

Antonio PASCUAL-LEONE, Ph.D., C. Psych.

University of Windsor

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DEGREES:

- Ph.D. 2006 York University, Canada, (1998-2006)
Clinical Psychology, Dissertation supervisor: Dr. L. S. Greenberg.
- D.E.A. 1998 Université de Toulouse, le Mirail, France, (1996-1998)
Psychopathology (Diplôme d'Etudes Approfondies), supervisor: Dr. F. F. Strayer
- Grad. Dipl. 1997 *Research Internship*, Laboratory of Social and Cultural Ecology, France.
- B.A. 1996 York University, Toronto, Ontario, (1991-1996)
Psychology, with Specialized Honors, Minor in Theatre Studies.

Fluency in – English, Spanish, and French.

PROFESSIONAL POSITIONS:

University of Windsor, Department of Psychology

Director of the Psychological Services and Research Centre, Univ. of Windsor (2014-present)

Associate Professor, tenured, (2011 – present)

University of Windsor

Assistant Professor (2006-2010)

Instructor (2005)

HONORARY & VISITING POSITIONS:

University of Lausanne (Switzerland), Faculty of Biology and Medicine, CHUV University
Honorary research professorship in psychopathology (2018-2019).

Institute for Emotion Focused Therapy (French language), Lausanne, Switzerland.

Faculty member (2018-2019)

Institute for Emotion Focused Therapy, affiliated with York University,

Returning faculty member (Summers of 2004- 2009; 2013; 2016)

University of Zurich, Switzerland, Department of Psychology

Visiting Lecturer to doctoral program (Summer 2012)

University of British Columbia, Department of Psychiatry

Visiting Associate Professor (2011-2012)

CONSULTING CONTRACTS:

“Expert-Advisor” for *Goss Gilroy Inc., Management Consultants* for program evaluation of
*Ontario Ministry of Community and Social Services: “Violence Against Women Conjoint
Counselling Pilot Program,”* – EFT for couples psychotherapy (2015-2017).

“Expert-Advisor” for *Goss Gilroy Inc., Management Consultants* for program evaluation of
Ontario Women’s Directorate: proposal for “Counselling Services and Helpline Review”
(2016).

Report and recommendations for the *Yorkville University Doctor of Psychology (Counselling)*,
proposal for designation under the New Brunswick Degree Granting Act (2016).

LISCENSURE & CERTIFICANTIONS:

Ontario Practicing clinical psychologist, No. 1404; 2006 (currently active).

Certified Trainer (of supervisors & therapists) Intl. Soc. of Emotion Focused Therapy, since 2016

PROFESSIONAL ASSOCIATION:

Canadian Register of Health Service Psychologists, No. 08284 (CRHSP), 2016-present.
Canadian Psychological Association (CPA), 2006-2016.
Society for Psychotherapy Research (North American -SPR), 2002-present.
Society for Exploration and Psychotherapy Integration (SEPI), 2003-present.
International Society of Emotion Focused Therapy (isEFT), 2016-present.

LEADERSHIP & SERVICE IN INTERNATIONAL PROFESSIONAL ORGANIZATIONS

Society for the Exploration and Integration of Psychotherapy (SEPI)
Chair of the Conference Program (2013, Barcelona, Spain)
Member, Research Committee (2011-2013)
Conference Program Committee (2006, Los Angeles; 2012, Chicago; 2014, Montreal)
Conference Local Arrangements Committee (2005, Toronto)

EDITORIAL BOARD MEMBER

2010-present, board member, *Psychotherapy Research*, international society (29 reviews to date)

AD HOC REVIEWER:

Journals (beginning with highest Impact Factor):

Behavioral and Brain Science, Cambridge University Press (2017-present)
Journal of Consulting and Clinical Psychology, APA (2009-present)
Journal of Personality Disorders (2016-present)
Psychotherapy (2018-present)
Journal of Clinical Psychology, APA (2011-present)
Motivation and Emotion (2018-present)
Psychiatry Research (2017-present)
Clinical Psychology and Psychotherapy (2012-present)
Psychotherapy Integration, APA (2012-present)
Canadian Psychology, APA (2009-present)
Canadian Journal of Experimental Psychology, APA (2018-present)
Journal of Counselling and Psychotherapy Research, British Society (2009-present)
Journal of Person-Centered and Experiential psychotherapies, World Society (2010-present)
Clinical Psychologist, Australian Society (2015-present)

Granting Agencies and Book acquisitions:

American Psychological Association Books, acquisitions Editor
Israel Science Foundation
Swiss National Science Foundation
Ontario Mental Health Foundation

AWARDS AND HONOURS:

Nomination for the Excellence in Mentoring Award, University of Windsor Alumni Association (2017, 2018)
Dr. Kathleen E. McCrone Teaching Award, FAHSS University of Windsor (2016; \$100)
Hamburg Prize in Personality Disorders Research (for a co-authored paper), Society for the Research and Treatment of Personality Disorders, Hospital consortium of Hamburg, Germany (2016; \$14,400.)
Outstanding Faculty Research Mid-Career Award, University of Windsor (2015; \$3,000.)

Outstanding Early Career Achievement Award, Society for Psychotherapy Research (2014)
 Special Honors in Recognition of Scholarship, University of Windsor (2011 and 2017)
 Distinguished Publication Award, (for a sole-authored paper), American Psychological Association, Div 29 (2010; \$650.)
 New Researcher Award, Society for Exploration of Psychotherapy Integration (2009)
 Certificate of Excellence for Doctoral Research, Canadian Psychological Association (2006)
 Travel Award, North American Society for Psychotherapy Research (2003, 2004; \$650.)
 Travel Award, Society for Exploration of Psychotherapy Integration (2003; \$650)
 Doctoral Fellowship, Social Science & Humanities Research Council (1999-2002; \$35,000.)
 Graduated with “the highest possible note of merit”, University of Toulouse (1998)
 Graduated “Cum Laude,” York University (1996)

GRANTS

- Kramer, U. (PI); Despland, J-N., Draganski, B., Kolly, S., Conus, P., Von Roten, Y., **Pascual-Leone, A.** (2018-2022). Swiss National Research Foundation, Division of Social Sciences and Humanities. *Mechanisms of change in brief treatment for borderline personality disorder*. \$790,503. (**international collaborator**).
- Pascual-Leone, A.** (2017-2019). University of Windsor, Humanities and Social Sciences Research Grant, Title: *How do I change how I feel? A knowledge translation project on emotional development*. \$ 5,000. (**Principal investigator**).
- Pascual-Leone, A.** (2012-2015). Social Sciences and Humanities Research Council (SSHRC), Insight Development Grant, Title: *Patterns of change: Emotional processing and individual differences in emotional development*. \$ 70,619. (**Principal investigator**).
- Pascual-Leone, A.** (2011-2012). Social Sciences and Humanities Research Council (SSHRC), Standard Research Grant, Title: *Patterns of change: Tracking emotional development in the expressive writing paradigm*. \$27,931. (**Principal investigator**).
- Pascual-Leone, A.** & Sirois, F. (2010-2011). Social Sciences and Humanities Research Council (SSHRC), Standard Research Grant, Title: *Patterns in emotional development: Emotional processing in the expressive writing paradigm*. \$35,675. (**Principal investigator**).
- Pascual-Leone, A.** (2009-2011). University of Windsor A4 SSHRC Internal Grant. Title: *A meta-analysis of emotional processing in psychotherapy*, \$4,000. (**Principal investigator**).
- Scoboria, A., Sirois, F., & **Pascual-Leone, A.** (2008). Centre for Teaching and Learning, University of Windsor, Innovation Fund. Title: *Formation of a faculty learning community on the topic of interteaching, with specific application to graduate student education*. \$2,500. (**co-investigator**)
- Sirois, F., Purc-Stevenson, R., Scoboria, A., & **Pascual-Leone, A.** (2008). Centre for Teaching and Learning, University of Windsor, Innovation Fund. Title: *Student motivation for interteaching methods in undergraduate Health Psychology*. \$2,500. (**co-investigator**).
- Pascual-Leone, A.** (2007-2009). Ontario Problem Gambling Research Centre, Level 1 Research Grant. Title: *Problem Gambling and Individual Differences in Emotional Processing*, \$10,000. (**Principal investigator**).
- Pascual-Leone, A.** (2006-2010). University of Windsor, Humanities and Social Sciences Research Grant. Title: *Emotion and Individual Differences*, \$5,000. (**Principal investigator**).
- Frisch, R. (PI); Bogart, W., Calderwood, K., Charette, M., Hibbard, S., Kou, B., Ledgerwood, D., **Pascual-Leone, A.**, Alan Scoboria, A (2006-2011). Ontario Problem Gambling Research Centre’s Emerging Team Award, Project Title: *Gambling and Public Health*, \$625,000. (**Team member**).

