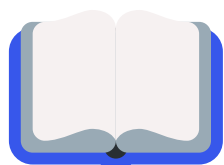


HOW WE CAN HELP OUR STUDENTS

Resources for faculty, staff and students



Sci of Relief



ACADEMIC SUPPORT

Departmental Academic Advisors in Science: Assist students with course selection, degree audits and based on the student's specific program. www.uwindsor.ca/science/456/faq

SOS (Students Offering Support): Offers student-led group review sessions for midterms and final exams. www.windsor.soscampus.com

Math and Stats Learning Centre: Free assistance for all students in first year Math and Statistics courses.

www.uwindsor.ca/science/math/675/students

USci Network: Provides workshops on study tips, exams, career preparation, interview skills, and free one-on-one career consultation.

<https://www.uwindsor.ca/science/usci/> or usci@uwindsor.ca



PEER SUPPORT

MySci Peer Mentoring: Match incoming first-year students with upper year students who can provide mentorship. www.uwincisoc.com

Sci of Relief (USci Network): An initiative to support mental health and wellness in the Faculty of Science through workshops and wellness events.

www.uwindsor.ca/science/464/sci-relief or usci@uwindsor.ca

Women in Science (USci Network): A network of support to build female resilience in science through workshops, mentorship, outreach, and advocacy. women.in.science.usci@gmail.com

Science Meets Art (SMART) (USci network): Supports Science students to create science-focused art pieces. www.smartuwindsor.com or smartuwindsor@gmail.com

Science Society: Undergraduate science student group that provides support and networking opportunities. www.uwincisoc.com or scisoc@uwindsor.ca

Computer Science Society: Student led group to support undergraduate computer science students. css.uwindsor.ca



MENTAL HEALTH SUPPORT

Student Counselling Centre: Provides all students with support and mental health counselling for a variety of issues. ssc@uwindsor.ca, 253-3000 x4616, CAW 293, www.uwindsor.ca/studentcounselling/

Good2Talk: A free, confidential 24/7 provincial helpline for all students staffed by professional counsellors. www.good2talk.ca or 1-866-925-5454.

Togetherall: An online mental health and wellbeing service offering self-help programs and peer support. togetherall.com/en-ca/

Therapy Assistance Online (TAO): Interactive programs to learn life skills and resilience. www.uwindsor.ca/studentexperience/358/tao