out of comfort zones and taking chances in order to succeed in the pursuit of one’s passions.”

Blue Jays fan Michaela Ammendolia, a first-year kinesiology student, said Siddall’s message and energy scored a home run.

“You can just tell that by listening to Joe, he is full of passion,” she said. “In the future, I want to wake up every morning to a career that I am excited to do.... Seeing Joe come from a program that I am currently enrolled in gives me a sign that my dreams are attainable.”



Michaela Ammendolia & Anthony Fehr with Joe Siddall

Dr. Michael E. Murphy shows students a pathway to the pros



Dr. Michael Murphy with Dr. Kenno, Dr. Marino & Dr. Khan

Mike began his studies at the University of Windsor, where he received a degree in Human Kinetics with Honors. As a collegiate athlete Mike was a Medalist at the National Track

and Field Championships. In addition Mike played minor and Junior hockey in Ontario. While attending and following graduation from the University of Windsor, Mike worked with various track and hockey teams as a coach and Exercise Physiologist before attending Logan Chiropractic College.

Mike graduated from Logan in '95 and was the recipient of the Award of Excellence in Chiropractic Science and Applied Science Division. Mike is currently the official NHL team Chiropractor for the St. Louis Blues (since 1997). Mike previously was the official NFL team chiropractor for the St. Louis Rams (from 2001 to 2016), St. Louis Athletica Women's Professional Soccer, St. Louis Sting Junior Hockey NAHL, Nike Gateway Classic at Lake Forest CC Nike Tour, and the Missouri River Otters UHL. Outside of his practice Mike has been a hockey coach in the St. Louis area for over 25 years. He has coached the St. Louis Amateur Blues AAA, St. Louis Sting Jr A of the NAHL, Missouri River Otters of the UHL, and the St. Louis Bandits of the NAHL.

**Excerpt from Performance Chiropractic*

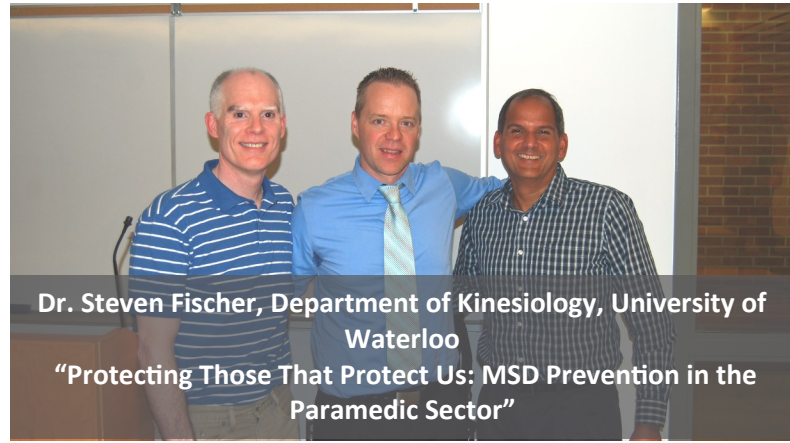
DISTINGUISHED SPEAKER SERIES 2017-2018



Ann Pegaro, School of Human Kinetics, Laurentian University

"Social Media in Sport Research: Working with Big and Small Data"

(L to R) Dr. Eddy, Dr. Gee, Dr. Millar, Dr. Pegaro, Dr. Dixon, Dr. Paraschak



Dr. Steven Fischer, Department of Kinesiology, University of Waterloo

"Protecting Those That Protect Us: MSD Prevention in the Paramedic Sector"

(L to R) Dr. Andrews, Dr. Fischer, Dr. Khan



Dr. Jamie Melling, School of Kinesiology, Western University

"Exercising with Type 1 Diabetes: Do the Benefits Outweigh the Risks?"

(L to R) Dr. Milne, Dr. Melling, Dr. Krause



Dr. Catherine Sabiston, Faculty of Kinesiology and Physical Education, University of Toronto

"From Running Shoe Advertising to Motivating People to Exercise: A Research Trajectory in Sport and Exercise Psychology"

(L to R) Dr. Olafsson, Dr. Chandler, Dr. Sabiston, Dr. Dixon



Dr. Toni Bruce, Faculty of Education and Social Work, University of Auckland

"15 Rules of Media Representation: Changing Images of Female Sporting Bodies Over Time"



Dr. Mohsan Beg, Director, Student Counselling Centre, University of Windsor

"Supporting Students in Distress: What's My Role?"



(L to R) Dr. Olafsson, Dr. Dixon, Dr. Misener, Dr. Eddy, Dr. Gee, Dr. Paraschak, Dr. Millar

Dr. Katie Misener, Department of Recreation and Leisure Studies, University of Waterloo

"Shifting the Goal Line: Trending Towards Social Responsibility in Community Sport"

DISTINGUISHED SPEAKER SERIES 2018-2019

For more information on the University of Windsor, Department of Kinesiology Distinguished Speaker Series, please contact Dr. Vicky Paraschak at (519)253-3000 ext. 2445

Dr. Carlin J. Miller

Department of Psychology
University of Windsor
Windsor, ON

Mindfulness Interventions as Complementary Therapy for Attention Problems

Friday, October 19, 2018

Dr. Jonathon Weiss

Department of Psychology
York University
Toronto, ON

Involvement and Retention in Special Olympics for Young Athletes with Intellectual Disability and Autism

Friday, October 26, 2018

Katie LeBel

Ted Rogers School of Business Management
Ryerson University
Toronto, ON

We Don't Know What We Don't Know: Social Media Gatekeeping in Sport

Friday, November 16, 2018

Dr. Gordon Bloom

Department of Kinesiology and Physical Education
McGill University
Montreal, QC

Coach Mentoring: Strategies for Learning and Success

Friday, November 30, 2018

Dr. R.J. Elbin

Department of Health, Human Performance and Recreation
University of Arkansas
Fayetteville AR

Advancements in the Clinical Care for Sport-Related Concussion: A research update

Friday, November 2, 2018

Scott Tainsky

Mike Ilitch School of Business
Wayne State University
Detroit, MI

Win-Win in Sport and Business

Friday, January 18, 2019

Roger LeBlanc

École de kinésiologie et de loisir
Université de Moncton
Moncton, NB

Understanding the Invisibility of Alpha Male Gay Athletes

Friday, March 1, 2019

Michaela Devries-Aboud

Department of Kinesiology
University of Waterloo
Waterloo, ON

The Influence of Exercise, Sex and IMCL on Muscle Metabolism and Glycemic Control

Friday, March 22, 2019

HK LAUNCHES ALUMNI INITIATIVES ON DIGITAL PLATFORMS

Over the past year, the Faculty of Human Kinetics and Department of Kinesiology have dedicated significant resources to increase the profile of our alumni on or digital platforms. Three main initiatives were undertaken: 1) **Optimize alumni pages on the HK website;** 2) **Profile graduates for social media pages;** 3) **Launch the U of W HK Alumni LinkedIn Group.**



ALUMNI VISIT WITH JOHNNY BOWER AT HALL OF FAME

In the fall of 2017, HK Alumni attended an event at the Hockey Hall of Fame in downtown Toronto.

Those in attendance has the opportunity to meet with Maple Leaf legend, Johnny Bower. Mr. Bower was very charming, charismatic and gracious with his time. This public appearance turned out to be one of Mr. Bower's last, as he passed away only months later. The positive memories of Mr. Bower and the evening live on.



(Left to Right) Johnny Bower with Peter Baldwin, MHK '17; James Gilles; Johnny Bower with Dr. Craig Greenham

FALL 2018 ALUMNI EVENT OTTAWA

We are looking forward to meeting alumni in Ottawa, Ontario at the Aulde Dubliner on November 7th, 2018



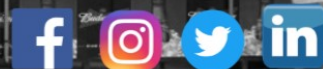
University
of Windsor
Faculty of Human Kinetics

ALUMNI EVENT

Wednesday, November 7th
Aulde Dubliner – 2nd level
73 Clarence Street
Ottawa, ON. K1N 5P5
6pm

Cash bar
Food provided
Please RSVP by Nov 2nd to:
Christine at ccolautt@uwindor.ca or
by phone 519-253-3000 ext. 4261

Connect with HK



Research Notes

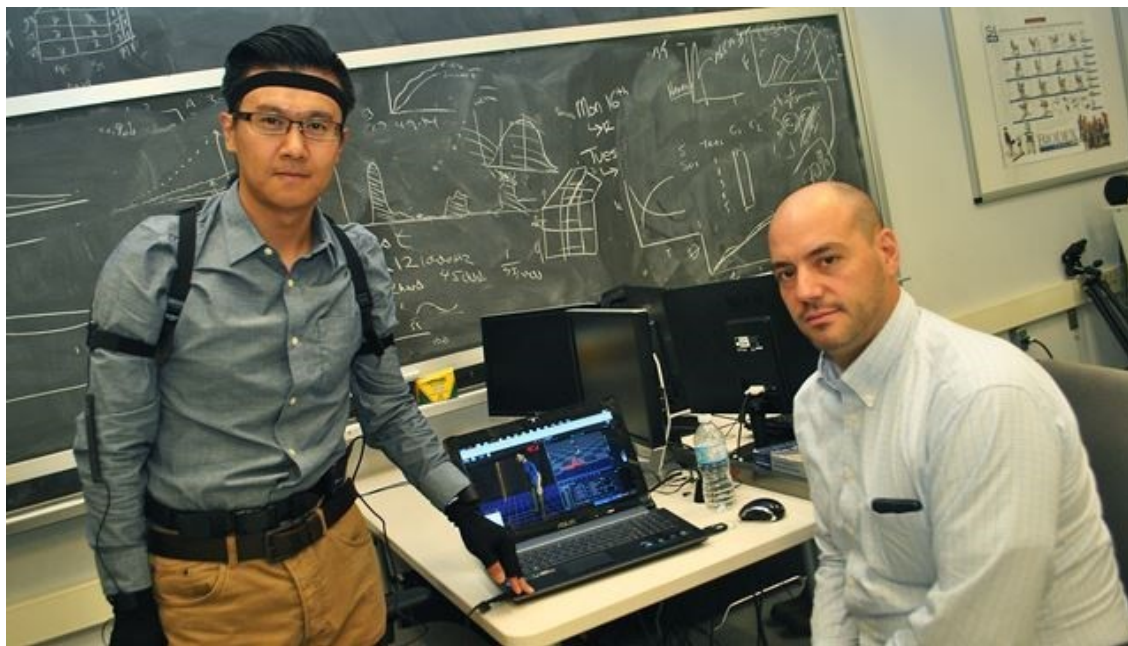
Together with my Kinesiology Research

Working Group, it has been an honour and pleasure to work with students and colleagues over the last 2+ years to help maintain and foster our strong and supportive research culture. Working together, we launched another successful Kinesiology Research Day, and continue to reshape our research website, reframe our strengths and research identity, and lay the framework for impending government-mandated reporting of our research metrics. With pride, I watched our faculty and students be recognized for their research achievements, including national and international research awards, successful grant capture, conference presentations, publications, and community outreach initiatives. We also had a substantial student representation in events across campus (e.g., University of Windsor's UWin undergraduate conference, 3MT competition). I look forward to leveraging the strengths and experience of each individual researcher to create an even stronger collective research group over the years to come.

With best wishes,

Cheri McEwan

Department of Kinesiology Research Coordinator
Associate Professor



Biomechanics and Ergonomics

The recent hire of Dr.

Francesco Biondi in the area of cognitive ergonomics, will extend and complement our offerings in the areas of ergonomics and human factors. Through the additional courses and research he will offer, our students will be even better prepared for careers in

industry and academia. Dr. Biondi's experience in design within the automotive sector aligns very well with the expertise within Kinesiology and the demonstrated strengths of the local region, on both sides of the border.

Adapted Physical Exercise Research Group (APEX)

It was another productive year for the Adapted Physical Exercise (APEX) Research Group, which includes faculty members Nadia Azar, Sean Horton, and Chad Sutherland, and project manager/PhD student, Kelly Carr. APEX and its partner, Community Living Essex County, are currently in their second year of a three-year Ontario Trillium Foundation (OTF) grant. During this past winter semester, APEX hosted its largest group of participants, 25 adults with autism spectrum disorder and an intellectual disability (ASD-ID), in their 12-week “Fit Together” exercise program, which was supported by 6 internship and 18 volunteer Kinesiology students. Since the beginning of the OTF grant, APEX has provided free exercise programming to 64 participants, and has involved 70 Kinesiology students.