PUBLICATIONS:

BOOKS:

- Pascual-Leone, A.** (in progress and under contract; anticipated 2019). *Principals of Emotional Change: The different ways people work with their feelings*. American Psychological Association, Washington, DC.
- Paivio, S. C. & **Pascual-Leone, A.** (2010). *Emotion focused therapy for complex trauma: An integrative approach*. American Psychological Association, Washington, DC. (Over 4,000 copies sold).

ARTICLES IN REFEREED JOURNALS (Student co-authors are underlined)**2018**

- Harrington, S., Morrison, O. P., & **Pascual-Leone, A.** (2018; in press). Emotional processing in an expressive writing task on trauma. *Complementary Therapies in Clinical Practice*.
- Kramer, U., **Pascual-Leone, A.**, Rohde, K. B., & Sachse, R. (2018). The role of shame and self-compassion in psychotherapy for narcissistic personality disorder: An exploratory study. *Clinical Psychology and Psychotherapy*, 25, 272–282. DOI: 10.1002/cpp.2160
- Kramer, U., & **Pascual-Leone, A.** (2018). Self-knowledge in Personality Disorders: An emotion-focused perspective. *Journal of Personality Disorders*, 32, 51-72.
- Pascual-Leone, A.** (2018). How Client's "Change Emotion with Emotion": A Program of Research on Emotional Processing. *Psychotherapy Research*, 28(2), 165-182. DOI: 10.1080/10503307.2017.1349350
- Pascual-Leone, A.**, Yeryomenko, N., Sawashima, T. & Warwar, S. (epub ahead of print, 2017). Building emotional resilience over 14 sessions of emotion focused therapy: Micro-longitudinal analyses of productive emotional patterns. *Psychotherapy Research*. DOI: 10.1080/10503307.2017.1315779
- Rohde, K. B., Stein, M., Koenig, T., **Pascual-Leone, A.**, & Caspar, F. (2018). Neurophysiological traces of interpersonal pain: How emotional autobiographical memories affect event-related potentials. *Emotion*, 18(2), 290-303. DOI: 10.1037/emo0000356

2017

- Berthoud, L., **Pascual-Leone, A.**, Caspar, F., Tissot, H., Keller, S., Rohde, K. B., de Roten, Y., Despland, J.-N., & Kramer, U. (2017). Leaving Distress Behind: A Randomized Controlled Study on Change in Emotional Processing in Borderline Personality Disorder. *Psychiatry: Interpersonal and Biological Processes*, 80, 2, 139-154. Doi: 10.1080/00332747.2016.1220230
- Pascual-Leone, A.**, Becking, J., Renders, K., & Kramer, U. (2017). "Het sequentiële model van emotionele verwerking: hoe cliënten emotie veranderen met emotie" [The sequential model of emotional processing: How client's change emotion with emotion]. *Dutch Journal of Person-Centered and Experiential Psychotherapy*, 55 (2), 75-90.
- Pascual-Leone, A.**, Kim, J., & Morrison, O.-P. (2017). Working with victims of human trafficking. *Journal of Contemporary Psychotherapy*, 47(1), 41-59. DOI 10.1007/s10879-016-9338-3
- Pascual-Leone, A.** & Kramer, U. (2017) Developing emotion-based case formulations: A research-informed method. *Clinical Psychology & Psychotherapy*, 24, 212–225. DOI: 10.1002/cpp.1998
- Pascual-Leone, A.** & Yeryomenko, N. (2017). Does moment-by-moment "experiencing" predict good psychotherapy outcomes? A meta-analysis of client process as a predictor of symptom change. *Psychotherapy Research*, 27(6), 653-665. <http://dx.doi.org/10.1080/10503307.2016.1152409>

2016

- Pascual-Leone, A.**, Yeryomenko, N., Morrison, O. P., Arnold R., & Kramer, U. (2016). Does feeling bad, lead to feeling good? Arousal patterns during expressive writing. *Review of General Psychology*, 20 (3), 336 –347.
- Kramer, U. & **Pascual-Leone, A.** (2016). The role of maladaptive anger in self-criticism: A quasi-experimental study on emotional processes. *Counselling Psychology Quarterly*. 29(3), 311-333. DOI: 10.1080/09515070.2015.1090395

- Kramer, U., **Pascual-Leone, A.**, Berthoud, L., de Roten, Y., Marquet, P., Kolly, S., Despland, J-N, & Page, D. (2016). Assertive anger mediates effects of dialectical behavior-informed skills training for borderline personality disorder: a randomized controlled trial. *Clinical Psychology and Psychotherapy*, 23, 189–202. DOI: 10.1002/cpp.1956
- Pascual-Leone, A.**, Herpertz, S., & Kramer, U. (2016). Experimental designs and the “emotion-stimulus critique”: Hidden problems and potential solutions in the study of emotion. *Psychopathology*, 49(1), 60-68. DOI: 10.1159/000442294
- Pascual-Leone, A.**, Gillespie, N. M., Orr, E. S., & Harrington, S. J. (2016). Measuring subtypes of emotion regulation: From broad behavioral skills to idiosyncratic meaning making. *Clinical Psychology and Psychotherapy*, 23, 203–216. DOI: 10.1002/cpp.1947
- Kramer, U., **Pascual-Leone, A.**, Rohde, C., & Sachse, R. (2016). Emotional processing, interaction process, and outcome in clarification-oriented psychotherapy for personality disorders: A process-outcome analysis. *Journal of Personality Disorders*, 30(3), 373-394. doi: 10.1521/pedi_2015_29_204
- 2015**
- Berthoud, L., Kramer, U., Caspar, F., & **Pascual-Leone, A.** (2015). Emotional Processing in a Ten-Session General Psychiatric Treatment for Borderline Personality Disorder: A Case Study. *Personality and Mental Health*, 9, 73-78. doi: 10.1002/pmh.1287
- Gomes, K. & **Pascual-Leone, A.** (2015). Resource model of change: Client factors that influence outcome in problem gambling treatment. *Journal of Gambling Studies*, 31(4), 1651-1669. DOI: 10.1007/s10899-014-9493-y
- Kramer, U., **Pascual-Leone, A.**, Despland, J.-N., & de Roten, Y. (2015). One minute of grief: Emotional processing in short-term dynamic psychotherapy for adjustment disorder. *Journal of Consulting and Clinical Psychology*, 83(1), 187-198. <http://dx.doi.org/10.1037/a0037979>
- Meystre, C., **Pascual-Leone, A.**, de Roten Y., Despland, J. N., & Kramer, U. (2015). What interventions facilitate client progress through the assimilation model?: A task analysis of interventions in the psychodynamic treatment of depression. *Psychotherapy Research*, 25(4), 484-502. DOI: 10.1080/10503307.2014.921352
- Pascual-Leone, J., **Pascual-Leone, A.**, & Arsalidou, M. (2015). Commentary on Pessoa: Neuropsychology needs to model organismic processes “from within.” *Behavioral and Brain Sciences*, 38 (e83). DOI: <http://dx.doi.org/10.1017/S0140525X14000983>
- Pascual-Leone, A.**, & Pascual-Leone, J. (2015). Commentary on Lane et al.: Memory reconsolidation keeps track of emotional changes but what will explain the actual “processing”? *Behavioral and Brain Sciences*, 38 (e20). DOI: <http://dx.doi.org/10.1017/S0140525X14000387>
- Rohde, K. B., Stein, M., **Pascual-Leone, A.** & Caspar, F. (2015). Facilitating emotional processing: An experimental induction of psychotherapeutically relevant affective states. *Cognitive Therapy and Research*, 39(5), 564-577. DOI 10.1007/s10608-015-9680-x
- Timulak, L. & **Pascual-Leone, A.** (2015). Contribution to case conceptualisation in Emotion-Focused Therapy. *Clinical Psychology and Psychotherapy*, 22, 619–636. DOI: 10.1002/cpp.1922
- 2014**
- Kramer, U., **Pascual-Leone, A.**, Despland, J.-N., & de Roten, Y. (2014) Emotion in an alliance rupture and resolution sequence: A theory-building case study. *Counselling Psychotherapy Research: Linking research with practice*, 14(4) 263-271, DOI: 10.1080/14733145.2013.819932
- Pascual-Leone, A.**, Andreescu, A. & Yeryomenko, N. (2014). Training novice psychotherapists: Comparing undergraduate and graduate students’ outcomes *Counselling and Psychotherapy Research*, 15(2), 137-146. DOI: 10.1002/capr.12007.
- 2013**
- Kramer, U. & **Pascual-Leone, A.** (2013). La chaise vide en psychothérapie : origines et développements [The empty chair in psychotherapy: origins and developments] *Pratiques Psychologiques*, 19(1),

