



**Master of Science (Kinesiology and Health Studies)
Thesis Defense**

Tatjana Kirincic

***“Effect of Circadian Injury Timing on Fibre Type and
Muscle Recovery”***

**Friday, January 23, 2026
12:00 p.m.
HK Room 144**

Chairperson: Francesco Biondi, PhD

Thesis Committee: Matthew Krause PhD, *Advisor*
Kevin Milne, PhD, *Internal Reader*
Phillip Karpowicz, PhD, *External Reader, Biomedical Sciences*