Expanding the breadth of its current work, the APEX research group evaluated the impact of strength-based employment of people with an ID. Funded by the Local Poverty Reduction Fund, this project identified that Community Living Essex County’s modernized, strength-based employment services, Career Compass, improves social inclusion within the workplace, enhances income security by increased wages, and develops employment outside the sales and service sector.

This past year, APEX presented research at the North American Society for the Sociology of Sport (NASSS) and the Ontario Association for Developmental Disabilities (OADD) conferences: (1) Carr et al. - A co-transformative process: Showcasing strengths of autism through physical activity (NASSS), (2) Carr et al. - Income security among people with intellectual disabilities: Comparing strength-based and traditional employment services (OADD), (3) Ali et al. - Guidelines on implementing aerobic exercise for people with ASD-ID (OADD), (4) Tillich et al. - Energy expenditure of adults with ASD-ID during an adapted physical exercise program (OADD).



APEX also published 2 journal articles: (1) McAllister R.J., Carr, K., Sutherland, C.A., Azar, N.R. & Horton, S. Bystander perceptions of an exercise program for adults with ASD-ID within a university setting: *Journal on Developmental Disabilities* (tied for 2nd place in the 2017 student publication prize competition for excellence in writing), (2) Ali, S., Azar, N.R., Sutherland, C.A. & Horton, S. Understanding repetitive behaviors and the use of exercise as an intervention for adults with ASD-ID: *Critical Reviews™ in Physical and Rehabilitation Medicine*. Furthermore, APEX has two other publications out for review, so please stay tuned next year!

This summer APEX is working on developing an exercise manual and accompanying videos to enhance the resources available to support people with an intellectual and developmental disability to live a sustainable, active lifestyle. APEX is also launching a marketing strategy related to its OTF grant and recruiting new participants for the Fall 2018 and Winter 2019 “Fit Together” exercise programs.

Lastly, APEX was very honoured to receive a ‘spark’ award from Community Living Essex County, which recognizes organizations and people that support their cause.

Motor Behaviour and Lifespan Development

The Motor Behaviour and Lifespan Development

Research labs aim to examine how different populations learn, control, manipulate, transfer, and alter skills that relate to movement and performing tasks. These concepts span the lifecourse from working with children to further understand End State Comfort (Dr. Scharoun-Benson), and increasing therapeutic advantages via Ride-On Cars among children at different stages of development (Dr. van Wyk), to investigating skill acquisition and gait disorders among older populations (Dr. McNevin), physically active leisure and physical literacy among older adults (Horton, van Wyk) and the involvement of Masters athletes (Dr. Horton, Dr. Weir). Participant populations also span older adults, individuals with Autism Spectrum Disorder, Down Syndrome, Parkinson's Disease, Dementia, and many more.

Recently, Dr. Scharoun-Benson was awarded a significant amount of funding. MHK Candidate, Jordan Deneau, (advisors Dr. Horton & Dr. van Wyk) presented his thesis work (Exploring the meaning of aging and physically active leisure in the lives of older Canadian men: directions for health promotion strategies) at Canadian Association on Gerontology in British Columbia. Data collection for round one of *GoBabyGo* with Master's student Andrea Vlasic (Advisors Dr. Andrews & Dr. van Wyk) is completed and preliminary results indicate the program improved various outcome measures among participants.

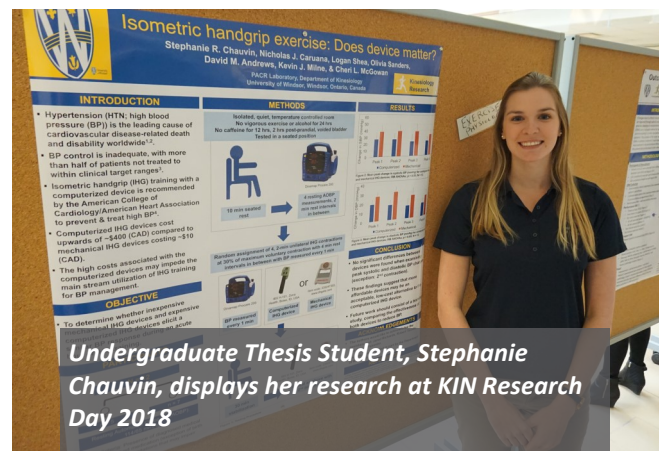
Additionally, Dr. Horton was promoted to full-Professor. Congratulations, Sean.

Physical Activity and Cardiovascular Research (PACR)

The Physical Activity and Cardiovascular Research Laboratory (PACR Lab) hosts a mix of scientists who together have an overarching goal of maximizing cardiovascular health across the lifespan. Our team accomplishes this goal by examining the mechanisms, modes, and benefits of physical activity, together with

complementary healthy behaviours in individuals with and without disease. PACR Lab researchers use a cells-to-society approach that spans from innovation and discovery to intervention and clinical trial studies.

Regular exercise and physical activity are physiological stresses that the body must adapt to in order to support further exercise and normal function. Those adaptations occur in the brain, heart, blood vessels, skeletal muscle, and nearly all other organs and tissues. PACR Lab researchers attempt to exploit this knowledge to examine such things as nervous system, vascular and cardiac function, acute and long-term blood pressure regulation, and skeletal muscle repair in response to pharmacological interventions, trauma and/or exercise



training (e.g., varsity-level, cardiac rehabilitation, classical aerobic and resistance training, isometric handgrip training).

Ongoing collaborations within the Faculty of Human Kinetics (e.g., Centre for Human Performance), together with local, national and international academic institutions and medical centres provide clinically relevant expertise and global audiences. These collaborations provide our students with the best training and exposure possible. Further, the PACR lab offers mentorship and training for students at all levels to learn molecular biology techniques, exercise testing, and clinical modalities in addition to human focused research.

Ultimately, the PACR Lab aims to develop impactful techniques and therapeutic strategies that are clinic-ready and can be applied to improve the health of the public at large.

Community, Health, Environment, and Wellness (CHEW)

Although working under the umbrella of the PACR lab for quite some time, the Community Health, Environment, and Wellness Lab was established in 2018. Under the leadership of Sarah Woodruff, the lab currently consists of several graduate and undergraduate students and involves several collaborations with other Kinesiology professors including Drs. Kevin Milne, Marcia Milne, and Dr. Craig Greenham, in addition to collaborations across campus, within the Windsor-Essex community, and beyond.

Several projects have recently come to an end and the lab's productivity is higher than ever! Since January of 2018, we've had three papers published, nine are awaiting publication, four others are submitted, and several others are currently being worked on. Many students, including undergraduates, have their name on at least one (if not two) publications!

Special congratulations to:

- Paige Coyne (*below left*), current MHK student, received a 2018-19 Ontario Graduate Scholarship
- Sara Santarossa (*below right*), current PhD student, received the 2017 University of Windsor's GA/TA Award for Educational Practice and BANA's 2017 Outstanding Individual award
- Erin Dufour, current MHK student, received the 2018 A.R. and E.G. Ferris Award and the 2018 ATHENA Scholarship for excelling academically, exhibiting extensive community involvement, and serving as an outstanding leader
- Jillian Lacasse for completing her undergraduate thesis entitled #yoga on Instagram: Understanding yogic principals of the online conversation and community
- Outstanding Scholars Jillian Lacasse, Jordan Laroque, and Matt Varga graduated with the BHK in 2018
- Dr. Woodruff won the Mayor's award for contributing to the *Healthy Community* of Windsor & Essex County



Sport Management

MHK in Sport Management was once again named the Top Postgraduate Program in Canada and Top 25 in the World. This marks the 6th time in the past 7 years, the MHK program has received such a designation.

Dr. Jess Dixon contributed a book chapter to Contemporary Sport Management (6th ed.; Human Kinetics Publishers) on the topic of 'Sport Management Research.' I'm not sure if this is still the case, but at one point, it was the best-selling introductory textbook in the field.

Dr. Sean Horton, Ms. Laura Chittle (PhD Candidate, MHK '16), Dr. Joe Baker (York University), and I received funding from the Social Sciences and Humanities Research Council of Canada (SSHRC) to host a one-day conference on the 'relative age effect' (RAE) in October of

2018, coinciding with the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) conference in Toronto. This one-day conference is intended to connect and engage internationally recognized scholars who have examined the RAE from different perspectives (e.g., sport, mental health and well-being, education, youth development), policy makers, and industry professionals. Following the conference, the organizing committee will collaborate in editing a book on the state of research on the RAE, with each of the conference delegates contributing chapters related to their area(s) of expertise.

Former HK faculty member Dr. Jules Woolf and Dr. Jess Dixon published a teaching simulation in the October issue of the Sport Management Education Journal, that was the most-downloaded article in 2017. In addition we (Dr. Todd Loughhead, Dr. Dixon and Mr. Frederik Ehlen MHK '17), also published an interview with distinguished UWindsor Alumnus and former President and CEO of Maple Leaf Sports & Entertainment, Dr. Richard Peddie in the April issue of this same journal.

In 'Strategic Management in the Sport Industry' class (95-508) Ms. Erin Jackson (MHK '17), Ms. Stefania Ciulla (MHK '17), Mr. Frederik Ehlen (MHK '17), and Ms. Ayobami Ogunlana (MHK '17), and Dr. Dixon published a teaching

case study on Performance Sports Group in Case Studies in Sport Management, for a special issue on the topic of 'Sport Finance.'

A team comprised of third and fourth year Sport Management students won the UW Sport Management Case Competition in March.

Dr. Jess Dixon congratulates the We are Windsor team: Emily Stadder, Sheldon Fetter, Zack Sephton, Maggie Aziz, and Amanda Purdie.



Sport Psychology and Physical Activity Research Collaborative (SPPARC)

The Sport and Exercise Psychology lab has rebranded itself as the Sport Psychology and Physical Activity Research Collaborative (SPPARC for short). The change in name was precipitated to reflect more accurately the work being done in the lab. In particular, replacing the word 'exercise' with 'physical activity' highlights the fact that the lab conducts research in the broader area of physical activity that not only includes exercise but also other areas such as active play, physical literacy, and dance. The inclusion of the word 'Collaborative' in the lab's name emphasizes an important value that Drs. Chandler and Loughhead nurture within the lab's environment: the importance of working together to produce high impact people and research.

Along with the rebranding, it's been an exciting year within the SPPARC lab. Both Drs. Chandler and Loughhead have been busy working on a variety of grant funded research projects. Dr. Loughhead's (co-PI, Dr. Chandler) SSHRC-funded athlete leadership development training program continues to be implemented with numerous teams both locally and internationally. Dr. Chandler was recently awarded a SSHRC-funded grant (co-PI, Dr. Loughhead) to deliver a mental skills training program to athletes with a disability. Dr. Chandler, along with the support of Dr. Loughhead, Dr. Beg, Mr. Sutherland, and Ms. Ondracka, was awarded a Strategic Priority Fund research grant to implement a fitness

program (UWorkItOut UWin) to improve the mental health of University of Windsor students. From the student perspective, Matt Hoffmann and Michelle Guerrero graduated as the department's first two PhD students. Similarly, Shawn Filion and Matt Boisvert both successfully defended their master's thesis, while Piotr Piasecki will be defending his master's thesis in July. All members of the SPPARC lab were busy out in the community providing psychological skills training to various teams. Ashley Duguay continues to provide psychological skills training to numerous varsity teams. Irene Muir and Katie Hirsch are working with several girl's soccer teams, and Irene also worked with a dance team in preparation for their world championship. Matt Boisvert worked with a boy's minor hockey team, Alex Cyr worked with the university's track club, Piotr Piasecki assisted the women's varsity soccer team, Shawn Filion worked with a boy's baseball team, and Kieran Hawksley supported a high school boy's basketball team.

Assisting with all of the lab's various activities, we had the help of two outstanding Co-op students: Jessica Simpson and Megan Leblanc. Both Jessica and Megan have been invaluable members of the lab. Their hard work and dedication have been greatly appreciated. Lastly, the SPPARC lab will be welcoming some new members starting in September. Matt Boisvert and Frank Ely will commence their doctoral studies, while Mitch McCaughan, Kyle Bezaire, and Matt Varga will start at the master's level.



