



**Master of Science (Kinesiology and Health Studies)
Thesis Defense**

Tatjana Kirincic

“Effect of Circadian Injury Timing on Fibre Type and Muscle Recovery”

**Friday, January 23, 2026
12:00 p.m.
HK Room 144**

Chairperson: Francesco Biondi, PhD

Thesis Committee: Matthew Krause PhD, Advisor
Kevin Milne, PhD, Internal Reader
Phillip Karpowicz, PhD, External Reader, Biomedical Sciences