41-53. <http://dx.doi.org/10.1016/j.prps.2012.12.002>

Pascual-Leone, A., Rubio-Rodriguez, B., & Metler, S. (2013). What else are psychotherapy trainee's learning? A qualitative model of students' personal experiences based on two populations. *Psychotherapy Research*, 23, 578-591. DOI:10.1080/10503307.2013.807379

Pascual-Leone, A. & Andreescu, C. (2013). Repurposing process measures to train psychotherapists: Training outcomes using a new approach. *Counselling and Psychotherapy Research*, 13 (3), 210-219. DOI:10.1080/14733145.2012.739633

Pascual-Leone, A., Gillis, P., Singh, T., & Andreescu, C. (2013). Problem anger in psychotherapy: An emotion-focused perspective on hate, rage, and rejecting anger. *Journal of Contemporary Psychotherapy*, 43(2), 83-92.

2012

Pascual-Leone, A., Campeau, J. L., & Harrington, S. (2012). Arousal and affective differences between student gamblers and non-gamblers during a card game. *Journal of Gambling Studies*, 28, 649-663. DOI:10.1007/s10899-011-9279-4

Pascual-Leone, A., Wolfe, B., & O'Connor, D. (2012). The reported impact of psychotherapy training: Undergraduate disclosures after a course in experiential psychotherapy. *Journal of Person Centered and Experiential Psychotherapy*, 11, 152-168.

2011

Pascual-Leone, A., Gomes, K., Orr, E. S., Kaploun, K. A. & Abeare, C. A. (2011). Affective and cognitive correlates of gambling behavior in university students. *Journal of Gambling Studies*, 27, 401-408.

Pascual-Leone, A., Bierman, R., Arnold, B., & Stasiak, E. (2011). Emotion-focused therapy for incarcerated offenders of intimate partner violence: A 3-year outcome using a new whole-sample matching method. *Psychotherapy Research*, 21, 331-347.

2010

Pascual-Leone, A., Singh, T., & Scoboria, A. (2010). Using deception ethically: Practical research guidelines for researchers and reviewers. *Canadian Psychology*, 51, 241-248.

2009

Gomes, K. & Pascual-Leone, A. (2009). Primed for change: Facilitating factors in problem gambling treatment. *Journal of Gambling Studies*, 25, 1-17.

Pascual-Leone, A., Greenberg, L. S., & Pascual-Leone, J. (2009). Developments in task analysis: New methods to study change. *Psychotherapy Research*, 19, 527-542.

Pascual-Leone, A. (2009). Dynamic emotional processing in experiential therapy: "Two steps forward, one step backward". *Journal of Consulting and Clinical Psychology*, 77, 113-126.
doi:10.1037/a0014488

Scoboria, A. & Pascual-Leone, A. (2009). An "interteaching" approach to instructing large undergraduate classes. *Journal of the Scholarship of Teaching and Learning*, 9(3), 29-37.

2007

Pascual-Leone, A. & Greenberg, L. S. (2007). Emotional processing in experiential therapy: Why "the only way out is through". *Journal of Consulting and Clinical Psychology*, 75, 875-887.

2006

Greenberg, L. S. & Pascual-Leone, A. (2006). Emotion in Psychotherapy: A practice-friendly research review. *Journal of Clinical Psychology: In Session*, 62, 611-630.

CHAPTERS IN BOOKS: (Student co-authors are underlined)

2019

Pascual-Leone, A. & Kramer, U. (2019). How Clients "Change Emotion with Emotion": Sequences in

Emotional Processing and their Clinical Implications. In *Handbook of Emotion Focused Therapy*, L. S. Greenberg & R. N. Goldman (Eds.) (pp. 147-170). American Psychological Association Books.

2018

Pascual-Leone, A. (2018). Profile Box 14.2: Dr. Antonio Pascual-Leone. In J. Hunsley & C. Lee (authors), *Introduction to clinical psychology: An evidence-based approach. 4th edition*. (pp. 321-322). Hoboken, NJ: John Wiley & Sons.

Strating, M. A. & **Pascual-Leone, A.** (in press). Emotion-based case formulation for personality disorders.. In U. Kramer (Eds.) *Case Formulation in Personality Disorder* (pp. x-x). Elsevier Books

2016

Pascual-Leone, A., Andreeescu, C., & Greenberg, L. S. (2016). Emotion Focused Therapy. In A. Carr & M. McNulty (Eds.) *Handbook of adult clinical psychology: An evidence based practice approach (Second edition)*. (pp. 137-160). Routledge Books.

Pascual-Leone, A., Paivio, S., & Harrington, S. (2016). Emotion in psychotherapy: An experiential-humanistic perspective. In D. Cain, S. Rubin, K. Keenan (Eds.) *Humanistic Psychotherapies: Handbook of Research and Practice (Second edition)*. (pp. 147-181). Washington, DC, US: American Psychological Association.

2015

Pascual-Leone, A., & Kramer, U. (2015). Validation empirique de la psychothérapie centrée sur les émotions: mécanismes de changement, tâches et résultats thérapeutiques. [Empirical validation of emotion focused therapy: Change mechanisms, tasks, and treatment outcomes] In U. Kramer & E. Ragama, *La psychothérapie centrée sur les émotions*. (pp. 169-202). Issy-les-Moulineaux: Masson.

2014

Pascual-Leone, A., Singh, T., Harrington, S., & Yeryomenko, N. (2014). Psychotherapy progress and process assessment. In C. J. Hopwood & R. F. Bornstein (Eds.), *Multimethod clinical assessment of personality and psychopathology*. (pp. 319–344). New York: Guilford Press.

2013

Pascual-Leone, A., Greenberg, L. S., & Pascual-Leone, J. (2013). Task analysis: New developments for programmatic research on the process of change. In W. Lutz & S. Knox (Eds.), *Quantitative and Qualitative Methods in Psychotherapy Research*. Taylor & Francis Books. (pp. 249-273).

Pascual-Leone, A. & Paivio, S. C. (2013). Emotion-focused therapy for anger in complex trauma. In E. Fernandez (Ed.), *Treatments For Anger in Specific Populations: Theory, Application, and Outcome*. New York: Oxford University Press (pp. 33-51).

2012

Pascual-Leone, A. (2012). Therapy training as a transformative process. In J. Sommers-Flanagan & C. Elander (authors), *Student manual for counseling and psychotherapy theory in context and practice*. (pp. 371-372). Hoboken, NJ: John Wiley & Sons.

2010

Sirois, F., Scoboria, A, & **Pascual-Leone, A.** (2010). Deconstructing interteaching: Is the whole greater than the sum of its parts? In M. L. Albertson (Ed.), *Developments in Higher Education*. Hauppauge, NY, Nova Science Publishers, Inc. (pp. 101-118).