Dave Andrews

The 2017/2018 academic year was the busiest one that Dave can remember. In addition to his classes and research, Dave had the great fortune of serving on a number of hiring committees for the department. It is exciting to be adding new faculty and staff to Kinesiology. Another highlight for Dave was Danielle Gyemi starting as his PhD student in January. He will be travelling with her and an undergraduate student, Claudia Town, to Halifax this summer to present at the Canadian Society for Biomechanics conference.

On the home front, Trish enjoyed another year as a first year teacher at Forest Glade PS. She is looking forward to some time off over the summer to prepare for her seventh year with the board.

Rachel had a fun first year of her Masters at McMaster dissecting fruit fly larvae under a microscope, and playing with her cat Luna. Ben wrapped up his last co-op work term with the Hamilton Tiger Cats in November and started back to school in January. He will be finished his BHK at the end of 2018. Megan has gladly accepted a spot in Visual Arts at UWindsor in September. She can't wait to develop her skills as a sculptor and painter in the new buildings downtown. Dave's renovations on the old house continue! He will be advancing a few projects in the basement and the hallway upstairs before the fall term, and another work year, starts.

Nadia Azar

This year saw the launch of an incredibly exciting new research program and lab identity – the DRUMMER Mechanics and Ergonomics Lab (DRUMMER Lab). The focus of the lab/research is on physical performance and injury prevention in people who play the drum set, and two major research projects are currently underway. The first will document the prevalence and patterns of playing-related musculoskeletal disorders (PRMDs) in drummers, and identify the playing-related and lifestyle characteristics that put drummers at risk for, or protect them from, PRMDs. The online survey used to collect the data brought in 865 responses from drummers across the globe. The second project will document drummers' energy expenditures during live performances. To date, participants have included [Mike Mangini](#) (Dream Theater), [Jeff Burrows](#) (The Tea Party), [Casey Grillo](#) (current touring drummer for Queensrÿche), and [Danny Miles](#) (July Talk), and five more drummers (so far...) have agreed to participate in the coming weeks and months. The studies have been featured on [national](#) and [international](#) media, and Nadia will continue sharing the results via social media (all platforms: @DrNadiaAzar). Since Nadia has always been a fan of rock music, loves going to concerts, and is related to multiple drummers, this research program has led to a unique and exciting synergy between her personal and professional interests. At home, Dory's enjoying his role as DRUMMER Lab photographer/creative director (in addition to his day job as an architect); Ellis made her school's volleyball team (in Grade 5!); and Juno loves programming her Lego Mindstorms EV3.



Dr. Azar with Tim Alexander of Primus. Photo by Dory Azar.



Francesco Biondi

Francesco joined the faculty this Fall. Together with his wife, Ashley, they have spent the past ten years studying and working in Europe, the United Kingdom, and the United States. Even though it will be bittersweet to leave Salt Lake City, they are very thrilled about starting a new chapter of their lives in Windsor. Francesco will be teaching User-Center Design during the Fall semester, and will contribute his background in Cognitive Ergonomics to the research in human behavior and user-machine interaction at the Department of Kinesiology.

Anthony Bain

Dr. Bain obtained his Bachelor's in Human Kinetics and his Master's of Science at the University of Ottawa. He then moved to the University of British Columbia where he completed his PhD in Cerebrovascular Physiology. During his PhD, Dr. Bain performed extensive experiments in humans under extreme environmental stress, including hyperthermia as well as severe hypoxemia associated with high altitude and competitive breath holding. Dr. Bain worked closely with the Croatian National Apnea team, and in doing so attained the first measures of cerebral metabolism in humans during breath holds of up to 10 minutes.

Following his PhD, Dr. Bain moved to Boulder, Colorado for his postdoctoral fellowship at the Integrative Vascular Biology Laboratory. In Boulder he explored the mechanisms of vascular dysfunction in cardiovascular disease through both *in-vivo* and *in-vitro* techniques. His primary research focus was on the vascular endothelial effects of insufficient (short) sleep, specifically as it relates to nitric-oxide bioavailability, fibrinolytic capacity, and oxidative stress.

At Windsor, Dr. Bain plans on extending his work with insufficient sleep. In this capacity he will first explore the impact of insufficient sleep on cerebrovascular function in both health and disease, as well as the interaction of insufficient sleep and exercise on vascular function. Dr. Bain will also continue his work with environmental stress. In July of 2018, Dr. Bain will be part of the Global Research Expedition on Altitude Related Chronic Health (REACH), in Cerro de Pasco, Peru.



Joel Cort

Joel continues his research in the area of Biomechanics with his goal to reduce workplace injuries, specifically those associated with automotive assembly. At the undergraduate level, Joel resumes his teaching of Ergonomics at the 2nd and 4th year level, while at the graduate level; he conveys his knowledge in the area of Instrumentation and Biomechanical Modeling. At home, Joel enjoys spending time with his wife, Christina, their 8-year-old daughter, Leah, and 6-year-old son, Shea.



Dr. Joel Cort with recent MHK graduate, George Taouil on KIN Research Day, 2018

Adriana Duquette

Adriana and her husband, Jamille, welcomed their second daughter, Aaliyah Ann (Duquette) Walls, on May 5, 2018. Big sister Tiana (almost 2 years) is elated to have a playmate, and Adriana is enjoying her maternity leave with the girls. When she returns to work next year, she will continue teaching and coordinating the 'Laboratory Experiences in Kinesiology' courses.

Krista Chandler

This year the SPPARC lab welcomed several students, including MHK students Alex Cyr (St. FX) and Kieran Hawksley (MUN) and saw Irene Muir transition from her MHK to a PHD. The SPPARC lab said goodbye to Shawn Filion (MHK) – best wishes as he continues his education at the University of Ottawa, and Michelle Guerrero (MHK & PhD), who accepted a post-doc position at CHEO in Ottawa. All the best and continued success in their academic careers. In addition to national conferences (SCAPPS, ECSEPS) attended, the students represented the University of Windsor at several international conferences (MSEPS, NASPSA). Congratulations are extended to the students for their awards and scholarships, which included:

- SSHRC and OGS (Irene Muir)
- Michael Smith Foreign Study Supplement (Michelle Guerrero)

In collaboration with HK colleagues (Loughead, Sutherland, Ondracka) and UWindsor Student Counselling Services (Beg), Krista began an exercise and physical activity counselling program aimed at improving University of Windsor students' mental health. They have successfully run the 6-week UWorkItOut UWin program every semester since Fall 2017 and have received funding to continue the program for another three years. Special thanks to the BHK, MHK and PhD students who continue to help run this important initiative. Krista was also recently awarded a 4-year SSHRC grant to design and implement an online psychological skills training program for athletes with a disability. With the assistance of Todd Loughead and Jeff Martin (Wayne State University), they look forward to providing a structured and accessible mental skills program to all athletes with a disability.



Dr. Krista Chandler with her husband, Bryce and daughter, Mera

Mera is 9 years old and going into grade 4 French immersion. She had a busy year of activities- piano, science fair, cross country, soccer, and track. But with hockey as her real passion, she and her Novice Major AA teammates had a very successful season that included winning the regular season, two tournament wins, and which culminated in winning the OMHA championships (#redhats). With Krista as the team manager (and pre-game speech maker!) and Bryce as the photographer, the Chandlers spent a fair amount of time at the rink. They will be assuming their same roles on the team as Mera gears up for the Atom Minor AA travel season. Go Eagles!

Jess Dixon

The past year was filled with many new challenges and opportunities for Jess. Most of these stemmed from taking over the role of Graduate Program Coordinator from Dr. Azar on July 1.

Consequently, Jess spent less time in the classroom and more time in meetings, where he advocated for current and future MHK and PhD students on a variety of issues, including admissions and financial support. In September, he welcomed two new MHK students: Evan Gilbert and Maggie Veitch. Jess instructed “Human Resources in Sport Management” during the Fall semester and “Principles of Sport Management” during the Winter semester.



Dr. Cathy Sabiston, Dr. Jess Dixon, Dr. Laura Misener

From a research perspective, Jess delivered a plenary presentation at the Sport Canada Research Initiative (SCRI) Conference in Toronto, where he was joined on the podium by former MHK classmates Dr. Laura Meisner (R) and Dr. Cathy Sabiston (L, see photo above) He was also involved in research presentations that were delivered at the North American Society for the Sociology of Sport (NASSS) in Windsor, and the North American Society for Sport Management (NASSM) in Halifax. In advance of the NASSM Conference, Jess crossed several other golf courses off of his bucket list, including the famed Cabot Cliffs, with Dr. Eddy (below).



Dr. Terry Eddy and Dr. Jess Dixon—crossing one off the bucket list

Terry Eddy

Terry had a whirlwind first year in HK. Moving from the University of Arkansas last summer was anything but simple, but he has quickly started to feel at home in HK. He credits the other members of the faculty, as well as the graduate students from Research Methods and Sport Marketing, for making the transition such a success. Terry has enjoyed welcoming his first MHK student, Ben Wiebe, into the program in January, and was also fortunate to take over as Zach Evans' advisor in April.

Terry's personal life was highlighted by a trip to the west coast of Canada (Vancouver, Kelowna, and Banff) with his wife Rebecca in early May, where they got some great seafood and did a little wine/beer tasting. Terry was also fortunate to travel to England over winter reading week, visiting London, Leeds, York, and Manchester. The main reason for the trip was to fulfill a long-time goal of seeing his beloved Manchester United play at Old Trafford, who beat Chelsea 2-1. He also weaseled his way into an exclusive event to watch the team practice and meet some of the current/former players the day before the game.

Although he broke his streak of driving to conferences by flying to Boston for the Sport Marketing Association meeting in October, a new streak will begin in early June as he and Jess made the quick drive to Halifax for NASSM. They may even end up playing a round or two of golf on the way.



Dr. Terry Eddy (front row, 3rd from right) with Manchester United Football team

Sarah Gee

Sarah joined the HK family in December, after spending 15 years at universities in New Zealand. She is excited to be in Windsor, and much closer to her immediate family. A three-hour car ride is far more appealing than a 24-hour plane ride! In the winter semester, she taught "Gender Issues in Sport" and, a new course, "Sport Sponsorship". One of Sarah's highlights from her first semester at UWin was watching her students perk up when she talked about her research on sport and alcohol. Yes, you read that right...attending sporting events, drinking beer and talking to event attendees about beer and sport is a tough job, but somebody's got to do it! Her students and fellow faculty colleagues have also thoroughly enjoyed decoding her slight Kiwi accent and phrases – such as "ah-di-dahs", "fortnight", "jandals", and "yeah, nah" – and it was showcased during her co-MC duties at Scholars' Night. In June, Sarah will travel to Lausanne, Switzerland for the annual World Congress of the International Sociology of Sport Association. Sarah is looking forward, with anticipation, to a full academic year in HK in September, and working with her first HK Masters student, James Caron. She also hopes that HK continues to provide regular lunches for faculty, as it provides a much-welcomed holiday from her lunch-making repertoire.



Dr. Sarah Gee with Dr. Dave Andrews, hosting Scholars 'Evening 2018

Craig Greenham

It has been a full year for Craig, on-campus and off. At home, Grady is nearing his second birthday and he keeps Craig and Ericka hopping. Grady's a lover of the outdoors and exploring the world outside. He's game for anything messy.

In the classroom, Craig created a new graduate course, Newsroom, that provided journalistic coverage of Lancer athletics. The student-generated content became the sports section for the *Lance* and provided much-needed media exposure for our varsity athletic programs. Some articles received more than 1,500 online reads.

Craig is pleased to see Blake Blondeel complete the requirements for his MHK degree this spring and welcomed Giulia Barile as a new graduate student to the MHK program this past fall. Craig also serves as the faculty partner for Nate Nantais and Ben Andrews in the Outstanding Scholars program. Nate worked as a research assistant for a conference paper that Craig wrote and presented at the North American Society for Sport History conference in Winnipeg. Ben and Craig co-authored a paper that has been submitted for publication that explores aspects of the Saskatchewan Roughriders' community ownership model. Craig wrote a chapter for a football anthology, *Touchdown: An American Obsession* and has published other Canadian football research in the *International Journal of the History of Sport*.

