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## Agenda

- You are already at an advantage!
- Transfer credit
- How to be successful at UW indsor & what to expect
- Balancing family and work with school responsibilities
- Student Services & useful websites

# Everyone's Academic Journey is Unique

- After high school you may have taken some time off to find out what you were passionate about
- Transferred from another college or university
- As a senior you would like to take courses for general interest
- Attended college or university right out of high school, only to find out the timing wasn't right

YOU HAVE SACRIFICED
A LOT TO BE HERE.
I'M HERE TO TELL YOU
HOW GRATEFUL I AM
AND REMIND YOU THAT
YOU ARE RAINBOWS
IN CLOUDS. >>



Maya Angelou

You are already at an advantage!

- Motivated by your goals
- Associate real world experiences to the course material
- Discovered how to work and learn through life experience
- Manage your time effectively
- Choose not to sweat the small stuff!



### Transfer Credit

- Once accepted, your Admissions and Records Officer (ARO) automatically conducts a transfer credit assessment. Your awarded transfer credits are usually listed on your Offer of Admission.
- If you have any questions about your transfer credit assessment, please follow up with your ARO. Your ARO's contact information can be found on the Office of the Registrar's website.
- If your ARO is requesting course outlines for transfer credit, please submit them by August 15th so that your transfer credits are processed in time for the Fall semester.
- Meet with a Program Advisor/Academic Advisor for course selection (i.e., missing pre-requisites, not registering in courses you have received transfer credit).



#### How to be a successful student

- Do your readings before class, be on time, take good notes, 1:2 ratio
- If you don't understand the course material follow up with the professor, T.A. or G.A. during office hours
- Take advantage of our student services on campus
- Meet regularly with a Program Advisor/Academic Advisor
- Our university is also committed to socially and culturally responsive supports for our campus community (i.e., Black, Indigenous, racialized, international, 2SLGBTQIA+), allowing you to thrive as a UWindsor student, all while embracing your diversity and dignity



### What to expect at UWindsor

- Fall 2022 classes start on September 8
- Larger classes (some first-year courses)
- You will take classes both inside and outside of your major
- Exams, tests and assignments are not easily rescheduled
- You are expected to be an independent learner, this means doing a lot of reading on your own and seeking out assistance/resources
- Professors teach and may also be involved in research



# Balancing Family and Work with School Responsibilities

- Success is scheduled! Invest in a planner or calendar.
   Map out your days and be purposeful about how you choose to spend your time
  - You should not be studying when you should be working, or letting work interfere with family time
  - Take advantage of any down time and don't procrastinate
  - Sacrifice one hour of sleep in the morning to catch up on schoolwork, e-mails and get organized for the day
- When you start to feel discouraged and overwhelmed, focus on your end goals



# Family

- Ask for help when you need it (i.e., babysitter, grandparents, summer camps)
- Share family responsibilities and negotiate household duties based on your schedule, so that any spare time can be spent with family
- Model the behavior that you would like to see in your children (i.e., Have your children do their homework at the same time as you)
- Declare one night a week as Family
   Night! Order pizza, play games, go on a
   nature walk. Make it fun and relaxing for both
   you and your kids
- Establish a support system
- Saying "no" isn't always a bad thing



### Work

- Share your academic goals with your supervisor and co-workers. In turn, they will be more understanding if you can't attend an office gathering or need time off for school
- Always bring a textbook or a set of study notes to work so that you can make good use of coffee breaks and lunchtime
- Explore online and evening classes
- Studying full-time and working part-time (or vice versa)



### Student Services

- **Leddy Library** The writing support desk, research help, study space and so much more!
- Student Health Services Supports for your physical and mental health
- Student Success & Leadership Centre Opportunities to get involved, orientation programming, academic support
- Central Academic Advising Help with course planning, change of major, assisting students with academic difficulties
- Student Accessibility Services Accommodations for students with documented disabilities



## Helpful Websites

Website	Website Address	Content
Registrar's Office	uwindsor.ca/registrar	ARO contact information, Timetables, Academic Calendar, Important dates, and link to UWinSite Student
Transfer Website	uwindsor.ca/transfer	Transfer Equivalency Database, transfer agreements, steps outlining the transfer process
MySuccess	success.uwindsor.ca	Booking an appointment with an Academic Advisor
Central Academic Advising Office	uwindsor.ca/advising	Access to online Drop-In, Program Advisor's contact information, academic resources