2009

Scoboria, A., Sirois, F.M., & **Pascual-Leone, A.** (2009). Using interteaching to enhance student engagement and learning. In J. Raffoul (Ed.), *Collected Essays on Teaching and Learning (Vol. 2)*. Society for Learning and Teaching in Higher Education, (pp. 83-88).

2006 and earlier

- Pascual-Leone, A.** & Greenberg, L. S. (2006). Insight and awareness in experiential therapy. In L. G. Castonguay & C. E. Hill (Eds.) *Insight in psychotherapy*. Washington, DC: American Psychological Association, (pp. 31-56).
- Hill, C. E., Castonguay, L. G., Angus, L., Arnkoff, D. B., Barber, J. P., Bohart, A. C.,... **Pascual-Leone, A.**, ... & Wampold, B. E. (2006). Insight in Psychotherapy: Definitions, Process, Consequences, and Research Directions. In L. G. Castonguay & C. E. Hill (Eds.) *Insight in psychotherapy*. Washington, DC: American Psychological Association, (pp. 441-454).
- Blicharski, T., **Pascual-Leone, A.** & Enjalbert, M.H. (1999). L'expression émotionnelle, le tempérament et l'attachement primaire. [Emotional expression, temperament and primary attachment]. In M. Huteau & J. Lautrey (Eds.), *Approches différentielles en Psychologie*. Rennes, France: University of Rennes Press.

NON-PEER REVIEWED CONTRIBUTIONS & CONFERENCE PROCEEDINGS:

- Smith, J. & **Pascual-Leone, A.** (2016). Featured interview: Antonio Pascual-Leone on Resistance. *The Integrative Psychotherapist*, 2 (1), 2-4.
- Abeare, C.A., Chauvin, K. A., Kaploun, K. A., Chu, O., Dumitrescu, C., & **Pascual-Leone, A.** (2009). Validation of the Emotion Word Fluency Test: Preliminary Evidence. *Journal of the International Neuropsychological Society*, 15 (S2), 24-5
- Scoboria, A, Sirois, F., & **Pascual-Leone, A.** (2008). Enhancing students learning and engagement in undergraduate education using interteaching, In *Conference proceedings presented at Society for Teaching and Learning in Higher Education*, Windsor, Canada.
- Pascual-Leone, A.**, Blicharski, T. & Strayer F.F. (1998). Le tempérament et styles d'expression émotionnelle chez l'enfant à 18 mois. [Temperament and emotionally expressive styles of 18-month-old children]. In *Actes du Colloques: XIII ème Colloque du Groupe Francophone d'études du Développement Psychologique de l'enfant*, Geneva, Switzerland.

FORTHCOMING PUBLICATIONS: (Student co-authors are underlined)

- Kucharski, B., Strating, M., Ahluwalia Cameron, A., & **Pascual-Leone, A.** (2018; revised & resubmitted) Complexity of emotion regulation strategies in changing contexts: A study of varsity athletes. *Journal of Contextual and Behavioral Sciences*.
- Khayyat-Abuaita, U., Paivio, S., **Pascual-Leone, A.**, & Harrington, S. (2018; submitted). Emotional processing of trauma narratives is a predictor of outcome in emotion focused therapy for complex trauma. *Journal of Consulting and Clinical Psychology*
- Kramer, U., Kolly, S., Maillard, P., **Pascual-Leone, A.**, Samson, S. C., Herpertz, S., Schmitt, R., Bernini, A., Allenback, G., Charbon, P., de Roten, Y., Conus, P., Desplan, Jean-Nicolas, & Draganski, B. (2018; submitted). *Changes in emotional and socio-cognitive processing after brief intervention for borderline personality disorder: A behavioral and functional magnetic resonance imaging study*. *Journal of Nervous and Mental Disease*.
- Kramer, U., **Pascual-Leone, A.**, Rohde, C., & Sachse, R. (2018). Emotionale Verarbeitung, Interaktionsprozess und Ergebnis in der Klärungsorientierten Psychotherapie von Persönlichkeitsstörungen: Eine Prozess-Outcome-Analyse [Emotional Processing in Clarification-Oriented Psychotherapy for Personality Disorders: A Process-Outcome Analysis]. In R. Sachse's (Ed.) *Klärungsprozesse in der Klärungsorientierten Psychotherapie* (pp. XXX), Hogrefe, Gottingen.
- Pascual-Leone, A.** & Greenberg, L. S. (submitted). Emotion focused therapy: Integrating neuroscience into practice. In *Psychotherapy and Memory Reconsolidation* (Eds.) Lee, R., Nadal, L., & Lane, R. (pp. x-x). Books.

OTHER WORKS:THESES:

Pascual-Leone, A. (2005). *Emotional processing in the therapeutic hour: Why the only way out is through*. Unpublished doctoral thesis. York University, Toronto.

Pascual-Leone, A. (1998). *Temperament and emotional expression at 18 and 30 months: A longitudinal study*. Master's thesis equivalent, Université de Toulouse, le Mirail, Toulouse, France.

RESEARCH INSTRUMENTS:

Pascual-Leone, A. (2010). *Emotion priming tasks for expressions of early distress and advanced meaning making*. Unpublished measure. University of Windsor, Windsor, ON.

Pascual-Leone, A., Singh, T., & Scoboria, A. (2010). Windsor Deception Checklist [Database record]. Retrieved from *PsycTESTS*. (also published in *Canadian Psychology*, 51, p. 248). doi: 10.1037/t01685-000

Pascual-Leone & Gillespie, N. (2007). *Complexity of Emotion Regulation Scale (CERS)*. Unpublished manuscript. University of Windsor, Windsor.

Pascual-Leone, A. & Greenberg, L. (2005). Classification of Affective-Meaning States. In A. Pascual-Leone's, "*Emotional processing in the therapeutic hour: "Why the only way out is through"*" (pp. 289-367), Unpublished doctoral thesis. York University, Toronto.

CONFERENCE PAPERS PRESENTED: (Student co-authors are underlined)**2018**

Eira Nunes, C., Darwiche, J., & Pascual-Leone, A. (June, 2018). *Identifying couples' change process in an Integrative Brief Systemic Intervention for parents: A task analysis*. Paper presented at the conference of the Society for Psychotherapy Research, Amsterdam, Netherlands.

Morrison, O.-P., & Pascual-Leone, A., (June, 2018). *What clients say about the single largest impact in therapy*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) New York, USA.

Strating, M., & Pascual-Leone, A., (June, 2018). *Emotion based case formulation*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) New York, USA.

2017

Angus, L. (chair), Geller, J., Orlinsky, D. E. (chair), Oatley, K., **Pascual-Leone, A.**, Peterkin, A., & Ravitz, P. (June, 2017). *Sing It, Tell It, Act It: The Relevance of Poetry, Story and Theater for Theory, Research and Practice in Psychotherapy*. Structured discussion, conference of the Society for Psychotherapy Research, Toronto, Canada.

Anderson, T., Beaulieu-Tremblay, T., Clouthier, T. L., Drapeau, M., Eubanks, C. F., Johnson, B. N. (Chair), Laverdière, O., Levy, K. N. (Chair), Lipner, L. M., Milman, E., **Pascual-Leone, A.**, & Perlman, M. R. (June, 2017). *Building bridges between science and practice: Trainee and trainer experiences*. Structured discussion, conference of the Society for Psychotherapy Research, Toronto, Canada.

Harrington, S., Mackay, S., & Pascual-Leone, A. (June, 2017). *Primary Adaptive Emotion, Experiencing, and the Therapeutic Alliance: Predicting Outcome in Emotion-Focused Therapy for Trauma*. Poster presented at the conference of the Society for Psychotherapy Research, Toronto, Canada.

