



UNIVERSITY OF WINDSOR,  
PSYCHOLOGICAL SERVICES AND  
RESEARCH CENTRE

Do you hold in a lot of anger and resentment?

Do you act/talk in ways you later regret when you're angry?

Did you have poor role models for dealing with anger while growing up?

# DEALING WITH ANGER

*A Therapy Group*

Supervised by Dr. Annette Dufresne, Clinical Psychologist

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**WEDNESDAYS 4:30-6:00PM**  
**STARTING FEB 6, 2019**

**FREE!**

**Space is limited. Call now to schedule an intake**

For more information and to sign up, please call: 519-253-3000 ext. 3375

Or email us at: [angerhealth@gmail.com](mailto:angerhealth@gmail.com)