In June, Craig travelled to China, Taiwan and Japan to promote the department's new certificate program in Sport Media, Communication and Social Issues.



Dean, Michael Khan, the local tour guide, and Dr. Craig Greenham exploring the temples in Taiwan and China.

Sean Horton

The dominating force in Sean and Georgia's life these days continues to be their daughter Addison, who is a delightful 3-year-old (as of July 18th). This has spill-over effects with Sean's work; in the ultimate mix of work and home life, Sean carries around a video camera to capture every stage of her development so that he can use it in lectures. In fact, one course he teaches, "Human Growth and Development" will be officially changed to "Addison's Growth and Development". What Addison thinks about this is unclear, but may be revealed soon given her burgeoning precocity with language.

The Adapted Physical Exercise (APEX) program (a collaborative effort with Chad Sutherland and Nadia Azar) continues to flourish. The group secured funding from the

Ontario Trillium Foundation that will enable programs to run 8 months a year through 2019. One program just finished that involved 25 adults with Autism Spectrum Disorder and an Intellectual Disability. The efforts of program coordinator Kelly Carr along with numerous undergraduate student volunteers ensures this program is a resounding success. Finally, Joey Garland and Alaina Zvric finished their graduate degrees and have moved on to bigger and better things, while Kelly Carr, Laura Chittle, and Jordan Deneau continue to do exciting and innovative research, keeping Sean on his toes.

Todd Loughead

It was an interesting year for Todd. On the university front, Todd taught his group dynamics and applied sport psychology undergraduate courses in the fall semester. In the winter semester, Todd taught his leadership course. All three of these courses were unique and enjoyable teaching experiences. A personal highlight was the graduation of the department's very first PhD student, Dr. Matt

Hoffmann. Matt's work examining peer athlete mentoring is leading edge and will propel him to great heights in the field of sport psychology. Ashley Duguay, a PhD candidate, will be completing her dissertation within the next 13 months. On the MHK side, Matt Boisvert recently defended his thesis and will transition to the PhD program in September. Welcome aboard, Matt! Piotr Piasecki will defend his master's research in July and has been accepted to Adler University's Counseling in Sport and Health Psychology program—Congratulations Piotr. Katie Hirsch completed her first year and will be researching fairness within the realm of athlete leadership. In September, Mitch McCaughan and Kyle Bezaire will be joining the lab as a master's student. After a brief and courageous battle with cancer, the Loughead family said goodbye to an amazing mother and grandmother with the passing of Lucy Loughead (Todd's mother). Lucy's unconditional love for her family and especially her only grandson, Travis, will be a constant reminder of what is important in life. The Loughead family would like to thank the students, faculty, and staff for the love, support, understanding, and care shown during this difficult time.



Dr. Loughead and Dr. Chandler flank their two first PhD graduates, Dr. Matt Hoffmann and Dr. Michelle Guerero at Convocation 2018



Marlese Kimmerle

Dance, travel, theatre and yoga are still very much on the agenda. The most recent dance cruise involved a trip to Dubai in February. Apart from the usual cruise and dance events this also involved seeing the phenomenal buildings in Dubai, the amazing Mosque in Abu Dhabi, yoga in the desert at sunset, and a camel ride to a Bedouin camp complete with belly dancers, peregrine falcons, and henna painting (photo right). A new venture since February has been pickle ball and surprise, Marliese has encountered several of her students. Since its 55 plus, that was a bit surprising, but yes it was that long ago, since she started teaching in 1969. Time flies.

Kenji Kenno

As I approached retirement after 34 years (yikes) the Kenno family were happy and proud to welcome our second grand daughter Malia, a new sister for Arisa (4 years old) and a new bundle of joy for daughter Sara and husband Ryan. Malia and Arisa are keeping grandma Claire happily busy especially when Sara headed back to work in August. As a Jiichan (grandpa) I will/hope to assume very limited Jiichan duties due to a full schedule of golf, fishing, golf, home repairs, naps and golf with my fellow retirees and friends Wayne Marino, Dennis Hastings, John Rossi and any other working KIN faculty who I can drag away for a round of golf. My daughter Staci Pinkerton received tenure at Brock University teaching Managerial Accounting this year and her and husband Adam and faithful dog Sarge are building a new and spectacular home in LaSalle. To start the 2018 summer off we had a fabulous wedding celebration for my youngest daughter Kristen to Paul Cowan in July at the Ambassador Golf Course facility and a very good time was had by all. They are both supply teachers in Windsor and have a wonderful home in Walkerville. The Kenno - clan from BC and Alberta - George (brother)/ Barb, Sara/Will, Adam and Paul all attended the wedding so all the Thunder Bay (Fort William) Kenno's were together oh ya ! Finished up my last few graduate students and I look forward to retirement... I think .. but I know I will miss the teaching of both undergraduate and graduate students and the all of the faculty and staff I have had the pleasure to work and interact with.

Matthew Krause

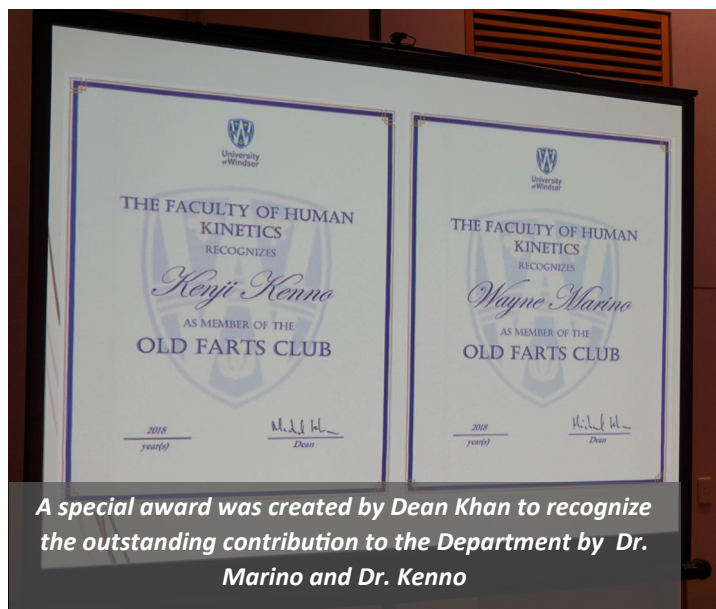
Ongoing research projects and the constant tinkering with undergraduate courses has filled Matt's schedule this past year while his graduate students and their projects are making excellent progress. Mike Mallender, co-advised by Dr. van Wyk, is nearing completion of his thesis work. Mike presented some of his preliminary findings at the Canadian Society for Exercise Physiology (CSEP) national conference in October 2017 in Winnipeg. Newcomer students Fasih Rahman, Dylan Hian-Cheong, and Samantha Burton have completed their coursework and have begun their thesis research. Fasih notched his first publication in collaboration with researchers at McMaster and York Universities, titled *Altered mitochondrial bioenergetics and ultrastructure in the skeletal muscle of young adults with type 1 diabetes*. Dylan and Matt travelled to York University last summer to receive training in muscle biopsy technique. Samantha recently presented her thesis outline at Kinesiology Research Day and is preparing to officially propose her thesis by the end of the summer. Matt's lab has much to be proud of: Mike secured a CIHR-CGS scholarship for the 2017-2018 academic year (no doubt due to the excellent guidance he receives from his co-advisor) and was accepted into the School of Medicine at McMaster, while Fasih secured a NSERC Masters scholarship.



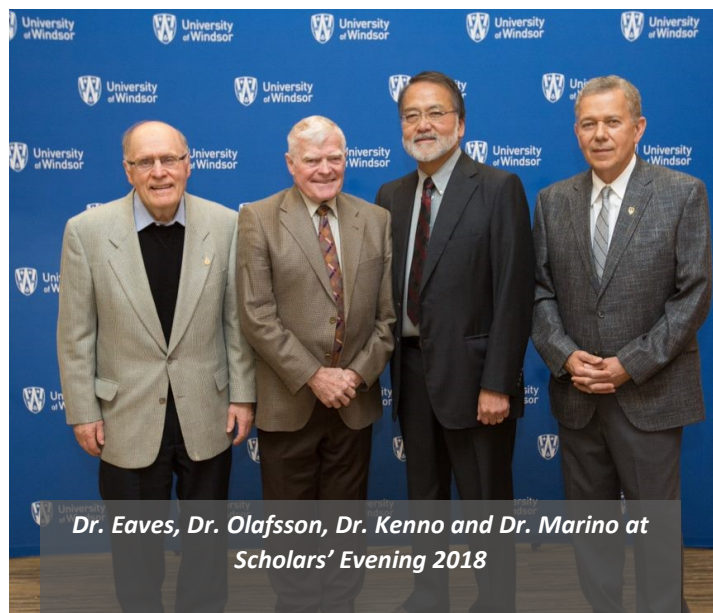
Dr. Andrews and faculty (not shown) surprise Dr. Kenno on his final day of teaching in the Department of Kinesiology.

Wayne Marino

2017/18 has been another interesting and productive year for Wayne. He taught his two favourite courses, Fundamental Mechanics of Human Motion and Measurement and Evaluation, and also took on the role of Undergraduate Coordinator for a four month period. In addition, he continued to serve as a liaison and recruiting organizer for the Department of Kinesiology. Wayne was thrilled and proud to have been named the winner of the Richard Peddie Leadership Award at the annual Lancer Athletic Banquet and he used the generous financial contribution from Dr. Peddie to support both the Lancer men's baseball program and the Lancer women's fast pitch program. The travel highlight of the year was a trip to an International Biomechanics Conference in Barcelona followed by a couple of days in Venice, Italy where he and Nancy boarded the Norwegian Star for a cruise with stops in Montenegro, Croatia, and three Greek islands. On the home front, everyone is doing well with Graham, Nick, Bill, and Katie working in a variety of interesting positions. Although not looking forward to it at all, Wayne will be retiring on June 30th, 2018. He will, however, continue to do liaison work for the department and has agreed to teach biomechanics in the fall semester. Current plans are for Nancy to retire in January and for the two of them to then look for interesting new ways to contribute. Wayne wishes all former students continued success and looks forward, as always, to hearing from many of them at wmarino@uwindsor.ca. Go Lancers! Go Yankees!



A special award was created by Dean Khan to recognize the outstanding contribution to the Department by Dr. Marino and Dr. Kenno



Dr. Eaves, Dr. Olafsson, Dr. Kenno and Dr. Marino at Scholars' Evening 2018

Kevin Milne

"The 2017-2018 academic year was great! Along with recently graduated Master's student Daniel Iannetta, Dr. Milne got to attend the MIT Sloan Sport Analytics Conference in Boston, MA. In addition to learning about new and innovative physiological athlete monitoring and sport analytics, they had the opportunity to see former President Barack Obama speak live. Further, along with MHK'17 grad Elizabeth Vandeborn and future MHK grad, George Taouil, Dr. Milne attended and presented data on biological correlates of female sport participation at the Annual American College of Sport Medicine conference in Minneapolis, MN. A highlight was being inspired by three female master's Olympians on stage including an 80 year old planking record holder who could hold a plank for more than 36 minutes! He dares anyone to try and beat this time. New MHK grad Kelsey Balkwill had a great year on the track, setting records and winning golds at provincial and national championships and looks forward to getting her master's data collection underway. Dr. Milne also welcomed Jaclyn Faraci and Nick Fulea into his team, both of whom will be completing internships within the upcoming year. He looks forward to the new crop of undergrads in September and a new course he'll be teaching in the winter."

Patti Millar

Patti's first year in the HK family has been better than she could have imagined, thanks in large part to the welcoming faculty, staff, and students! In September, Patti welcomed two MHK students: John Bruyea and Bryan Dutot, and over the course of the year has really enjoyed getting to know many of the students in the graduate and undergraduate programs. On the research front, Patti has continued her partnership with the Canadian Centre for Ethics in Sport investigating the professional development of national sport leaders and is excited to begin work on a SSHRC-funded project focused on the management capacities required in order for community sport and recreation organizations to deliver social impact. Patti has also been working on a project exploring the values-based expectations of volunteer coaches and community sport administrators. In April, Patti presented this research at the Parks and Recreation Ontario conference in Blue Mountain, and in June, will travel to Halifax for the annual North American Society for Sport Management conference. Patti has also been consulting with the Women's Sports Foundation's Regional Sports for Life program, where she has conducted sessions on capacity building and readiness for organizational change. She is looking forward to developing additional research and consulting projects in the Windsor-Essex community. As a bit of break from the whirlwind first year in Windsor, Patti enjoyed a trip to Hawaii over reading week, where she fully bought into the Aloha spirit and did some of the best snorkeling of her life! Patti is looking forward to her first full summer in Windsor and has high expectations for her veggie garden, and her golf game.

