

# Employee Mental Health Strategy

## SHORT-TERM ACTION UPDATES *at a glance*



## *additional updates*

- 70+ [Employee Mental Health Strategy Ambassadors](#) recruited, oriented, and actively engaged.
- [“Get to Know Your EAP”](#) and [“Employee Mental Health Resources”](#) downloadable print-outs and postcards developed and shared
- Summary of mental health employee benefits by employee group available on the [EMHS website](#)
- [Self-Care for Leaders](#) document launched