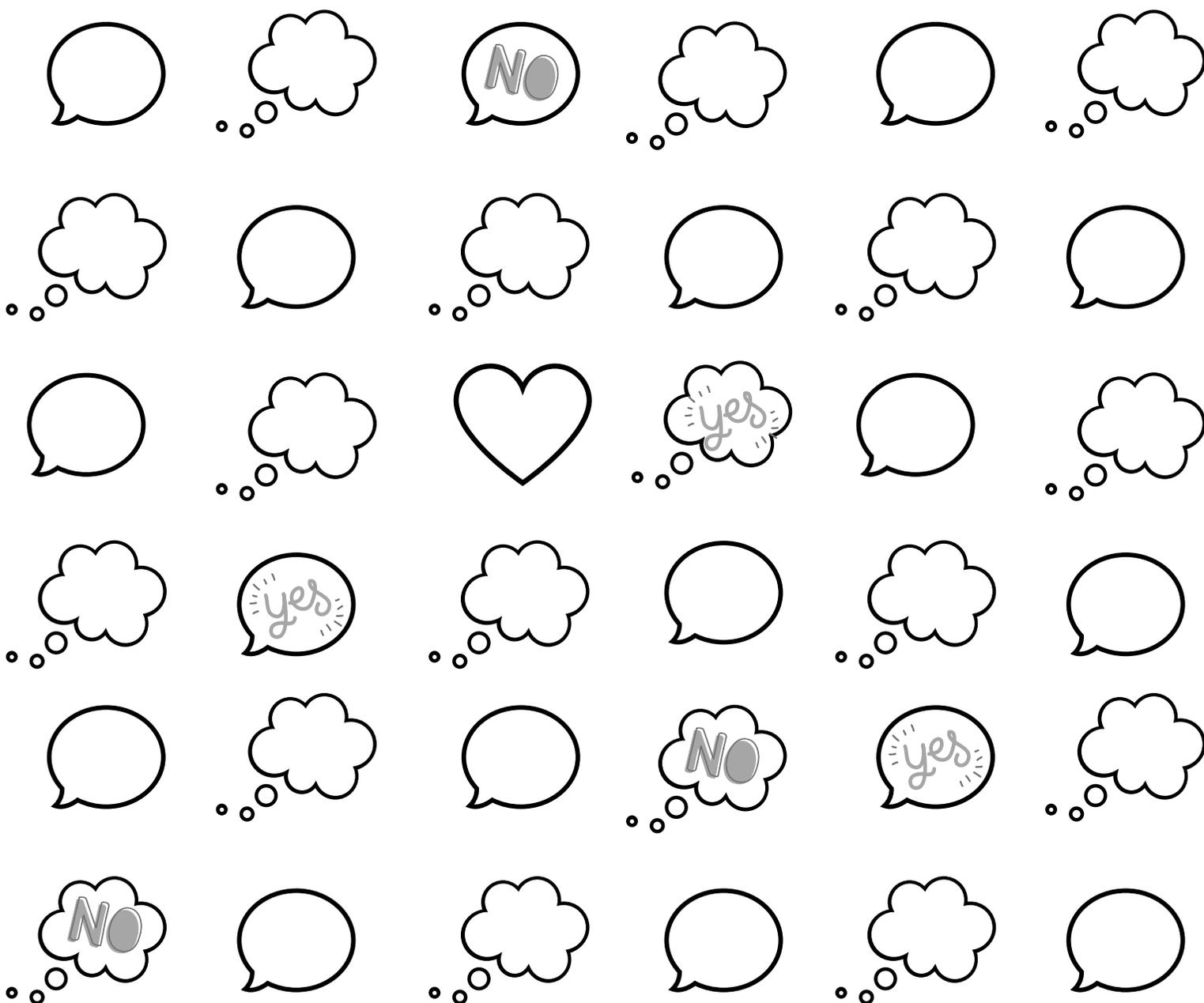


HAVE YOU ASKED?

a guide to sexual consent from
the sexual misconduct response and prevention office



Consent is everything. Without consent it's sexual assault.

Think about the other person.

Is it fun for them?
Do they feel good?
Is this what they want?
Do they feel safe?
Do they agree to participate?

*How do you know?
Have you asked?*



Think about yourself.
Your experience matters too.



Is it fun for you?
Do you feel good?
Is this what you want?
Do you feel safe?
Do you agree to participate?

Ask yourself: Am I into it?

The key to consent is **desire and agreement to participate in specific sexual activities**.

If there's **desire, but no consent**, it's not consensual!

If there's **consent, but no desire...** this is a time to stop and check in with the other person.

You need both desire and consent to have ethical sex.

We want you to have ethical sex. Ethical sex is great sex!

Some things to know about consent:

Consent is an ongoing process. It doesn't just happen at the beginning of a sexual encounter.

It's great to check in with your partner throughout - and especially important to do so if they seem uncomfortable or like they aren't into it.

Because consent is ongoing, it can be revoked or withdrawn at any time. They always have the right to change your mind and stop having sex when you want to.

Pressuring somebody to finish having sex when they don't want to is not ok.



It's important to know that as humans, we're really good at knowing when other people are saying no, even when it's indirect.

Someone doesn't need to say "no" to refuse sex - there are so many ways that people communicate that they don't want to have sex! This might include "not right now", "maybe later", or "I don't know". Silence means no.

The absence of a "no" is not the presence of a "yes". There's no excuse for doing something that makes someone else uncomfortable or that puts them at risk of harm.



A coerced "yes" is not the same as a consensual "yes".

Coercion can look like: asking you over and over, pleading, making you feel guilty, begging, or using threats.

You shouldn't have to "convince" someone to have sex with you. It is not ok to pressure them or "talk them into it" if they've expressed that they don't want to or are unsure.

You never have to do anything you don't want to do. If someone is pressuring you to do something you don't want to, that's sexual coercion, and that's not ok.

If someone is drunk, they can't consent to sex. Think about drunk driving - if you're really drunk, you can't drive a car. Legally, when you're really drunk you also can't consent to sex.

Look for the signs - for example, someone who is slurring their words and stumbling is too drunk to consent.

If you are initiating the sexual act you are responsible for making sure the other person is capable of consenting, even if you have been drinking yourself.

If someone is unconscious they cannot consent - ever. If someone seems to pass out or fall asleep while you are having sex you absolutely must stop what you are doing. You should also reflect on whether they were really in a position to consent to start with.

This is a great opportunity to leave your number and get in touch when they're sober and able to consent.



Resources

The Sexual Misconduct Response & Prevention Office

We provide confidential support for any unwanted sexual experiences. What happens next is up to you.

We are here to provide confidential support and offer guidance if you would like to consider reporting options. You never have to report, but if you would like to, we can help.

Email svsupport@uwindSOR.ca to book a time to talk.

You can also visit our website for more information on the services and supports that we offer: www.uwindSOR.ca/sexual-assault

The Sexual Assault Crisis Centre

24 hour support at: (519) 253-9667

The Student Health Centre

Available for phone consultations. Book via phone at (519) 973-7002.

Student Counselling Services

Open for video and phone appointments. Email scc@uwindSOR.ca to book.

MySSP

24/7 counselling via phone or text, available in multiple languages. Call 1-844-451-9700 or download the 'MySSP' app.



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