Cheri McGowan

The 2017-2018 academic year was another great one. In the PACR Lab, we welcomed a host of new research team members, including undergraduate and graduate students from HK, Psychology, and Nursing, and had one of our former students re-join our lab in the new capacity of laboratory physician. Each team member played a very valuable role as we conducted hypertension-related studies in healthy and clinical populations, began our interventional work in cancer survivorship and cardiovascular health, and expanded our work in cardiac rehabilitation to include multiple academic and healthcare institutions on both sides of the Canadian-United States border. Highlights of the year included a) graduate students Mary Ann Zokvic, Michael Pearl and David Paquin obtaining their MHK degrees and moving on to fulfilling "next career steps", b) Stephanie Chauvin being one of the first students to complete an undergraduate thesis as part of her BHK degree – which involved cross-border work in collaboration with the Department of Medicine (Preventive Cardiology) at the University of Michigan, c) having a visiting undergraduate student research scholar from the University of Guelph, d) seeing our isometric handgrip work contribute to international guidelines for the prevention and treatment of hypertension, and e) translating this work at the Royal Canadian Institute for Science's dinner in Toronto. Cheri also enjoyed teaching her undergraduate and graduate courses in Exercise Rehabilitation, and is honoured to work with such outstanding students, PACR Lab faculty, colleagues, and collaborators.



Vicky Paraschak

Vicky had a great sesquicentennial (yes, that's a big word!) because there are now 168 First Nations, Métis or Canadian Inuit sportspeople on Wikipedia, and this process continues! She had help from Sociology of Sport undergraduate and graduate students who edited or created new entries – there were only 92 entries when she started. Her first Aboriginal Peoples and Sport in Canada course, held last fall, also had students creating new entries. The North American Society for Sport Sociology was held in Windsor in November 2017, and the day before it started, Vicky and her students organized an editathon so professors and grad students coming to the conference (and some of our librarians) could come to the HK computer room and help create entries for Wikipedia as well. So it really did take a community and a lot of good will to reach her goal (with the help of many others) of 150+ entries by the end of 2017, to contribute towards the Truth and Reconciliation Call to Action #87! You can check out the entries at First Nations sportspeople ([https://en.wikipedia.org/wiki/Category:First Nations sportspeople](https://en.wikipedia.org/wiki/Category:First_Nations_sportspeople)), Métis sportspeople ([https://en.wikipedia.org/wiki/Category:M%C3%A9tis sportspeople](https://en.wikipedia.org/wiki/Category:M%C3%A9tis_sportspeople)) and Canadian Inuit sportspeople ([https://en.wikipedia.org/wiki/Category:Canadian Inuit sportspeople](https://en.wikipedia.org/wiki/Category:Canadian_Inuit_sportspeople)). Meanwhile, outdoor recreation continues to be a wonderful part of her teaching, sharing that trip with many wonderful students and volunteer leaders who help her out. Great news for past outdoor rec students – Ian got married, Sabrina had a baby this summer, and Jill and Jake got married June 9th. So that's exciting news from the outdoor rec family!

Sara Scharoun-Benson

Sara has enjoyed her first year as a faculty member, and being part of the HK family! After a successful first run, Sara is looking forward to teaching *Motor Learning and Control*, *Human Performance*, and the graduate *Motor Control of Human Performance* courses once again this year. On the research front, Sara is continuing her work investigating upper limb motor development. In June, she will present a project assessing the impact of object size on children's motor planning skills at the North American Society for Sport Psychology and Physical Activity conference in Denver, Colorado. With her colleagues, Sara is also excited to begin a CIHR funded project, *Opportunities for moving more and sitting less: Exploring a whole school approach to improve children's 24-hour movement patterns*. On a personal note, Sara and her husband Alex hiked the Italian Dolomites in July to celebrate their first year of marriage.

Chad Sutherland

Chad enjoyed his first year as the director of operations for the Centre of Human Performance and Health (CHPH). It has been a productive year for the Centre, establishing many new partnerships and projects thanks to the efforts of many faculty, coaches and staff within the faculty of Human Kinetics. The Internship program is moving along well, students are really enjoying the opportunity to get some "real-world" experience. On a personal note, Quinn (age 6) is busy practicing her Scottish Highland Dancing and figure skating, while MacLean (age 4) is busy playing in his 1st lacrosse season (paperweights division) and cheering for the Windsor Clippers!



University
of Windsor

Paula van Wyk

Paula has enjoyed the first terms of her Tenure Track position. There have been many notable moments throughout the year inclusive of:

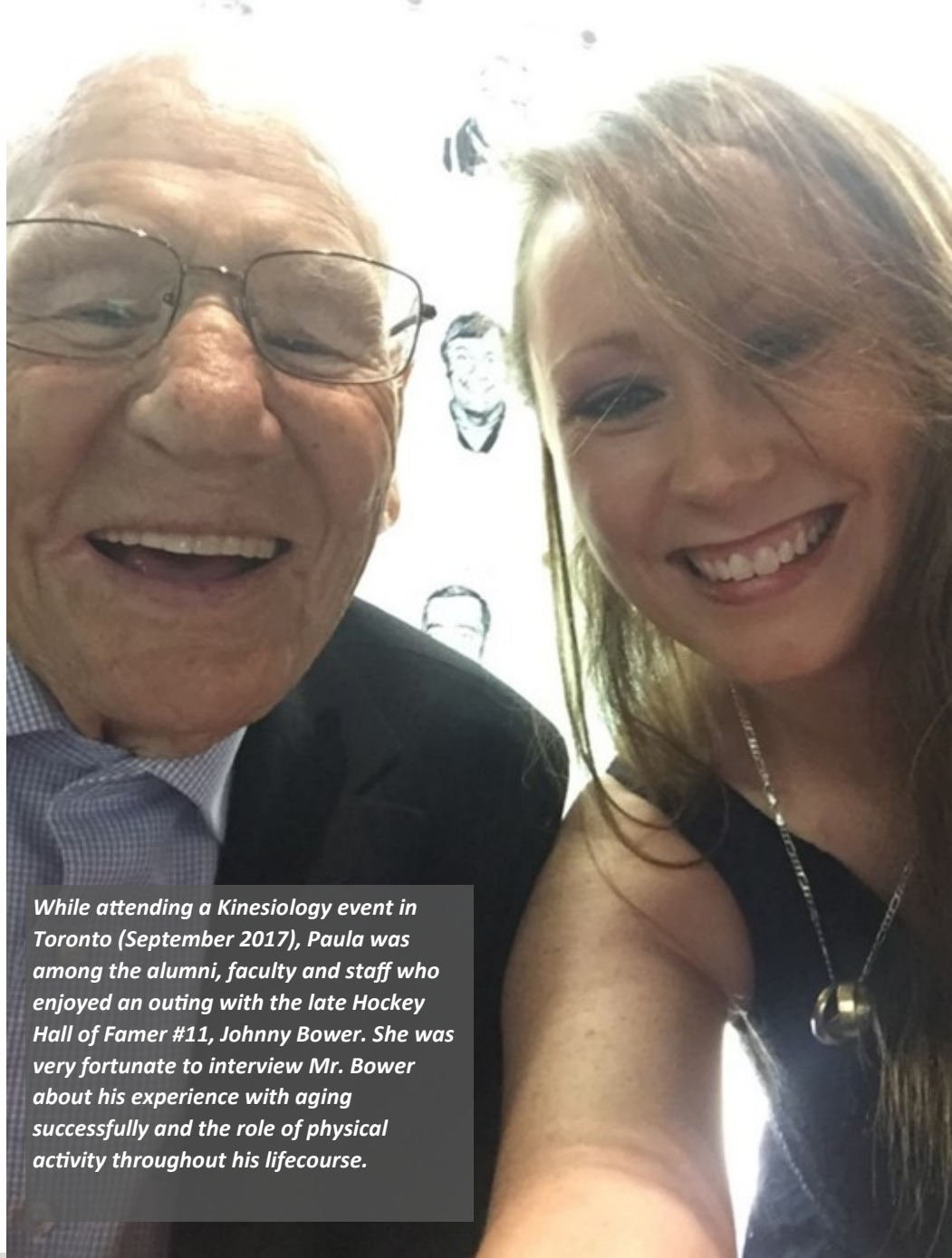
Russel Boglitch (BHK, MHK_(c)) was awarded a Mitacs grant for his project investigating autonomous variables associated with automotive seat design.

Andrea Vlastic (BHK, MHK_(c)) completed data collection for the first phase of GoBabyGo at the John McGivney Children's Center and will shortly have the results available.

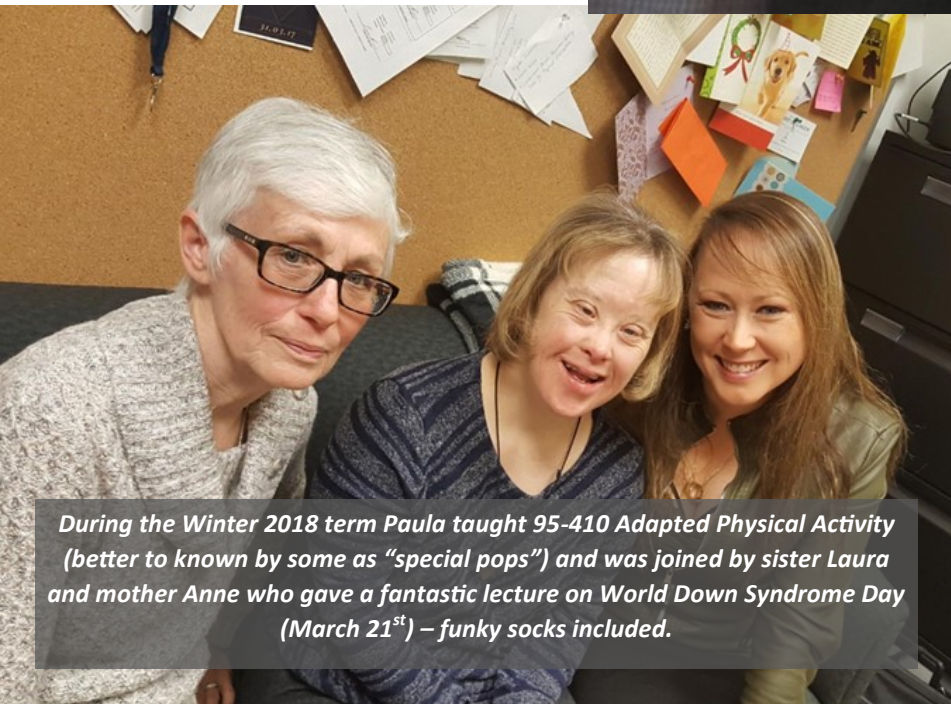
Jared Richards (BHK MHK_(c)) vibrantly presented his thesis project, Getting the Best GRIP on Blood Pressure Control, in the 180 second talk and via a poster at KRD 2018. This summer he plans to complete data collection.

Jordan Deneau (BHK, MHK_(c)), was awarded a SSHRC scholarship and presented his thesis work (exploring the meaning of sport and physical activity in the lives of older adult men) at events such as: 3 Minute Thesis (3MT), Kinesiology Research Day, and Exercise is Medicine.

Mike Mallender (BHK 2016, MHK_(c)) is in the process of completing his Master's



While attending a Kinesiology event in Toronto (September 2017), Paula was among the alumni, faculty and staff who enjoyed an outing with the late Hockey Hall of Famer #11, Johnny Bower. She was very fortunate to interview Mr. Bower about his experience with aging successfully and the role of physical activity throughout his lifecourse.