Kramer, U., Kolly, S., Maillard, P., **Pascual-Leone, A.**, Samson, S. C., Herpertz, S., Schmitt, R., Bernini,

- A., Allenback, G., Charbon, P., de Roten, Y., Conus, P., Desplan, J.-N., & Draganski, B. (June, 2017). *Emotional and sociocognitive change after a short-term treatment for borderline personality disorder: a neurobehavioral paradigm*. Paper presented at the International Society for Emotion Focused Therapy, Toronto (Canada).
- Kramer, U., **Pascual-Leone, A.**, Rohde, K. B., & Sachse, R. (June, 2017). *The role of shame and self-compassion in psychotherapy for narcissistic personality disorder*. Paper presented at the conference of the Society for Psychotherapy Research, Toronto, Canada.
- Morrison, O.-P., & **Pascual-Leone, A.** (June, 2017). *What Clients Say about the Single Largest Impact in Therapy*. Poster presented at the conference of the Society for Psychotherapy Research, Toronto, Canada.
- Pascual-Leone, A.** (June, 2017). *Is emotional processing a causal mechanism of change? How clients "change emotion with emotion."* Plenary lecture at the International Society for Emotion Focused Therapy (isEFT) Toronto, Canada.
- Strating, M. A., Morrison, O.-P., & **Pascual-Leone, A.** (June, 2017). *Alexithymia and Expressive Writing: Emotional Awareness in Working Through Distress*. Poster presented at the conference of the Society for Psychotherapy Research, Toronto, Canada.
- 2016**
- Pascual-Leone, A.**, Yeryomenko, N., Sawashima, T., & Warwar, S. (June, 2016). *Building emotional resilience over 14 sessions of emotion focused therapy: Intensive time series analyses of productive temporal patterns*. Poster presented at the Conference of the Society for Psychotherapy Research Integration (SPR) Jerusalem, Israel.
- Willimann, L., Bertoud, L., **Pascual-Leone, A.**, Grosse Holdforth, M., & Kramer, U. (Jan. 2016). *Goodbye global distress – Hello what?: Sequences of emotional processing in patients with borderline personality disorders*. Poster presented at the Swiss National Science Foundation, workshop on Mechanisms of Change in Treatments of Personality Disorders, Lausanne, Switzerland.
- 2015**
- Gelo O., Leopizzi F., Ciavolino E., Galucci M., & **Pascual-Leone, A.** (Sept. 2015). *Verbal synchronization and treatment outcome in experiential therapy for depression*. European Conference in Psychotherapy Research, Klagenfurt, Austria.
- Morrison, O. P., **Pascual-Leone, A.**, & Mackay, S. (2015, June). *What people really say in trauma narratives: A look at word use and trauma*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Baltimore, USA.
- 2014**
- Golden, A., Timulak, L., Hevey, D., & **Pascual-Leone, A.** (2014, November). Effect of an emotion transformation model on language use in expressive writing. *Annual conference of Psychological Society of Ireland*, Kilkenny, Ireland.
- Kramer, U., **Pascual-Leone, A.**, Berthoud, L., de Roten, Y. P. M., Despland, J.-N., & Page, D. (2014, Oct.). *Assertive Anger Mediates Effects of Dialectical Behavior Skills Training in Borderline Personality Disorder: A Randomized Controlled Trial*. Paper presented at the European Society for the Study of Personality Disorders (ESSPD), Rome.
- Pascual-Leone, A.** (2014, June). *How do psychotherapists develop – And how do we know?* (Semi-Plenary discussant). Conference of the Society for Psychotherapy Research (SPR) Copenhagen, Denmark.
- Pascual-Leone, A.** (2014, June). *Understanding how client narrative change happens in psychotherapy: Innovative developments in psychotherapy research and practice*. (Panel discussant). Conference of the Society for Psychotherapy Research Integration (SPR) Copenhagen, Denmark.

- Stien, M., Rohde, R. B., **Pascual-Leone, A.**, Koenig, T. & Caspar, F. (2014, June). *A neurophysiological fingerprint of the empty-chair dialogue*. Poster presented at the Conference of the Society for Psychotherapy Research Integration (SPR) Copenhagen, Denmark.
- Rohde, R. B., Stien, M., Koenig, T., **Pascual-Leone, A.**, & Caspar, F. (2014, June). *Neurophysiological correlates of emotional change*. Paper presented at the Conference of the Society for Psychotherapy Research Integration (SPR) Copenhagen, Denmark.
- Pascual-Leone, A.** Yeryomenko, N., Morrison, O. P., Arnold, R., & Kramer, U. (2014, June). *Patterns of emotional change in an expressive writing task: Does it "get worse before it gets better" or does it, "get easier as one gets over it"?* Paper presented at the Conference of the Society for Psychotherapy Research Integration (SPR) Copenhagen, Denmark.
- Pascual-Leone, A.** & Kramer, U. (2014, April). *Using the sequential model of emotional processing to inform case conceptualizations: A demonstration using two contrasting cases*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Montreal, Canada.
- Kramer, U. & **Pascual-Leone, A.** (2014, April). *Emotional processing related to self-criticism in anger-prone subjects: An experimental study*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Montreal, Canada.
- Sawashima, T., Harrington, S., **Pascual-Leone, A.** (2014, April). *Affective-meaning transformation: Exploring successful and unsuccessful emotional development in expressive writing*. Poster presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Montreal, Canada.
- Morrison, O-P. & **Pascual-Leone, A.** (2014, April). *What people really say in trauma narratives: A comprehensive look at word use and trauma*. Poster presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Montreal, Canada.
- 2013**
- Berthoud, L., **Pascual-Leone, A.**, Caspar, F., de Roten, Y., Despland, J. N., & Kramer, U. (2013, June). *Effects of motive-oriented therapeutic relationship on emotional processing in early-phase treatment for borderline personality disorder*. Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Harrington, S., Morrison, O., Metler, S., & **Pascual-Leone, A.** (2013, June). *Emotional processing in an expressive writing task on trauma*. Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Kramer, U. de Roten, Y., Despland, J. N., & **Pascual-Leone, A.** (2013, June). *Can one minute of grief alleviate depressive mood? Emotional processing in short-term dynamic psychotherapy for adjustment disorder*. Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Meystre, C., **Pascual-Leone, A.**, de Roten, Y., Despland, J. N., & Kramer, U. (2013, June). *Therapeutic interventions responsive to the assimilation process: A procedure informed by task analysis on depressive inpatients*. Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Pascual-Leone, A.** (2013, June). *Emotional processing: Advances in process research*. Panel discussant at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Rohde, K. B., Stein, M., **Pascual-Leone, A.**, Senn, S., Ganzoni, A., Caspar, F. (2013, June). *How can we facilitate helpful emotional expression?* Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.
- Yeryomenko, N. & **Pascual-Leone, A.** (2013, June). *Does the depth of client experiencing predict good psychotherapy outcomes? A meta-analysis of treatment outcomes*. Panel presentation at the

Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Barcelona, Spain.

Sirois, F. M., & **Pascual-Leone, A.** (2013, May). A meta-analytic view of the associations of perfectionism with low self-compassion. In F. M. Sirois & G. Flett (chairs) *The Emotional, Interpersonal, and Health Costs and Consequences of Perfectionism*. Paper presented at the convention of the Association for Psychological Science (APS), Washington, DC.

2012

Pascual-Leone, A., Metler, S., Singh, T., Harrington, S., Yeryomenko, N., Crozier, M., Sirois, F., Morrison, O., & Porter, L. (2012, Aug.). *Experimental manipulation of emotion during a Writing task: Implication for the practice of psychotherapy*. Panel presentation at the European Association for Behavioral and Cognitive Therapy (EABCT), Geneva, Switzerland.

Rohde, K., Stein, M., Pascual-Leone, A., & Caspar, F. (2012, Aug.) *Experimental Manipulation of Affective-Meaning States*. Presentation at the 42nd European Association for Behavioral and Cognitive Therapy -Congress. Geneva, Switzerland.

Kramer, U., & Pascual-Leone, A. (2012, Aug.) *Emotional Processing across Long-term Psychotherapy in a Patient presenting with Borderline Personality Disorder: A Case Study*. Presentation at the 42nd European Association for Behavioral and Cognitive Therapy -Congress. Geneva, Switzerland.

