



5 Things About...

SECOND-HAND SMOKE

There is no risk-free level of exposure to second-hand smoke.

By quitting, you are creating a healthier environment for your family, colleagues and friends.



Second-hand smoke can cause chronic illnesses such as heart-disease, lung cancer and stroke, contributing to more than 800 deaths in Canada per year.



Second-hand smoke contains the same chemicals that are inhaled by the smoker, including some that can cause, initiate, or promote cancer.



There is no safe level of second-hand smoke exposure. Two-thirds of the tobacco smoke is found in the air surrounding the smoker.



Toxins found in second-hand smoke remain in a room long after someone has smoked and can cling to rugs, curtains, clothes, food, furniture, etc.



Second-hand exposure to e-cigarette vapour can expose bystanders to nicotine and other toxins present in the aerosol cloud.

We look forward to welcoming you to our smoke-free campus in the fall 2021.



SMOKE-FREE CAMPUS

Fall 2021

Visit uwindsor.ca/smokefreecampus for more information, resources and supports.

Sources listed online.

Scan me!

