

**Women's & Gender Studies and Disability Studies in the School of Social Work, and the Student Mental Health Strategy Fund present**

# **NON-CARCERAL APPROACHES TO MENTAL DISTRESS IN THE POST-SECONDARY CONTEXT**

This event is free, online, and open to the public.

Accessibility Information: live captions will be automatically generated



**Stefanie's Talk:** The understanding that police do not make us safe is widening, and students are asking, what does make us safe? How should we deal with the things students usually call the cops or emergency services about? What skills do we need to cultivate to better engage in peer-led de-escalation? How can we center practices of Transformative Justice in our work to interrupt harm and violence? How do we respond to folks with care and not cages?

**STEFANIE LYN KAUFMAN-MTHIMKHULU** (they/she)

Stefanie Lyn is a white, queer and non-binary, Disabled, neurodivergent, survivor of sexual violence and the psychiatric system. They show up for their communities as a Disability Justice educator and organizer, parent, somatic and non-clinical healer, writer, Transformative Justice practitioner, and as the Founding Director of Project LETS. Their work specializes in building non-carceral, peer-led mental health care systems that exist outside of the state - and reimagining everything we've come to learn about madness.



**Carly's Talk:** Carly will discuss tools for suicide intervention in peer based and professionalized environments that don't rely on carceral systems and how supporters can manage and digest the \*feeling\* of emergency without making the situation into an emergency.

**CARLY BOYCE** (they/them)

Carly is a genderqueer fat femme and an old millennial. They are a facilitator, therapist, and community organizer, whose work lives at the intersection of personal healing and collective liberation, whose lineages come through Jewish witches, leatherdykes and politicized healing workers. Carly has been doing decarceral suicide prevention work informally for 20 years, and teaching about it since 2016.

**15 FEBRUARY 2022  
10:00 AM - 11:30 AM EST**

HELD ONLINE VIA ZOOM

REGISTRATION:

[uwindsor.ca/wgst/MentalDistressEvent2022](http://uwindsor.ca/wgst/MentalDistressEvent2022)