Berthoud, L., Kramer, U., Pascual-Leone, A., & Caspar, F. (2012, Aug.) *Effects of Motive-Oriented Therapeutic Relationship on Emotional Processing in Early-Phase Treatment for Borderline Personality Disorder: An Exploratory Study*. Presentation at the 42nd European Association for Behavioral and Cognitive Therapy-Congress. Geneva, Switzerland.

Berthoud, L., Kramer, U., Pascual-Leone, A., & Caspar, F. (2012, June). *Effects of Motive-Oriented Therapeutic Relationship on Emotional Processing in Early-Phase Treatment for Borderline Personality Disorder: An Exploratory Study*. 43rd International Meeting of the Society for Psychotherapy Research, Virginia Beach, USA.

Pascual-Leone, A., Metler, S., Harrington, S., Yeryomenko, N., Singh, T., Morrison, O., Crozier, M., Sirois, F., & Porter, L. (2012, May). *Emotional changes across Treatment Perspectives: an Expressive Writing Manipulation of Change Processes*. Panel presentation at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI) Evanston/Chicago, USA.

Rodriguez Rubio, B., Pascual-Leone, A., & Metler, S. (2012, May). *Exploring the effects of psychotherapy training on the professional and personal development of first year graduate students in comparison to fourth year undergraduate students*. Panel presentation at the Conference of Society for the Exploration of Psychotherapy Integration (SEPI) Evanston, USA.

Conceicao, N., Iwakabe, S., & Pascual-Leone, A. (2012, May). *A qualitative study on therapists working at the edge of experience: their change processes and development*. Panel presentation at the Conference of Society for the Exploration of Psychotherapy Integration (SEPI) Evanston, USA.

2011

Pascual-Leone, A., (2011, June). *Narrative in psychotherapy: Three narrative perspectives on the case of Sarah*. Invited Discussant, Society for Psychotherapy Research, Bern, CH.

Pascual-Leone, A., Sirois, F., Metler, S., Singh, T., Crozier, M. & Porter, L. (2011, June). *Productive emotion in expressive writing: An experimental manipulation of EFT change processes*. Panel presentation, Society for Psychotherapy Research, Bern, CH.

Singh, T. & Pascual-Leone, A. (2011, June). *Therapist interventions and productive client emotions in facilitating sudden gain onset*. Panel presentation, Society for Psychotherapy Research, Bern, CH.

Singh, T., Horochowik, E., Pascual-Leone, A. & Greenberg, L. S. (2011, June). *How client experiencing and cognitive changes contribute to sudden gains among depressed clients*. Poster, Society for Psychotherapy Research, Bern, CH.

Singh, T., Harrington, S., **Pascual-Leone, A.** & Greenberg, L. S. (2011, June). *Sudden gains in emotion focused therapy for depression*. Poster, Society for Canadian Psychological Association, Toronto, Canada.

2010

Ito, M., L. Greenberg, S. Iwakabe, & **A. Pascual-Leone** (2010, June). *Compassionate Emotion Regulation: A task analytic approach to studying the process of self-soothing in therapy session*. World Congress of Behavioral and Cognitive Therapies (WCBCT) Boston, MA USA.

Ito, M., L. Greenberg, S. Iwakabe, & **A. Pascual-Leone** (2010, May). *Self-soothing process in Emotion-Focused Therapy*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Florence, Italy.

Iwakabe, S. & **Pascual-Leone, A.** (2010, May). *Common versus specific principles of emotion regulation in Dialectic Behavioral and Emotion-Focused Therapies*. Panel Discussion at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Florence, Italy.

Pascual-Leone, A. (2010, May). *Tracking Emotional Change: Using markers of client emotion for psychotherapy integration*, Award recipient talk at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Florence, Italy.

Pascual-Leone, A., Andreescu, C., Wolfe, B., & O'Connor, D. (2010, May). *Psychotherapy training: Using research to inform practice*. Paper presented at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Florence, Italy.

2009

Abeare, C. A., Chauvin, K. A., Kaploun, K. A., Chu, O., Dumitrescu, C., & **Pascual-Leone, A.** (2009). *Validation of the Emotion Word Fluency Test: Preliminary evidence*. Mid-year Meeting of the International Neuropsychological Society, International Neuropsychological Society.

Pascual-Leone, A., & O'Connor, D. (Oct., 2009). *Grounded theory analysis of training: What are psychotherapy students really learning?* Paper presented at the conference for the Canadian Society for Psychotherapy Research (CASPR), Montreal, Canada.

Andreescu, C. & **Pascual-Leone, A.** (Oct., 2009). *Training psychotherapists: Efficacy of a course with graduates and undergraduates*. Paper presented at the Conference Canadian Society for Psychotherapy Research (CASPR), Montreal, Canada.

Harrington, S., Singh, T., & **Pascual-Leone, A.** (August, 2009). *Productive emotion mediates the relationship between experiencing and within-session outcome*. Poster presented at the American Psychological Association Convention, Toronto, Canada.

Singh, T., Campeau, J., **Pascual-Leone, A.** & Greenberg, L. S. (June, 2009). *The relationship between frequency of therapist intervention shifts and within-session outcome*. Poster presented at the convention of the Canadian Psychological Association, Montreal, Canada.

Pascual-Leone, A., Gillespie, N., & Orr, E.S. (June, 2009) *Self-soothing: Distinguishing between experiential vs. behavioral strategies*. Paper presented at the Society for Psychotherapy Research International Conference, Santiago, Chile.

2008

Andreescu, C., & **Pascual-Leone, A.** (June, 2008). *Using process research tools to teach counseling skills*. Paper presented at the annual Conference of the Society for Psychotherapy Research (SPR), Barcelona, Spain.

Gomes, K., **Pascual-Leone, A.** (August, 2008). *Facilitating effects of social support on treatment for problem gambling*. Poster presented at the annual Conference of the American Psychological Association (APA), Boston, MA, USA.

Pascual-Leone, A. Bierman, R, Arnold, B, & Stasiak, E. (June, 2008). *Experiential treatment for incarcerated domestic violence offenders: A 3-year outcome*. Poster presented at the annual Conference of the Society for Psychotherapy Research (SPR), Barcelona, Spain.

Pascual-Leone, A. (June, 2008). *The trees are the forest: Does moment-to-moment responsiveness beget phase-to-phase responsiveness?* Invited discussant for panel at the annual Conference of the Society for Psychotherapy Research (SPR), Barcelona, Spain.

Pascual-Leone, A. (June, 2008). *The client's perspective on the therapeutic alliance.* Invited discussant for panel at the Conference of the Society for Psychotherapy Research (SPR), Barcelona, Spain.

Singh, T., **Pascual-Leone, A.**, & Greenberg, L. S. (June, 2008). *The influence of therapist intervention style on client emotional processing and emotional variability* Paper presented at the annual Conference of the Society for Psychotherapy Research (SPR), Barcelona, Spain.

Singh, T., **Pascual-Leone, A.**, & Greenberg, L. S. (June, 2008). *Effects of therapist style on client emotional processing.* Paper presented at the annual Canadian Psychological Association (CPA), Halifax, NS.

Sirois, F. M., Scoboria, A., Purc-Stevenson, R. & **Pascual-Leone, A.** (June, 2008). *Interteaching in undergraduate education: Enhancing student engagement and performance.* Concurrent session presented at the 28th Annual Conference of the Society for Teaching and Learning in Higher Education, University of Windsor, Windsor, Ontario.

Scoboria, A., Sirois, F., **Pascual-Leone, A.**, & Wolfe, B. (2008, May). *Incorporating 'Interteaching' into graduate psychology education.* Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Scoboria, A., & **Pascual-Leone, A.** (May, 2008). *Applying Interteaching in Undergraduate Psychology.* Poster presented at the Oakland University/University of Windsor Second International Conference on Teaching and Learning.

2007

Pascual-Leone, A. (June, 2007). *Self-soothing in experiential versus behavioral therapies.* Panel Discussion at the annual Conference of the Society for Psychotherapy Research (SPR), Madison, WI, USA.