During the Winter 2018 term Paula taught 95-410 Adapted Physical Activity (better to known by some as "special pops") and was joined by sister Laura and mother Anne who gave a fantastic lecture on World Down Syndrome Day (March 21st) – funky socks included.

thesis examining skeletal muscle damage in Type I Diabetes Mellitus which has led to such accolades as CIHR scholarship, HK Outstanding Master's Research Award, and the HK Master's Alumni Award. In the fall, Mike will be starting medical school!

Larissa Borowiec (BHK 2017, MHK_(c)) began her Master's degree with the hopes of investigating injury prediction techniques and physical literacy among varsity athletes.

Sarah Woodruff

What a year! Sarah officially created the Community Health, Environment, and Wellness Lab, solidifying the research efforts of past and present students in the broad area of community health. She continues to work on several grants and projects locally, provincially, nationally, and within the realm of social media. This past year, Sarah welcomed Paige Coyne and Erin Dufour as MHK students, continued to work with Jillian Lacasse, Matt Varga, Fallon Mitchell, and Jordan Laroque as Outstanding Scholars, and welcomed undergraduate students Mishal Asim, Sabrina Bours, and Brianne MacPherson to the lab. Sarah's side kick Sara Santarossa (PhD candidate) continues to be involved in all things but is nearing the completion of her study #1 which will lead into study #2 this summer/fall, all in an effort to better understand how mothers influence their daughters on social media. A special congratulation this year to Sara Santarossa for receiving the GA/TA Award for Educational Practice recognizing her contributions to the University's learning environment. Most excitingly, Sarah travelled to Hong Kong with Paige and Sara to present several research projects at the International Society for Behavioural Nutrition and Physical Activity conference in June, followed up with some cottage time in Shediac, NB.



Dr. Woodruff's CHEW team (l-r): Sara Santarossa (PhD C), Erin Dufour (MHK C), Dr. Woodruff, Paige Coyne (MHK C)



Mayor's Award
Dr. Sara Woodruff- Healthy Community Award
Austin Roth (BHK 2015) - Athletics & Recreation



BANA- Outstanding Volunteer
Jory Fulcher (BHK c)

Dr. Sarah Woodruff (President of the Board), Jory Fulcher, Luciana Rosu-Sieza (Executive Director), and Shauna Chiandussi (Health Promotion Educator)
Photo: Patrick Kelly

OUR AWARDS

Our Faculty, students and alumni have been recognized for some outstanding contributions to the communities they are a part of. We are incredibly proud to recognize their outstanding achievements.

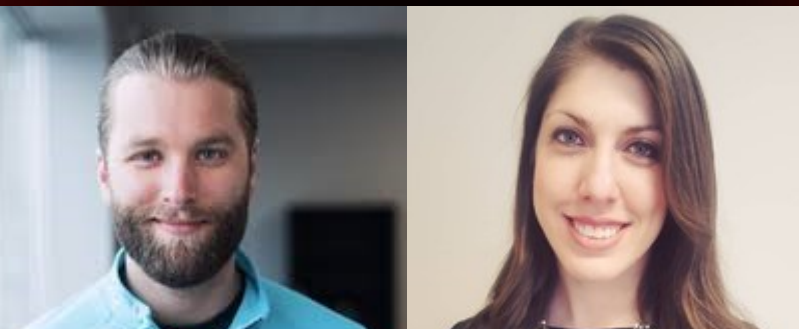


**North American Society for Sport History
Service Award
Dr. Vicky Paraschak**



**ATHENA Scholarship Winner
Erin Dufor (MHK c)**

The ATHENA Scholarship Fund Windsor identifies and provides scholarships to post-secondary students who excel academically, exhibit extensive community involvement and serve as outstanding leaders, while also assisting girls and women to achieve a better quality of life and reach their full potential as leaders.



**40 Leaders Under 40 Award presented by United
Way/Centraide Windsor-Essex
Lina-Marie Mastronardi (MHK 2015) &
Austin Roth (BHK 2015)**



**University of Windsor 2018 Governor
General's Gold Medal for Academic
Excellence at the Graduate Level
Dr. Michelle Guerrero (Ph.D. 2018)**



**Bob Robertson CCFP
Examination Award
Dr. Erika Reiser (BHK,
2011)**

The Bob Robertson Canadian College of Family Physicians Award is given to the individual who achieves the highest standing among family medicine residents in the CFPC's Certification Examination in Family Medicine.



**Emily Stadder and Seth
McCarthy Awarded as Sport
Management and Movement
Science Valedictorians**



UWindsor Celebration for Teaching Excellence

Dr. Victoria Paraschak: Wayne Marino Faculty of Human Kinetics Teaching Excellence Award

Dr. Scott Martyn: Special Certificate for Exceptional Teaching, awarded by Beijing Sport University

Sara Santarossa: University of Windsor GA/TA Award

Laura Chittle: University Teaching Certificate

**Publication ranks
UWindsor MHK
program top in Canada**

The Master of Human Kinetics, Sport Management major (MHK SM) has been ranked the best postgraduate sports business program in Canada and in the world's top 25 by *SportBusiness International*.

UWindsor's offering ranked seventh among all non-U.S. schools and is the only Canadian school ranked by the U.K.-based trade publication. *SportBusiness International* used the class of 2015 as the benchmark to measure the programs.

Graduate Coordinator and sport management professor Dr. Jess Dixon credits the hard work and dedication of faculty, staff, and students in helping the program earn the recognition.

"We have an outstanding group of faculty members who are supported by tremendous staff," says Dixon. "Each member of our team aims to ensure the best possible academic experience for our students."



Sport management grad Teal Gove (MHK 2018) at the Canadian Olympic Committee where she completed her internship.

UWindsor Ranked Among Most Beautiful in Canada

The University of Windsor campus received national applause recently when Best Choice Schools (BCS) ranked it among the most beautiful in Canada. UWindsor won high marks for aesthetics and useable student space, as well environmental friendliness, an attractive mix of historic and modern architecture, as well as temperate climate. The University was recognized for its location on an international border, giving students access to both the big-city advantages of Detroit as well as Windsor's safe, walkable neighbourhoods. In 2013 the University marked its 50th anniversary with the announcement of a Campus Master Plan — establishing a vision for the next 50 years, with an attractive design intended to enrich both

the student and the community experience. Extensive consultation among architects, students, administration, faculty, staff and the Board of Governors imagined new pedestrian pathways enhanced with lighting, landscaping, and signage leading to various hubs of activity for recreation, cultural displays, and gathering spaces with seating. The plan was intended to heighten the sense of arrival on campus with impressive gateway signage, welcoming points of interest and sought-after destinations reached through easily accessible entry points to help navigate the campus. Over the past five years completed projects have included:

- *David A. Wilson Commons* — a crossroads and gathering place at the heart of the main campus. The commons replaced a former parking lot on Sunset Avenue and features a basketball court, performance stage, meeting and

gathering spots, and new landscaping and lighting;

- The area east of the Odette Building — an extension of the David A. Wilson Commons which created a new link from the centre of campus to the Ed Lumley Centre for Engineering Innovation and includes seating areas at the corner of Wyandotte and California;
- *Alistair MacLeod Walk* — formerly a portion of Patricia Road — honouring one of UWindsor's most acclaimed scholars and authors in recognition of both his personal and academic contributions;
- *Turtle Island Walk* — recognizing the First Nations history of the land that the University of Windsor sits on with a series of plaques featuring the Seven Teachings of the Ancestors — Wisdom, Love, Respect, Bravery, Honesty, Humility, and Truth — as well as the artwork of First Nations artist Teresa Altman.

Kinesiology Scholars' Evening

Recognizing Academic Excellence

Award Name	Awardee	Award Name	Awardee
Faculty of Human Kinetics Alumni Scholarship	Kurtis Drouin	P.J. Galasso "Joy of Effort" Award	Stephanie Chauvin
Renewable Entrance Scholarship	Michela Ammendolia Owen Bravo Kurtis Drouin Katharina Fehr Emily Harwood Taylor Kewley Nicolas Latreille Alaina Mancina Nicholas Mancinone Zikra Nilam Andrea Parr Christopher Poloniato Michael Qaqish Sabrina Safranyos Olivia Sanders Erica Shaw William Stadder Zachary Staffell Matthew Varga	Dr. Richard Moriarty Award	Stephanie Chauvin Raymond Vigneux
		Ralt Wade Memorial Award	Christopher Poloniato
		Eaves-Matthew Entrance Scholarship	Jessica Daidone
		Evelyn Manera Memorial Award	Alexa Govette
		Margery Holman Legacy Award for Gender in Sport	Kim Tonietto
		Mary O'Brien Memorial Scholarships	Jordan Carr Sabrina Safranyos
		Michael W. Ayris Millennium Scholarship	Jacob Pickersgill
		William Hunter Jr. Memorial Scholarships	Cody Knights Larissa Rowdon
		Human Kinetics Publishers Alumni Award	Emily Stadder
Renewable Entrance Scholarship	Emily Stadder	Robert Sellers Bursary in Kinesiology	Olivia Starling
Dean's Renewable Entrance Scholarship	Benjamin Andrews	University of Windsor Entrance Scholarship – Masters	Giulia Barile Larissa Borowiec Johnathan Bruyeca Samantha Burton Paige Coyne Alexandre Cyr Jordan Deneau Bryan Dutot Zachary Evans Evan Gilbert Teal Gove Mallak Hamatto Kieran Hawksley Daniel Iannetta Chelsey Leahy Tom Lee Michael Mallender Kyle Palframan Sarah Racinsky Fasih Rahman George Taouil Laurie Tremblay Margaret Veitch Cayla Wood
President's Renewable Entrance Scholarship	Erin Columbus Olivia Conlon Claire Devaney Georgia Hogan		
Physical Activity and Cardiovascular Research (PACR) Exercise Physiology	Stephanie Chauvin George Taouil		
Tony Techko Memorial Scholarship	Jarrood Cullen		
Professors' Undergraduate Student Award	Seth McCarthy		
Faculty of Human Kinetics Founders' Scholarship	Christopher Poloniato Sarah Altenhof		
Michael W. Ayris Memorial Award	Jillian Lacasse		

Award Name	Awardee
University of Windsor Entrance Scholarship – Doctoral	Ashley Duguay Irene Muir Sara Santarossa
NSERC Undergraduate Student Research Award – Summer 2017	Zikra Nilam Fasih Rahman
2017 Ontario Graduate Scholarship	Andrew Berard Ashley Duguay Matthieu Hoffmann Michael Mallender
2017 QEII GSST	Kelly Carr
2017 SSHRC Canada Graduate Scholarship	Paige Coyne Jordan Deneau Shawn Fillion Irene Muir
2017 SSHRC Joseph-Armand Bombardier Canada Graduate Scholarship – Doctoral Award	Laura Chittle Michelle Guerrero Sara Santarossa
2017 SSHRC CGS Michael Smith Foreign Study	Michelle Guerrero
2017 SSHRC Doctoral Fellowships	Kristy Smith Ashley Duguay
Canadian Institutes of Health Research (CIHR) Graduate Scholarship	Michael Mallender Michael Pearl
A.R. and E.G. Ferris Award	Erik Lovis Matthew Miller Austin Roth Daniel Upham
Charles Clark Graduate Award	Vanessa Christner
Graduate Student Society Scholarship (GSS)	Sarah Racinsky Austin Roth
James Molnar Scholarship	Kristy Smith
Human Kinetics Graduate Alumni Award – Sport Management	Emma Duinker
Human Kinetics Graduate Alumni Award – Applied Human Performance	Michael Mallendar
Human Kinetics Outstanding Masters Graduate Research Award – Sport Management	Dan Upham
Human Kinetics Outstanding Graduate Research Award – Applied Human Performance	Michael Mallendar
Human Kinetics Outstanding Doctoral Research Award Movement Science Focus	Ashley Duguay
In-Course Board of Governors’ Medal (Fall 2016)	Bogdan Suci

OUR SOCIAL

Some favourite social media posts over the past year!
Make sure to visit our social media accounts to see what is going on in the faculty.



[@uwindsorkinesiology](https://www.instagram.com/uwindsorkinesiology)



[@uwindsorhk](https://www.facebook.com/uwindsorhk)



[@uwindsorkin](https://twitter.com/uwindsorkin)



UofW HK



uwindsorkinesiology
University of Windsor Kinesiology

uwindsorkinesiology Dr. Andrews wins Halloween!