Pascual-Leone, A., Bierman, R., & Stasiak, E. (June, 2007). *Experiential treatment for domestic violence: Recidivism rates at three year follow-up.* Poster at the annual Conference of the Society for Psychotherapy Research (SPR), Madison, WI, USA.

2006

Greenberg, L. S. & **Pascual-Leone, A.** (August, 2006). *Insight and awareness in experiential therapy.* American Psychological Association Convention, New Orleans, LA.

Pascual-Leone, A. (June, 2006). *Emotional processing across sessions: A Longitudinal pilot study.* Panel Discussion at the annual Conference of the Society for Psychotherapy Research (SPR), Edinburgh, Scotland.

Hill, C. E., Castonguay, L. G., Caspar F., Friedlander, M. L., Greenberg, L. S., Grosse Holtforth, M., Hayes, L., Heatherington, L., Messer, S. B., **Pascual-Leone, A.**, Stiles, W. B. (June, 2006). *Insight in psychotherapy: An exploration of theoretical models and their empirical implications.* Invited discussant to an open discussion at the annual Conference of the Society for Psychotherapy Research (SPR), Edinburgh, Scotland.

Pascual-Leone, A., Greenberg, L. S. (May, 2006). *Insight and awareness in experiential therapy.* Panel Discussion at the annual Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Los Angeles, USA.

Pascual-Leone, A. & Greenberg, L. S. (May, 2006). *Emotion in psychotherapy: A research review with special emphasis on trauma.* Panel Discussion at the annual Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Los Angeles, USA.

2005

Pascual-Leone, A., Greenberg, L. S., & Ellison, J. (2005). *Emotional processing in the therapeutic hour: Two steps forward, one step backward.* Panel Discussion at the Conference of the Society for

Psychotherapy Research (SPR), Montreal, Canada

Pascual-Leone, A. (2005). *Positive emotions*. Invited discussant for Panel at the Conference of the Society for Psychotherapy Research (SPR), Montreal, Canada

Pascual-Leone, A., Greenberg, L. S., & Ellison, J. (2005). *Emotional processing and staying with the feeling*. Panel Discussion at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), Toronto, Canada.

Pascual-Leone, A. & Greenberg, L. S. (2005) *Insight and awareness in experiential therapy*. Discussion at the Penn State University Conference, University Park, USA.

2004

Pascual-Leone, A., Greenberg, L. S., Ellison, J., Carryer, J. & Wnuk, S. (2004). *Emotional processing: Separating the wheat from the chaff*. Panel Discussion at the Conference of the North American Society for Psychotherapy Research (NA-SPR), Springdale, USA.

Pascual-Leone, A. & Greenberg, L. S. (2004). *Resolving emotional distress: An empirical study*. Panel Discussion at the Conference of the Society for Psychotherapy Research (SPR), Rome, Italy.

2003

Pascual-Leone, A. & Greenberg, L. S. (2003). *How “feeling bad” can make you feel good...(if you do it right)*. Panel Discussion at the Conference of the Society for Psychotherapy Research (SPR), Weimar, Germany.

Pascual-Leone, A. & Greenberg, L. S. (2003). *Resolving distress over trauma: The roles of emotion, arousal and development*. Panel Discussion at the Conference of the Society for the Exploration of Psychotherapy Integration (SEPI), New York, USA.

2002

Pascual-Leone, A. & Greenberg, L. S. (2002). *Having a “good cry”: Emotional arousal in resolving distress*. Panel Discussion at the Conference of the Society for Psychotherapy Research (SPR), Santa Barbara, California.

1999

Blicharski, T., Marleau, I. & **Pascual-Leone, A.** (1999). *Effects of primary attachment on the differentiation of toddler language styles*. Poster presentation at the 9th European Conference of Developmental Psychology, Spetses, Greece.

Blicharski, T., **Pascual-Leone, A.** & Enjalbert, M.H. (1999). *Attachment and temperament predict modes of affective expression at 30 months*. Poster presentation for the Society for Research in Child Development (SRCD), Albuquerque, New Mexico.

Blicharski, T., **Pascual-Leone, A.** & Enjalbert, M.H. (1999). *Dynamic stability in modes of affective expression between eighteen and thirty months*. Poster presentation for the Society for Research in Child Development (SRCD), Albuquerque, New Mexico.

1998

Blicharski, T., **Pascual-Leone, A.** & Enjalbert, M.H. (1998). *Tempérament et l'attachement comme prédicteurs des styles de l'expression émotionnelle au cours de la deuxième année*. Poster presentation at the XIIIèmes Journées de Psychologie Différentielle, Paris, France.

Pascual-Leone, A., Blicharski, T., & Strayer, F.F. (1998). *The role of emotional expression in children's language styles*. Poster presented at the International Society for Social and Behavioural Development (ISSBD), Bern, Switzerland.

Pascual-Leone, A., Enjalbert, M.H., & Blicharski, T. (1998). *Le tempérament comme prédicteur des styles de l'expression émotionnelle au cours de la deuxième année*. Oral presentation for the Groupe Francophone pour la Recherche en Développement (GROFRED), Geneva, Switzerland.

Enjalbert, M.H., **Pascual-Leone, A., & Blicharski, T.** (1998). *Les indices de l'attachement primaire comme prédicteurs du styles de l'expression émotionnelle au cours de la deuxième année de la*

vie₂ Poster presented for the Group Francophone pour la Recherche en Developpement (GROFRED), Geneva, Switzerland.

1997 and earlier

Wolfram, M., & **Pascual-Leone, A.** (1997). *The use of systematic phonetics in context for teaching reading to children at risk.* Poster presentation at the 8th European Conference of Developmental Psychology, Rennes, France.

Pascual-Leone, A. (1995). *Teaching early handwriting - cursive vs. printing: The forgotten debate.* Poster presentation. The 7th European Conference of Developmental Psychology, Krakav, Poland.

Wolfram, M., **Pascual-Leone, A.**, & Pascual-Leone, R. (1993). *Whoever said learning-to-spell ought to be boring?* Poster presentation for the Society for Research in Child Development (SRCD), New Orleans, LA.

INVITED WORKSHOPS & LECTURES & PUBLIC MEDIA

- *Summary*: 36 clinical workshops in 8 different countries
- 30 invited lectures and media appearances.

CLINICAL WORKSHOPS

- **“Emotion Focused Therapy: Level 1”**
 - *Director* for 3 or 4-day workshop,
 - Oslo, Norway (anticipated 2019),
 - Swiss Association for Emotion Focused Therapy (April, 2018)
 - Swiss Association for Emotion Focused Therapy & U. of Lausanne (June., 2016)
 - *Facilitator* (with Dr. Greenberg) for 4-day intensive course,
 - Emotions Institute: Toronto, Canada (7 times between 2014-2004).
 - Psychotherapy school in: Lisbon, Portugal (2006; 2-day)
 - University of Strathclyde, Scotland, (2006; with Greenberg/Elliott/Watson).
- **“Emotion Focused Therapy: Level 2”**
 - *Facilitator* (with Dr. Greenberg) for 4-day intensive course,
 - Emotions Institute: Toronto, Canada (2013, 2005, 2004, 2016).
- **“Emotion Focused Therapy for Trauma.”**
 - *Director* for 2 or 3-day intensive workshops,
 - Psychotherapy schools in: Antwerp, Belgium (2014; 2016; anticipated 2019);
 - Veldhoven, Netherlands (2014; 2016; anticipated 2019),
 - Lausanne, Switzerland (2012);
 - Lisbon, Portugal (2011);
 - Bern, Switzerland (2010; 2016);
 - Paris, France (2016).
 - *Co-director* (with Dr. Paivio) for 1-day workshop,
 - Canadian Psychological Association annual meeting: Toronto, Canada (2011).
- **“Emotion Focused Therapy: Introduction to theory and skills”**
 - *Director* for 1- ½ day workshop,
 - University of Windsor, Canada (Feb., 2018)
 - Dutch Conference on Person Centered and Humanistic therapy, Netherlands (Sept., 2016).

- International Congress of Psychology and Humanistic Psychotherapies, Barcelona, Spain (Nov., 2015).
- Katholieke Universiteit of Leuven, Belgium (Oct., 2014).
- Universidad Llull, Barcelona, Spain (in Spanish; June, 2014).
- European Assoc. of Behavioral and Cognitive Therapy: Geneva, Switzerland (Aug., 2012).
- University of British Columbia, Psychiatry, Canada (May, 2012).

RESEARCH WORKSHOPS

- “*Coding Emotion using the CAMS.*” -- Director for 3-day intensive workshops,
 - “*CAMS Level 1*” – University of Bern, Switzerland (2011); York University (2010).
 - “*CAMS Level 2*” – Lausanne, Switzerland (2012); York University (2011).

INVITED LECTURES:

- University of Lausanne, Department of Psychiatry, *How people change how they feel: A program of research on emotional processing* (April, 2018)
- University of Windsor, Department of Psychology Colloquium Series, *Transformational sequences of emotion: A program of research on emotional processing* (October, 2017)
- Dutch Conference on Person Centered and Humanistic therapy, Netherlands, *Keynote Address: Changing emotion with emotion: New directions for experiential therapy* (September, 2016)
- University of Windsor, Department of Psychology Colloquium Series, *Understanding emotional change: How do people work through personal difficulties?* (September, 2013)
- University of Windsor, Guest lecturer in Faculty of Arts and Social Sciences, “Ways of knowing”, *Emotion and emotional processing as a “way of knowing”* (March, 2013)
- Bishop’s University, Quebec, Department of Psychology, *Understanding emotional change: How do people work through difficult emotion?* (February, 2013)
- University of British Columbia, Department of Psychiatry, *Process research on emotion change* (May, 2012)
- University of Lisbon, Portugal, Department of Psychology, *Research directions for developing models of emotional change* (Feb. 2011)
- University of Bern, Switzerland, Department of Psychology, *Developing models of emotional change: What does “emotional processing” really mean?* (May 2010)
- University of Valencia, Spain, Department of Psychology, *Integrating Psychotherapy Training and Research* (Dec. 2007)
- Toronto East General Hospital, Mental Health Services Grand Rounds, *How feeling bad can make you feel better: The role of arousal and emotion in psychotherapy* (Dec. 2003)
- Lecture for the “Centre for the Support of Teaching”, York University. *How to teach students through their research* (Oct. 2003)

MEDIA COVERAGE:**2017**

Daily News, University of Windsor, *Psychological Services Resource Centre celebrates grand opening* (Sep. 22, 2017): <http://www.uwindsor.ca/dailynews/2017-09-21/psychological-services-resource-centre-celebrates-grand-opening>

Windsor Star, Thursday Column: *Psychology graduate program marks 50th year with new home*, Chris Thompson (Sept. 21, 2017). <http://windsorstar.com/news/local-news/psychology-graduate-program-marks-50th-year-with-new-home>

Daily News, University of Windsor, *Psychology centre brings state-of-the-art resources to historic home* (Sep. 19, 2017): <http://www.uwindsor.ca/dailynews/2017-09-18/psychology-centre-brings-state-art-resources-historic-home>

U-Tube video, *UWindsor Psychological Services and Research Centre* <https://youtu.be/MvFXnKEFmdw>

2016

CHYR Radio, Kyle Horner, Interview: *Felling better about things* on Morning New (Sep 7, 2016).

2015

The Windsor Star, Monday July 6, 2015, Column: *Victim of human trafficking shares her story of survival*. Mary Canton.

The Windsor Star, Monday Oct. 27, 2015, p. A7, Column: *Human trafficking victims lack counselling*. Author: Dr. Antonio Pascual-Leone.

CJAM Radio, Windsor & Detroit, Interview with Sarah Elliott, *Research Matters* (Jan. 20, 2015): <http://www.uwindsor.ca/dailynews/2015-01-20/clinic-trains-top-ranking-psychologists%E2%80%94and-turns-profit>

Daily News, Sarah Elliott, *Clinic trains top-ranking psychologists—and turns a profit* (Jan. 20, 2015): <http://www.uwindsor.ca/dailynews/2015-01-20/clinic-trains-top-ranking-psychologists%E2%80%94and-turns-profit>

2014

Canadian Broadcasting Corporation Radio, Windsor Moring show, interview with Tony Doucette, *Holiday Anxiety* (Dec. 22, 2014): <http://www.cbc.ca/player/Radio/Local+Shows/ID/2644192610/>

Canadian Broadcasting Corporation TV News, *Christmas and the Blues* (Dec. 22, 2014, at 0:12:30): <http://www.cbc.ca/player/News/Canada/Windsor/ID/2644297134/>

Canadian Broadcasting Corporation Radio, Windsor Moring show, interview with Tony Doucette, (Sept. 24, 2014): <http://www.cbc.ca/windsormorning/episodes/2014/09/24/uwindsor-psychology-clinic/>

Daily News, Lori Lewis, *Support service picks up slack in child psycho-educational assessment* (Sept. 25, 2014): <http://www.uwindsor.ca/dailynews/2014-09-24/support-service-picks-slack-child-psycho-educational-assessment>

2010 and earlier

Daily News, Fields, Steven, *Setbacks are emotional pushups on road to recovery: award-winning psychology researcher* (Aug. 9, 2010). <http://web4.uwindsor.ca/units/pac/NVDailyNews/NVDN.nsf/ba/DCBC9D533D4C828C85257770049C746>

Daily News, Fields, Steven, *Abuse survivors need safe haven to explore painful past, Psychologist says*, University of Windsor, (May 7, 2010). <http://web4.uwindsor.ca/units/pac/nvdailynews/nvdn.nsf/ba/5D497446C3CA6626852577070058E5BB>

Daily News, Fields, Steven, *Good therapy more than a shoulder to cry on, says UWindsor Psychologist*, University of Windsor, (March 31, 2008). <http://cronus.uwindsor.ca/units/pac/nvdailynews/nvdn.nsf/264F80F204E5088A85256A7A004A4BFB/BABA995E3AC034658525741D0065296E?openDocument>

CHYR Radio, Kyle Horner, Interview: *Emotion and depression* on Morning New (Mar. 31, 2008).

Canadian Broadcasting Corporation Radio, Barbara Peacock, interview: *How emotions change on*

Cross Town (April 4, 2008).

UNIVERSITY SERVICE:

Centre for Teaching and Learning:

Centred on Learning Innovation Fund (CLIF) Grant Adjudication Committee, Member (2018)

Faculty of Arts and Social Sciences:

Faculty of Graduate Studies Council, Member (2010-2011; 2012-2013)

Department of Psychology:

Director, Psychological Services Research Committee (PSRC) (2014-present)

Project Manager and Dept. Liaison for Renovation and Relocation of the PSRC (2015-2018)

Executive Committee of Department (Member, 2014-present)

Clinical Training Committee (Member, 2014-present)

IQAP faculty workshop on Departmental Self-study (Contributing member, 2018)

Organizing Committee for 50th Anniversary & PSRC Grand Opening Celebration (**Chair**, 2017)

Appointments / Promotion, Tenure, & renewal Committee (Member, 2015-2017)

Psychological Services Research Committee (Member, 2010- 2013; **Chair**, 2014-2018)

Task Force on Financial Allocation of PSRC Revenue (**Chair**, 2015-2017)

Comprehensive Examination Committee (Member, 2006- 2008; **Chair**, 2012 -2015)

Practice Research Network Working Group of PSRC (2011-2013)

Graduate Studies Committee (2010-2011)

Department Head Search Committee (2011)

Research Ethics Committee (Member, 2005- 2007; **Chair**, 2007 -2010)

Psychology Advancement Committee (Member, 2008- 2009)

EXTERNAL EXAMINER INVITED BY OTHER UNIVERISTIES

External Examiner on Doctoral Dissertation Committees:

York University (Canada), 2010 & 2016

University of Lisbon (Portugal), 2011

External Evaluator of Faculty at other Institutions up for Promotion or Tenure:

Wayne State University (USA), 2017