#HKFamily
dlass81 Hilarious
angelarolph16 @katyperry

117 likes

OCTOBER 30, 2017

Add a comment...



uwindsorkinesiology

uwindsorkinesiology Not every day do you get the chance to meet a former Olympian, but during our trip to the COC in Montreal we had the pleasure of meeting Sandra Sassine, 2X former Olympian in fencing (2008,2012) jeremy.hick Tell Sandra I say hello!! Hope you're all enjoying the trip!

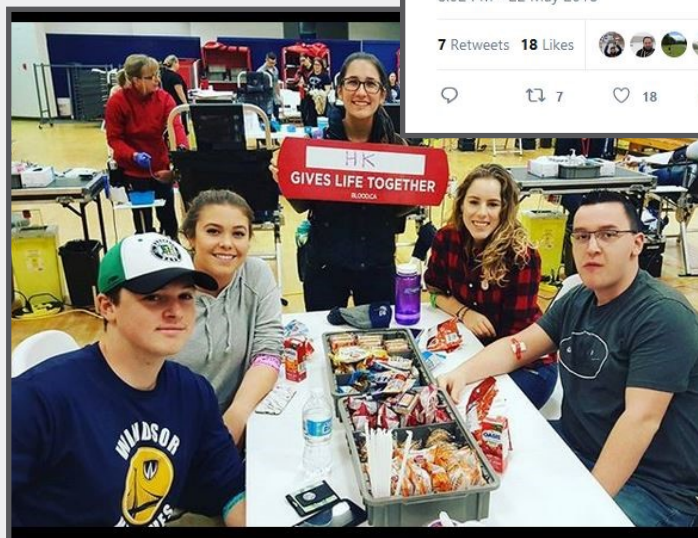
UWindsor Kinesiology
@UWindsorKIN

Breaking - LSRC is 100% approved.
@UWindsor Board of Governors approves project!

8:02 PM - 22 May 2018

7 Retweets 18 Likes

7 18



CHALLENGE- RESULTS

5th place: 2nd year students with 8 donors
4th place: 3rd year students with 9 donors
3rd place: Faculty/ Staff/ Grad Students with 17 donors
2nd place: 1st year students with 18 donors

1st place and winners of pizza: 4th year students with 20 donors!

56 likes

NOVEMBER 15, 2017

Add a comment...



uwindsorkinesiology Post graduation celebration out front of HK. Congratulations HK Grads!

#Uwinclassof2018

kimtonietto @_courtross @sarahracinsky @vkitty9 @adamdangelo89 y'all soooooo cute 🥰🥰

Following

The department of Athletics and Rec got their hearts racing on the Heart & Stroke #BigBike 🚲



- 1 Jun 2018 from The Bull and Barrel

20 Likes 5 Retweets 20 Hearts

Following

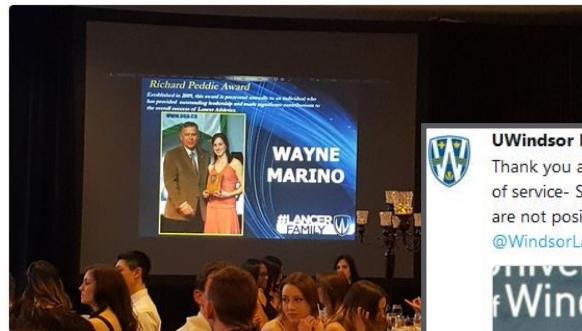
5 proud @UWindsorKIN alumni met by chance last night at the 2018 @PHECanada National Conference in beautiful Whistler. All of us now working in varying capacities to improve the health and wellbeing of Canadian youth!



1:25 PM - 18 May 2018

1 Retweet 6 Likes

Dr. Wayne Marino recipient of the 2018 Richard Peddie Award for outstanding contribution to the @WindsorLancers! #lancerfamily. @RichardAPeddie

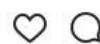


Thank you and congratulations to two outstanding HK staff members for 25 years of service- Sandra Ondracka and Sharon Horne. Not a day goes by that students are not positively impacted by the efforts of these two extraordinary women. @WindsorLancers #LancerFamily #HKFamily



Congratulations
Sandra Ondracka & Sharon Horne
25 YEARS OF SERVICE

1 Comment 3 Retweets 23 Hearts



84 likes

MARCH 21

Add a comment...



CONGRATULATIONS!

2018 VALEDICTORIANS

Emily Stadder (Sport Management) & Seth McCarthy (Movement Science)

OUR ATHLETICS

Board of Governors Approves LSRC

The University of Windsor's board of governors approved proceeding with a \$73-million expansion of the school's athletic complex at its meeting Tuesday.

Work on the new Lancer Sports and Recreation Complex, which will incorporate in the existing St. Denis Centre, will begin with some remedial work on the outside storm and sanitary sewer system in July. "The new Lancer Sports and Recreation Complex took one step closer Wednesday with approval for the construction of the building by the Board of Governors," said John Coleman, the university's Director of Public Affairs and Communications.

"A number of details remain to be worked out before tendering of a contract and actual construction begins next year."

The university plans to choose the contractor for the 119,000-square-foot addition to the existing site in April 2019. The complex is expected to be ready for occupation during the 2021-22 school year.



Faculty, staff, and students view a scaled version of the Lancer Sports and Recreation Complex. Early work began in Fall 2018

Photo credit and story— Windsor Star.

The new complex will see the addition of a new eight-lane, 25-metre pool, a triple gym, 10,000-square-foot fitness centre, multi-purpose rooms, social spaces, food service facilities and several new outdoor athletic fields. Students will pay \$54.6-million of the project through a new fee approved in a referendum a year ago. The university will contribute \$18.6-million and will foot all annual operating costs.

Lancers Ride the Big Bike for Heart and Stroke

Led by staff member, Trevor Dinham, the Faculty of Human Kinetics raised funds for the Heart and Stroke Foundation of Canada. The Department of Athletics and Recreation Services paced the faculty in both terms of dollars raised and pedal power. Thank you for leading this effort on behalf of the faculty, Trevor!





Coach Fracas with some of his players Photo credit- Windsor Star.

Lancer Football celebrates 50 years in 2018

The Legacy of Gino Fracas

Fifty years ago the Windsor Lancers football program played its first season and came away with a single win in that inaugural year. Despite the baptism by fire, the Lancer program endures today celebrating a legacy that includes three Hec Crighton winners, two championship teams, one of the best defenses ever and an iconic coach to oversee it all.

Gino Fracas was a Windsorite through and through, and despite leaving the border city to pursue football before the university had a program; the late coach's wife explains coming back to Windsor was always the plan.

"He always felt at one point in his life, he would come back to Windsor," explained Leona Fracas. "The opportunity came up and he was appointed in 1967 as the wrestling coach and the director of intramurals and the school of physical health and education; he was hoping football would follow."

Despite some fears about funding, Coach Fracas ended up putting a program in place a year later, securing membership in Central Canada Inter-collegiate Football Conference. Their

first year in the league was a rough one.

"Their first year they had one win," remembered Mrs. Fracas. "I think they kind of expected that because your first year you don't expect too much success...but they weren't discouraged."

The very next season however the coaches were excited as they returned all but four of their starters, 19 of 23 according to Fracas.

"It was really great," reminisced Fracas on the '69 season in which the Lancers went 5-1 and captured the CCICF Championship. "We weren't surprised, things just sort of fell into place. That 1969 team became very close; to this day, every two years they have a reunion and Gino's last trip was in 2009 in Las Vegas."

Mrs. Fracas now attends the reunion in Gino's honour and was honoured by the team last year with a plaque and a letter from former UWindsor president Dr. Alan Wildeman.

The Lancers success didn't stop in 1969 either, as the program opened the 70's with its first Hec Crighton winner when Andy Parici took home the honour for the Blue and Gold. Later, in 1975 the Lancers captured the Yates Cup for the first time in program history.

The Lancers success under Coach Fracas could be attributed to a few things but singled out one quality about the football program in particular.

"I want to say, our football was a family affair," mentioned Fracas. "Our son and his wife took video of the games. Also it got to be quite a story with the players that when the bus would go out of town it would go by our home... and we would be there with our Lancer banner and we even had a dog named Lancer."

Going into its 50th anniversary, Mrs. Fracas is proud to see her husband's legacy continuing, "I think it's important we keep his legacy alive."

By Chris Zorbas



1978 Hec Crighton Winner, Scott Mallender



Lumley, Downes named to Team Canada coaching staff

Two members of the Windsor Lancers track and field coaching staff were named to the Canadian coaching staff for the 2018 NACAC Senior Championships.

Lancer associate head coach Brett Lumley was named the jumps coach for the Red & White. This is the seventh time that Lumley has been a member of Team Canada's coaching staff. He last served with the national team in 2017 at the Francophone Games.

Kurt Downes, who serves as hurdles coach with the Lancers, was named to the coaching staff under the same discipline. In 2017 & 2016, Downes served on Canada's staff for the IAAF world track and field championships.

Athletics staff pitches in to make day McHappy

Volunteers from Athletics and Recreational Services helped to support children's charities by serving patrons at the McDonald's restaurant on Huron Church Road at College Avenue during celebrations of McHappy Day on Wednesday. Franchises across the country donated a dollar from every sale of certain menu items to Ronald McDonald Houses and local causes. Since 1977, the project has helped raise more than \$66 million, noted McDonald's Canada founder George Cohon.

"It's been remarkable to see what has been achieved and how many families have been helped over the past 41 years because of this annual event," he said. "I'm so thrilled to see people continuing to pledge their support which is a true testimony to the impact that McHappy Day has on Canadian families."



Athletics and Recreational Services staff and Lancer varsity athletes served restaurant patrons and the community by volunteering for McHappy Day.

According to athletic director Mike Havey, his department has been participating for years.

"It's a great cause and one close to the hearts of our Lancer family," he said. "We're always looking for ways to contribute to the community."

Lancers add three full-time coaches

The Department of Athletics and Recreation Services has added three new full-time coaching positions for the 2018-2019 Lancer season.

Men's Hockey – Kevin Hamlin

Widely considered to be among the top collegiate coaches in the country, Coach Hamlin has an outstanding record as a winning hockey coach and impressive credentials as a former player.

Coach Hamlin's career at the University of Windsor includes two OUA Coach of the Year honours, two trips to the national championship tournament and one OUA Queen's Cup Championship. The Lancers have also qualified for the playoffs for the last nine years, dating back to 2009-10.

"We are very pleased to be able to appoint *Kevin Hamlin* as the head coach of the Lancers men's hockey team on a full time basis," commented Havey. "Kevin has had a very successful ten year run leading the club in a part time role... highlighted by a Queen's Cup Championship in 2013, and back to back national championship appearances in 2013 and 2014. We are all very excited that Kevin is now in a position to be able to turn his full attention to leading the Lancers. The program is in good hands."



Women's Hockey – Deanna Iwanicka



Athletics director Mike Havey hailed her experience: 10 years coaching the Northern Alberta Institute of Technology women's varsity squad, which included three Alberta college titles.

"She has done an outstanding job in building NAIT women's hockey into a perennial championship powerhouse," Havey said. "We look forward to her leading our Lancer women's hockey program in the years ahead."

Men's Volleyball – James Gravelle

With the appointment, Gravelle becomes the first full-time head coach in the history of the men's volleyball program at the University of Windsor.

"We are delighted to announce the appointment of *James Gravelle* as the head coach of the Lancers men's volleyball team on a full time basis. Coming off a program best performance in 2017-18, the trajectory of the program has been very positive under James' leadership," said Havey. "In a full time role James will be able to continue to build on the significant program progress that he has been able to achieve in his first five years as head coach."





Lancer Major Award Winners (L to R): *Sarah Mitton—DeMarco Award, John Moate— Olympic Shield, Kelsey Balkwill— Banner Shield, Mike Rocca—DeMarco Award*
Photo Credit: Ted Kloske

Balkwill & Moate named Athletes of the Year at Lancers Athletic Banquet

Lancer standouts Kelsey Balkwill and John Moate walked away with tonight's top two prizes as they were awarded the Banner and Olympic Shields as the University of Windsor Athletes of the Year. The duo were multiple winners as part of the Evening of Excellence, highlighting the accomplishments of the Windsor Lancers, held at the St. Clair Centre of the Arts.

It was an incredible year for Moate as he established himself as one of the premier men's volleyball players in the country.

The Oakville native was named an OUA first-team all-star after finishing the year atop the league in blocks per set, averaging 1.26 per set. He appeared in all 17 matches for the Blue & Gold and ended the season with 135 total kills, a .429 hitting percentage, 87 total blocks, and 206 total points.

His outstanding play helped his Lancer squad reach the OUA Final Four where they captured an OUA Bronze Medal and reach nationals for the first time in school history. The third year middle blocker was also named a U SPORTS all-Canadian, becoming just the second men's

volleyball player in school history to earn that honour.

It was an incredible year for Balkwill as she joined the Lancer program this year and quickly became one of the country's top athletes in the process.

As an HK Master's student, Balkwill was a key member of the women's track & field team and both provincials and nationals.

At the OUA championships, she captured gold in both the women's 300m and 600m, and a pair of silvers in the 4x200 metre & 4x400 metre relays. She was named the OUA Track MVP and led the Lancer women to a provincial silver medal.

At nationals, Balkwill was named the U SPORTS championship most outstanding performer after contributing 38 points towards the teams' 79 overall points to help them capture a U SPORTS bronze medal. In addition to anchoring the women's 4x400 metre relay team to a new school record, she also captured gold the 300 metres and 600 metres, while silver in the 4x200 metre relay.

The DeMarco Awards, presented annually to the top female and male students that best combine academic achievement with athletic prowess, went to Mike Rocca from men's basketball, and to Sarah Mitton from the women's track & field team on the women's side.

The University of Windsor Gino Fracas Coach of the Year Award was presented to James Gravelle from the men's volleyball team.

It was a historic season on the court for Coach Gravelle and his men's volleyball team as he helped guide the Lancers to the OUA Bronze Medal at the Final Four and the team's first trip to nationals in program history. Coach Gravelle's squad had a tremendous season as they finished 22-10 overall on the year against U SPORTS competition and secured one of the top four seeds in the OUA west division.

The Captain's Trophy, awarded to a male and female captain

who demonstrate outstanding leadership both on and off the field while also making a significant contribution to the overall success of their team, went to Blake Blondeel from men's hockey and Emily Prevost from women's basketball.

The female rookie of the year award went to Paige Phills from women's volleyball, while Jonathan Reinhart from men's hockey won the male rookie of the year. Both recipients had outstanding rookie campaigns.

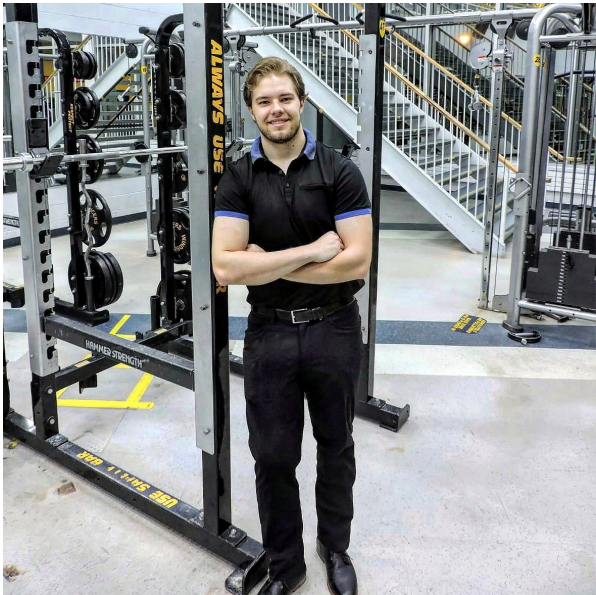
The Super Sophomore awards were presented to women's track & field standout Kelly Hodgins, and Pierce Johnson from men's volleyball on the men's side.

"A" Awards, marking major contributions to Lancer Athletics, went to Lancer volunteer photographer Gerry Marentette and OUA TV host & YourTV community broadcaster Brett Hedges.

Student selected for leadership role in collegiate sports organization

Acknowledging his dedication to student success and well-being, the National Intramural-Recreational Sports Association (NIRSA) has appointed UWindsor student Zack Sephton as the Canadian representative on its member network.

A sport management major, Sephton plays on the Lancer club baseball team and has worked as a fitness instructor and marketing supervisor for Lancer Recreation. The U.S.-based NIRSA regulates university sports at the varsity or club level for students outside the NCAA, NAIA, or other affiliates.



Phills named west division all-star

The Windsor Lancers are pleased to announce that rookie outside hitter Paige Phills has been named the women's volleyball OUA west division Rookie of the Year, as announced the Ontario University Athletics Monday.

The Blue & Gold are also honoured to have three additional Lancers named OUA west division all-stars. Fifth year senior Carleigh Bailey has been named a first-team all-star, while Lexi Pollard was appointed to the second team, and rookie Brooke Davis was named to the OUA all-rookie team. Phills was also honoured as a second team all-star and on the all-rookie team.



Photo Credit: Michael P. Hall

OUR GRADUATES

2017/2018
Faculty of Human
Kinetics' Graduates

October 2017

MASTERS OF HUMAN KINETICS

Chantal Marie Andary
Derek Philip David Bornath
Marie Desrosiers
Patricia Christine Dube
Frederik Ehlen
Danielle Linda Gyemi
Irene Leigh Muir
Christian Tre Paton
Michael David Pearl
Elizabeth Theresa Vandeborn
Robert Edward Craig Ward
Mary Ann Zokvic

BACHELOR OF HUMAN KINETICS

Honours Movement Science

Mitchell K. Carswell
Zeinab Chalhoub
Khoulood Dakhallah
Hayden Churchill Dilling
Sarah El-Kaafarani
Benjamin Nebu John
Priya Mechelle Johnson
Joseph Richard Kagumba
Aaron J. Lee
Quinn Little*
Jessica Mong*
Paul Clement O'Brien
Elijah Robert Pawliw
Meighan M. Piche*
Pejo Piljic
Arisha Shaikh

Honours Movement Science Co-operative Education

Megan Margaret Grubb**
Natalie Dawn Heeney**
Olivia Alycia Nicole Jones
Payton Jillian Lynn Murray
Samantha Holly Reid

Honours Sport Management

Julia Joachimowicz
Johny Keo



Honours Sport Management Co-operative Education

Kennedy Susanna Laing

June 2018

DOCTOR OF PHILOSOPHY

Michelle D. Guerrero
Matthieu Daniel Hoffmann

MASTERS OF HUMAN KINETICS

Vanessa Fallon Christner
Adam Anthony D'Angelo
Shawn Filion
William Joseph Garland
Daniel Christopher Iannetta
Matthew Steven Leixner
Zachary Adam Miletic
David John Paul Paquin
Sarah Roblin Racinsky
Shawn Robert Reaume
Courtney Elizabeth Ross
Remi Anthony Sovran
Anthony Tocco
Jessica Anne Verbora
Alaina Zvrlic



June 2018

BACHELOR OF HUMAN KINETICS

Honours Movement Science

Fendi Ohemaa Ayiwah Akom
Madeleine Aldworth *
Omar Abdullahi Ali
Anjel Alias *
Kevin Khoa Dang Au
Emily Rose Bechard
Joel Gerard Bertrand
Jordan Michael Darcy Brodeur
Jerome Brown
Danielle Lovanne Butler *
Lisa Isabella Casagrande *
Stephanie Rose Chauvin *
Robert Ciaran Coghill
Marleigh Elizabeth Connolly
John Randall Cracknell
Nicholas Curtis
Cassandra Rose Dame
Michelle Rita De Marco
Daniella Marie DeSantis *
Kortney Rose Marie Dietrich
Jason Eric Doetsch
Christopher Drouillard
Jillian Rose Dzugan
Zoe Elyse Verlyn Ellis *
Tayana Angelique Feare-Plummer
Leanna Garcia
Nathan Garneau Bissett
Molly Ann Elizabeth Ghanam *
Teodora Glisic
Olivia Nicole Ann Grimshaw *
Colleen Margaret Rumble Hall
Raghad Hamami
Jared Lund Hansen
Mackswell Jacob Holmes
Tyler Doane Corboy Hopkins
Aaron Russell Moran Jackson
Sabrina Danielle Janisse *
Jared Robson Johnson
Shelby Leigh Anne Johnston
Amanda Elizabeth Johnstone
Dylan Noah Joncas *
Stephanie Karam
Christian Iradukunda Kazeneza
MacKenzie Rose Kuli
Jillian Lise Lacasse **
Haley Ann Marie Lago
Christopher William Langford
Alana Leaele Lansue
Jordan Casey Larocque*
Alexia Lee Lawrence
Rachelle Murielle Lebel
Jacob Reid Lindley
Justin Ian Lindsey
Garrick Dussault Loewen
Michael Long
Matteo Joseph Lorkovich
Samuel Alexander Hutcheson Lowe
Sovannsonyta Ly

Aliyah Dezeray Saleh Lynk
Christian Charles Mannina
Lindsay Nicole Martin
Miguel Alexander Martinez
Seth Fraser McCarthy*
Kathryn Ann McFadden
Jonathon McGuire
Natalie Marie Mcloughlin*
Taylor Janene Medd
Kristin Erin Milford
Kiana Marie Modolo
Bona Mohammed
Ian Tyler Montero
Colin Joseph Moore
Jessica Michelle Moore
Kaitlyn Stephani Moore
Heather Sandra-Rose Morency
Chelsea Morin
Noah David Ronald Morris
Zachary Mougenot
Vilius Murza
Joseph Anthony Najem
Travis Pete Neufeld
Mike Minh Hoang Nguyen
Tony Nguyen
Craig Matthew Oakey
Zachary Daniel O'Gorman*
Daniela Alexandra Olachea Alva
Xana Marie Ouellette
Nicole Palombo
Andrew Penner
Vanessa Marie Pepper
Sean Nicholas Peters-Nikou
Cale Ryan Phibbs
Gabrielle Frances Pickens*
Noah Anthony Pickering
William John Potter
Aidan William Potvin
Brianna Patrice Putnam*
Jessica Ray Quinto*
Sarah Marie Joan Rankin
Kennedy August Reaume
Kelsey Marie Reis*
Conor George Rennie
Jelena Ristic
Jacob Ladd Ritchie*
Adam Robinson
Riley Bradley Robinson
Brittany Paige Rocheleau*
Cheyanne Roger
Catarina Isabel Romero*
Taylor Lynn Ross
Sabrina Ashley Safranyos*
Vanessa Michelle Sassine
Jesse John Shepley
Karina Silva
Taylor Luke Sisson
Debora Sivabalan
Hayli Nicole Skinner
Stefanie Michelle Smith
Samantha Alicia Solly*
Justine M. Sprague*

Natalie Squazzin
Mackenzie Taylor Taiariol
Robert Tarade*
Amanda Katelyn Jane Tetzlaff
Gregory Andrew Thane*
Huyen Tran Tran*
Alexandria Lauren Tremblett
Jaylin Cara Vandebovenkamp*
Matthew Graham Varga*
Amanda Elizabeth Veldhuis
Samantha Gail Waddell
Vanessa Eve Wharram*
Mariah Wilson
Zachary Matthew Wilson*

Honours Movement Science

Cooperative Education

Timothy Daniel Junior Barry**
Kari-Rae Bezaire*
Victoria Faye Clay
Emily Elise Harwood*
Albert Edward McCabe
Laurie Tremblay

Honours Sport Management

Carleigh Megan Bailey
Adrian Vincent Berlasty
Andrew William Burjaw
Alexandra Caroline Bush
James Allan Caron
Brennan Gerard Feasey*
Jeremy Daniel Hick
Courtney MacKenzie Hilton
John Craig Howell
Douglas Joseph Inglis
Paige Mackenzie Johnston
Christopher Anthony Kramer
Danielle Lenarduzzi
Shawna Lynn Lesperance
Chelsey Amelia Mathieu
Addison Robis Olah
Andrea Nicole Parr*
Nathan Andrew Pietens
Keegan Martin Pittuck
Grace Mary Read
Emily Jayne Stadder**
Lucas Jeffrey Stanhope

Honours Sport Management

Co-operative Education

Linda Margaret Aziz*

Honours Sport Studies

Sydney Jean Hawkins
Rachael Wolfs

*Graduating with Distinction

*Graduating with Great Distinction



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